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Trypanosoma cruzi Immune Evasion Mediated by Host Cell-Derived Microvesicles

Igor Cestari,*1 Ephraim Ansa-Addo,† Poliana Deolindo,* Jameel M. Inal,† and Marcel I. Ramirez*

The innate immune system is the first mechanism of vertebrate defense against pathogen infection. In this study, we present evidence for a novel immune evasion mechanism of Trypanosoma cruzi, mediated by host cell plasma membrane-derived vesicles. We found that T. cruzi metacyclic trypomastigotes induced microvesicle release from blood cells early in infection. Upon their release, microvesicles formed a complex on the T. cruzi surface with the complement C3 convertase, leading to its stabilization and inhibition, and ultimately resulting in increased parasite survival. Furthermore, we found that TGF-β-bearing microvesicles released from monocytes and lymphocytes promoted rapid cell invasion by T. cruzi, which also contributed to parasites escaping the complement attack. In addition, in vivo infection with T. cruzi showed a rapid increase of microvesicle levels in mouse plasma, and infection with exogenous microvesicles resulted in increased T. cruzi parasitemia. Altogether, these data support a role for microvesicles contributing to T. cruzi evasion of innate immunity.

Trypanosoma cruzi, the causative agent of Chagas disease, has evolved several mechanisms to survive the hostile environments encountered during its life cycle (1). The T. cruzi life cycle alternates between an insect vector and a vertebrate host (1). In the insect, T. cruzi multiplies as epimastigotes that differentiate to metacyclic trypomastigotes (vertebrate infective stage), which are released on the host skin during transmission by the insect bite. This parasite has to evade the innate immune system and infect host cells to progress in the life cycle. Inside the cells, T. cruzi differentiates to amastigotes (multiplicative intracellular stage), which after several rounds of division differentiate to bloodstream trypomastigotes. The latter disrupt the cells and circulate in the blood, infecting other cells or being taken by the insect vector, thereby restarting the life cycle.

One of the main barriers encountered during infection of vertebrates is the complement system (2). The complement system is a protein cascade activated upon pathogen recognition and culminating in pathogen lysis (2). It can be activated by classical, lectin, or alternative pathways, as follows. The classical pathway is initiated when C3b binds to the pathogen and associates with factor B, forming C3 convertase (C3bBb) (2). C3 convertases are key complexes in the complement system. They cleave C3, thereby amplifying the cascade and leading to C5 convertase formation (C4b2a3b or C3bBb3b).

Several cells, such as monocytes, lymphocytes, erythrocytes, platelets, and endothelial cells, release PMVs (12, 17, 18). PMVs are released from the cell plasma membrane either at basal levels, or upon extracellular stimulus and a concomitant raise in intracellular Ca2+. Their main features are as follows: size of 0.1–1 μm, surface-exposed phosphatidylserine, and the presence of actin and other molecules from the cell of origin (18). A role for PMVs in surface molecules have been described that participate in this process (8). They trigger an increase of intracellular Ca2+ in host cells, which induces lysosome recruitment and phagolysosome formation (9). T. cruzi metacyclic trypomastigotes are also exposed to several cells in the bloodstream, such as monocytes, lymphocytes, and macrophages. The drastic physiological changes encountered during the infection raise the question of whether host factors contribute to their immune evasion.

Recently, plasma membrane-derived vesicles [PMVs; also known as microvesicles (10), microparticles (11), or ectosomes (12)] have been demonstrated to play a role in several diseases, such as cancer, thrombosis, and pathogen infections (10, 13–17). Several cells, such as monocytes, lymphocytes, erythrocytes, platelets, and endothelial cells, release PMVs (12, 17, 18). PMVs are released from the cell plasma membrane whether at basal levels, or upon extracellular stimulus and a concomitant raise in intracellular Ca2+ (19). Their main features are as follows: size of 0.1–1 μm, surface-exposed phosphatidylserine, and the presence of actin and other molecules from the cell of origin (18). A role for PMVs in pathogen infection was first shown for HIV (11). This work demonstrated that CCR5 was transferred to HIV-resistant CCR5+ cells by PMVs, rendering them susceptible to HIV infection. PMVs also circulate at high levels in the plasma of patients with...
cerebral malaria and lupus anticoagulant (15, 20, 21), and have also been shown to be involved in the cytoadherence of plasmodium sp.-infected erythrocytes to blood vessels (14, 16, 22), indicating their involvement in pathogen infection. In this study, to our knowledge, we show for the first time that T. cruzi uses host-derived PMVs to evade the innate immune system. T. cruzi induce an increase in PMV release from blood cells in vitro and in vivo. PMVs bind to the complement C3 convertase and inhibit its catalytic activity, thereby conferring protection against complement-mediated lysis. Furthermore, TGF-β-bearing PMVs enhanced T. cruzi invasion of eukaryotic cells, and promoted a high infection in mice. Therefore, we propose that PMVs are a host factor used by T. cruzi to evade the innate immune system.

Materials and Methods

Cell culture

T. cruzi epimastigotes were cultivated in liver infusion tryptose medium (23). Metacyclic trypomastigotes and tissue culture trypomastigotes were obtained, as previously described (4, 24). Strain Silvio X10/6 was used in all experiments, unless otherwise specified. Vero, HepG2, MCF-7, Jurkat, and THP-1 cells were grown in RPMI 1640 supplemented with 10% FBS at 37°C and 5% CO2. For PBMCs and erythrocytes, peripheral blood (from adult health volunteer donor) was diluted in RPMI 1640 medium (1:1 v/v) and carefully added to Ficoll-Hypaque (Sigma-Aldrich) at room temperature (RT; 2:1 v/v). Cells were centrifuged in 100 ml HEPES buffer (10 mM HEPES, 10 mM NaCl, 2.5 mM CaCl2) for 1 h at RT. After that, they were diluted to 4 ml in washing wells with PBS. C3b detection was performed with anti-C3 mAbs (1:500, in PBS/3% BSA) (Medical Research Council Immunochemistry Unit) were used for detection. Reactions were developed with 100 µl ABTS peroxidase solution (Kirkegaard and Perry Laboratories), and absorbances were obtained through spectrophotometric measurement at 405 nm.

Complement system assays

Normal human serum (NHS) was obtained from healthy voluntary donors, pooled, and stored at −80°C. Complement-mediated lysis assays were performed, as described (23). For assays in the presence of TGF-1 cells, metacyclic trypomastigotes (5.0 × 10^6) were incubated with 50% NHS at 37°C for 60 min with or without THP-1 cells (1.0 × 10^6 and 5.0 × 10^6), and survival parasites were quantified using Neubauer chamber. Trypan blue staining and parasite motility were used to distinguish live and dead parasites. C3b and C4b deposition assays were performed, as described (26). For complement cleavage assays, metacyclic trypomastigotes (1.0 × 10^6) were incubated in 100 µl 10% NHS with or without PMVs (0.1−2.5 × 10^6/ml) for 10 min at 37°C. Parasites were harvested (5 min, 4000 × g), and supernatants (serum) were analyzed for C2 and C4 cleavage. Pellets (parasites) were solubilized in PBS/1% Triton X-100 and analyzed by Western blotting. C2 cleavage by recombinant MASP-2 (rMASP-2) was performed, as described (23). For kinetic studies of C2a dissociation, metacyclic trypomastigotes (1.0 × 10^6 in 100 µl) were incubated in 100 µl 10% NHS with or without PMVs (1.5 × 10^6/ml) for 1, 2.5, 5, and 15 min at 37°C. Ice-cold PBS was added, parasites were harvested, and protein extracts were obtained with PBS/5% Triton X-100. Proteins were analyzed by Western blotting.

