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1,25(OH)2D3 Promotes the Efficacy of CD28 Costimulation Blockade by Abatacept

David H. Gardner,* Louisa E. Jeffery,* Blagoje Soskic,† Zoe Briggs,* Tie Zheng Hou,†
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Inhibition of the CD28:CD80/CD86 T cell costimulatory pathway has emerged as an effective strategy for the treatment of T cell–mediated inflammatory diseases. However, patient responses to CD28-ligand blockade by abatacept (CTLA-4-Ig) in conditions such as rheumatoid arthritis are variable and often suboptimal. In this study, we show that the extent to which abatacept suppresses T cell activation is influenced by the strength of TCR stimulation, with high-strength TCR stimulation being associated with relative abatacept insensitivity. Accordingly, cyclosporin A, an inhibitor of T cell stimulation via the TCR, synergized with abatacept to inhibit T cell activation. We also observed that 1,25-dihydroxyvitamin D3 enhanced the inhibition of T cell activation by abatacept, strongly inhibiting T cell activation driven by cross-linked anti-CD3, but with no effect upon anti-CD28 driven stimulation. Thus, like cyclosporin A, 1,25-dihydroxyvitamin D3 inhibits TCR-driven activation, thereby promoting abatacept sensitivity. Vitamin D3 supplementation may therefore be a useful adjunct for the treatment of conditions such as rheumatoid arthritis in combination with abatacept to promote the efficacy of treatment. The Journal of Immunology, 2015, 195: 000–000.

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directly upon T cells to inhibit their activation driven by the TCR in the absence of costimulation. Thus, by increasing reliance on CD28 costimulation, 1,25(OH)2D3 renders T cell responses more abatacept sensitive. These data suggest that vitamin D3 supplementation may be a simple approach to improve outcomes of abatacept treatment in patients with T cell–mediated inflammatory diseases.

Materials and Methods

Cell culture

Chinese hamster ovary (CHO) cells were cultured in DMEM (Life Technologies, Paisley, U.K.) supplemented with 10% v/v FBS (BioSera, Uckfield, U.K.), 50 μU/ml penicillin and streptomycin (Life Technologies), and 200 μM L-glutamine (Life Technologies) and incubated at 37˚C in a humidified atmosphere of 5% CO2. CHO cell lines expressing CD80, CD86, FcRγII (CD32; FcR), or FcR/CD80 were generated, as previously described (7).

Cell isolation

PBMCs were isolated from leukocyte reduction system conces (National Blood Service, Birmingham, U.K.) by Ficoll density gradient centrifugation. CD4+CD25+ T cells were purified using an EasySep negative selection Ab mixture (StemCell Technologies), according to manufacturer’s instructions. Primary human monocytes were purified from PBMCs using an EasySep monocyte enrichment mixture (StemCell Technologies). For monocyte-derived dendritic cell (DC) differentiation, monocytes were cultured in the presence of GM-CSF (800 U/ml, Berlex Laboratories, Richmond, CA) and IL-4 (500 U/ml; Miltenyi Biotec, Bisley, U.K.) for 7 d.

CD4+CD25+ T cell stimulation

A total of 1 × 10⁵ T cells was cocultured with either 2 × 10⁶ allogeneic DCs or glutaraldehyde-fixed CHO cells in 96-well plates for 5 d (unless otherwise stated) in RPMI 1640 supplemented with 10% FBS, 50 μU/ml penicillin and streptomycin, and 200 μM L-glutamine. Stimulations were treated with anti-CD3 (OKT3; 500 ng/ml, unless otherwise stated), anti-CD28 (9.3; 500 ng/ml), or toxic shock syndrome toxin (TSST)-1 at indicated concentrations (Toxin Technology, Sarasota, Fl.). Alternatively, T cells were stimulated for 5 d with Dynabeads Human T-Activator CD3/CD28 beads (Life Technologies), Where indicated, stimulations were treated with abatacept (20 μg/ml; Bristol Myers Squibb), 1,25(OH)2D3 (10 nM; Sigma-Aldrich), or cyclosporin A (CsA; Sigma-Aldrich). The concentration of 1,25(OH)2D3 used was determined from previous experience (19) and similar to those used by others (20, 21). The vehicle for 1,25(OH)2D3 was ethanol, which was diluted to a final concentration of 0.01% (v/v) during experiments; vehicle controls showed no effect upon experimental outcomes. PBS vehicle was used for all other reagents.

