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Abel Suárez-Fueyo, Domingo F. Barber, Jorge Martínez-Ara, Antonio C. Zea-Mendoza and Ana C. Carrera

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Enhanced Phosphoinositide 3-Kinase δ Activity Is a Frequent Event in Systemic Lupus Erythematosus That Confers Resistance to Activation-Induced T Cell Death

Abel Suárez-Fueyo,* Domingo F. Barber,* Jorge Martínez-Ara,+ Antonio C. Zea-Mendoza,+ and Ana C. Carrera*

Systemic lupus erythematosus (SLE) is a human chronic inflammatory disease caused by the action of autoreactive T and B cells. Class I phosphoinositide-3-kinases (PI3K) are enzymes that trigger formation of 3-poly-phosphoinositides that induce cell survival. Enhanced PI3K activation is a frequent event in human cancer. Nonetheless, in a genetic model with enhanced activation of class I, PI3K in T cells, mice show a greater tumor index but die of a lupus-like disease. In this study, we studied the potential PI3K involvement in human SLE. The PI3K pathway was frequently activated in SLE patient PBMC and T cells (~70% of cases), more markedly in active disease phases. We examined the mechanism for PI3K pathway activation and found enhanced activation of PI3Kδ in SLE peripheral blood T cells. The magnitude of PI3K pathway activation in patients paralleled activated/memory T cell accumulation. We examined potential tolerance mechanisms affected by increased PI3K activity; SLE patients showed reduced activation-induced cell death of activated/memory T cells. Moreover, the defective activation-induced cell death in SLE T cells was corrected after reduction of PI3Kδ activity, suggesting that PI3Kδ contributes to induction of enhanced SLE memory T cell survival. These observations point to PI3Kδ as a target of clinical interest for SLE. *The Journal of Immunology, 2011, 187: 2376–2385.

A common feature in murine and human SLE is the presence of increased numbers of autoreactive T and B cells and an accumulation of CD4+ memory cells (7, 8). Autoreactive T cells support B cell-mediated production of autoantibodies that form immune complexes; autoreactive SLE T and B lymphocytes affect a variety of organs, including skin, brain, and kidney (9). Circulating anti-DNA Abs form complexes that are captured in kidney, the most frequently affected organ, and activate the complement cascade. T cells and macrophages infiltrate affected organs and amplify a local inflammatory response (10). In kidney, at advanced disease phases, the mesangial proliferation, vascular collapse, and immune complex deposition result in renal failure (4, 11). De-regulation of T cell homeostasis is thus a critical event in SLE: distinct T cell defects have been reported in this disease, including altered TCR signaling, reduced IL-2 production, and COX-2 up-regulation (7, 12–16).

Class I phosphoinositide-3-kinases (PI3K) are heterodimeric enzymes comprised of a regulatory and a conserved p110 catalytic subunit that catalyzes formation of phosphoinositide-3,4-diphosphate and phosphoinositide-3,4,5-triphosphate (PIP3) (17). These lipids recruit proteins containing a pleckstrin homology domain (such as protein kinase B [PKB]) to the cell membrane, promoting cell survival (18). Generalized activation of PI3K in T cells triggers an accumulation of CD4+ memory cells and lupus-like disease in mouse, as shown by transgenic expression of an active allele of the p85 regulatory subunit (19), or by heterozygous loss of phosphatase and tensin homolog deleted on chromosome 10 (PTEN), which negatively controls PIP3 levels (20).

Class I PI3K are subdivided into p85/p110 heterodimers (p110α, p110β, or p110δ) that are mainly activated by tyrosine kinases (class Iα) and p85- or p101-p110γ heterodimers that are activated generally by G protein-coupled receptors (class Iγ) (18). p110δ and p110α are more abundant in hematopoietic cells, and their deletion affects the immune response (reviewed in Ref. 17). Deletion of p110δ reduces T cell activation and B cell differentiation,
whereas p110y deletion impairs macrophage and neutrophil migration as well as T cell activation (21, 22). In the mouse, interference with p110y ameliorates lupus-like disease by decreasing survival of CD4+ memory cells (23).