ELISA experiments

Adsorption of parasites or PMVs to ELISA plates was performed, as described (7).

Binding of Clq, C3, C4, L-, and H-ficolins to T. cruzi. A total of 100 µl 1% NHS (in 10 mM HEPES/140 mM NaCl) was preincubated on ice for 1 h with or without PMVs (1.5 × 10^6/ml). Sera were added to the wells and incubated for 60 min at 37°C. Polyclonal goat anti-MBL (1:50) (Santa Cruz Biotechnology), polyclonal rabbit anti-t-ficolin (1:500), anti-H-ficolin (1:500), anti-C1q (1:500), and anti-C3 Abs (1:500, in PBS/3% BSA) (Medical Research Council Immunchemistry Unit) were used for detection. Reactions were developed with 100 µl ABTS peroxidase solution (Kirkegaard and Perry Laboratories), and absorbances were obtained through spectrophotometric measurement at 405 nm.

Western blotting

Western blotting was performed as previously described (27).

Invasion assays

Vero cells were seeded on 13-mm coverslips in 24-well plates (1.0 × 10^5 cells/well) and incubated overnight at 37°C with 5% CO2. Afterward, cells were washed with serum-free RPMI 1640 and preincubated with 1.0 × 10^5/ml PMVs for 30 min at 37°C with 5% CO2. Vero cells were then washed with PBS, fixed with absolute methanol (Merck) for 5 min, washed with H2O, and stained with Giemsa for 1 h at RT. Afterward, they were washed with H2O, and slides were mounted with aqueous mounting medium (Biomedia).
Intracellular parasites were quantified by light microscopy, counting at least 500 cells per slide.

**Inhibitors.** A total of 10 μM SB431542, 100 nM wortmannin, and 1.5 μM thapsigargin was used. Cells were treated for 30 min at 37˚C with 5% CO₂ prior to cell invasion.

**Assays in cells expressing lysosomal-associated membrane protein-1-GFP** Vero cells were transfected with pLAMP-1-GFP (provided by S. Ménard, Centre d’Immunologie de Marseille-Luminy, Marseille, France) using Lipofectamine 2000 (Invitrogen) 1 d prior to invasion assays with metacyclic trypomastigotes (2.0 × 10⁵, 20:1 parasites/cell) for 30 min at 37˚C with 5% CO₂. Cells were then fixed in paraformaldehyde/methanol. Parasites were labeled with anti-3F6 mAbs (1:400), followed by goat anti-mouse AlexaFluor546 Abs (1:400; Molecular Probes). Slides were mounted in Vectashield medium containing DAPI (Vector Laboratories). Intracellular parasites in transfected cells were quantified using a Nikon Eclipse E400 fluorescence microscope.

**Simultaneous PMV release and cell invasion.** A Transwell plate containing membrane pore size of 0.45 μm (BD Bioscience) was used. Vero cells (1.0 × 10⁶ cells/well) were seeded on 13-mm coverslips on the lower chamber (overnight at 37˚C with 5% CO₂ for adherence), and THP-1 cells (1.0 × 10⁶ cells/well) were added up to the upper chamber (at the time of the assay). Afterward, T. cruzi metacyclic trypomastigotes were added in both chambers (with Vero cells for invasion assay, and with THP-1 cells for PMV induction). PMVs (1.0 × 10⁶/ml) were added to a set of upper chamber wells (which did not receive parasites), whereas to another set of cells (lower chamber) 10 μM SB431542 was added and preincubated with Vero cells for 30 min before parasite addition. For invasion assays, a parasites/cells ratio of 10:1 was used, and for PMV induction, a parasites/cells ratio of 5:1 was used. The assays were incubated for 3 h at 37˚C with 5% CO₂. Vero cells were fixed and stained, and intracellular parasites were quantified, as described above.

**Animal experimentation** Experiments were performed with BALB/c mice (8–12 wk) in the animal facilities of the Instituto Oswaldo Cruz (CEUA license 11602-SIAPE 0462649). For PMV analysis, mice were infected with metacyclic trypomastigotes (5.0 × 10⁵) by i.p. injections, and blood was collected by cardiac puncture. For parasitemia, mice were infected with metacyclic trypomastigotes (5.0 × 10⁵) and PMVs (1.5 × 10⁶), and blood was collected every 2 d from the tail (by tail pick). All procedures were performed in compliance with the relevant laws and institutional guidelines.

**Data presentation and statistical analysis** All data are shown as the average of at least three experiments performed in duplicate or triplicate. All data are shown as mean ± SD. Comparisons among groups were made by the unpaired t test for repeated measures using GraphPad Prism version 5.00 for Windows (GraphPad Software). The p values <0.05 with confidence interval of 95% were considered statistically significant, unless otherwise specified.

**Results**

**T. cruzi metacyclic trypomastigotes induce blood cells to release PMVs in a Ca²⁺-dependent fashion** Because T. cruzi is present in the host bloodstream during infection, we reasoned that T. cruzi could induce blood cells to release PMVs. To investigate this, THP-1 cells [monocytic cell line broadly used in PMV studies (29, 30)] were incubated with epimastigotes or metacyclic trypomastigotes, and supernatants were analyzed by flow cytometry using annexin V-PE labeling for PMV detection. Metacyclic trypomastigotes, but not epimastigotes, induced a 3-fold increase in PMV release over control (Fig. 1A, Supplemental Fig. 1), and this increase was inhibited by Ca²⁺ chelation. Metacyclic trypomastigotes, but not epimastigotes, induced an 8-fold transient increase in intracellular Ca²⁺ in THP-1 cells (Fig. 1B). PMVs were labeled with annexin V-PE, indicating surface-exposed phosphatidylserine, and also contained actin (Supplemental Fig. 1), two hallmark characteristics of PMVs. Flow cytometry and microscopy analysis of supernatants from THP-1 cells and T. cruzi differentially labeled confirmed that PMVs originated from THP-1 cells, whereas no vesicles were detected being released by T. cruzi (Supplemental Fig. 2). Furthermore, transmission electron microscopy studies revealed that PMVs ranged in size from 200 to 500 nm (Fig. 1C). Ultracentrifugation of THP-1 cell supernatant in a 10–40% continuous sucrose gradient showed that PMVs and exosomes migrate at different fractions as detected by specific surface markers and electron microscopy (Supplemental Fig. 2), confirming their different characteristics. T. cruzi induction of PMV release from THP-1 cells was dose dependent (Fig. 1D), beginning after 5 min of incubation (Fig. 1E). This release occurred before caspase-3 activation and without cells undergoing apoptosis (Fig. 1E). Furthermore, PMV release was not strain dependent because several T. cruzi strains induced PMV release from THP-1 cells (Fig. 1F). It is noteworthy that not only metacyclic trypomastigotes, but tissue culture trypomastigotes also induced a 3- to 4-fold increase in PMV release (Fig. 1G). T. cruzi also induced PMV release from human PBMCs (Fig. 1H), but not from erythrocytes (Fig. 1J). PMV release was inhibited by wortmannin, genistein, and thapsigargin (Fig. 1J), indicating that cell signaling resulting in intracellular Ca²⁺ mobilization is most likely involved in PMV release. Together, these results show that T. cruzi trypomastigotes induce PMV release from blood cells in a Ca²⁺-dependent fashion, most likely via cell signaling cascades.