Flow cytometry

The following Abs were used: anti-CD25 (2A3) conjugated to FITC; anti–CTLA-4 (BN13), anti–ICOS (DX29), anti–OX40 (ACT35), and anti–STAT5 (pT694) conjugated to PE; anti–PD-1 (MH4), anti–CD28 (CD28.2), anti–CD62L (DREG-56), and anti–CD71 (M-A712) conjugated to allophycocyanin (all from BD Biosciences); anti–FOXP3 (PCH101) conjugated to allophycocyanin (eBioscience); and anti–TGR vβ2 conjugated to PE (Beckman Coulter Immunotech, Marseille, France). For analysis of cell surface proteins, cells were recovered following stimulation, washed once by centrifugation in PBS, and incubated with relevant Abs in PBS supplemented with 2% (v/v) goat serum (Sigma-Aldrich) for 30 min at 4˚C. A FOXP3 staining buffer kit (eBioscience) was used for intracellular staining of FOXP3 and CTLA-4 in accordance with manufacturer’s instructions. Staining for pSTAT5 was performed using a BD Phosflow buffer kit (BD Biosciences). For the detection of cytokine expression, T cells were stimulated for 5 d under indicated conditions and then restimulated for 4 h with 50 ng/ml PMA (Sigma-Aldrich) and 1 μM ionomycin (Sigma-Aldrich) in the presence of 10 μg/ml brefeldin A (Sigma-Aldrich). Cells were then washed with PBS and fixed with 3% (w/v) paraformaldehyde in PBS for 12 min at room temperature. Subsequently, cells were permeabilized with 0.1% (w/v) saponin in PBS and stained at room temperature for 30 min. All data were acquired using a CyAn ADP Flow Cytometer (DakoCytonmetry, Ely, U.K.) and were analyzed using FlowJo software (Tree Star, Ashland, OR).

CD4+ T cell proliferation assays

Prior to stimulation, CD4+CD25+ T cells were labeled with CellTrace Violet (Life Technologies). Following stimulation, T cell proliferation was determined from previous experience (19) and similar to those used by others (20, 21). The vehicle for 1,25(OH)2D3 was ethanol, which was diluted to a final concentration of 0.01% (v/v) during experiments; vehicle controls showed no effect upon experimental outcomes. PBS vehicle was used for all other reagents.

Flow cytometry

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CD4+ T cell proliferation assays

Prior to stimulation, CD4+CD25+ T cells were labeled with CellTrace Violet (Life Technologies). Following stimulation, T cell proliferation was
analyzed by flow cytometry. Proliferation profiles were modeled using the Flowjo proliferation platform to determine the division index, which represents the average number of cell divisions undergone by a T cell in the original population.

Detection of T cell apoptosis

Following 5-d incubation, T cell apoptosis was determined by analysis of mitochondrial depolarization, a marker of early apoptosis (22). Cells were washed and incubated with 23 ng/ml 3,3′-dihexyloxacarbocyanine iodide (DiOC₆, Molecular Probes, Eugene, OR) for 20 min at 37°C. Cells were analyzed by flow cytometry, and apoptotic cells were characterized as a DiOC₆low population that was verified by forward/side scatter profiles.

Statistics

Statistical analyses were performed using Prism 5.0 software (GraphPad Software, La Jolla, CA). The p values <0.05 were considered significant.

Results

Efficacy of CD28 costimulation blockade by abatacept is determined by the quality of TCR stimulation

To test the efficacy of T cell stimulation blockade by abatacept in vitro, we stimulated CellTrace Violet–labeled CD4⁺CD25⁻ human T cells with soluble anti-CD3 and CHO cells expressing either CD80 or CD86. Treatment with a saturating abatacept concentration (20 μg/ml) robustly inhibited T cell proliferation driven by either CD80 or CD86 (Fig. 1A). As predicted, abatacept had no impact upon T cell proliferation driven by anti-CD3/anti-CD28–coated beads due to the absence of CD28 ligands in this system (Fig. 1A). These experiments therefore demonstrated the specificity and efficacy of abatacept blockade.

