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*J Immunol* 2013; 190:4795-4804; Prepublished online 3 April 2013; doi: 10.4049/jimmunol.1201887

http://www.jimmunol.org/content/190/9/4795

Supplementary Material

http://www.jimmunol.org/content/suppl/2013/04/03/jimmunol.1201887.DC1

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Targeted Inhibition of Serotonin Type 7 (5-HT7) Receptor Function Modulates Immune Responses and Reduces the Severity of Intestinal Inflammation

Janice J. Kim,* Byram W. Bridle,† Jean-Eric Ghia,* Huaying Wang,* Shahzad N. Syed,* Marcus M. Manocha,* Palanivel Rengasamy,* Mohammad Sharif Shajib,* Yonghong Wan,‡ Peter B. Hedlund,‡ and Waliul I. Khan*

Mucosal inflammation in conditions ranging from infective acute enteritis or colitis to inflammatory bowel disease is accompanied by alteration in serotonin (5-hydroxytryptamine [5-HT]) content in the gut. Recently, we have identified an important role of 5-HT in the pathogenesis of experimental colitis. 5-HT type 7 (5-HT7) receptor is one of the most recently identified members of the 5-HT receptor family, and dendritic cells express this receptor. In this study, we investigated the effect of blocking 5-HT7 receptor signaling in experimental colitis with a view to develop an improved therapeutic strategy in intestinal inflammatory disorders. Colitis was induced with dextran sulfate sodium (DSS) or dinitrobenzene sulfonic acid (DNBS) in mice treated with selective 5-HT7 receptor antagonist SB-269970, as well as in mice lacking 5-HT7 receptor (5-HT7−/−) and irradiated wild-type mice reconstituted with bone marrow cells harvested from 5-HT7−/− mice. Inhibition of 5-HT7 receptor signaling with SB-269970 ameliorated both acute and chronic colitis induced by DSS. Treatment with SB-269970 resulted in lower clinical disease, histological damage, and proinflammatory cytokine levels compared with vehicle-treated mice post-DSS. Colitis severity was significantly lower in 5-HT7−/− mice and in mice reconstituted with bone marrow cells from 5-HT7−/− mice compared with control mice after DSS colitis. 5-HT7−/− mice also had significantly reduced DNBS-induced colitis. These observations provide us with novel information on the critical role of the 5-HT7 receptor in immune response and inflammation in the gut, and highlight the potential benefit of targeting this receptor to alleviate the severity of intestinal inflammatory disorders such as inflammatory bowel disease. The Journal of Immunology, 2013, 190: 4795–4804.

The gastrointestinal (GI) tract is the largest producer of serotonin (5-hydroxytryptamine [5-HT]) in the body. About 95% of the body’s 5-HT is located in the GI tract, and enterochromaffin (EC) cells are its main source (1, 2). 5-HT is also found in enteric neurons, but the 5-HT amount present in enteric neurons appears to be very small in comparison with that present in EC cells (∼90% of 5-HT is found in EC cells and 10% in enteric neurons) (3). TRYptophan hydroxylase (TPH) catalyzes the rate-limiting step in the synthesis of 5-HT from tryptophan and has been detected prominently in EC cells (4). Recent studies have shown that there are two isoforms of TPH enzymes regulating the 5-HT system. TPH1 is mainly present in EC cells and the spleen, whereas TPH2 predominates in the brainstem and enteric neurons (5, 6). Thus, 5-HT seems to be synthesized independently in EC cells and neurons by two different rate-limiting TPH iso-enzymes. 5-HT is an important enteric mucosal signaling molecule involved in maintaining intestinal homeostasis, and alterations in 5-HT signaling are observed in various GI disorders including intestinal inflammatory conditions (7–9).

Inflammatory bowel disease (IBD) is the most common and chronic inflammatory condition of the human bowel, currently affecting ~1–2 million people in the United States and Canada (10). The incidence and prevalence of human bowel diseases such as IBD have shown a dramatic increase in the last decades (11, 12). Although the exact cause of IBD is unknown, studies have provided evidence that a dysregulated immune response, genetic factors, enteric flora, and environmental factors contribute to the pathogenesis of IBD (13–16). Mucosal changes in IBD are characterized by ulcerative lesions accompanied by a prominent infiltrate of activated cells from both the innate and adaptive immune systems. In addition to immune cells, inflammation in the intestine is associated with an alteration in the number of 5-HT-producing EC cells. Changes in the number of EC cells and 5-HT content have been observed in patients with IBD (8, 9, 17–19) and also in experimental colitis (20–22). EC cells are located in very close proximity to or in contact with key immune cells (23); thus, it is very likely that 5-HT plays an important role in immune activation and generation of gut inflammation in various GI disorders including IBD. Recently, we have shown that TPH1-deficient (TPH1−/−) mice, which have significantly lower amounts of 5-HT in the gut,
DCs, enhancing the release of cytokines IL-1. Studies have shown that 5-HT alters the cytokine profile of human receptor function on DCs, there will be attenuation in immune cell Because DCs express 5-HT receptors, it is reasonable to suppose that they play a key role in the activation of immune cells and in the pathogenesis of colitis.

