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A Critical Precursor Frequency of Donor-Reactive CD4+ T Cell Help Is Required for CD8+ T Cell-Mediated CD28/CD154-Independent Rejection

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Ag-specific precursor frequency is increasingly being appreciated as an important factor in determining the kinetics, magnitude, and degree of differentiation of T cell responses, and recently was found to play a critical role in determining the relative requirement of CD8+ T cells for CD28- and CD154-mediated costimulatory signals during transplantation. We addressed the possibility that variations in CD4+ T cell precursor frequency following transplantation might affect CD4+ T cell proliferation, effector function, and provision of help for donor-reactive B cell and CD8+ T cell responses. Using a transgenic model system wherein increasing frequencies of donor-reactive CD4+ T cells were transferred into skin graft recipients, we observed that a critical CD4+ T cell threshold precursor frequency was necessary to provide help following blockade of the CD28 and CD154 costimulatory pathways, as measured by increased B cell and CD8+ T cell responses and precipitation of graft rejection. In contrast to high-frequency CD8+ T cell responses, this effect was observed even though the proliferative and cytokine responses of Ag-specific CD4+ T cells were inhibited. Thus, we conclude that an initial high frequency of donor-reactive CD4+ T cells uncouples T cell proliferative and effector cytokine production from the provision of T cell help. The Journal of Immunology, 2008, 180: 7203–7211.

The two-signal model of T cell activation has been a dominant concept in immunology for the past several decades. To generate an effective response in vivo, T cells must receive signal 1 delivered via the TCR, but also require costimulatory signals (signal 2) (1). The concept of blocking costimulatory pathways to prevent allograft rejection and to possibly achieve donor-specific tolerance has captivated the interest of the transplant community for many years. Although a panoply of costimulatory molecules has been described over the years, two of the originally discovered pathways, CD28 and CD40, remain among the most pivotal identified for the execution of rejection. Short-term blockade of the CD28 pathway with the CTLA4-Ig fusion protein has proved to be a potent inhibitor of rejection and was effective as cyclosporine without evidence of nephrotoxicity (7). The CD40 pathway also has been a therapeutic target of great interest and of considerable consternation. Interactions between CD40 and its ligand CD154 play a crucial role in many aspects of the T cell response, including induction of B7 molecules and IL-12 on APC, effector functions of macrophages, and Ig class switching in B cells (8). Anti-CD154 mAbs are potent inhibitors of rejection and are crucial for tolerance induction in many of the most stringent murine models (9–16). Furthermore, combined blockade of these pathways synergistically inhibits T cell response and allograft rejection in rodents and nonhuman primates (14, 17, 18).

Despite potent effects in many experimental rejection models, combined blockade of the CD28 and CD40 pathways does not consistently control rejection responses in all situations. For example, BALB/c → C3H skin grafts experience prolonged survival of >120 days following CD28/CD40 blockade, whereas engraftment of BALB/c skin onto B6 recipients treated with the same regimen results in only moderate prolongation of graft survival (14, 19–22). This costimulation blockade-resistant rejection was found to be impervious to increases in the dose or duration of CTLA-4 Ig/anti-CD154 treatment, suggesting that some T cell responses exhibit a fundamental reduction in the requirement for CD28- and CD154-mediated costimulatory signals (19). Studies of the strain-specific genetic factors that promote costimulation blockade-resistant rejection have shown that genes outside of the MHC locus were primarily responsible for the differences in the observed efficacy of CD28/CD40 blockade (23). More recently, Kemball et al. (24) found that costimulation blockade inhibits the CD8+ T cell response to polyoma virus in C3H mice, but not in B6 mice, demonstrating that the CD8+ T cell response is costimulation blockade resistant in B6 mice in both viral and allograft models. Several studies have reported data implicating CD8+ T cells as the cell type primarily responsible for this costimulation blockade resistance (19, 20, 22, 25, 26). Recently, we confirmed these findings with the demonstration that high-frequency CD8+ T cells, with donor-reactive T cell help, were required for costimulation blockade-resistant rejection in a surrogate minor Ag-mismatch...
model (27). The relative resistance of high-frequency CD8+ T cells to the effects of costimulation blockade may be due to differential requirements of CD4+ and CD8+ T cells for costimulatory signals during priming.