Surprisingly, during experiments using ligand-expressing DCs, we noted that abatacept had a limited impact on T cell proliferation when CD4⁺CD25⁻ T cells were stimulated with DCs in conjunction with the same concentrations of soluble anti-CD3 (500 ng/ml anti-CD3) that was used with CHO transfectants. However, we found significant influence of anti-CD3 concentration on the effect of abatacept treatment such that, at lower anti-CD3 concentrations (≤0.5 ng/ml anti-CD3), T cell proliferation was strongly inhibited by abatacept (Fig. 1B). This indicated that the strength of TCR signaling had a significant effect on abatacept sensitivity.

CsA is a calcineurin inhibitor that acts to prevent NFAT translocation downstream of TCR stimulation (23). Therefore, we stimulated T cells in the presence of CsA to further investigate the impact of inhibiting the TCR pathway in our experiments. Interestingly, neither CsA (0.1 μg/ml) nor abatacept (20 μg/ml) alone robustly inhibited T cell proliferation in response to high anti-CD3 concentrations (500 ng/ml). However, we observed a significant synergy between abatacept and CsA such that the effect of abatacept was enhanced by CsA treatment (Fig. 1C). Taken together, these data demonstrate that although abatacept was effective at limiting the availability of CD28 costimulation, the requirement for CD28 signaling depended on the strength of TCR engagement.

Abatacept blockade alters the expression of effector molecules on proliferating T cells

Because T cell proliferation was only weakly suppressed by abatacept when stimulating with higher anti-CD3 concentrations, we wanted to determine whether the absence of costimulatory signaling still affected T cells under these conditions. We therefore assessed the expression of a variety of T cell molecules following activation either with or without abatacept treatment. Despite the fact that we only analyzed dividing cells, which by definition are activated, abatacept markedly reduced expression of the IL-2Rα chain, CD25, as well as CTLA-4 and ICOS. In contrast, abatacept prevented downregulation of PD-1 by T cells that had undergone multiple rounds of division. Additionally, we observed increased expression of CD28 itself in the presence of abatacept (Fig. 2). Therefore, although blockade
of costimulation did not stop T cell proliferation, abatacept was still effective in limiting CD28 stimulation and resulted in an alteration of the phenotype of proliferating T cells.

1,25(OH)2D3 enhances the efficacy of abatacept

Previous studies have identified effects of 1,25(OH)2D3 upon CD4+ T cell activation and differentiation (24). We therefore wished to determine whether 1,25(OH)2D3 affected the inhibition of T cell responses by abatacept. In the presence of DCs, both abatacept and 1,25(OH)2D3 revealed independent suppressive effects on T cell proliferation. However, T cell stimulation under these conditions revealed more robust suppression of proliferation in the presence of both abatacept and 1,25(OH)2D3 (Fig. 3A). Moreover, abatacept did not obviously influence cell death, either in the presence or absence of 1,25(OH)2D3, as indicated by DiOC6low staining cells following 5-d stimulation (Supplemental Fig. 1).

To determine whether 1,25(OH)2D3 was acting upon the DC, T cell, or both, we stimulated T cells with anti-CD3 in the presence of fixed CHO cells expressing FcR and CD80. This system provided costimulation via a fixed artificial APC that could not be influenced by 1,25(OH)2D3. Interestingly, 1,25(OH)2D3 alone failed to inhibit T cell proliferation under these conditions of stimulation (Fig. 3B) in contrast to DC-mediated activation. However, once again we observed a significant interaction between 1,25(OH)2D3 and abatacept, demonstrating that 1,25(OH)2D3 enhanced the suppression of T cell proliferation by abatacept even in the absence of live APCs (Fig. 3B). These data support a T cell–intrinsic mechanism whereby 1,25(OH)2D3 acts on T cells to enhance the control of responses by abatacept.