In recent years, significant progress has been made in understanding the pathogenesis of IBD leading to improved strategies to control inflammation through the use of immunosuppressive drugs and the role of 5-HT in the regulation of immune functions. However, treatment with these drugs may cause many adverse effects such as toxicity in the case of immunosuppressive agents, acute infusion reactions, and the development of Abs to the anti-TNF-α Ab (28–31). These disadvantages of immunosuppressive drugs or targeting just one proinflammatory cytokine trigger thoughts of development of better therapeutic strategies in IBD by identifying new targets.

Dendritic cells (DCs) play a critical role in orchestrating the primary immune response and perform a key role in the generation of intestinal inflammation (32, 33). Studies have revealed the expression of several 5-HT receptors on DCs, and functional studies have shown that 5-HT alters the cytokine profile of human DCs, enhancing the release of cytokines IL-1β and IL-8 (34). Because DCs express 5-HT receptors, it is reasonable to suppose that if 5-HT signaling is inhibited by blocking specific 5-HT receptor function on DCs, there will be attenuation in immune cell activation and in subsequent inflammation. The 5-HT type 7 (5-HT7) receptor is one of the most recently identified members of the 5-HT receptor family, and DCs express this receptor (34–36).

In this study, we investigated 5-HT7 receptor expression on DCs and the effect of blocking 5-HT signaling in colitis by using antagonists against the 5-HT7 receptor and 5-HT7 receptor-deficient mice with a view to develop an improved therapeutic strategy against intestinal inflammatory disorders. Our study revealed a critical role for the 5-HT7 receptor in the pathogenesis of colitis and demonstrated that inhibition of 5-HT signaling by blocking 5-HT7 receptor function with a pharmacological agent or by targeted disruption of this receptor alleviated inflammation in DSS- and DNBS-induced colitis.

Materials and Methods

Animals

C57BL/6 mice (Taconic) were kept in sterilized, filter-topped cages under specific pathogen-free conditions. Male mice aged 8–10 wk were used for all experiments. Breeding pairs of 5-HT7−/− mice on C57BL/6 background, originally generated as described by Hedlund et al. (37), were kindly provided by Peter B. Hedlund (The Scripps Research Institute, La Jolla, CA). These mice were viable and showed no observed difference in food intake or body weight compared with wild-type (WT) mice. All experiments were approved by the animal ethics committee of McMaster University and conducted under the Canadian guidelines for animal research.

Induction of DSS and DNBS colitis

DSS (molecular mass 40 kDa; ICN; Biomedical Incorporate, Solon, OH) was added to drinking water for a final concentration of 5% (w/v) for a total of 5 d. For DNBS-induced colitis, mice were anesthetized with isoflurane (Abbott, Toronto, ON, Canada), and a 10-cm-long tubing attached to a tuberculin syringe was intrarectally inserted 3.5 cm into the colon; 100 μl of 5 mg DNBS solution (ICN; Biomedical) dissolved in 50% ethanol was administered and left for 3 d to induce colitis. Controls received only 50% ethanol for the same time span. Mice given DNBS were supplied with 6% sucrose in drinking water to prevent dehydration. Chronic DSS-induced colitis was induced by adding DSS to drinking water to a final concentration of 5% (w/v) for 5 d followed by 11 d of water. This cycle was repeated twice with 3% DSS.

Drugs

SB-269970 ((2R)-1-[[3-hydroxyphenyl]sulfonyl]-2-[2-(4-methyl-1-piperidinyl)ethyl]pyrrolidinohydrochloride) and 5-carboxamidotryptamine maleate (5-CT) were purchased from ToCris Biosciences (Burlington, ON, Canada) and were dissolved in distilled water.

Experimental protocol

For acute colitis, mice were treated with SB-269970 (ToCris Biosciences) or vehicle (saline) in a dosing volume of 20, 40, or 80 mg/kg via i.p. administration (38, 39) for 6 d starting 1 d before DSS exposure and sacrificed on day 5 after DSS. In a separate experiment, colitis was induced in WT (5-HT7−/−) and 5-HT7−/− mice by DSS or DNBS and sacrificed on day 5 after DSS and day 3 after DNBS to assess colitis severity. For chronic colitis, mice were treated with vehicle (saline) or SB-269970 (40 mg/kg i.p.) for 6 d starting 1 d before the beginning of the third DSS cycle. Control mice received saline and water without DSS.

Assessment of colitis severity

Disease activity index (DAI) is a combined score of weight loss, stool consistency, and fecal bleeding, and was blindly assessed using a previously published scoring system (40). This scoring system was defined as follows: weight loss: 0 = no loss, 1 = 1–5%, 2 = 5–10%; 3 = 10–20%; 4 = 20%+; stool: 0 = normal, 2 = loose stool, 4 = diarrhea; and bleeding: 0 = no blood, 2 = Hemocult positive (Hemocult II, Beckman Coulter, Fullerton, CA), and 4 = gross blood (blood around anus). DAI was measured on all 5 d of DSS treatment. Macrosopic damage scores were blindly scored using a previously published scoring system for DSS (40, 41) and DNBS-induced colitis (42). Formalin-fixed colon sections were paraffin embedded, and 5-μm sections were stained with H&E to assess histological damage. Colonic damage was blindly scored using a previously published scoring system that considers changes in crypt architecture, cellular infiltration, goblet cell depletion, and crypt abscess (41, 43).