The requirement for CD4+ T cell help during allograft rejection is dependent on many factors including the type of tissue being transplanted, the activation status of the responding T cells, and the degree of antigenic disparity present between the donor and recipient. In general, rejection of fully allogeneic grafts can be accomplished by donor-reactive CD8+ T cells alone (28). In contrast, rejection of minor Ag-mismatched allografts requires the presence of CD4+ T cells to mediate complete rejection of the tissue (29–32). These discrepancies may result from the unique pathway of direct allore cognition that occurs in MHC-mismatched situations, in which a high frequency of recipient-derived T cells recognize and respond to donor peptide:MHC complexes. Recent studies in models of pathogen-specific immune responses have characterized a phenotype of “helpless” CD8+ T cells, which can mount an effective primary immune response but have impaired ability to differentiate into fully competent effectors, to sustain the response, and to generate potent secondary responses upon recall (33–36). Studies in models of transplantation have corroborated these results, finding that, in certain model systems, CD4-deficient animals develop an alloreactive CD8+ T cell response and reject the graft, yet exhibit reduced CD8+ T cell cytolytic function and memory cell formation (37–40).

As noted above, our previous studies implicated an important role for high-frequency CD8+ T cell populations in mediating costimulation blockade-resistant rejection, in that graft-specific CD8+ T cells stimulated at high frequency proliferated and accumulated even in the presence of CTLA-4 Ig and anti-CD154, resulting in more “high-quality,” multicytokine-producing effector cells and the precipitation of graft rejection (27). In contrast, graft-specific CD8+ T cells stimulated at lower frequency failed to accumulate and did not differentiate into high-quality effectors that were capable of rejecting a skin graft. These experiments were done in the presence of an elevated level of graft-specific CD4+ cells, within the range of physiologic allospecific T cell frequencies, to provide adequate T cell help. In this study, we sought to address the requirement for this Ag-specific CD4+ T cell help in the development of costimulation blockade-resistant rejection, and to determine the impact of CD4+ helper precursor frequency on the development of costimulation blockade-resistant rejection. Specifically, we examined the outcome of graft rejection or acceptance when high-frequency CD8+ T cells were stimulated in the presence of high- or low-frequency CD4+ Th cells. To accomplish this, we made use of a model system wherein TCR-transgenic OT-I (CD8+) and OT-II (CD4+) T cells are adoptively transferred into naive B6 recipients, raising the precursor frequency of Ag-specific cells before engraftment with Act-mOVA skin graft, which constitutively expresses full-length mOVA protein under control of the β-actin promoter (29). We observed a critical CD4+ Th cell threshold precursor frequency that allowed for the provision of T cell help even in the presence of costimulation blockade. Interestingly, high-frequency CD4+ T cell populations were able to provide T cell help, as measured by increased B cell and CD8+ T cell responses, even though the proliferative and cytokine responses of those T cells were completely inhibited by costimulation blockade. Thus, we conclude that an initial high frequency of CD4+ T cells uncouples T cell proliferation and cytokine production from the provision of T cell help.

Materials and Methods

Mice

Adult male 6- to 8-wk-old C57BL/6 mice were purchased from The Jackson Laboratory. TCR-transgenic OT-I and OT-II mice were purchased from Taconic Farms and were bred onto RAG-1−/− and Thy1.1−/− backgrounds. Act-mOVA mice were produced and provided by Dr. M. Jenkins (University of Minnesota, Minneapolis, MN) (29). Animals received humane care and treatment in accordance with Emory University Institutional Animal Care and Use Committee guidelines.

Skin grafting and costimulation blockade

Full-thickness skin grafts (~1 cm2) were transplanted onto the dorsal thorax of recipient mice and secured with a plastic adhesive bandage for 5 days. Graft survival was then monitored by daily visual inspection. Rejection was defined as the complete loss of viable epidermal tissue. Where indicated, recipients of skin grafts received treatment with 300 μg each of hamster anti-mouse CD40L mAb (MR-1; Bioexpress) and human CTLA-4 Ig (Bristol-Meyers Squibb) administered i.p. on the day of transplantation (day 0) as well as on posttransplant days 2, 4, and 6.