We also investigated the impact of 1,25(OH)2D3 and abatacept cotreatment on the expression of inflammatory cytokines in the context of T cell activation, which have previously been found to be inhibited by 1,25(OH)2D3 (Fig. 3C). Again we found independent and additive effects of abatacept and 1,25(OH)2D3 in reducing the frequencies of proliferating T cells that were IFN-γ+ and TNF-α+. The combination of both agents favored the suppression of inflammatory cytokines. Interestingly, we observed a slight trend toward increased IL-17+ T cells when blocking CD28 costimulation, in keeping with previous observations (25); however, this effect was lost in the presence of 1,25(OH)2D3. Together, these data suggest that 1,25(OH)2D3 supplementation enhances the efficacy of abatacept treatment affecting both T cell proliferation and inflammatory cytokine production.

1,25(OH)2D3 supplementation supports a CD28-driven proregulatory phenotype by activated T cells

To investigate further the influence of 1,25(OH)2D3 on T cell costimulatory pathways, we assessed T cell activation with particular regard to the interplay between 1,25(OH)2D3 and abatacept in the expression of markers of T cell regulation. These experiments revealed that 1,25(OH)2D3 promoted the expression of CD25 and CTLA-4 with an increased proportion of T cells expressing FOXP3 (Fig. 4A). However, the increased expression of these molecules

CHO-FcR/CD80 (B), with or without 20 µg/ml abatacept and 10 nM 1,25(OH)2D3 for 5 d. Flow cytometric data showing CellTrace Violet dilution from a representative experiment and combined data from independent experiments expressed as either division index values or total numbers of proliferating (CellTrace Violetlow) T cells. Horizontal bars represent mean values. (C) T cells were stimulated with anti-CD3 and DCs for 5 d, and the expression of indicated inflammatory cytokines was assessed by flow cytometry. Data from independent experiments (n = 5); horizontal bars represent mean values. *p ≤ 0.05, **p ≤ 0.01, ***p ≤ 0.001, paired two-tailed t test. ns, not significant.
was CD28 dependent because in the presence of abatacept this upregulation failed to occur. Interestingly, the expression of CD28 itself was significantly higher in the presence of 1,25(OH)₂D₃, suggesting that supplementation promotes CD28 engagement (Fig. 4B). These data provide evidence that 1,25(OH)₂D₃ may actively increase CD28 costimulation, thereby facilitating the generation of a CD28-driven proregulatory phenotype among activated T cells.

1,25(OH)₂D₃ suppresses anti-CD3– but not anti-CD28–driven T cell activation

Because T cell proliferation in the presence of abatacept occurred in the context of high-intensity anti-CD3 signaling, but was rendered abatacept sensitive by 1,25(OH)₂D₃, we wished to further explore the hypothesis that 1,25(OH)₂D₃ targets the TCR/CD3 pathway, thereby making T cell proliferation more CD28 dependent. To compare the TCR/CD3 and CD28 pathways directly, we activated T cells using anti-CD3 or anti-CD28 cross-linked by FcR-transfected CHO cells. In this system, both pathways can promote T cell activation, as evidenced by proliferation at 5 d, with anti-CD28 possibly behaving in a similar manner to CD28 superagonists (Fig. 5A). Although fewer T cells committed to cell division in response to anti-CD3 compared with anti-CD3, those T cells that entered the cell cycle underwent an equivalent number of divisions after 5 d of stimulation and, interestingly, continued to proliferate for longer than anti-CD3–stimulated T cells (data not shown). We then compared the sensitivity of anti-CD3 and anti-CD28 stimulations to CsA. As expected, given the reliance of TCR signaling on the calcineurin/NFAT pathway, CsA potently inhibited proliferation of anti-CD3–treated cells, whereas anti-CD28–stimulated T cells were less affected by CsA (Fig. 5B), indicative of differences between anti-CD3 and anti-CD28 stimulation. Analysis of T cell activation markers also revealed differences between anti-CD3– and anti-CD28–stimulated T cells. Specifically, ICOS, OX40, and transferrin receptor (CD71) upregulation, and CD62L downregulation, were all more strongly induced by CD28 stimulation. In addition, CD28 stimulation was associated with increased CD25 expression and enhanced phosphorylation of STAT5 (Fig. 5C) and was accompanied by increased FOXP3 and CTLA-4 compared with anti-CD3 stimulation (Fig. 5D). Together, these data show that anti-CD3 and anti-CD28 promote distinct outcomes.