Colon myeloperoxidase activity. Colon myeloperoxidase (MPO) activity was measured following a published protocol (44). In brief, colon tissue samples were homogenized in ice-cold 50 mmol/L potassium phosphate buffer containing 0.5% hexadecyl trimethyl ammonium bromide (Sigma). Homogenates were centrifuged and the supernatant was removed, and an aliquot was then added to a solution containing potassium phosphate buffer, O-dianisidine (Sigma), and hydrogen peroxide. The absorbance was measured at 450 nm by a spectrophotometer (model EL808, BioTek). MPO activity was expressed in units per milligram of wet tissue, where 1 U is the amount of enzyme able to convert 1 μmol hydrogen peroxide to water in 1 min at room temperature.

Colon tissue cytokine levels. Colon samples were homogenized in TBS containing a protease inhibitor mixture (Sigma). Samples were then centrifuged and the supernatant was frozen at −80°C. Cytokine levels were determined using a commercially available ELISA kit according to the manufacturer’s instructions (Quantikine Murine; R&D Systems, Minneapoli-s, MN).

Lamina propria CD11c+ DCs isolation and stimulation

Colon lamina propria (LP) cells were isolated using a previously described method (45) with some modification. In brief, colon tissue from naive C57BL/6 mice was washed with Ca2+ and Mg2+ free HBSS (Invitrogen), epithelial cells were dissociated with 5 mM EDTA for 20 min at room temperature, and remaining tissue was digested with 0.5% trypsin for 25 min at 37°C. Digested tissue was filtered through a 40-μm cell strainer (BD Biosciences) and stained for flow cytometric analysis. Alternatively, for in vitro LP DC stimulation, intestine was subjected to the same treatment mentioned earlier and further processed for density gradient centrifugation. Collected cells were resuspended in HBSS + 2 mM EDTA, layered on Percoll gradient (50 and 25%; density, 1.07 and 1.03 g/ml, respectively), and centrifuged at 1000 × g for 25 min at 4°C. The interphase containing mainly mononuclear cells was again centrifuged in HBSS + 2 mM EDTA and 0.5% BSA. LP DCs were further enriched by positive selection of CD11c+ cells by EasySep mouse CD11c+ selection kit (STEMCELL Technologies, Vancouver, BC, Canada). Purity was routinely >90% using this kit. Purified LP
CD11c+ cells (1 × 10^7) were resuspended in 200 μl RPMI 1640 media supplemented with 10% FBS, 100 μM penicillin, 100 μg/ml streptomycin, 2 mM L-glutamate, 0.1% 2-ME, and 1 mM sodium-pyruvate, and cultured in a CO2 incubator for 4 h at 37°C in wells of a flat-bottom 96-well plate (BD Biosciences, Mississauga, CA). After 4 h, adherent cells were stimulated for 24 h in triplicate with 5-HT (10^{-7} M) and LPS (100 ng/ml) in 200 μl medium as described in the figure legends.

Isolation of DCs from spleens and culture

Mice were sacrificed by cervical dislocation, and spleens were excised, minced, and minced for 30 min at room temperature in Spleen Cell Medium (STEMCELL Technologies). The resulting cell suspensions were strained through a 70-μm nylon mesh filter (BD Falcon) and washed with PBS supplemented with 2% FBS and 1 ml/L EDTA. Spleen CD11c+ cells were isolated by positive selection using EasySep mouse CD11c+ selection kit (STEMCELL Technologies) according to manufacturer’s guidelines. DCs (10^6/ml) isolated using CD11c+ selection were incubated for 24 h at 37°C with or without LPS (100 ng/ml; Sigma-Aldrich) in the presence or absence of 5-HT at varying doses (10^-7 and 10^-5 M; Alfa Aesar) and/or NF-κB inhibitor, pyrrolidine dithiocarbamate (PDTC; 10 μM/L; Sigma), in RPMI 1640 supplemented with 10% FBS, 100 μg/ml penicillin, 100 μg/ml streptomycin, and 50 μg 2-ME (Invitrogen Life Technologies). In a separate experiment, isolated CD11c+ cells were stimulated for 24 h with or without 5-HT in the presence or absence of 5-CCT (at 10^-4 or 10^-5 M). Cells were preincubated with SB 269970 (5 ng/ml) as described in the figure legends. Supernatants were collected after 24 h and analyzed for cytokine levels using commercially available ELISA kits (R&D Systems).

Irradiation and bone marrow transplantation

C57BL/6 mice were irradiated with two doses of 5.5 Gy 48 h apart administered via a [32P]Cs gamma irradiation source (Gamma Cell 40; Noridian, Kanata, ON, Canada). Bone marrow cells (BMCs; no fewer than 5 × 10^7) were harvested from femurs and tibiae of donor mice (5-HT7+/+ or 5-HT7−/−) and given via tail vein injection to recipient mice (at 2 h of the second irradiation exposure). BMCs were depleted of T cells by incubation with a mixture of in-house anti-CD4 (GK 1.5), anti-CD8 (2.43), and anti-Thy 1.2 (supplied by Dr. Jonathan Bramson, McMaster University) at 4°C for 1 h followed by treatment with low-Tox-M Guinea pig complement (Cedarlane) for 1 h at 37°C. Recipient mice received anti-biotix (Novo/Temo; Novopharm) in drinking water starting 3-4 d before first radiation exposure and for 3-4 wk postengraftment.