T cell adoptive transfers

OT-I and OT-II TCR-transgenic T cells were harvested from the spleens of OT-I × Thy1.1+ × RAG−/− and OT-II × Thy1.1+ × RAG−/− mice, respectively. Single-cell suspensions were prepared and counted, and the
frequency of OT-I or OT-II T cells within the splenocytes preparation was determined before adoptive transfer by staining with anti-Vα2 (used by both TCRs) and anti-CD8 or -CD4, respectively (BD Pharmingen). Cells were labeled with 5 μM CFSE before adoptive transfer. Mice received a single i.v. injection of the indicated number of OT-I or OT-II T cells along with syngeneic B6 carrier splenocytes.

Flow cytometric analyses for frequency and absolute number
At the indicated time points, recipients of OT-I and/or OT-II T cell transfers were sacrificed, spleens and draining axillary lymph nodes (LNs) were harvested, and single-cell suspensions were prepared. Cells were stained with Thy1.1-PerCP, CD8-PacOrange, and CD4-PacBlue (BD Pharmingen) for flow cytometric analysis on a BD Biosciences LSRII multicolor flow cytometer. In some cases, the absolute number of Ag-specific T cells was determined by TruCount Bead Analysis (BD Pharmingen) according to the manufacturer's instructions. Flow cytometric data were analyzed using FlowJo Software (Tree Star).

Intracellular cytokine staining
For measurement of IFN-γ- and TNF-α-secreting cells, single-cell suspensions of splenocytes or draining axillary LN cells from adoptive transfer/skin graft recipients (1 × 10⁶/well) were incubated in a 96-well plate with 10 nM OVA 257–264 (SIINFEKL), 10 μM OVA 323–339 (ISQAVHAA HAEINEAGR) (Emory University Microchemical Core Facility), and 10 μg/ml brefeldin A (BD Pharmingen). After 6 h in culture, cells were processed using an intracellular staining kit (BD Pharmingen) according to the manufacturer’s instructions and stained with anti-TNF-α-PE, anti-IFN-γ-allophycocyanin, anti-Thy1.1-PerCP, anti-CD8-Pacific Orange, and anti-CD4-Pacific Blue (all obtained from BD Pharmingen).

Statistical analyses
Survival times for skin graft experiments were compared by log-rank test, and numbers of donor-specific T cells and Ab responses were compared by Mann-Whitney nonparametric test.

Results
High-frequency CD8⁺ T cell responses require a critical threshold of CD4⁺ T cell help to mediate costimulation blockade-resistant rejection
Our previous studies implicated an important role for high-frequency CD8⁺ T cell populations in mediating costimulation blockade-resistant rejection, in that graft-specific CD8⁺ T cells stimulated at high frequency proliferated and accumulated even in the presence of CTLA-4 Ig and anti-CD154, resulting in more high-quality effector cells and the precipitation of graft rejection (27). In contrast, graft-specific CD8⁺ T cells stimulated at a lower frequency failed to accumulate and did not differentiate into high-quality effectors that were capable of rejecting a skin graft. These experiments were done in the presence of a constant, but elevated, level of graft-specific CD4⁺ cells to provide adequate T cell help. To address the requirement for Ag-specific CD4⁺ T cell help in the development of costimulation blockade-resistant rejection in this model, we sought to examine the outcome of graft rejection or acceptance when high frequency CD8⁺ T cells were stimulated in the presence of high- or low-frequency CD4⁺ Th cells. We used a model system wherein TCR-transgenic OT-I (CD8⁺) and OT-II (CD4⁺) T cells were adoptively transferred into naive B6 recipients, raising the precursor frequency of Ag-specific cells before engraftment with Act-mOVA skin, which constitutively expresses full-length mOVA protein under control of the β-actin promoter (29), and treatment with CTLA-4 Ig/anti-CD154 mAbs (costimulation blockade). To enumerate the precursor frequency of Ag-specific T cells resulting from the adoptive transfer, splenocytes,
LN cells, and PBLs were isolated from recipients of $10^5$, $10^6$, or $10^7$ OT-I and OT-II T cells, and were analyzed for the presence of Thy1.1-CD4+ (OT-II) or CD8+ (OT-I) T cells 48 h posttransfer. Analysis of this data revealed that the frequencies of Thy1.1+ OT-I and OT-II T cells increased in an incremental manner, with recipients of $10^5$ cells bearing $0.04\%$ donor-specific CD4+ or CD8+ T cells, recipients of $10^6$ cells having a donor-reactive precursor frequency of $0.4\%$, and recipients of $10^7$ cells having a donor-reactive precursor frequency of $4\%$ (Ref. 27 and data not shown). The experimentally increased precursor frequencies of these adoptive transfer recipients therefore span the range that is thought to be physiologically relevant for allogeneic T cell responses (41).