We next compared the impact of 1,25(OH)₂D₃ on T cell responses triggered via either the CD3 or the CD28 pathway. In this study, we observed that 1,25(OH)₂D₃ markedly reduced the proliferation of T cells stimulated by anti-CD3, but did not affect T cells stimulated by anti-CD28 (Fig. 5E). Taken together, these data show that 1,25(OH)₂D₃ treatment predominantly targets T cells stimulated via the CD3 pathway compared with the CD28 pathway.

1,25(OH)₂D₃ promotes suppression of superantigen-driven T cell activation by abatacept

Having observed that 1,25(OH)₂D₃ inhibited anti-CD3–driven T cell activation, we wanted to determine its impact upon abatacept sensitivity using an alternative stimulus to anti-CD3 cross-linking.

![ FIGURE 4. 1,25(OH)₂D₃ supplementation promotes a Treg phenotype. (A) T cells were stimulated with anti-CD3 and DCs in the presence of 20 μg/ml abatacept, 10 nM 1,25(OH)₂D₃, or both for 5 d. After 4-d stimulation, T cells were fixed, permeabilized, and stained for CD25, CTLA-4, and FOXP3. Flow cytometry data showing FOXP3 against CTLA-4 and CD25 expression and data for CD25, CTLA-4, and FOXP3 from individual experiments (n = 8). Horizontal bars represent mean values. (B) T cells stimulated in the presence or absence of 10 nM 1,25(OH)₂D₃ were assessed for CD28 expression after 5 d by flow cytometry. Representative flow cytometry data and combined data from independent experiments (n = 6). *p ≤ 0.05, **p ≤ 0.01, ***p ≤ 0.001, paired two-tailed t test.](http://www.jimmunol.org/DownloadableFile?uri=201035108)
We therefore activated T cells with the staphylococcal superantigen TSST-1 that facilitates simultaneous interaction between TCRs that contain the variable β2-domain (vβ2) and MHC II molecules (26). This allowed us to determine abatacept sensitivity in the context of a different stimulus in which TCR strength could be controlled. In this study, at high TSST-1 concentrations, we noted proliferation of both high-affinity (Vβ2+) T cells and low-affinity (Vβ2−) T cells (Fig. 6; 0.25 ng/ml TSST-1). However, the proliferation of low-affinity Vβ2− T cells was more abatacept sensitive, suggesting that CD28 costimulation compensates for suboptimal TCR stimulation. In comparison, high-affinity Vβ2+ responder T cells remained more abatacept resistant, only becoming more susceptible to abatacept at lower TSST-1 concentrations (Fig. 6A; 0.0025 ng/ml TSST-1). Therefore, the interaction between abatacept and 1,25(OH)2D3 was more pronounced with reducing concentrations of TSST-1 (Fig. 6B). These data are therefore consistent with the concept that 1,25(OH)2D3 targets TCR-driven proliferation. Thus, using two independent systems (anti-CD3 and TSST-1), we conclude that 1,25(OH)2D3 targets TCR-driven activation, increasing CD28 dependence and thereby promoting the efficacy of abatacept.

**Discussion**

As the predominant source of T cell costimulation, CD28 signaling enhances the generation of T cell effector populations via effects upon proliferation, survival, and differentiation (27). Blocking this signal...
using abatacept is effective for the treatment of several T cell–related diseases (12). However, responses to treatment are variable and suboptimal in a large proportion of patients. Therefore, the identification of factors that influence treatment responses along with the development of approaches to enhance responsiveness is an important clinical challenge.