Flow cytometry

For flow cytometry analysis of LP DCs, 10 μl LP cells were preincubated with anti-CD16/32 mAb (FcR block; 2.4G2) for 15 min at 4°C to block nonspecific binding of Abs, then stained for 20 min at 4°C with either matched Ab controls, secondary controls, or with FITC-conjugated anti-CD103 mAb (M290), PE-conjugated anti-CD11c mAb (HL3), and unlabeled rabbit anti-mouse 5-HT7 receptor Ab (ab13898; Abcam) that recognizes aa 13–28 of the extracellular domain of the 5-HT7 receptor. The unlabeled 5-HT7 receptor Ab was detected by allophycocyanin-labeled anti-rabbit IgG Ab (ab130805) for 20 min at 4°C. It should be noted that given the lack of availability of a suitable monoclonal 5-HT7 Ab to be used for flow cytometry, a polyclonal Ab was used for our purposes. Flow cytometry was performed on FACSCanto (BD Biosciences), and data were analyzed on FlowJo software (Tree Star, Ashland, OR). Splenocyte preparations were surface stained with various mAbs (anti-CD11b [clone M1/70], anti-CD11c [clone HL3], anti-CD80-PerCP-Cy5.5, anti-CD86 [clone GL1], anti-MHC class II [clone 25.9-17], and anti-CD40 [clone 32/23]) and used for flow cytometry assays. All Abs were purchased from BD Biosciences. Data were acquired using a FACSCanto flow cytometer with FACSDiva 5.0.2 software (BD Pharmingen) and analyzed with FlowJo Mac, version 6.3.4 software (Tree Star, Ashland, OR).

RNA isolation and quantitative RT-PCR

Real-time PCR was used to quantify RT-PCR complementary DNA (cDNA) of each sample prepared from equal volumes of blood samples using the leukocyte RNA purification kit (Norgen Biotek, St. Catharines, ON, Canada) and the qScript cDNA Supermix (Quanta BioSciences, Gaithersburg, MD), respectively. Quantitative PCR to measure 5-HT7 receptor mRNA expression levels was done with SsoFast EvaGreen Supermix (BioRad) using a CF906 Real-time System (Bio-Rad). Forward primer was 5’-CACCTCTCTGAGGC-GCTTCCC-3’, reverse primer was 5’-GCCAGGCAGGGGAACAT-3’, and tail vein bleeding model. Tail bleeding tests were done according to a published method (46). In brief, mice were anesthetized with isofluorane (Abbott), and the tail tip (0.7–1.0 cm) was incised using a fresh scalpel. Shed blood was collected onto Whatman #1 filter paper discs every 30 s for 15 min. Tail bleeding times were recorded as the time that it took for mice to stop bleeding. Shed blood collected on filter papers was eluted in water and quantified using OD405 and OD600 and a standard curve as previously described (46).

Statistical analysis

All data are presented as means ± SEM. Unpaired t test or one-way ANOVA followed by Newman–Keuls multiple comparisons post hoc test or Mann–Whitney U test was performed using GraphPad Prism version 6.0b for Mac OS X (GraphPad Software, La Jolla, CA). An associated p value <0.05 was considered statistically significant.

Results

LP DCs express 5-HT7 receptor

Expression of the 5-HT7 receptor was analyzed by flow cytometry in LP DCs. Colonic LP cells were isolated from naive C57BL/6 mice and stained with mAb for CD11c, CD103, as well as a 5-HT7 receptor Ab (Fig. 1). CD103+CD11c+ LP DCs are positive for 5-HT7 receptor staining (Fig. 1). In contrast, CD103−CD11c+ cells appear negative for 5-HT7 receptor staining. Spleen CD103+CD11c+ DCs were also positive for 5-HT7 receptor expression (data not shown).

Administration of 5-HT7 receptor antagonist delays onset and decreases the severity of DSS-induced colitis

Colonic 5-HT7 receptor expression is significantly increased in WT mice on day 5 after DSS as compared with control mice without DSS (Supplemental Fig. 1). Treatment of colitic mice with selective 5-HT7 receptor antagonist SB-269970 (40 mg/kg) resulted in significantly lower clinical disease activity scores (based on weight loss, fecal blood, and consistency) on days 4 and 5 after DSS administration (Fig. 2A). We also observed significantly lower macroscopic scores (based on fecal blood and consistency, rectal bleeding, and erythema) in SB-269970–treated mice as compared with vehicle-