**PMVs inhibit complement-mediated lysis of T. cruzi** During infection in vertebrates, T. cruzi has to evade the lytic effect of the complement system and invade host cells to successfully progress in their life cycle. To address whether PMVs play a role in T. cruzi metacyclic trypomastigote infection, we analyzed the effect of PMVs on complement activity and cell invasion. Initial lysis experiments were performed with epimastigotes, because this parasite stage is highly sensitive to lysis. Addition of PMVs to human serum inhibited T. cruzi lysis in a dose-dependent fashion (Fig. 2A). We have recently reported that the metacyclic trypomastigote stage of some T. cruzi strains is sensitive to complement-mediated lysis in human serum (7). Therefore, we used T. cruzi Silvio X10/6 strain, a complement-sensitive strain (7), to analyze whether PMVs would confer complement protection to metacyclic trypomastigotes in near-physiological conditions (50% serum at 37˚C). PMVs (from THP-1 cells, Jurkat cells, or PBMCs) conferred a 3-fold increase of parasite survival (Fig. 2B, Supplemental Fig. 3). To determine whether T. cruzi induction of PMV release would result in simultaneous complement lysis inhibition, we incubated metacyclic trypomastigotes with THP-1 cells in presence of human serum. Parasite survival was higher in the presence of cells (Fig. 2C), and increased from 3- to 5-fold according to the increase of parasite to cell ratio (Fig. 2C). Altogether, these results indicate that PMVs can inhibit the complement system in a biologically relevant context.

To determine the complement pathway inhibited by PMVs, ELISA-based C3b and C4b deposition assays (26) were performed. PMVs strongly inhibited C3b deposition by classical and lectin pathways (62 and 56%, respectively) and slightly by the alternative pathway (37%) (Fig. 2D). Interestingly, they did not significantly inhibit C4b deposition, indicating that PMVs affect the complement system at C3. To further investigate how PMVs inhibit the complement system, we analyzed whether complement-activating molecules would recognize PMVs. We detected binding of the complement molecules Clq, C3b, C4b, L-, and H-ficolins to PMVs (Fig. 3A). PMV addition to serum did not inhibit significantly Clq, C4b, L-, or H-ficolin binding to metacyclic trypomastigotes, but did inhibit C3b deposition (Fig. 3B), suggesting that PMVs do not inhibit parasite recognition by complement-activating molecules. The strong inhibition of the classical and lectin pathways at the C3 level suggests that PMVs act prior to C3 cleavage and deposition, but after C4 cleavage. To investigate this,
FIGURE 1. T. cruzi metacyclic trypomastigotes induce PMV release from blood cells in a Ca^{2+}-dependent fashion. A, T. cruzi (5.0 × 10^6, epimastigotes or metacyclic trypomastigotes) were incubated with THP-1 cells (1.0 × 10^6) for 60 min at 37°C with or without EGTA (5 mM) for PMV induction. Afterward, cell supernatants were analyzed by flow cytometry for PMV quantification. PMV quantification was performed using the ExpressPlus software (from Guava EasyCyte flow cytometer) and stained with annexin V-FITC to determine surface phosphatidylserine (as described in 17) (see also Supplemental Fig. 1 for additional explanation on PMV analysis and quantification). B, THP-1 cells (1.0 × 10^6) loaded with FURA-2AM dye were incubated at 37°C in HEPES buffer with or without EGTA (5 mM). Parasites (5.0 × 10^6) were added at 60 s (arrow) to the cells, and the intracellular Ca^{2+} levels were measured over 150 s with a spectrophotofluorometer. A, Metacyclic trypomastigotes; B, Epimastigotes; C, Control (no parasites); D, Metacyclic trypomastigotes with EGTA; and E, Epimastigotes with EGTA. Ca^{2+} values in nM. C, Transmission electron microscopy showing THP-1 cells releasing PMVs. A, Noninduced cell; B, cell induced with T. cruzi metacyclic trypomastigotes for 30 min at 37°C. Arrows in C show PMVs released from the cell surface. C, A magnified subfield (black rectangle) of B. Arrowheads denote exosomes (smaller vesicles <100 nm) released by THP-1 cells. D, A PMV originated from THP-1 cell. Scale bar, panel C subfields A–C, 500 nm; subfield D, 100 nm. D, Increasing concentrations of T. cruzi metacyclic trypomastigotes were incubated with THP-1 cells (1.0 × 10^6) for 60 min at 37°C, and PMVs released in the supernatant were analyzed by flow cytometry. E, Metacyclic trypomastigotes (5.0 × 10^6) were incubated with THP-1 cells (1.0 × 10^6) at 37°C for 5–60 min. After collection of PMVs, cells were analyzed by flow cytometry for apoptosis (with annexin V-FITC and propidium iodide) and caspase-3 activation (with NucView 488 caspase-3 assay). F, THP-1 cells (1.0 × 10^6) were incubated at 37°C for 60 min with metacyclic trypomastigotes (5.0 × 10^6) of T. cruzi strains (Silvio X10/6, CL Brener, 812 and 860), and PMVs released in the supernatant were analyzed by flow cytometry. NI, noninduced. G, Experiments were performed as in F, but with T. cruzi tissue culture trypomastigotes. The strains R4, Y, Gamba 05 (G-05), and Silvio X10/6 (Silvio) were used as stimuli. H, T. cruzi induce PMV release from human PBMCs. Experiments were performed as in F, but using human erythrocytes and T. cruzi Silvio X10/6 strain. Ratio = 5:1, parasites to cells. J, Human erythrocytes do not release PMVs under T. cruzi stimuli. Assays were performed as in F, but using human erythrocytes and T. cruzi Silvio X10/6 strain. Ratio = 5:1, parasites to cells. THP-1 cells (1.0 × 10^6) were pretreated for 30 min with 100 nM wortmannin, 1.5 μM thapsigargin, and 25 μM (Figure legend continues)
metacyclic trypomastigotes were incubated with human serum for complement activation in the presence or absence of PMVs, and serum C2/C4 cleavage was analyzed. PMVs did not inhibit C2 cleavage (Fig. 3C), evidenced by detection of C2 cleavage products C2a (70 kDa) and C2b (30 kDa). Because *T. cruzi* metacyclic trypomastigotes mainly activate the lectin pathway at early stages in human serum (23), we analyzed the effect of PMVs on MASP-2 activity. Interestingly, PMVs did not inhibit active rMASP-2 from cleaving C2 (Fig. 3D). PMVs also did not inhibit C4 cleavage, demonstrated by the detection of C4ba (Fig. 3E) and C4b deposition on the parasite surface (Fig. 3B). These data indicate that PMVs could be inhibiting the complement system by interfering with the formation or activity of the C3 convertase, or directly binding to C3.