In this paper, we studied the contribution of PI3K to human SLE. We detected activation of the PI3K/PKB pathway, which correlated with an increase in the CD4+ memory T cell population in a significant proportion of SLE patients (~70%); this phenotype was more pronounced in patients with active disease. SLE T cells presented an activation-induced cell death (AICD) apoptosis defect; reduction of p1106 activity corrected their AICD defect. Our results show that p1106 increased activity is a frequent event in inactive SLE and even more markedly in active SLE, pointing at inhibitors of this enzyme as a promising treatment for this disease.

Materials and Methods

Study subjects

Eighty-eight SLE patients, 20–58 y old and fulfilling at least 4 out of 11 American College of Rheumatology classification criteria for SLE were studied, as well as 45 approximate age- and sex-matched healthy donors (24–55 y old). SLE disease activity index (SLEDAI) scores from patients ranged from 0–44. Patients were classified according to their treatment as follows: untreated, treated with nonsteroid immunosuppressors alone (nonsteroid anti-inflammatory drugs [NSAID]; azathioprine or cyclophosphamide), treated with prednisone alone, with prednisone plus NSAID (azathioprine, cyclophosphamide, tacrolimus, mycophenolate, or hydroxychloroquine), or treated with prednisone, NSAID, and methotrexate. All patients were left untreated for a minimum of 24 h before blood extraction. We examined 12 rheumatoid arthritis patients. The La Paz Hospital Ethics Commission approved the study protocol and obtained informed consent.

Abs, cDNA, and cells

For Western blot (WB), we used rabbit polyclonal anti-phospho-Ser735, 473, 308 PKB unless indicated, Thr308-PKB, -PKB, δ- p110 (C33D4; Cell Signaling Technology), goat anti-PTEN, rabbit anti-p110y (SC-7177, Santa Cruz Biotechnology), and rabbit anti-p110 (ab32401, Abcam). For immunoprecipitation, we used the same Ab or anti-CD28 (Biosource International), -p110ε (Upstate), or -ZAP70 (Transduction Laboratories). Conjugated Abs to CD3, CD4, CD8, CD29, CD45RA, CD45RO, CD11b, CD64, CD66b, and CD19 were from BD Biosciences. T cells were activated with anti-CD3 (UCHT-1) and -CD28 (BD Pharmingen) mAb, with anti-CD3 (OKT3; eBioscience) or -CD19 (Santa Cruz Biotechnology), latex, or anti-CD28 mAb (OKT3) in 0.1 ml/well (for AICD). After 72 h, cells were stained with Annexin/propidium iodide (23). Jurkat cells were electroporated and examined with cDNA at 290 V and 975 µF, as reported (26).

Indirect IF

PBMC were washed twice with incomplete RPMI and resuspended in 1 mM PBS-EDTA. For IF, we purified CD4+ cells by negative selection; PBMC were stained with PE-conjugated anti-CD8 plus FITC–anti-CD45RO or PE-conjugated anti-CD8 plus FITC–anti-CD28 (BD Pharmingen). Cells were sorted on an Epics Altra (Beckman Coulter), then stained to confirm memory or naive CD4+ T cell purification; the proportion of CD8+ cells was always <1%. Purified cells (5 × 10⁶) were resuspended in RPMI with 10% individual donor serum (10 min) and then plated on poly-L-lysine–coated glass slides using a cytocentrifuge. Cells were fixed in 4% paraformaldehyde-PBS (5 min), washed twice in PBS, permeabilized by incubation with 0.3% Triton X-100 in PBS (5 min), and blocked in 0.1% Triton X-100 in PBS containing 1% BSA/10% goat serum (1 h, room temperature). Cells were incubated (overnight, 4°C) with anti-Ser735, -PKB and -CD3 (UCHT-1) or -CD19 (Santa Cruz Biotechnology), labeled with Alexa Fluor 488-goat anti-rabbit IgG and Cy3-goat anti-mouse IgG Ab, and stained/mounted with Hoechst 33258 (10 µg/ml) in 33% glycerol/PBS. Confluent microscopic images and double-fluorescence analysis were performed with a FluolView1000 (Olympus) or Zeiss Axiomont LCS 510 (Zeiss) confocal microscope.

Statistics and quantitation

Data are presented as mean ± SEM. Where mentioned, unpaired two-tailed Student t test was included with Welch’s correction; the χ² test and ANOVA were also used (indicated). Correlation significance was established with Pearson’s correlation coefficient. Statistics were performed using GraphPad Prism v5.0 software (GraphPad). Significance was defined as p < 0.05. Gel bands and fluorescence intensity were quantitated with ImageJ software (National Institutes of Health). All quantitation was performed using low-exposure film (in the linear range); for quantitation of IF images, all images were acquired in the same conditions.