FIGURE 1. Colonic LP cells from naive C57BL/6 WT mice were gated based on the forward and side light-scatter characteristics and plotted as CD11c versus CD103 in contour plot (left panel). CD103+ CD11c+ and CD103+CD11c− cells were gated and plotted as histograms for 5-HT7 receptor expression (right panel). CD103+CD11c+ DCs population (upper right panel) are positive for 5-HT7 receptor staining (black open histogram) compared with control staining (gray filled histogram), whereas the CD103+CD11c− DC population (lower right panel) appears negative for 5-HT7 receptor. Representative data of three independent experiments.
targeted disruption of 5-HT7 receptor decreases the severity of DSS-induced colitis. Mice were given 5% DSS ad libitum for 5 d and treated with 5-HT7 receptor antagonist SB-269970 or vehicle (saline) for 6 d starting 1 d before DSS exposure. (A) DAI. (B) Macroscopic scores. (C) Histological damage scores and (D) representative light micrographs of H&E-stained colon sections of SB-269970 or vehicle-treated mice 5 d after DSS. Scale bars, 100 μm. (E) Colonic tissue samples were collected for further analysis of MPO activity, IL-1β, TNF-α, and IL-6 levels. Data are from one representative experiment of two performed. Values shown are mean ± SEM; n > 6 mice/group. *p < 0.05.

FIGURE 2. Administration of 5-HT7 receptor antagonist delays onset and reduces the severity of DSS-induced colitis. Mice were given 5% DSS ad libitum for 5 d and treated with 5-HT7 receptor antagonist SB-269970 or vehicle (saline) for 6 d starting 1 d before DSS exposure. (A) DAI. (B) Macroscopic scores. (C) Histological damage scores and (D) representative light micrographs of H&E-stained colon sections of SB-269970 or vehicle-treated mice 5 d after DSS. Scale bars, 100 μm. (E) Colonic tissue samples were collected for further analysis of MPO activity, IL-1β, TNF-α, and IL-6 levels. Data are from one representative experiment of two performed. Values shown are mean ± SEM; n > 6 mice/group. *p < 0.05.

To further elucidate the role of the 5-HT7 receptor in the generation of gut inflammation, we evaluated mice deficient in this receptor (5-HT7−/−) and WT (5-HT7+/+) mice after DSS-induced colitis. There was no significant difference in colonic 5-HT levels between groups (4.03 ± 0.26 and 4.57 ± 0.31 ng/mg tissue in WT and 5-HT7−/− mice post-DSS, respectively). There was also no difference in food intake between groups throughout the duration of DSS administration (3.16 ± 0.19 and 3.48 ± 0.25 g/day/mouse for WT and 5-HT7−/− mice, respectively). The macroscopic score was 4.12 ± 0.35 compared with 4.45 ± 0.39 in 5-HT7−/− and WT mice, respectively (p > 0.05). Severity of colitis was significantly less in 5-HT7−/− mice after DSS as compared with the 5-HT7+/+ mice (Fig. 4A, 4B). There were also significantly lower MPO activity along with decreased IL-1β, TNF-α, and IL-6 levels in 5-HT7−/− mice as compared with 5-HT7+/+ mice (Fig. 4C).

To evaluate the selectivity of the SB-269970 for the 5-HT7 receptor, in a separate experiment, we treated 5-HT7−/− mice with SB-269970 or vehicle (saline) treatment starting 1 d before DSS administration. There was no significant difference in disease onset or severity of inflammation between 5-HT7−/− mice that received SB-269970 versus vehicle treatment after DSS (data not shown).

5-HT7 receptor plays an important role in cytokine production in DCs through activation of the NF-κB pathway

To investigate whether 5-HT can modulate cytokine release in DCs in gut inflammation by acting through the 5-HT7 receptor, CD11c+ DCs were isolated from the spleen of DSS-treated WT (5-HT7−/−) and 5-HT7−/− mice, and stimulated with or without LPS. Supernatant was collected 24 h after stimulation to assess cytokine levels. CD11c+ DCs isolated from 5-HT7−/− mice after DSS produced lower levels of IL-12p40, IL-1β, and IL-6 when stimulated with LPS compared with DCs isolated from WT (Fig. 5A).

To gain further mechanistic insight on the regulation of DC function by the 5-HT7 receptor, CD11c+ DCs were isolated from
WT mice and stimulated with 5-HT or 5-HT\(_7\) receptor agonist 5-CT in the presence or absence of 5-HT\(_7\) receptor antagonist SB-269970. Stimulation with 5-HT elicited an increase in IL-12p40 release in LPS-matured CD11c\(^+\) DCs (Fig. 5B). In addition, 5-HT also increased secretion of IL-12p40 in immature (non-LPS–treated) DCs (501 ± 6.60 and 541 ± 17.3 pg/ml in DCs stimulated in the absence or presence of 5-HT [10\(^{-7}\) M], respectively). Coincubation with SB-269970 abolished the 5-HT–induced modulation of IL-12p40 release in mature DCs, suggesting that this effect was mediated by the 5-HT\(_7\) receptor. Added together with PDTC, a potent inhibitor of NF-κB, IL-12p40 release was significantly lowered (Fig. 5B). No significant effect of SB-269970 on IL-12p40 release was seen in immature DCs (541 ± 17.3 and 558 ± 6.67 pg/ml in DCs stimulated with 5-HT in the absence or presence of SB-269970, respectively). Stimulation with 5-CT induced secretion of IL-12p40 in non-LPS–stimulated DCs in a non–dose-dependent manner (123 ± 7.62 versus 395 ± 14.7 and 370 ± 16.8 pg/ml in nonstimulated DCs and DCs stimulated with 5-CT at concentrations of 10\(^{-7}\) and 10\(^{-5}\) M, respectively). 5-HT and 5-CT also increased IL-1β and IL-6 release from mature, but not immature, DCs (Supplemental Fig. 3A–D). Stimulation with 5-HT or 5-CT did not elicit an increase in IL-12p40 secretion in LPS-matured CD11c\(^+\) DCs isolated from 5-HT\(_7\)\(^{-/-}\) mice (Supplemental Fig. 3E).