PMVs bind to the C3 convertase (C4b2a) on the *T. cruzi* surface, thereby inhibiting C3 cleavage

The binding of C3b to the pathogen surface is dependent on C3 cleavage into C3a and C3b by the C3 convertases (2). As we found that PMVs decreased C3b deposition by the classical and lectin pathways without affecting C2 or C4 cleavage, we hypothesized that PMVs affect the formation or activity of C3 convertase (C4b2a). To test this hypothesis, metacyclic trypomastigotes were incubated with human serum and PMVs, and complement components bound to parasites were analyzed by Western blotting. Strikingly, addition of PMVs caused increased binding of C4b and C2a to the parasite surface in a dose-dependent fashion (Fig. 4A). Interestingly, PMVs bound poorly to purified C3 or C2, but did bind to *T. cruzi* treated with NHS (Fig. 4B, Supplemental Fig. 3). It is noteworthy that PMV binding was higher in parasites treated with NHS than on those not treated, and that binding was inhibited with polyclonal anti-C4, but not anti-C2, Abs (Supplemental Fig. 3). These data indicate that PMVs most likely interact with C4b on the parasite surface and that the inhibition of C3b deposition on *T. cruzi* (Figs. 2C, 3B) does not depend on direct binding of the PMVs to C3. It is possible that PMVs bind to C3 convertase (C4b2a), thereby preventing its dissociation from the *T. cruzi* surface. The pathogen-bound C3 convertase (C4b2a) has a short *t*½ (∼60 s), resulting in rapid C2a turnover through its dissociation and the association of new C2 molecules with C4b on the pathogen surface (31). Pathogen surface-associated MBL–MASP-2 or C1 complex cleaves C4bC2 and generates active C3 convertase, C4b2a. To determine whether PMVs affect C4b2a dissociation from the *T. cruzi* surface, the kinetics of C2a dissociation from metacyclic trypomastigotes were analyzed during complement activation. C2a was detected at 1-, 2.5-, and 5-min incubation of parasites and serum in the presence of PMVs (Fig. 4C). In contrast, C2a was detected only at 2.5 min in the absence of the PMVs.
FIGURE 3. PMVs inhibit C3 deposition on the T. cruzi surface without affecting C2 or C4 cleavage. A, PMVs (adsorbed on ELISA plates) were incubated with increasing concentrations of NHS (0.1–20%) for 1 h at 37°C. Abs against complement factors were used for detection by ELISA. B, PMVs inhibit binding of C3 to T. cruzi. PMVs (1.5 × 10^5/ml) were added to 1% NHS and incubated for 1 h at 37°C with metacyclic trypomastigotes (previously adsorbed on ELISA plates). Detection was performed by ELISA using polyclonal Abs against complement factors. C, PMVs were added to 10% NHS and incubated with metacyclic trypomastigotes for 10 min at 37°C. Parasites were harvested, and supernatants containing NHS were analyzed for C3 cleavage by Western blotting with polyclonal anti-C2 Abs. D, PMVs were incubated with rMASP-2 (CCP1-CCP2-SP) and C2 for 1 h at 37°C. Reactions were analyzed for C2 cleavage by Western blotting, as in C. E, Assays were performed as in C, and supernatants were analyzed for C4 cleavage by Western blotting with anti-C4 Abs. The data shown in A and B represent the mean ± SD from at least three independent experiments. Experiments from C and D are representative of at least three independent experiments. ***p < 0.001.

(ads expected, because of the rapid dissociation of C2a). These results indicate that PMVs interact with the C3 convertase C4b2a and delay its dissociation from the T. cruzi surface.

We hypothesized that PMVs inhibit surface-bound C3 convertase (C4b2a) from cleaving C3, and therefore analyzed purified C3 cleavage after formation of C3 convertase (C4b2a) on the T. cruzi surface. C4b-opsonized T. cruzi was incubated with purified C2 and active rMASP-2 to allow C3 convertase formation (C4b2a) in the presence or absence of PMVs. Purified C3 was added, and C3b deposition on the T. cruzi surface was analyzed. PMVs inhibited C3b deposition on T. cruzi (Fig. 4D), confirming that PMVs inhibit C4b2a from cleaving C3.

TGF-β–bearing PMVs on the T. cruzi surface mediate eukaryotic cell invasion

Besides escaping complement-mediated lysis, T. cruzi metacyclic trypomastigotes must invade host cells to differentiate and multiply. To investigate whether PMVs play a role in T. cruzi invasion, we preincubated Vero cells with PMVs for 30 min at 37°C and performed invasion assays with metacyclic trypomastigotes. Addition of THP-1–derived PMVs increased T. cruzi invasion (Fig. 5A), and similar results were obtained with PBMC-derived PMVs (Supplemental Fig. 4). Furthermore, the invasion was dose dependent, nonspecific for parasite strains or eukaryotic cell lines, and dependent on the parasite infective stage (Supplemental Fig. 4). PMVs originating from different cell lines were analyzed to determine whether their effect on invasion was dependent on a molecule produced by the cell of origin. Interestingly, PMVs from THP-1 and Jurkat cells, and to a lesser extent those from HepG2 cells, increased parasite invasion (Fig. 5B). Measurements of cytokines carried by these PMVs revealed a striking correlation between the levels of TGF-β and the extent of invasion (Fig. 5C, compare with Fig. 5B). Previous works have shown that TGF-β induces invasion of T. cruzi in several cell lines (32, 33). Because PMVs bind to the surface of T. cruzi (Fig. 4B), and it remains bound to the parasite surface for as long as 1 h (Supplemental Fig. 3), we reasoned that TGF-β–bearing PMVs on the T. cruzi surface could be mediating enhanced invasion. To investigate this, parasites were preincubated with PMVs prior to invasion assays. Increased invasion was observed (Fig. 5D, Supplemental Fig. 4); this increase was inhibited by anti–TGF-β Abs and the TGF-β receptor antagonist, SB-431542 (Fig. 5D, Supplemental Fig. 4). Consistently, about one third of the parasites incubated with PMVs were positive for TGF-β when analyzed by flow cytometry (Fig. 5E, right) in agreement with TGF-β being carried on PMV surface (Fig. 5E, left, Supplemental Fig. 4). It is noteworthy that PMVs increased the number of intracellular parasites per cell in addition to an increase in infection (Fig. 5F), indicating that invading T. cruzi carry PMVs to cells and thereby make them more susceptible to additional invasions.

To determine whether PMVs released from THP-1 cells after T. cruzi stimulation could simultaneously increase invasion of neighboring cells, metacyclic trypomastigotes were incubated either in the upper chamber of a Transwell plate with THP-1 cells or in a lower chamber containing Vero cells. Addition of T. cruzi to the THP-1 cell chamber increased invasion of Vero cells (Fig. 5G), indicating that PMVs released by THP-1 cells could simultaneously induce an increase in Vero cell invasion. Furthermore, addition of SB-431542 to the Vero cells ablated the enhancement in invasion (Fig. 5G). Together, these results confirm that T. cruzi carry TGF-β–bearing PMVs on their surface, thereby promoting enhanced invasion.
PMVs increase T. cruzi invasion of eukaryotic cells via the lysosome-independent pathway

Invasion of nonprofessional phagocytic cells by T. cruzi has been reported to occur either via a lysosome-dependent route (20–30%), or via plasma membrane invagination (70–80%) (34). The latter is followed by late lysosome migration and fusion with the host plasma membrane, forming the phagolysosome (34). To determine by which pathway PMVs induce T. cruzi entry, Vero cells were pretreated with thapsigargin (which inhibits invasion by depleting intracellular Ca^{2+}) (35) and/or Wortmannin (which inhibits specifically the lysosome-dependent pathway) (34) and then infected with metacyclic trypomastigotes. Addition of thapsigargin inhibited the PMV enhancement of T. cruzi invasion (Fig. 6A). However, addition of wortmannin in the presence of PMVs caused only a slight reduction of T. cruzi invasion, suggesting that parasite entry occurs by the lysosome-independent pathway (Fig. 6A). To confirm this result, Vero cells expressing GFP-tagged lysosomal-associated membrane protein-1 (LAMP-1) were used to monitor lysosome-dependent entry. Addition of PMVs caused an increase of parasite invasion independent of LAMP-1 association (Fig. 6B). The number of parasites associated with lysosomes was constant, but an increase in unmarked parasites was detected (as depicted in Fig. 6B, 6C), arguing that PMVs induce T. cruzi entry in non-professional phagocytic cells by a lysosome-independent route.