Results

The PI3K/PKB pathway is frequently activated in PBMC from SLE patients

We compared the activation status of the PI3K pathway in approximate age- and sex-matched healthy donors and SLE patients (untreated for at least 24 h prior to blood extraction). We prepared PBMC extracts immediately after purification and determined activation of the PI3K effector PKB by evaluating p-PKB levels in WB (23). Most control individuals had low p-PKB levels; in contrast, ~70% of the SLE patients showed high p-PKB/PKB ratios (Fig. 1A), within the range of p-PKB levels observed after T cell activation (Supplemental Fig. 1A). We quantitated p-PKB levels and normalized them to PKB. The p-PKB/PKB ratio in SLE patients (n = 48) and controls (n = 30) indicated that PBMC from SLE patients had higher p-PKB levels than healthy donors (3.7 ± 0.6 versus 1.0 ± 0.1, respectively; Fig. 1B). High p-PKB/PKB levels were found in untreated patients as well as in those treated with nonsteroid or steroid immunosuppressors or combinations; PI3K pathway activation is thus intrinsic to disease.

SLE is a chronic disease that remains inactive for long periods, separated by phases of high activity; these can be assessed using...
SLEDAI (27, 28). To determine whether there is a relationship between PI3K pathway activation and disease activity, we studied the correlation between increased p-PKB levels and high SLEDAI scores using a cutoff value of 4 for active and inactive cases (29). We analyzed p-PKB/PKB ratios in patients with active SLE (SLEDAI ≥4; n = 27) and inactive SLE (n = 21) (Supplemental Table I). Although p-PKB values were higher in SLE patients than controls and higher in active than inactive SLE (3.9 ± 0.6 versus 2.1 ± 0.5, respectively; p = 0.03; Fig. 1B), the SLEDAI did not correlate well with the p-PKB/PKB ratio (not shown). This imperfect correlation might be due to the fact that the SLEDAI score is based on symptoms rather than on molecular defects. Rheumatoid arthritis patients did not show increased p-PKB/PKB ratios (Supplemental Fig. 1B). PI3K/PKB pathway activity is thus elevated in PBMC from SLE but not rheumatoid arthritis patients.

The PI3K/PKB pathway is activated in SLE naive and memory T cells

T lymphocytes are the most abundant cell subpopulation in PBMC (~70%); the increase in PKB activity might reflect PI3K pathway activation in T cells. To examine this, we purified T cells from a larger blood volume in a group of patients. Patients showed parallel results in T lymphocytes and PBMC (Fig. 1C), indicating that the enhanced PI3K/PKB pathway activation in PBMC is due at least in part to pathway activation in T cells.

According to their previous Ag exposure, peripheral T cells are divided into naive T cells, which have not previously encountered Ag, and memory cells, which have been activated and differentiate into long-lasting, more efficient Ag-responsive cells (7, 15). SLE disease is maintained throughout life due to the presence of autoreactive/memory T cells (3, 12, 13). To determine whether the increase in PI3K activity is a consequence of disease (present only in activated/memory cells) or an intrinsic defect in naive T cells prior to autoantigen stimulation, we examined pathway activation in both cell subsets.

We compared p-PKB IF staining in CD4+CD45RA+ or CD45RO+ cells, the former (CD45RA+) expressed in naive T cells and the latter in memory T cells (30). p-PKB levels were increased both in naive and memory T cells from SLE patients (Fig. 2).

Whereas a certain level of p-PKB was found in the nucleus in control and SLE T cells, SLE naive T cells, but not control naive T cells, showed a positive p-PKB signal at the cell membrane (Fig. 2). In addition, memory cells had higher p-PKB levels than naive cells in both healthy individuals and SLE patients, but SLE memory cells presented significantly higher p-PKB levels than memory cells from controls (Fig. 2). Activation of PI3K/PKB reduces the T cell activation threshold (19); the presence of active-PKB in naive T cells from SLE patients might contribute to facilitate activation by autoantigens and disease development.