Recipients of $1 \times 10^5$ and $1 \times 10^6$ OT-II T cells (along with $1 \times 10^7$ OT-I T cells) that were not treated with costimulation blockade uniformly rejected their grafts with median survival times (MSTs) of 19 and 16, respectively (Fig. 1A). Costimulation blockade-treated recipients of a low frequency ($10^5$) of OT-IIs along with $10^7$ OT-I T cells exhibited long-term graft survival with a MST of $>200$ days (Fig. 1B). In contrast, recipients of $10^6$ OT-II T cells along with $10^7$ OT-I T cells in the presence of costimulation blockade exhibited costimulation blockade-resistant rejection with a MST of 15 days (Fig. 1B). These data suggest that a critical threshold of CD4+ T cell help is required for high-frequency donor-specific CD8+ T cells to mediate costimulation blockade-resistant rejection.

**Reduced CD4+ T cell response in the presence of costimulation blockade at both high- and low-precursor frequency**

Because of the observed costimulation blockade-resistant rejection of mOVA skin grafts at high donor-specific CD4+ T cell frequency, we reasoned that, like their CD8+ counterparts (27), donor-specific CD4+ T cell populations might evade the effects of costimulation blockade at high frequency. To test this hypothesis, we analyzed the expansion and accumulation of the donor-reactive CD4+ T cell response when primed at both lower ($10^5$) and higher ($10^6$) frequencies in the presence or absence of costimulation blockade. By tracking CD4+ Thy1.1+ donor-specific T cell responses in the draining LN (DLN) at days 10 and 14 posttransplant, we observed near complete inhibition of the expansion of OT-II T cells in costimulation blockade-treated recipients of both $10^5$ and $10^6$ OT-II T cells as compared with their untreated controls. This effect was observed in the frequency of Thy1.1+ donor-specific T cells as a percentage of the total CD4+ T cell compartment at days 10 and 14 (Fig. 2A and data not shown). In addition, the absolute number of OT-II donor-reactive T cells in the DLN was significantly reduced at days 10 (Fig. 2B) and 14 (Fig. 2C) in recipients of both $10^5$ and $10^6$ OT-II T cells ($p < 0.01$ and $p < 0.05$ as compared with untreated controls, respectively). These results suggest that the expansion and accumulation of high frequency donor-reactive CD4+ T cells are attenuated by the effects of costimulation blockade, and thus that the observed differences in graft outcomes are not due to the differential expansion and accumulation of high- vs low-frequency CD4+ populations in the presence of costimulation blockade at these time points.

**High-frequency helpers do not exhibit early expansion or produce inflammatory cytokines following treatment with costimulation blockade**

We reasoned that high-frequency donor-specific CD4+ T cells could be expanding early in the course of the immune response (less than day 10) and providing help before the diminution of the response by day 10. To address this issue, we examined the kinetics of expansion of CD4+ donor-specific OT-II T cells at days 0, 3, 7, 10, and 14 posttransplant, in the presence and absence of costimulation blockade. In untreated mice receiving either high or low frequencies of CD4+ help, the OT-II T cells, after an initial transient increase at 3, 7, 10, and 14 posttransplant (A). There was no detectable transient increase in the frequency of CD4+Thy1.1+ cells in the high-frequency group before day 10. DLN cells from mice that were primed at $10^5$ donor-reactive CD4+ T cells were harvested at day 10, restimulated in vitro with OVA 323–339 peptide for 5 h, and analyzed for the presence of intracellular IFN-γ (B and C) or TNF-α (C). Data shown are gated on CD4+Thy1.1+ cells, and are representative of two independent experiments with two to three mice per group. Results indicated both the frequency (B) and absolute number (C, $p < 0.05$) of cytokine-secreting cells is reduced in donor-reactive CD4+ populations even when stimulated at high frequency. Data shown are cumulative results from at least two independent experiments with two to three mice per group, per experiment.
mice receiving costimulation blockade showed no evidence of significant clonal expansion at any time point, regardless of their initial precursor frequency (Fig. 3A). In addition, we assessed whether donor-reactive CD8+ T cells at high frequency showed evidence of escape from costimulation blockade as evidenced by differentiation into either IFN-γ or TNF-α-producing cells. DLN cells from recipients of high-frequency donor-reactive OT-II cells were harvested at day 10 posttransplant, restimulated in vitro and analyzed for their ability to produce ex vivo IFN-γ or TNF-α. Although OT-II cells isolated from the DLN of untreated recipients of 10^6 OT-II T cells and 10^7 OT-I cells exhibited an ability to produce IFN-γ following a 5-h in vitro stimulation, recipients of these cells that were treated with costimulation blockade exhibited a profound inability to produce IFN-γ (Fig. 3B). This deficit in the ability to secrete inflammatory cytokines was also evidenced in the dramatic reduction of absolute numbers of IFN-γ-secreting or TNF-α-secreting effectors (p < 0.05 for both cytokines when compared with untreated controls) (Fig. 3C). Taken together, these results demonstrate that although a high frequency of CD8+ donor-reactive T cells appeared to be critical for the execution of the costimulation blockade-resistant rejection, their role as mediators of this process does not require their expansion, accumulation, or differentiation into cells which expresses effector cytokines.