T. cruzi induce the release of TGF-β-bearing PMVs from blood cells in vivo

To determine whether T. cruzi induce PMV release from blood cells in vivo, mice were infected with metacyclic trypomastigotes and plasma-circulating PMVs were analyzed (detail exemplified in Supplemental Fig. 1). A ~40% increase in the number of annexin V-positive PMVs was detected at 30 min postinfection (Fig. 7A). This amount was maintained at 4 and 24 h and even 8 d postinfection (Fig. 7B), indicating that T. cruzi induces PMV release in vivo. The stable level of PMVs over time in infected mice suggests that they might engage a mechanism of controlling plasma PMV levels, such as phagocytosis by macrophages (36). A 48% increase of TGF-β1 in PMVs from infected mice was also detected at 24 h (Fig. 7C). Indeed, 35% of the annexin V-positive PMVs from infected mice contained TGF-β at the peak of the parasitemia (Fig. 7D), confirming the release of TGF-β–bearing PMVs during the infection. Annexin V-positive PMVs containing CD184 (CXCR4) also increased 68% in infected mice (Fig. 7D). CD184 is a molecule present in monocytes, T subset cells, B cells, dendritic cells, and endothelial cells, suggesting that T. cruzi could be inducing these cells to release PMVs in vivo. To determine whether the PMVs could promote an increase in T. cruzi infection in vivo, mice were infected in the presence of THP-1–derived PMVs. Parasitemia was higher in mice infected in the presence of PMVs than in control mice (infected without PMVs) (Fig. 7E). At the parasitemia peak, there were 7 times more parasites in mice infected in the presence of PMVs than in the control (Fig. 7E); however, parasitemias were equal at day 20 postinfection. Taken together, these results suggest that T. cruzi metacyclic trypomastigotes induce in vivo the release of PMVs from blood cells early in the infection, contributing to the parasite’s escape from the complement attack. Furthermore, the release of TGF-β–bearing PMVs could also favor parasite invasion in the course of infection.

FIGURE 4. PMVs bind to C4b2a and inhibit the cleavage of C3. A, PMVs were added to 10% NHS and incubated with parasites for 5 min at 37°C. Parasites were harvested (to remove NHS), and their protein extracts were analyzed by Western blotting with Abs to C2 and C4. The membrane was stripped and reprobed with anti-C2 Abs. The membrane was stripped and reprobed with anti-C2 Abs. The latter is followed by late lysosome migration and fusion with the host plasma membrane, forming the phagolysosome (34). To determine by which pathway PMVs induce T. cruzi entry, Vero cells were pretreated with thapsigargin (which inhibits invasion by depleting intracellular Ca^{2+}) (35) and/or Wortmannin (which inhibits specifically the lysosome-dependent pathway) (34) and then infected with metacyclic trypomastigotes. Addition of thapsigargin inhibited the PMV enhancement of T. cruzi invasion (Fig. 6A). However, addition of wortmannin in the presence of PMVs caused only a slight reduction of T. cruzi invasion, suggesting that parasite entry occurs by the lysosome-independent pathway (Fig. 6A). To confirm this result, Vero cells expressing GFP-tagged lysosomal-associated membrane protein-1 (LAMP-1) were used to monitor lysosome-dependent entry. Addition of PMVs caused an increase of parasite invasion independent of LAMP-1 association (Fig. 6B). The number of parasites associated with lysosomes was constant, but an increase in unmarked parasites was detected (as depicted in Fig. 6B, 6C), arguing that PMVs induce T. cruzi entry in non-professional phagocytic cells by a lysosome-independent route.

T. cruzi induce the release of TGF-β-bearing PMVs from blood cells in vivo

To address whether T. cruzi induce PMV release from blood cells in vivo, mice were infected with metacyclic trypomastigotes and

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Discussion

We report in this study a novel mechanism used by T. cruzi to evade the host innate immune system. T. cruzi induce host blood cells to release PMVs, which are involved in both inhibiting complement-mediated lysis and also in aiding host cell invasion. First, we showed that T. cruzi induce PMV release from blood cells in vitro and in vivo. Induction of PMV release from blood cells is specifically stimulated by the T. cruzi infective stage, and is dose dependent on parasite number. This induction occurs rapidly, only a few minutes after parasite/cell contact, and is dependent on Ca^{2+}.

Because it has been shown that the T. cruzi molecules gp82 and oligopeptidase B can induce a transient increase of intracellular Ca^{2+} in host cells (37–39), it is possible that they could be involved in inducing PMV release. Our finding that T. cruzi induce PMV release from blood cells is consistent with observations that conditions of disease or stress result in increased PMV levels (15, 16, 18). For example, high plasma levels of PMVs have been observed during malaria infection (20), pregnancy (40), thrombosis (41), and cancer (18, 40). We and others have shown that PMVs can be induced from PBMCs (41, 42). Pathogens have most likely evolved this strategy because PBMCs migrate to infection sites, thereby creating a high concentration of PMVs at the site of invasion.

FIGURE 5. TGF-β–bearing PMVs bound to T. cruzi surface mediate cell invasion. A. THP-1-derived PMVs (1.0 × 10^5/ml) induce increased metacyclic trypomastigote invasion of Vero cells. Heat-inactivated PMVs (PMVs-HI) were used as control. Invasion assays were performed at 37°C for 3 h, and intracellular parasites were quantified. Ratio = 10:1 (parasites/cell). B. PMVs (1.0 × 10^5/ml) were obtained from THP-1, Jurkat, HepG2, and MCF-7 cells and used for Vero cell invasion assays with metacyclic trypomastigotes (as described in A). C. TGF-β levels in PMVs from THP-1, Jurkat, HepG2, and MCF-7 cells (used in the experiment in B) measured by ELISA. D. T. cruzi preincubated with PMVs (30 min at 37°C) were either added to the Vero cells (–) or incubated with Abs against TGF-β (TGF-βAb) or egg-OVA (OvalAb) before invasion assays. Vero cells were also treated with SB431542 (SB) before invasion assays. Invasion assays were performed for 3 h at 37°C, and intracellular parasites were quantified. Ratio = 10:1 (parasites/cell). E. Flow cytometry detection of TGF-β on PMVs (left panel). TGF-β detection on metacyclic trypomastigotes preincubated with PMVs (right panel). PMVs were incubated at 37°C for 30 min with metacyclic trypomastigotes (ratio = 5:1, PMV/parasites). Afterward, parasites were washed for removal of unbound PMVs and analyzed by flow cytometry with polyclonal anti–TGF-β Abs. F. PMVs induce an increase of infected cells containing 2, 3, or >3 parasites/cell. Invasion assays were performed with or without PMVs for 3 h at 37°C, and the amount of intracellular parasites per infected cells was quantified. G. PMVs released by THP-1 cells induce simultaneous T. cruzi invasion. Vero cells were seeded in the lower chamber of a Transwell plate, whereas THP-1 cells were incubated in the upper chamber. T. cruzi were added on both chambers (with Vero cells for invasion assay; and with THP-1 for PMV induction). PMVs (1.0 × 10^5/ml) were added in the upper chamber, and 10 μM SB431542 was preincubated with Vero cells before parasite addition (see figure). For invasion assay, a ratio of 10:1 was used, and for PMV induction, a ratio of 5:1 was used, parasites/cells. The data shown from A–D and F–G represent the mean ± SD from four independent experiments. Experiment in E is representative of at least three independent experiments. *p < 0.05, **p < 0.01, ***p < 0.001.
We have also found that PMVs aid parasite immune invasion by inhibiting complement-mediated lysis of *T. cruzi*. PMVs inhibited the classical and lectin pathways through their binding to the complement C3 convertase (C4b2a), a key complex in the complement cascade. It is noteworthy that *T. cruzi* strongly activate the lectin pathway in nonimmune serum (7, 23) [as well as the classical pathway in the presence of specific Abs (4)]; however, there are only two molecules described to date involved in controlling