The proportion of B cells (7–10%) in the small blood sample available from patients did not permit WB analysis; we thus examined PI3K/PKB pathway activation by IF. B cells were simultaneously stained with an anti-CD19 mAb and an anti-p-PKB Ab. SLE B cells had higher p-PKB levels at the cell membrane than control B cells (Supplemental Fig. 1C). Quantitation of p-PKB signal intensity (in the same image collection conditions) nonetheless showed that naive and memory T cells have a higher p-PKB signal intensity than B cells (Fig. 2, Supplemental Fig. 1C).

The memory T cell population is increased in SLE

Expression of an activated PI3K allele as a transgene in murine T cells increases the proportion of CD4+ memory cells and induces development of a lupus-like disease (19). To test for a potential relationship between PI3K and memory cell expansion in the human disease, we compared PBMC populations in healthy donors and SLE patients.

SLE patients showed a moderately increased proportion of B cells (~3%) and a modest decrease in T cells (Supplemental Fig. 2A). Within T cells, SLE samples showed an increase in the proportion of CD8+ and a decrease in the proportion of CD4+ T cells compared with controls (Supplemental Fig. 2A). The reduction in the proportion of CD4+ T cells is probably due to the presence of anti-CD4 lymphocyte Abs in human SLE patients (31); neutrophils and macrophages were increased in ~20% of the patients (10).

To evaluate memory cell populations, we examined CD45RA+ and CD45RO+ cells (30). Both CD4+ and CD8+ T cell subsets had
a higher proportion of memory cells (and a reduced proportion of naive cells) in SLE patients compared with healthy donors (Fig. 3). We also examined cells expressing CD29, a receptor expressed in activated/memory cells (32). The higher proportion of CD4+CD29+ and CD8+CD29+ cells in SLE patients confirmed memory cell enrichment in SLE patients, which was more marked in active SLE (Fig. 3). The increase in memory cell proportion did not correlate with any specific patient treatment and was therefore intrinsic to disease (Fig. 3). Examination of absolute numbers of CD8+ memory cells (Supplemental Fig. 2B) confirmed CD8+ memory cell accumulation in SLE patients; nonetheless, within CD4+ cells, we observed a less marked increase in memory cell numbers than in their proportion in SLE (Fig. 3, Supplemental Fig. 2B). This is probably caused by the presence of anti-CD4–lymphocyte autoantibody, particularly in active disease phases, which reduces CD4+ cell numbers in SLE patients (31). We used memory/naive cell proportions to compare all patients, which showed enhanced naive to memory cell differentiation in SLE, independently of the presence of anti-CD4–lymphocyte Ab.

The memory/naive cell ratio must be maintained for T cell homeostasis; an increase in memory/naive ratio is an indication of disease onset (19, 33). The memory/naive cell ratio in controls was ~1 for CD4+ and ~0.3 for CD8+ cells (33). In agreement with the high proportion of memory cells found in SLE, memory/naive ratios were higher in SLE CD8+ and CD4+ cells and markedly higher in active SLE CD4+ cells (Fig. 4A).

**Altered CD4+ memory/naive ratio correlates with high p-PKB levels in active SLE**

We examined whether PI3K/PKB pathway activation in SLE correlated with an accumulation of memory cells. No correlation was found between p-PKB levels and CD8+ memory cells (20–40% of total memory cells). Nonetheless, although absolute CD4+ memory cell numbers vary among patients due the presence of anti-CD4 autoantibody (31), CD4+ memory cell numbers tended to increase in parallel with p-PKB levels in active SLE (Supplemental Fig. 2C). Moreover, p-PKB levels correlated well with the CD4+ memory/naive ratio in active SLE (Fig. 4B). p-PKB levels thus increased in parallel with the proportion of memory cells as SLE progressed; in active SLE, high p-PKB levels correlated with high CD4+ memory/naive ratios.

**p110δ is frequently activated in SLE**

PI3K/PKB pathway induction can be achieved either by enhanced activation of a PI3K isofrom or by deletion of the PI3P3-phosphatase PTEN. We analyzed whether enhanced PI3K/PKB pathway activation in SLE patients correlated with reduced PTEN levels, but found no differences in PTEN levels compared with controls (Supplemental Fig. 3A). To establish whether activation of a p110 isofrom might be responsible for p-PKB enhancement in human SLE, we compared the activity of the two most abundant hematopoietic PI3K isofroms, p110γ and p110δ, in healthy controls and SLE patients.