To investigate the effect of 5-HT stimulation on CD11c\(^+\) LP DCs, we incubated freshly isolated LP CD11c\(^+\) cells overnight at 37°C with or without exposure to LPS and/or stimulation with 5-HT (10\(^{-7}\) M). In all conditions, IL-12p40 levels were below the detectable range (data not shown), whereas incubation with LPS slightly enhanced the production of TNF-α and IL-6 by CD11c\(^+\) LP DCs (Supplemental Fig. 3F). These results agree with previous work done by Takenaka et al. (47) that showed that colonic DCs are less responsive to stimulation with LPS.

Targeted disruption of 5-HT\(_7\) receptor decreases the severity of DNBS-induced colitis

To determine whether the aforementioned changes were specific only to the DSS model of colitis, we used the DNBS model of experimental colitis in WT and 5-HT\(_7\)\(^{-/-}\) mice. In WT, DNBS exposure caused significant thickening of the colonic wall, hy-
peremia, observable adhesion between the colon and surrounding tissue, and in some cases, ulcerations. H&E-stained colon sections of WT mice given DNBS showed increased cellular infiltration, loss of goblet cells, and severe mucosal damage. 5-HT7/2−/2 mice had significantly reduced colitis severity and less severe histological scores (less mucosal damage, less cellular infiltration, and goblet cell depletion; Fig. 6A–C). Reduction in colitis severity in 5-HT7/2−/2 mice given DNBS was associated with reduced MPO activity and lower IL-1β levels compared with control mice (Fig. 6D, 6E).

Irradiated mice reconstituted with BMCs lacking 5-HT7 receptor expression have reduced colitis severity and altered cytokine production from DCs

To further confirm the role of the 5-HT7 receptor in immune cell activation and in generation of inflammation, we reconstituted lethally irradiated WT mice with BMCs harvested from WT (WT-WT) or 5-HT7/2−/2 mice (5-HT7/2−/WT) via tail vein injections (Fig. 7A). Lymphocyte depletion in BMC preparations was confirmed before injections by flow cytometry. At 8 wk after reconstitution, mice were given 5% DSS ad libitum for 5 d. Mice reconstituted with BMCs harvested from 5-HT7/2−/2 mice (5-HT7/2−/WT) had delayed onset of loose stools, rectal bleeding, and weight loss compared with mice reconstituted with BMCs harvested from WT mice (WT-WT; Fig. 7B). Disease severity and histological scores were significantly lower in mice reconstituted with BMC from 5-HT7/2−/2 mice (5-HT7/2−/WT) after DSS administration (Fig. 7C–E), and this was associated with reduced MPO activity and lower levels of proinflammatory cytokines (Table I). Significant reduction of 5-HT7 receptor expression in mice reconstituted with 5-HT7/2−/2 BMCs (5-HT7/2−/WT) was verified by leukocyte RNA extraction and analysis by real-time PCR (relative fold expression of 5-HT7 receptor in irradiated WT mice...
colon sections from WT and 5-HT7−/− mice were blindly assessed. The effects of 5-HT3 receptor antagonists (49, 50) and 5-DNBS dissolved in 50% ethanol and left for 3 d. Control mice were given severity of DNBS-induced colitis. Colitis was induced by administration of 6 CD11c+ DCs isolated from mice given BMCs from 5-HT7−/− mice on day 3 after DNBS. Scale bar, 100 μm. 

The 5-HT7 receptor is the most recent addition to the 5-HT receptor family and has been shown to be positively coupled to adenylyl cyclase via Gα-proteins (53, 54). In the gut, studies have shown that 5-HT induces muscle relaxation by affecting 5-HT7 receptors on smooth muscle cells in addition to neuronal 5-HT7 receptors (55–58). Although the effects of selective 5-HT7 antagonism have been studied in several animal behavioral models where it has been shown to have anxiolytic (59–61), antidepressant (62–64), and antipsychotic-like effects (65, 66), to our knowledge, no current data are available on the effects of 5-HT7 receptor antagonists in IBD.

In this study, by using two different experimental models of colitis, we show evidence of the importance of the 5-HT7 receptor, expressed on DCs, in immune activation and gut inflammation. Our study, for the first time, to our knowledge, demonstrates that inhibiting 5-HT7 receptor function can act as an effective strategy in alleviation of gut inflammation.