**Diminished expansion and accumulation of CD8+ effectors primed in the presence of low-frequency CD4+ helpers and costimulation blockade**

Our analysis of the CD4+ donor-reactive population primed at high or low frequency failed to reveal any demonstrable differences on the proliferation and effector function of the graft-specific CD4+ response. Thus, we reasoned that the high-frequency CD4+ donor-reactive cells might manifest their effects indirectly, by affecting the donor-reactive CD8+ population. We analyzed the graft-specific OT-I T cell response in mice that had received high-frequency OT-I T cells (10^7) along with high-frequency (10^6) or low-frequency (10^5) OT-II helper cells. Results demonstrated that while the accumulation of donor-reactive OT-I T cells was greatly diminished in the presence of costimulation blockade in mice receiving 10^5 OT-II Th cells, there was only a modest diminution of the donor-reactive CD8+ T cell response in the recipients of high-frequency helpers (Fig. 4A). Analysis of the absolute number of graft-specific OT-I T cells per DLN demonstrated that in the presence of low-frequency help, costimulation blockade led to a >20-fold reduction in the expansion of donor-reactive CD8+ OT-I T cells at day 10 (p < 0.0001, Fig. 4B) and a >10-fold reduction at day 14 (p = 0.0078, Fig. 4C). In contrast, in the presence of high-frequency help, costimulation blockade did not significantly impair CD8+ T cell expansion at either time point. These data suggest that the high-frequency CD4+ Th cells, while inhibited in their proliferation and effector function, can potentiate the high-frequency CD8+ T cell response even in the presence of costimulation blockade.

**High-frequency donor-reactive CD4+ T cells can provide help for donor-specific Ab production**

Given the findings suggesting that 10^6 donor-specific CD4+ T cells could provide help for CD8+ T cell responses in the presence...
of costimulation blockade, we hypothesized that high-frequency CD4⁺ T cell responses may also provide help for class-switched donor-reactive IgG Ab production. Serum from recipients of 10⁶, 10⁷, or 10⁸ OT-I and OT-II T cells that had received an mOVA skin graft and been treated with costimulation blockade was analyzed on day 60 posttransplant for the presence of anti-OVA IgG (A). Controls indicated that costimulation blockade effectively reduced the titer of anti-OVA Ab as compared with untreated controls (p < 0.05). Transfer of 10⁷ OT-II T cells did not reconstitute Ab production, but transfer of 10⁸ cells resulted in the generation of anti-OVA Ab at levels near to those observed in untreated controls. Recipients of 10⁶ but not 10⁷ OT-II T cells were also more likely to undergo graft loss due to chronic rejection (p < 0.05) (B). Results shown are cumulative data from two independent experiments with a total of six mice per group.

Discussion

Ag-specific precursor frequency is beginning to be appreciated as a critical factor in determining the eventual outcome of a T cell response. Seminal studies have defined an important role for precursor frequency in the kinetics, magnitude, homeostatic expansion, and degree of memory cell generation in infectious model systems (42–45). Furthermore, we recently implicated a role for CD8⁺ T cell precursor frequency in determining the degree of proliferation and differentiation of responding donor-reactive T cell populations during transplantation, and in mediating costimulation blockade-resistant rejection (27). The issue of responding T cell precursor frequency is an especially relevant one for the field of transplantation, as the range of physiologically relevant frequencies may span a much greater range for alloantigens than for conventional Ags. For example, the precursor frequency of T cells responding to fully allogeneic tissue has been reported to be 1–10% (41), whereas the frequency of T cells responding to a minor Ag could be as low as 1 in 10⁶. Therefore, the precursor frequency of donor-reactive T cells for a given donor-recipient pair depends heavily on the degree of MHC matching between donor and recipient.