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**FIGURE 6.** PMVs induce *T. cruzi* invasion of eukaryotic cells by the lysosome-independent pathway. A, Vero cells were pretreated with 1.5 μM thapsigargin, 100 nm wortmannin, or both together (for 15 min at 37°C) before invasion assays. Cells were washed and incubated with metacyclic trypomastigotes (ratio = 20:1, parasites/cells) for 30 min at 37°C, and intracellular parasites were quantified. B, Vero cells expressing GFP-tagged LAMP-1 were used for invasion assays. Cells were incubated with metacyclic trypomastigotes (ratio = 20:1, parasites/cells) for 30 min at 37°C, and intracellular parasites were quantified. C, Immunofluorescence of Vero cells expressing GFP-tagged LAMP-1 infected with *T. cruzi* (red, detected with anti-3F6 Abs) from experiment in B. Nuclei were stained with DAPI (blue). The data shown in A and B represent the mean ± SD from four independent experiments. *p < 0.05, ***p < 0.001.

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**FIGURE 7.** *T. cruzi* induce PMV release in vivo. A, *T. cruzi* induce PMV release in mice early during infection. Mice were infected with metacyclic trypomastigotes (5.0 × 10⁵) or PBS by i.p. injection, and, after 30 min, the plasma was collected by cardiac puncture. PMVs were obtained from plasma by differential centrifugation, labeled with annexin V-FITC, and quantified by flow cytometry. n = 3 for each treatment. B, As in A, except that the plasma was collected after 4 h, 24 h, or 8 d postinfection. n = 5 for each treatment. C, PMVs obtained from mice (as in the experiment in A) were analyzed by ELISA for mouse TGF-β1 detection. The experiment was performed three times in duplicate each. D, Mice were infected with metacyclic trypomastigotes (5.0 × 10⁵) by i.p. injection, and 11 d postinfection (parasitemia peak) the plasma was collected by cardiac puncture. Noninfected mice received PBS only. PMVs were obtained by differential centrifugation, and annexin V-FITC–positive PMVs were analyzed by flow cytometry with anti-CD184 and anti–TGF-β. Result shown is a representative experiment of three single experiments. E, Mice were infected with metacyclic trypomastigotes (5.0 × 10⁵) with or without THP-1–derived PMVs (1.5 × 10⁵) by i.p. injection, and parasitemias were analyzed every 2 d postinfection by tail pick. n = 4 for each treatment. *p < 0.05.
complement activation by these pathways, named CRIT (a complement C2 receptor) and calreticulin (which bind C1q) (23, 27, 43), strengthening the idea that T. cruzi uses PMV as an additional factor to inhibit the activation of these complement pathways. In contrast, the alternative pathway is slowly activated by T. cruzi because of the high amount of sialic acid on the surface mucins (44, 45). It has been shown that the sialic acid on T. cruzi surface binds to factor H, causing C3 inactivation to iC3b, resulting in reduction of the alternative pathway activation (44, 46). The mechanism of recruiting complement regulators (including factor H) by surface carbohydrates has also been reported in other pathogens, such as Neisseria sp (47). A slow activation of the alternative pathway by other trypanosomatids has also been observed (48). In contrast to few molecules involved in evasion of the classical and lectin pathways, several molecules have been reported to specifically inhibit the alternative pathway (2, 45). Altogether, it indicates that T. cruzi evolved a specific mechanism to compensate the absence of complement receptors to control the classical and lectin pathway C3 convertases. The binding of PMVs to the C3 convertase assembled on the parasite surface causes a delay in its dissociation, as well as affecting its activity by inhibiting C3 cleavage. Inhibition of C3 cleavage has several biological significances, as follows: 1) C3 is necessary for complement lysis by all pathways (2); 2) it is required to generate the anaphylatoxin C3a and C5a, important in the recruitment of cell response against the pathogen (49); and 3) it is also involved in opsonization, which mediates phagocytosis of pathogens during the infection (2). It is noteworthy that PMVs interact with complement factors and mediate immune adherence to erythrocytes (16, 42, 50). Indeed, vesicles exposing phosphatidylserine have been shown to inhibit the complement system (51). Altogether, these data suggest that PMVs interact with the complement system inhibiting parasite clearance early during the infection, thereby increasing the chance of parasites succeeding in infection.

Recently, another complement evasion mechanism inhibiting the C3 convertase was described in Staphylococcus aureus (52). The molecule staphylococcal complement inhibitor stabilizes the C3 convertases and inhibits their catalytic activity (52), showing that inhibition of C3 convertase dissociation and activity is a mechanism also used by other pathogens. We still do not know which molecules on the PMVs interact with C3 convertases. However, further investigation has been taken to identify the molecules involved in this mechanism.

An important feature of PMVs is their capacity to carry molecules from the cell of origin (10–12). Consistent with others (17, 53), we have found that PMVs carry TGF-β, a cytokine proposed to increase T. cruzi invasion of epithelial and cardiac cells (32, 54), aid the intracellular parasite cycle (55), and contribute to fibrosis during acute and chronic Chagas disease (56). The effect of PMVs on T. cruzi invasion was inhibited by using neutralizing anti-TGF-β Abs, as well as by treating the cells with TGF-β receptor antagonist, arguing strongly that the increase in parasite invasion relied upon TGF-β. Consistent with our finding that T. cruzi induces the release of PMVs carrying TGF-β, chronic-phase Chagas disease patients have been shown to have elevated levels of circulating TGF-β (54). Furthermore, in mouse models, the levels of TGF-β increase with acute T. cruzi infection (57), and TGF-β is activated by T. cruzi during cell invasion (58). Our results are in agreement with these reports, because the levels of TGF-β-bearing PMVs increased 24 h postinfection and persisted for several days. Indeed, we found that PMVs carry a high amount of TGF-β (∼35–55 ng/ml plasma), and PMVs released by monocytes and lymphocytes can simultaneously promote T. cruzi invasion. Because many nonprofessional phagocytic cells synthesize TGF-β either at low levels or not at all, the binding of TGF-β–bearing PMVs to the surface of T. cruzi provides an important mechanism of targeting the cytokine to the site of invasion. We also observed that the increase of T. cruzi invasion in the presence of PMVs consisted of an increase of the number of intracellular parasites per cell in addition to an increase in the total number of infected cells. This result suggests that once a cell is infected, it is more susceptible to a second round of infection. We speculate that the initial invading parasite carries PMVs to the host cell it invades, which activate signaling cascades that weaken the cell’s defenses. Furthermore, PMVs induced T. cruzi cell invasion specifically through the lysosome-independent route, providing further evidence that PMVs promote particular cellular cascades. It is therefore likely that TGF-β–bearing PMVs activate the TGF-β signaling pathway to promote T. cruzi invasion. It is noteworthy that PMV enhancements in cell invasion also contribute to parasites escaping the complement attack, as well as increase the number of parasites that progress to their life cycle, what can be an initial determinant in the success of infection.