The concept that TCR and CD28 cooperate toward a combined activation threshold in which CD28 provides quantitative support to the TCR signal has been previously discussed (28). This view is supported by a significant degree of overlap between TCR and CD28 signaling mediators (29–31) and a reduced TCR signaling threshold for T cell activation in the presence of costimulation (3). Furthermore, the gene expression pattern following CD28 engagement alone is comparable to that induced by TCR signaling (32–34). In this study, we found that abatacept could efficiently inhibit DC-driven T cell stimulations at low concentrations of TCR stimulus (anti-CD3 or TSST-1); however, its efficacy diminished as the dose of the TCR stimulus increased. Indeed, several studies with CD28-knockout (KO) mice suggest that T cell–mediated immune responses can occur in a CD28-deficient environment. For example, CD28-knockout (KO) mice suggest that T cell–mediated immune responses can occur in a CD28-deficient environment. For example, T cell responses to lymphocytic choriomeningitis virus, widely regarded as a strong antigenic stimulus, were normal in CD28-KO mice (35). Furthermore, CD28-KO T cells could mediate skin allograft rejection (36), acute lethal graft-versus-host disease (37), and diabeticogenic responses in NOD mice (14). The demonstration that situations exist in which the requirement for CD28 costimulation is overcome could explain the lack of response to abatacept in some patients.

Our findings are consistent with the concept of CD28 acting as a quantitative support to the TCR signal and suggest that, under conditions of sufficient TCR stimulation, T cell responses can occur in the absence of CD28 costimulation. Conversely, sufficient CD28 costimulation may compensate for a very weak TCR signal to promote T cell activation. In this respect, we observed T cell proliferation in response to CD28 engagement in the absence of overt TCR stimulation. These responses were mediated by FcR-mediated cross-linking of anti-CD28, but did not occur in response to soluble Ab. These CD28-driven responses may occur due to the formation of tight contacts between T cell and CHO-FcR that facilitate the size-dependent exclusion of CD45 from the T cell–CHO-FcR interface as predicted by the kinetic segregation model (38). This would be analogous to T cell activation driven by CD28 superagonists (39, 40), which generate tight interfaces by binding to the membrane-proximal C'D loop of CD28 (41). Interestingly, CD28 superagonists have been found to expand Treg populations in various model systems (42) consistent with our observations of a proregulatory phenotype driven by CD28 costimulation. Thus, signaling via CD28 in isolation allowed us to compare TCR- and CD28-driven signals and determine that the CD28 pathway is less sensitive to 1,25(OH2)D3.

We used a number of strategies to selectively reduce the strength of the TCR signal. The calcineurin inhibitor, CsA, has been regarded as a TCR-pathway selective inhibitor, whereas CD28 costimulation promotes CsA-insensitive T cell responses (43). When used at low concentration, CsA, like abatacept, failed to inhibit T cell proliferation; however, we found that a combination of CsA and abatacept was highly effective at inhibiting activation. Other groups have also demonstrated synergy between CsA and either anti-CD80/CD86 blocking Abs or CTLA-4-Ig for the inhibition of alloresponses in in vitro MLRs and organ transplantation models (44–47). Thus, CsA may serve to improve clinical responses to abatacept therapy. However, there are considerable adverse effects of calcineurin inhibition that limit this option (48); hence, alternative TCR-specific inhibitors are of interest. In this study, we have identified a novel role

**FIGURE 6.** 1,25(OH)2D3 promotes suppression of T cell proliferation by abatacept in superantigen stimulations. CellTrace Violet–labeled CD4+CD25− were incubated with indicated TSST-1 concentrations and allogenic DCs and with either 20 μg/ml abatacept, 10 nM 1,25(OH2)D3, or both for 5 d. (A) Flow cytometric data showing CellTrace Violet dilution and vβ2 staining from one representative experiment. (B) CD4+ vβ2+ T cell counts were determined relative to a known quantity of beads added to each sample prior to flow cytometric analysis. Horizontal bars represent mean values from independent experiments (n = 7). *p ≤ 0.05, **p ≤ 0.01, paired two-tailed t test.
for 1,25(OH)2D3 as an inhibitor of TCR- but not CD28-driven T cell responses. Importantly, like CsA, 1,25(OH)2D3 was able to enhance the efficacy of abatacept in the blockade of anti-CD3– and DC-driven T cell stimulations.