We observed significantly reduced severity of intestinal inflammation in mice that received treatment with 5-HT7 receptor antagonist SB-269970 as compared with vehicle-treated controls. The amelioration of DSS-induced colonic inflammation in 5-HT7−/− receptor antagonist-treated mice was observed in all the parameters examined, including both the macroscopical and microscopical indexes. This was associated with a decrease in MPO activity (an enzyme released by granulocytes such as neutrophils; serving as a surrogate marker of inflammation) (67) and levels of proinflammatory cytokines. Importantly, the beneficial effect of inhibiting 5-HT7 receptor signaling by the antagonist treatment was observed not only in development of acute colitis, but also in chronic colitis induced by DSS. To better understand the role of the 5-HT7 receptor in activation of immune cells and generation of inflammation, we next used mice with targeted disruption of the 5-HT7 receptor (5-HT7−/−). There was also downregulation of inflammation and production of proinflammatory mediators in 5-HT7−/− mice as compared with WT control mice after DSS. One interesting observation to note was the presence of black feces in the cecum of the 5-HT7−/− mice after DSS administration. To rule out a possible difference in bleeding phenotype, we studied bleeding time and did not observe a difference in bleeding time or blood loss between the 5-HT7−/− and WT mice (bleeding times were 402 ± 48.7 versus 367 ± 24.1 s; blood loss was 22.7 ± 3.77 versus 19.2 ± 8.34 μl for 5-HT7−/− and WT, respectively). This suggests that this black stool observed in the 5-HT7−/− mice after DSS might have resulted from bleeding in the upper GI tract, suggestive of modest pathology in the upper intestine of these 5-HT7−/− mice. Nevertheless, exploring the difference between the small and large intestine is outside the scope of this study. More importantly, with pharmacological inhibition of 5-HT7 receptor signaling by antagonist treatment, we failed to see this observation after acute or chronic DSS colitis.

We also investigated the role of the 5-HT7 receptor in a DNBS-induced model of experimental colitis to determine whether the effects seen in the DSS model were specific for this model. DNBS is considered to be a model of Crohn’s disease, and induction

FIGURE 6. Mice lacking 5-HT7 receptor expression show decrease in severity of DNBS-induced colitis. Colitis was induced by administration of DNBS dissolved in 50% ethanol and left for 3 d. Control mice were given 50% ethanol only. (A) Macroscopic and (B) histologic damage scores were blindly assessed. (C) Representative light micrographs of H&E-stained colon sections from WT and 5-HT7−/− mice on day 3 after DNBS. Scale bar, 100 μm. 

Discussion

5-HT exerts a confounding range of effects in the gut largely because of the presence of multiple receptor subtypes that are present on smooth muscle, enteric neurons, enterocytes, and immune cells (2, 34, 48). Among the seven types of 5-HT receptors (5-HT1, 7 receptor subtypes have been identified), subtypes 5-HT1A, 5-HT2, 5-HT3, 5-HT4, and 5-HT7 have been shown to be expressed within the GI tract, with 5-HT3 and 5-HT4 being the most widely studied. The effects of 5-HT3 receptor antagonists (49, 50) and 5-HT4 receptor agonists (51) have also recently been evaluated in experimental models of colitis. The anti-inflammatory effects of 5-HT7 receptor antagonists, granisetron and tropisetron, were shown to protect against rat colitis and were associated with a decreased inflammatory response in the gut (49, 50). 5-HT3 receptor antagonists may modulate 5-HT release from EC cells (which express 5-HT3 receptors), thereby attenuating inflammation (52). More recently, the effect of 5-HT4 receptor agonist (cisapride) was evaluated in IBD, although no significant difference between agonist-treated and nontreated groups was observed (51).
results in a Th1-driven immune response in the host (68). Mac- 
roscopic and histological evaluation, along with assessment 
of proinflammatory markers of the colon of 5-HT 7−/− mice after 
DNBS administration, revealed significantly less severe disease 
activity. Interestingly, the observance of darkened fecal content in 
the cecum seemed to be specific to the DSS model as it was absent 
after DNBS-induced colitis. Similar to DSS-induced colitis, ame-
lioration of colitis severity was associated with lower MPO activity 
after DNBS-induced colitis. During DSS administration, DAI was scored. 
(Mice were given 5% DSS ad libitum. (B) Mice were sacrificed on day 5 after DSS, and colons were scored 
blindly for macroscopic and (D) histological damage. (E) Representative light micrographs of H&E-stained colon cross sections. Scale bar, 100 μm. DCs were isolated from reconstituted mice 5 d after DSS and stimulated with or without LPS. (F) Supernatants were collected at 24 h after stimulation, and cytokine levels were measured by ELISA. (G) Expression of CD40, MHC class II, CD80, and CD86 by CD11c+ cells isolated from reconstituted mice. Data are representative of five samples/group and are shown as mean ± SEM. *p < 0.05, **p < 0.01, ***p < 0.001.