PI3K isoforms were immunopurified from cell extracts prepared immediately after blood extraction. We determined enzyme expression levels in total extracts by WB and measured PI3P3 production in vitro kinase assays; specific PI3K activities were calculated considering PI3P3 production and enzyme levels. Each assay was controlled by parallel examination of p110δ activity was similar in controls and patients; in contrast, specific p110γ activity was increased in SLE and more markedly in active SLE (Fig. 5). Quantitation of p110γ and p110δ levels and activity in a larger patient cohort showed that differences in p110γ activity were not significant, whereas more than half of the SLE patients showed increased p110δ activity, which was more marked in active SLE cases (Fig. 6A). We found that p110δ activation was independent of patient treatment (not shown).

PI3K associates to transmembrane receptors following stimulation (17). To confirm that p110δ activity was increased in active SLE T lymphocytes, we sought a T lymphocyte receptor that preferentially bound p110δ. Control cells were activated with the pan-T cell mitogen PHA, which binds to all glycosylated receptors, and...
tested p110 association with receptors such as FcεRIγ-chain, CD3, and CD28 or to the T cell intracellular kinase ZAP70 (16, 34). FcεRIγ-chain associated the greatest amount of p110 (Fig. 6B). FcεRIγ-chain expression is increased in SLE (35) and could contribute to p110 activation in patients. Because control T cells had very low FcεRIγ-chain levels, however, we could not use this receptor to compare p110 activation in SLE patients and control individuals. ZAP70 also associated to p110 even before cell stimulation and to a greater extent than p110 (Fig. 6B). ZAP70-associated PI3K activity was also increased in approximately two thirds of SLE samples and was more marked in active SLE (Fig. 6C), confirming that p110 activation contributes to PI3K/PKB activation in SLE (Fig. 6C).

Anergy is similar in control and in SLE T cells

Several mechanisms safeguard mammals from T cell-mediated autoimmunity. Thymic negative selection induces deletion of developing autoreactive T cells (central tolerance). This process is complemented by peripheral tolerance mechanisms that include the action of regulatory T cells (Treg), induction of anergy (when antigenic stimulation is incomplete), and induction of apoptosis (25, 36–38). In the case of apoptosis, two processes contribute to downregulation of the immune response: spontaneous apoptosis, which occurs when cytokine levels decrease at the end of an immune response (26), and AICD, which occurs when already activated T cells are restimulated with Ag (such as a self-antigen) (38).

Central tolerance shows no defects in murine lupus models (39); the contribution of Treg in SLE is debated (3, 37). We examined anergy by stimulating control and SLE-derived T cells with anti-CD3 (without anti-CD28 Ab) (34). In these conditions, secondary stimulation results in defective proliferation of T cells, which is corrected by IL-2 addition (25); we found no differences in anergy induction between control and SLE patient T cells (Fig. 7A).
AICD defect in SLE

Considering that PI3K activation is a major pathway in induction of cell survival (17), we next examined apoptosis. We analyzed spontaneous death and AICD following previously reported protocols (38, 40). We stimulated purified lymphocytes in a primary immune response and cultured them with IL-2 for 13 d. Cells were then deprived of IL-2 (spontaneous death) or restimulated with anti-CD3 (AICD). We detected no significant difference in the proportion of spontaneous apoptosis in T cells from SLE patients and controls (Fig. 7B). To evaluate apoptosis of activated cells, we calculated the ratio between the proportion of activated cells that underwent apoptosis after subsequent activation (AICD) and after growth factor deprivation (spontaneous apoptosis); a value of 1 indicates that no notable AICD is induced. SLE patients showed a pronounced AICD defect, more marked in active SLE (Fig. 7C). Defects in AICD were found in treated and untreated patients (not shown). Because AICD takes place in previously activated cells, defective AICD is a mechanism for memory cell accumulation in SLE.

AICD defect is induced by increased PI3K pathway activation

Activation of PI3K is sufficient to increase cell survival (19); defective apoptosis in SLE T cells could thus be caused by enhanced p110δ activity. To test whether alterations in PI3K activation lead to AICD resistance, we tested the consequences on this process of expressing inactive p110δ or p110γ mutants (KR-p110δ, KR-p110γ) (21, 24).