In the current study, we addressed the issue of CD4⁺ T cell precursor frequency and how variations in this parameter during T cell priming during transplantation could affect CD4⁺ T cell proliferation, effector cytokine production, and provision of help for donor-reactive B cell and CD8⁺ T cell responses. We observed a critical CD4⁺ Th cell threshold precursor frequency that precipitated costimulation blockade-resistant rejection when combined with high-frequency CD8⁺ T cells even in the presence of costimulation blockade (Fig. 1). Interestingly, high-frequency CD4⁺ T cell populations were able to provide T cell help, as measured by increased B cell and CD8⁺ T cell responses (Figs. 4 and 5), even though the proliferative and cytokine responses of those T cells were significantly inhibited by costimulation blockade (Figs. 2 and 3). Thus, we conclude that an initial high frequency of CD4⁺ T cells uncouples T cell proliferative and effector function from the provision of T cell help.

The results of this study, combined with previous findings, highlight important differences in the requirements for activation in the absence of costimulation between CD4⁺ and CD8⁺ T cells. Specifically, our prior study demonstrated that a high precursor frequency of CD8⁺ T cells obviates the need for costimulation (27). In contrast, our current results reveal that donor-specific CD4⁺ T cells require costimulation for proliferation and the acquisition of effector function even at high frequencies where they are able to provide T cell help to donor-reactive CD8⁺ T cells. Although we cannot rule out the possibility that differences in affinities of OT-I T cells (high) vs OT-II T cells (lower) could contribute to these observations, increased reliance of CD4⁺ relative to CD8⁺ T cells on costimulatory signals for proliferation and differentiation has been well-documented in the literature (46–49). For example, T cell responses that “break through” CD28/CD154 blockade and
induce graft rejection have been shown to be composed primarily of CD8\(^+\) T cells (19). In addition, memory CD4\(^+\) T cells appear to require costimulatory signals for secondary response, whereas memory CD8\(^+\) T cells appear to respond independently of CD28 and CD154 signals (25, 46, 50, 51). These studies have focused primarily on proliferation and cytokine production as measures of donor-reactive CD4\(^+\) T responses. Our results would suggest that helper function can become uncoupled from proliferation and effector function under conditions of high frequency, and may therefore be less reliant on costimulatory signals.

Although our results suggest that an increase in the frequency of donor-reactive CD4\(^+\) helpers in the presence of costimulation blockade can provide increased help for the generation of class-switched anti-OVA Ab responses, we cannot formally exclude the possibility that subclinical graft damage due to an increased T cell response in recipients of 10\(^6\) OT-I/OT-II T cells could lead to Ag shedding and the augmentation of Ab responses. Similarly, the augmented early immune response in these hosts may directly cause graft damage that may be involved in chronic rejection of the mOVA skin graft at later time points (Fig. 5B). The impact of CD4\(^+\) T cell precursor frequency on the generation of anti-B donor cell responses therefore warrants further study.

Analysis of the kinetics of donor-specific CD4\(^+\) T cell expansion in our model revealed that cells stimulated at both low and high frequency in the presence of costimulation blockade undergo contraction following transplantation (Fig. 3A). These results demonstrate that there is no transient increase in the number of donor-reactive CD4\(^+\) effector cells in the mice stimulated at high frequency. Instead, we see a contraction in the number of donor-reactive T cells present in the high-frequency groups between days 0 and 3, when the number of donor-reactive CD4\(^+\) T cells begins to increase in the untreated groups. We hypothesize that the increased frequency of donor-reactive CD4\(^+\) T cells present during this early phase of the response may be sufficient to provide help for donor-specific B cell and CD8\(^+\) T cell responses. This could be accomplished via increased secretion of cytokines such as IL-2, which can be elaborated very early following stimulation in vivo (52), or via the early up-regulation of alternative costimulatory molecules (discussed further below). Indeed, there is evidence in the literature that CD4\(^+\) T cell help is required early during the response to generate optimal Ag-specific CD8\(^+\) T cell responses (53). For example, a recent report found that blocking alloreactive CD4\(^+\) T cells on the day of transplantation reduced and delayed the expansion of alloreactive CD8\(^+\) effector cells, whereas blocking alloreactive CD4\(^+\) T cells 2 days posttransplant had no effect (40).