Table I. Irradiated mice reconstituted with BMC isolated from 5-HT 7−/− mice show delayed onset and reduced severity of DSS-induced colitis. (A) Irradiated WT mice (5-HT 7−/−, n = 20) were reconstituted with BMCs from either WT (WT-WT) or 5-HT 7−/− (5-HT 7−/−-WT) donors (n = 10 mice/group). Mice were given 5% DSS ad libitum. (B) During DSS administration, DAI was scored. (C) Mice were sacrificed on day 5 after DSS, and colons were scored blindly for macroscopic and (D) histological damage. (E) Representative light micrographs of H&E-stained colon cross sections. Scale bar, 100 μm. CD11c+ DCs were isolated from reconstituted mice 5 d after DSS and stimulated with or without LPS. (F) Supernatants were collected at 24 h after stimulation, and cytokine levels were measured by ELISA. (G) Expression of CD40, MHC class II, CD80, and CD86 by CD11c+ cells isolated from reconstituted mice. Data are representative of five samples/group and are shown as mean ± SEM. WT mice (5-HT 7−/−, n = 20) were reconstituted with BMCs from either 
WT (WT-WT) or 5-HT 7−/− (5-HT 7−/−-WT) donors within 2 h of the second irra-
diation (n = 10 mice/group). All mice were given 5% DSS solution. Mice were 
sacrificed on day 5 after DSS, and colonic tissues were collected to assess for 
MPO activity and cytokine levels. Values are shown as mean ± SEM. WT or 
5-HT7−/− donor 

<table>
<thead>
<tr>
<th>Treatment</th>
<th>MPO, U/mg tissue</th>
<th>IL-1β, pg/mg protein</th>
<th>TNF-α, pg/mg protein</th>
<th>IL-6, pg/mg protein</th>
</tr>
</thead>
<tbody>
<tr>
<td>WT-WT</td>
<td>2.66 ± 0.88</td>
<td>175 ± 23.6</td>
<td>13.6 ± 1.50</td>
<td>150 ± 12.6</td>
</tr>
<tr>
<td>5-HT 7−/−-WT</td>
<td>0.61 ± 0.13*</td>
<td>104 ± 21.5*</td>
<td>6.60 ± 1.30*</td>
<td>95.8 ± 20.9*</td>
</tr>
</tbody>
</table>

WT mice (5-HT 7−/−, n = 20) were irradiated with 550 rad on two separate counts 
within 48 h of each other. Irradiated mice were reconstituted with BMCs from either 
WT (WT-WT) or 5-HT 7−/− (5-HT 7−/−-WT) donors within 2 h of the second irra-
diation (n = 10 mice/group). All mice were given 5% DSS solution. Mice were 
sacrificed on day 5 after DSS, and colonic tissues were collected to assess for 
MPO activity and cytokine levels. Values are shown as mean ± SEM. *p < 0.05. |
HT7 receptor. It is reasoned that if indeed 5-HT plays a key role in activation of immune cells via the 5-HT7 receptor in relation to inflammation, then recipient mice of BMCs from 5-HT7−/− mice will exhibit reduced severity of inflammation and diminished immune activation. Indeed, we observed that irradiated mice that received BMCs from 5-HT7−/− mice had lower severity of intestinal inflammation when compared with mice given BMCs from WT mice. These results further strengthen the notion that the 5-HT7 receptor plays an important role in immune activation and colitis pathogenesis. It is important to note, however, that the 5-HT7 receptor has also been shown to be expressed on T cells where they play an important role in early T cell activation events (71). Thus, treatment with SB-269970, for example, may also have an effect on T cells. Previously, we have shown that 5-HT modifies cytokine secretion by DCs, affecting subsequent influence on T cell priming and production of Th1 and Th17 cytokines in vitro (27). We also observed that reduced colitis severity in TPH-deficient mice is accompanied by downregulation of IL-17 and IFN-γ levels in colonic tissue (27). Th1- and Th17-type immune responses have been characterized in DSS-induced colitis (72), and DCs play a crucial role in priming responses to Th1 and Th17 cells (important producers of IFN-γ and IL-17, respectively). These results suggest that 5-HT signaling plays an important role in DC activation and generation of inflammatory responses in experimental colitis. In this study, we have observed reduced colonic IFN-γ and IL-17 levels in 5-HT7 receptor antagonist-treated mice after DSS-induced colitis (Supplemental Fig. 2F, 2G), suggesting that there may be effects on T cell responses when 5-HT7 receptor signaling is disrupted in vivo. Although beyond the scope of this article, this warrants future investigations of the role of 5-HT7 receptor signaling in T cell function in this model and further examination of the role of DCs and sequential T cell activation in the context of gut inflammation.

In summary, the data presented in this study show that the 5-HT7 receptor plays a critical role in regulation of mucosal inflammation and immune responses, and that targeting the 5-HT7 receptor on DCs may serve as a potential therapeutic strategy to ameliorate mucosal inflammation and intervene in inflammatory disorders such as IBD. In addition to enhancing our understanding of the role of 5-HT on immune cell signaling and pathogenesis of colitis, this study identified a potential therapeutic strategy for intestinal inflammatory disorders, including IBD, by targeting 5-HT7 signaling. Intestinal 5-HT has not only been shown to be important in modulating gut inflammation, but recent studies have also shown that 5-HT deficiency causes slower growth of colon cancer allografts in vivo (73), and reduction in gut-derived 5-HT synthesis decreases development of osteoporosis by promoting bone formation (74). Thus, in a wider perspective, these data have implications not only in developing strategies in ameliorating GI inflammatory disorders such as IBD, but also in non-GI inflammatory conditions that are associated with alterations in 5-HT signaling in the gut.

Acknowledgments
We thank Drs. Stephen Collins, John Wallace, and Elyanne Ratcliffe (McMaster University) and Dr. Bruce Vallance (University of British Columbia) for valuable discussions.

Disclosures
The authors have no financial conflicts of interest.

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