Vitamin D has diverse immunomodulatory properties, influencing both innate and adaptive immunity. Because both APCs and T cells express the vitamin D receptor, effects of 1,25(OH)2D3 on T cell responses may occur through either a direct effect on the T cell or an indirect effect via the APC (24). By using an artificial fixed CHO system to stimulate T cells, we confirmed that 1,25(OH)2D3 can inhibit TCR-induced proliferation and promote abatacept sensitivity via a direct effect on the T cell. Our finding that 1,25(OH)2D3 can inhibit T cell proliferation is consistent with reports that have demonstrated vitamin D–mediated inhibition of cell cycle progression in various cell lineages, particularly at the G1/S phase transition (49). However, mixed findings are reported for the effect of vitamin D upon T cell proliferation. For example, whereas vitamin D has been found to inhibit T cell proliferation driven by PHA (50–52) in vitro, this did not occur when T cells were also costimulated with anti-CD28 (52). Our identification that 1,25(OH)2D3 acts primarily on TCR-mediated activation could explain the discrepancy, wherein, the greater the TCR dependency of the stimulation, the greater the effect of 1,25(OH)2D3.

In addition to influencing T cell activation, vitamin D has been widely reported to modify T cell effector function, for example, by inhibiting proinflammatory cytokine production by Th1, Th9, and Th17 cells (21, 53–56) and biasing differentiation toward Th2 responses (57). Notably, vitamin D also promotes a regulatory phenotype characterized by increased expression of FOXP3 and CTLA-4 (55). Interestingly, Th1 (58)- and Th17 (25)-type responses are favored by TCR signaling, whereas CD28 signaling favors Th2 (58) and Treg (59). Consistent with these findings, we observed that abatacept blocked the induction of regulatory markers, including FOXP3 and CTLA-4, even under conditions in which it was not effective at suppressing proliferation. This highlights the inherent tension between inhibiting effector responses and at the same time influencing regulatory outcomes (60). The fact that vitamin D promotes a regulatory outcome and suppresses inflammatory cytokine production favors its use in combination therapy; nonetheless, its ability to induce regulatory markers on activated T cells was still reduced by abatacept. The fact that the two agents combined to more potently inhibit T cell proliferation is likely to be beneficial. Importantly, 1,25(OH)2D3 continued to suppress inflammatory cytokine expression even in the presence of abatacept. Thus, greater inhibition of T cell proliferation as well as the reduction of inflammatory cytokines due to the presence of 1,25(OH)2D3 favors its combination with abatacept as a potential treatment of inflammatory diseases.

Overall, our data suggest that suboptimal responses to abatacept treatment could be associated with the strength of the TCR stimulus that drives the T cell response. Factors that may influence the strength of the TCR signal between different disease-affected individuals include autoimmunity-associated genetic variations (for example, PTPN22, a protein tyrosine phosphatase that regulates TCR signal transduction) (61) and the antigen trigger(s). To enhance responses to abatacept in those in whom pathology is associated with a strong TCR stimulus, the TCR pathway could be targeted in addition to the CD28 stimulatory pathway. Our data demonstrate that, in cases in which abatacept-resistant T cell activation occurs due to strong TCR stimulus strength, vitamin D3 supplementation can enhance the efficacy of treatment by inhibiting TCR-driven T cell proliferation.

Disclosures
K.R. received honoraria from Bristol-Myers Squibb. The other authors have no financial conflicts of interest.

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Supplemental fig. 1 Cell trace violet labeled CD4⁺ CD25⁻ were activated with 0.5µg/mL anti-CD3 in association with 20µg/mL abatacept and 10nM 1,25(OH)₂D₃ for 5 days. Activated T cells were stained with DiOC₆ and analysed by flow cytometry with DiOC₆ high cells representing live cells. Representative flow cytometry data and mean ±S.E values values from independent experiments (n=3).