Another possible explanation for the increased CD8\(^+\) T cell responses against high-frequency help is the possibility that high-frequency CD4\(^+\) T cell responses enhance dendritic cell (DC) activation more than low-frequency T cells. We have analyzed CD11c\(^+\) DC in the DLN and did not find a difference in the expression of MHC class I or class II, CD80, CD86, or CD40 (data not shown). These data are consistent with the findings of Ingulli and colleagues, who found that the presence of donor-reactive CD4\(^+\) T cells did not enhance the peptide:MHC complex or costimulatory molecule expression by DC (37). Ingulli and colleagues did find an increase in IL-12 secretion by DC in the presence of donor-reactive CD4\(^+\) T cells, but this increased production required the CD40/CD154 pathway (37). Therefore, it is unlikely that high-frequency CD4\(^+\) T cells enhance CD8\(^+\) T cell responses through increased DC-derived IL-12 in the presence of a CD154 and CD28 blockade in our model. We hypothesize that the expression of additional costimulatory molecules on the surface of the donor-reactive CD4\(^+\) T cells during days 0–3 posttransplant could provide sufficient costimulation to generate anti-donor Ab and CD8\(^+\) effector responses. For example, combined in vivo blockade of CD154 and TRANCE during allogeneic murine cardiac transplantation resulted in significantly enhanced graft survival relative to blockade of CD154 alone (54). Alternatively, several other costimulatory pathways have been shown to enhance antigen-specific immune responses in a CD28- and/or CD154-independent manner, including ICOS/B7RP-1 (11), CD27/CD70 (55), 4-1BB/4-1BBL (56), and OX-40/OX-40L (57). The contribution of these alternative costimulatory molecules to the ability of high-frequency donor-reactive CD4\(^+\) T cells to augment donor-specific CD8\(^+\) T cell and B cell responses is the subject of ongoing investigation.

The results from our study also suggest a difference in the requirements for costimulatory signals between donor-reactive CD8\(^+\) T cells that do or do not receive sufficient CD4\(^+\) T cell help. This is demonstrated by the fact that CD8\(^+\) T cell populations that receive sufficient help (high CD4\(^+\) T cell precursor frequency) are able to obviate the need for CD28/CD154-mediated costimulatory signals, whereas CD8\(^+\) T cells that receive insufficient help are dependent on these signals for expansion and accumulation (Fig. 4). This finding is corroborated in the literature by several recent reports suggesting that helpless CD8\(^+\) alloreactive T cells are indeed more reliant on costimulation for proliferation and differentiation (40, 58–60). These results have potential implications for clinical application of costimulation blockade-based therapies. As stated above, the degree of MHC class II matching may determine whether costimulation blockade is sufficient to produce graft acceptance. As such, immunomodulatory therapies could be tailored to fit the precursor frequency of the recipient for a given donor. For example, in settings of class II MHC matching, the donor-reactive CD4\(^+\) T cell precursor frequency would be predicted to be low, and, based on the results of our studies, costimulation blockade would be predicted to be sufficient to control rejection. This therapy could then be rationally implemented without exposing the patient to more aggressive immunosuppressive agents such as steroids or calcineurin inhibitors, which possess unwanted side effects. In contrast, where donor-reactive CD4\(^+\) precursor frequencies are high, adjuvant therapies may be required to control rejection.

In summary, our findings suggest that a critical threshold of donor-specific CD4\(^+\) T cell help exists to facilitate high-frequency CD8\(^+\) T cell-mediated costimulation blockade-resistant rejection. Although alloreactive CD8\(^+\) T cell responses have long been considered responsible for breakthrough rejection, our findings now suggest that targeting the alloreactive CD4\(^+\) T cells may also be an effective method of controlling the CD8\(^+\) T cell response. In addition, future studies will endeavor to define the pathways used by high-frequency donor-specific CD4\(^+\) T cells to provide help in a CD40L- and CD28-independent manner, with the hopes that targeting additional pathways may facilitate further control of the breakthrough CD8\(^+\) donor-specific response.

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Disclosures
The authors have no financial conflict of interest.

References
CD4+ precursor frequency uncouples help from proliferation