We examined AICD in a human T cell leukemia cell line (Jurkat) that lacks PTEN expression and shows generalized activation of the PI3K pathway (41). Jurkat cells were electroporated with cDNA encoding control vector, KR-p110δ or KR-p110γ (24 or 48 h), or with a constitutive active p110δ-cax mutant (Fig. 7D, 7E). Active p110δ expression moderately increased p-PKB and reduced AICD, whereas inactive p110δ or p110γ reduced p-PKB levels and increased AICD in Jurkat cells (Fig. 7D, 7E). We confirmed these results using selective PI3K inhibitors: AS252424 for p110γ, IC87144 for p110δ, and Ly294002 as a pan-p110 inhibitor (42, 43). AS252424 and IC87144 selectively inhibited
Inhibition of p110\(g\) or p110\(d\) reduced p-PKB levels and increased AICD in Jurkat cells (Fig. 7E), confirming that PI3K pathway activation modulates AICD. The recovery of AICD by both p110\(d\) and p110\(g\) inhibitors (or KR-mutants) is explained by the lack of PTEN in Jurkat cells that enhances the action of all PI3K isoforms.

Inhibition of p110\(d\) rescues the AICD defect in SLE

Based on these observations, we hypothesized that defective apoptosis in SLE T cells might be caused by enhanced p110\(d\) activity. To test this possibility, we selectively inhibited p110\(d\) or p110\(g\) prior to AICD induction in activated T cells from controls and SLE patients. p110\(d\) and p110\(g\) inhibitors have an effect similar to that of gene mutation in the mouse (44-46), but permit selective inhibition of each isoform at the time of AICD induction. General PI3K inhibition using Ly294002 increased AICD in controls and SLE (Fig. 8A, gray circles); inhibition of a single isoform with selective inhibitors did not significantly affect AICD in controls (Fig. 8A). In contrast, in SLE T cells, inhibition of p110\(d\) but not of p110\(g\) restored AICD (Fig. 8A). Selective inhibition of p110\(d\) therefore corrected the AICD defect of active and inactive SLE patients. Involvement of p110\(d\) activity in AICD regulation in SLE patients does not exclude the implication of additional PI3K isoforms in AICD control in human T cells, as generalized PI3K inhibition (with Ly294002) increased AICD in controls and patients. The selective action of p110\(d\) inhibitors in AICD in SLE T cells is in agreement with the selective enhanced activation of this isoform in SLE.

A potential undesired effect of blocking PI3K isoforms is a reduction in primary T cell activation. We measured anti-CD3 plus anti-CD28-induced T cell activation in normal control cells in the presence of p110 inhibitors. At the highest doses (5-
10 μM), both AS252424 and IC87144 reduced T cell activation (Fig. 8B), as reported (21, 45); nonetheless, in the 0.5 μM range, the p110d-specific inhibitor restored AICD in SLE T cells (Fig. 8A), but did not greatly affect normal T cell division (Fig. 8B). Partial p110δ inhibition thus restored AICD in SLE without markedly disrupting Ag-induced primary activation of normal T cells.

**Discussion**

PI3K is a major participant in the induction of cell survival; mutations in this pathway are frequent in human cancer. In the mouse, however, PI3K activation in vivo not only increases cancer susceptibility, but also reduces lifespan by triggering a lupus-like disease (19, 20). We examined the potential involvement of the PI3K pathway activation in human SLE and show that ~70% of SLE patients exhibit enhanced PI3K/PKB pathway activation in PBMC and T cells. This increased PI3K pathway activation in SLE appears to be caused by enhanced activity of the hematopoietic p110δ isoform. SLE patients also showed a frequent defect in AICD that was corrected by inhibition of p110δ. Activation of the PI3K/PKB pathway correlated with an increase in the proportion of CD4+ memory cells, a hallmark of murine and human SLE (7, 8). These results point at enhanced p110δ activity as a cause for the accumulation of long-lasting memory cells in SLE patients, because p110δ inhibition corrected the apoptosis defects of activated/memory SLE T cells.
We examined the mechanism of PI3K/PKB pathway activation by analyzing the kinase activity of the hematopoietic PI3K isoforms (p110δ and p110γ) and the expression levels of the negative pathway regulator PTEN phosphatase. PTEN levels were unaltered (0 out of 13 SLE cases examined), but p110δ kinase activity was frequently enhanced in SLE, suggesting that enhanced p110δ activity is a mechanism underlying the increased PI3K/PKB activity in this disease. Activation of p110δ, AICD defects, and CD4+ memory cell accumulation were found in inactive and active SLE patients, although all these phenotypes and the memory/naive ratio increase were significantly higher in active SLE.