Finally, we showed that T. cruzi parasitemia increases in mice infected in the presence of PMVs, which corroborates out in vitro experiments. The increased parasitemia in the presence of PMVs could be interpreted as a consequence of two factors, as follows: 1) the effect of PMVs on the inhibition of T. cruzi complement-mediated lysis; and 2) the effect of TGF-β on T. cruzi cell invasion. Therefore, we establish in this work that T. cruzi induce blood cells to release PMVs, which act as a host factor contributing to parasite immune evasion.

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Disclosures
The authors have no financial conflicts of interest.

References


Figure S1. PMVs from THP-1 cells expose phosphatidylserine and carry actin. A) Flow cytometry analysis of PMVs labelled with annexin-V-PE (Guava technologies) or annexin-V-PE with 5 mM EGTA (as indicated). PMVs without annexin-V-PE were used as control (gray). EGTA was used to inhibit annexin-V-PE binding to phosphatidylserine since their interaction has been shown to be Ca\(^{2+}\)-dependent. B) Logarithmic forward and sited scatter of the PMVs labelled with annexin-V-PE. C) Western blotting of PMVs from THP-1 cells with monoclonal antibodies against actin. D) T. cruzi protein extract (corresponding to 5.0x10\(^6\) parasites) from epimastigotes (Epi) or metacyclic trypomastigotes (Meta) were obtained by cycles of freezing and thawing and incubated with THP-1 cells (1.0x10\(^6\)) for 60 minutes at 37\(^\circ\)C for PMV induction. Afterwards, cell supernatants were analysed by flow cytometry for PMV quantification. NI = non-induced. E) Flow cytometry analysis of PMVs from mouse plasma. a) Histogram of the logarithmic forward and reverse scatter of PMVs obtained from mouse plasma (by differential centrifugation). The Gate R1 shows the diversity on size and granularity of the PMVs. b) Histogram of the Gate R1 (from a), analysed by forward scatter and FITC log. Note the absence of positive PMVs for FITC in this sample (unlabelled, negative control). c) The same Gate R1 (from a) analysed with a sample labelled with annexin-V-FITC. In this case there is a positive population to annexin-V-FITC (see Gate R2). The Gate R2 contains annexin-V positive PMVs, and it is used to other analysis with cell surface markers. d) Histogram of the sample labelled with annexin-V, inside of the Gate
R2, analysed for forward scatter and APC log. The sample is a negative control (isotype IgG-APC). e) Another sample labelled with annexin-V, as the one inside of the Gate R2 (demonstrated in c), but now labelled with CD184-APC. Note that the sample now is positive for APC. This sample correspond to annexin-V-FITC and CD184-APC PMVs. f) Histogram showing the overlay of the sample annexin-V-FITC positive CD184-APC negative (red, from d), and the sample Annexin-V-FITC and CD184-APC positive (Green, from e).

**Figure S2.** THP-1 cells release PMVs upon contact with *T. cruzi*. A) Flow cytometry analysis of THP-1 cells and *T. cruzi* metacyclic trypomastigotes supernatant reveals that PMVs originate from THP-1 cells. a) PKH26 (green fluorescent dye)-labeled THP-1 cells were incubated for 1h at 37°C in PBS and the supernatant was collected and analysed by flow cytometry. b) PKH26-labelled THP-1 cells were incubated in PBS with 5% NHS for 1h at 37°C (for induction of PMVs release) and the supernatant was collected and analysed. c) *T. cruzi* was labelled with PKH67 (red fluorescent dye) and the supernatant collected after 1h incubation in PBS at 37°C for flow cytometry analysis. d) PKH67-labelled *T. cruzi* were incubated in PBS with 5% NHS for 1h at 37°C and the supernatant analysed. Note the increase in green fluorescence (*in b*) indicating PMVs release from THP-1 cells. For *T. cruzi* no significant increase in red fluorescence was detected (*in d*). e) *T. cruzi* (PKH67 labelled) and THP-1 cells (PKH26 labelled) were incubated together at 37°C for 1h and the supernatant analysed by flow cytometry. Note that there is a predominant increase in green fluorescence (indicating the release of THP-1 cells-derived PMVs) and negligible detection of red fluorescence. For the above experiments THP-1
cells (1x10^6/well) were labelled with 4 μM PKH26 (green fluorescence dye), while *T. cruzi* metacyclic trypomastigotes were labelled with 4 μM PKH67 (red fluorescence dye) at RT for 5 min with shaking. They were washed 5 times with PBS to remove excess of dyes. B) Vero cells were pre-incubated with annexin-V AlexaFluor 488 (green) prior to *T. cruzi* metacyclic trypomastigotes (ratio = 5:1, parasites to cells) addition and incubation for 30 minutes at 37°C (activated cells). As control cells were incubated without parasites (resting cells). Cells were analysed by fluorescence microscopy. DAPI was used to stain nucleus (blue). Note the increase in green fluorescence in activated cells indicating transient exposition of phosphatidylserine (detected by annexin-V AlexaFluor 488) and the release of PMVs (also in green) as indicated by arrowheads. C) Transmission electron microscopy (*a-d*) of *T. cruzi* incubated in 50% NHS for 1h at 37°C. Note the intact parasite surface and that no vesicles can be detected on the cell surface. D) Sucrose gradient to analysis PMVs and exosomes. PMVs and exosomes migrate in different fractions in a sucrose gradient confirming their different characteristics. 20 ml of THP-1 cells supernatant were ultracentrifuged at 100,000xg for 16h to collect PMVs and exosomes. They were resuspended in 500μl of PBS buffer and added to the top of 10-40% continuous sucrose gradient. They were centrifuged for 100,000xg for 1h, 1 ml fractions were collected and 100 μl of each fraction were analysed by flow cytometry. For PMV labelling it was used annexin-V-FITC and for exosome labelling it was used LAMP-1-FITC. An IgG-FITC was used for labelling control. Note that fractions 1-4 were positive for LAMP-1 while fractions 8-10 were positive for annexin-V-FITC. E) Electron microscopy to analyse fractions separated by sucrose gradient (from D). Fractions were pooled in two groups: Positive for LAMP-1-
FITC (1-4) and positive for annexin-V-FITC (7-10). Fractions positive for annexin-V-FITC (upper panel) containing vesicles with size between 250-500 nm (bar = 250 nm), which correspond to PMVs. While fractions positive for LAMP-1-FITC (1-4, lower panel) presented vesicles with size between 40-100 nm (bar = 100 nm), which correspond to exosomes. Note the cup-like shape of exosomes.

Figure S3. A) PMVs bind to complement factors on the *T. cruzi* surface and inhibit complement-mediated lysis. A) PMVs inhibit metacyclic trypomastigotes lysis in conditions nearly physiological: 50% NHS at 37°C. *Left*, PMVs were obtained from PBMCs after *T. cruzi* induction and used in complement-mediated lysis assay. Incubations were performed for 60 minutes and with 1.5x10^5 PMVs/ml. *Right*, similar experiment was performed with PMVs obtained from Jurkat cells. B) PMVs bind to complement factors deposited on the *T. cruzi* surface. Metacyclic trypomastigotes adsorbed on ELISA plates were incubated for 30 minutes at 37 °C with either 10% NHS or Hepes buffer. After washing, biotinylated PMVs were added (as indicated) and incubated for 2 hours at 37 °C. Streptavidin-HRP was added to detect PMVs, and reactions were developed with ABTS peroxidase solution prior to spectrophotometric measurements at 405 nm. C) Binding of PMVs to complement factors on the *T. cruzi* surface is inhibited by polyclonal anti-C4 antibodies. Metacyclic trypomastigotes adsorbed on ELISA plates were incubated with 10% NHS or buffer (as in A). After washing, polyclonal anti-C2, anti-C4 and anti-egg-ovalbumin (as control) antibodies were added and incubated for 2 hours at RT. After that, biotinylated PMVs were added and incubated for 2 hours at 37 °C. Detection was performed as in A. D) *T. cruzi*
metacyclic trypomastigotes (1.0x10^5) were incubated with biotinylated PMVs at ratios 1:1, 1:5 and 1:10 (parasites : PMVs) for 30 minutes at 37º C. Afterwards, they were washed with PBS and incubated for 5, 15 and 60 minutes at 37º C or non-incubated (time 0). After that, they were fixed with ice-cold paraformaldehyde 4%, washed with PBS and bound to ELISA plates. PMVs bound to the parasites surface were detected using streptavidin-HRP and developed with ABTS peroxidase. Data from A-D represent the mean ± SD from at least three experiments performed in triplicate. * p<0.05, *** p<0.001.

**Figure S4.** TGF-β-bearing PMVs induce *T. cruzi* invasion of eukaryotic cells. A) PBMCs-derived PMVs induce increased *T. cruzi* invasion of Vero cells. Ratio=10:1, parasites to cells; PMVs = 1.0x10^5/ml. B) PMVs induce *T. cruzi* invasion in a dose-dependent fashion. Metacyclic trypomastigotes (strain Silvio X10/6) were incubated with Vero cells (r=10:1 parasites to cells) in the presence of increasing concentrations of THP-1-derived PMVs (1.0-10x10^5/ml) for 3 hours at 37ºC. C) PMVs induce *T. cruzi* invasion of HeLa cells. Metacyclic trypomastigotes (strain Silvio X10/6) were incubated with HeLa cells (r=5:1, parasites to cells) in the presence of THP-1-derived PMVs (1.0x10^5 PMVs/ml) for 3 hours at 37ºC. D) PMVs induce *T. cruzi* invasion of eukaryotic cells independent of the parasite strain. Metacyclic trypomastigotes (strain Cl Brener) were incubated with Vero cells (r=5:1, parasites to cells) in the presence of 1.0x10^5 PMVs/ml (from THP-1 cells) for 3 hours at 37ºC. E) PMVs effect on invasion depends on the parasite infective stage. Invasion was performed with metacyclic trypomastigotes and epimastigotes in the presence of PMVs (1.0x10^5 PMVs/ml) from THP-1 cells for 3 hours.
at 37ºC. F) *T. cruzi* carry PMVs bound to its surface to invade the cells. Invasion assays were performed as follows: 1) Vero cells pre-incubated and maintained with PMVs (1.0x10^5/ml) during the invasion (-), 2) cells pre-incubated with PMVs (1.0x10^5/ml, for 30 minutes), which were removed prior cell invasion (PMVs-R), and 3) metacyclic trypomastigotes were pre-incubated (30 minutes at 37ºC) with PMVs (1.0x10^5/ml) and washed to remove unbound PMVs prior cell invasion (PMVs-PI). G) PMVs effect on invasion is inhibited by anti-TGF-β antibodies. PMVs (1.0x10^5/ml) were pre-treated with polyclonal anti-TGF-β antibodies before invasion assay. H) The TGF-β receptor antagonist SB431542 inhibits PMV enhancement of *T. cruzi* invasion. 10μM of SB431542 were added to the cells for 30 minutes prior invasion assays. As control was performed cell invasion without PMVs (Control). For all experiments were quantified the number of intracellular parasites. Data from A-H represent the mean ± SD from at least three experiments performed in triplicate. I) PMVs carry TGF-β associated to their surface. *Left*, ELISA measurements of TGF-β levels in intact or lysed PMVs (1.0x10^5, PMVs were lysed with Triton-X100 1% in PBS). Note that the amount of TGF-β does not change after PMVs lysis indicating that PMVs do not carry extra TGF-β in the intravesicular space. *Right*, ELISA measurements of MIF (macrophage migration inhibitory factor) levels in intact or lysed PMVs (1.0x10^5). Note that the amount of MIF increase after PMVs lysis indicating that PMVs carry MIF mainly in the intravesicular space. J) *Upper panel*, Flow cytometry analysis of TGF-β (*left*) and MIF (*right*) in THP-1 cells. *Lower panel*, Flow cytometry analysis of TGF-β (*left*) and MIF (*right*) in PMVs. Note that TGF-β is detected on PMVs surface, while MIF are not detected. K) THP-1 cells were labelled with anti-TGF-β antibodies (followed by FITC-labelled secondary
antibodies for TGF-ß detection) and cells induced for PMVs release. The PMVs-containing supernatant was analysed by fluorescence microscopy. Insert, THP-1 cells labelled with anti-TGF-ß showing the presence of TGF-ß on the cell surface. F) As in E, but with anti-MIF antibodies (Insert, THP-1 cells labelled with anti-MIF antibodies showing a low detection of surface associated MIF). Note that there is a low number of anti-MIF-labelled PMVs (green) in the supernatant compared with anti-TGF-ß-labelled PMVs (green, panel E), confirming that the PMVs carry the cell-derived TGF-ß mainly on their surface instead of carrying it in the intravesicular space (as occur for MIF).
Figure S3

A

B

C

D

T. cruzi + NHS

T. cruzi

PMVs concentration (x10^4/ml)

PMVs Binding (A_405 nm)

Abs 405 nm

Time (minutes)
Figure S4

A  PBMC-derived PMVs

Parasites/100 cells

Control Plus PMVs

B  Invasion in Vero cells

- T. cruzi Silvio X10/6 strain

PARASITES/100 cells

Control 1.0 2.0 10

THP-1 PMVs (x10^5/ml)

C  Invasion in HeLa cells

- T. cruzi Silvio X10/6 strain

PARASITES/100 cells

Control PMVs

D  Invasion in Vero cells

- T. cruzi CI Brener strain

PARASITES/100 cells

Control PMVs

E  Condition Pre-incubation -30' Washed Invasion

Control No No Yes

- Vero cells + PMVs No Yes

R Vero cells + PMVs Yes Yes

PI T. cruzi + PMVs Yes Yes

F  Parasites/100 cells

Control PI R

G  Parasites/100 cells

Control PMVs 2.5 µg 10 µg Egg-Ab

H  Parasites/100 cells

Control + SB-431542

I  TGF-β1 (ng/ml)

Lysed Unlysed

J  TGF-β1 MIF

Counts Relative Fluorescence

K  THP-1 cells PMVs

TGF-β

L  PMVs

MIF