To determine whether PI3K/PKB pathway activation was found selectively in the cell population responsible for disease maintenance (long-lasting autoreactive/memory cells) or was also found in virgin T cells, we examined activation of this pathway in both populations by IF of the PI3 effector PKB. The presence of activated PKB in naive cells suggests that although p-PKB levels are higher in active phases (when autoreactive cells are reactivated), pathway activation is intrinsic to disease susceptibility, as it is found in cells that have not encountered Ag. Because PI3K activation enhances survival and reduces the activation threshold for T cells (18–20), PI3K/PKB activation in naive cells might facilitate their activation by autoantigens and, in turn, disease generation. As mentioned above, p110δ activity levels were even greater in patients with active SLE. One of the defects defined in human SLE T cells is the frequent replacement of the CD3 receptor ε-chain with the FceRIγ-chain (35), which associates p110δ (Fig. 6). In active SLE phases, PI3K activation might be increased due to reactivation of the TCR and associated FceRIγ in autoreactive cells.

We found no direct correlation of SLEDAI and PI3K/PKB activation. This lack of correlation could be due to the fact that the SLEDAI score is symptom-based rather than on molecular defects. SLE patients, particularly those with active disease, nonetheless had higher p-PKB values than controls. Comparison of p-PKB levels with memory cell accumulation showed that CD4+ memory cell number increased in parallel with p-PKB levels in SLE. Correlation was better when we compared p-PKB levels and CD4+ memory/naive T cell ratio in active SLE, as the memory cell population was a better indicator of the actual naive to memory cell differentiation in SLE, independent of the potential presence of anti-CD4 autoantibody (31). p-PKB levels thus increased in parallel to the proportion of CD4+ memory cells in active SLE.

Several T cell tolerance defects have been described in SLE. We concentrated on apoptosis, as a large percentage of patients showed reduced apoptosis (AICD), and PI3K activation triggers cell survival (18). Other defects have been reported: Treg involvement in autoimmune disease (18). Other defects have been reported: Treg involvement in apoptosis, as a large percentage of patients showed increased CD4+ memory cell population in both species, addition to mouse models. Although PI3K activation correlates with increased CD4+ memory cell population in both species, murine lupus development depends on p110δ activity (19, 23), whereas in man, PI3K/PKB pathway activation correlated with increased p110δ activation. Our findings suggest the potential clinical use of p110δ inhibitory compounds in SLE. The correction of AICD in SLE T cells by p110δ inhibition indicates that this treatment might reduce autoreactive/memory cells in these patients. Clinical application is facilitated by the availability of p110δ inhibitors, currently in clinical trials for chronic myeloid leukemia (44). Soond et al. (45) recently showed that p110δ inhibition reduces naive and memory T cell activation at high doses; however, we show that partial p110δ inhibition normalized AICD in SLE T cells, whereas it only moderately reduced primary activation of healthy donor T cells (Fig. 8). p110δ inhibition might also be beneficial in mitigating SLE symptoms by reducing B cell survival (44), and it reduces IgE-to-IgG class switch (46). PI3K activation regulates COX-2 levels (47), which are frequently increased in SLE (48); PI3K inhibition could also ameliorate SLE by reducing COX-2 levels.

A large percentage of SLE patients (~70%) showed enhanced PI3K/PKB activation; activity was higher in active phases and correlated with an increased proportion of CD4+ memory T cells. The mechanism for the enhanced PI3K/PKB pathway activation in SLE was an increase in p110δ activity, which was found in patients with inactive and active disease. We propose that increased p110δ activity promotes enhanced survival of memory cells, contributing to their long-term survival and accumulation in SLE. AICD, which affects only cells previously exposed to Ag, was defective in SLE T cells and was corrected by p110δ inhibition; this treatment might thus reduce long-term survival of the pathogenic/memory cell population in all patients. In addition, as disease reactivation produces higher p110δ activity peaks, p110δ inhibition might also be a treatment for active phases.

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