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*Published online 16 May 2011
http://www.jimmunol.org/content/early/2011/05/16/jimmunol.0903490

Supplementary Material
http://www.jimmunol.org/content/suppl/2011/05/16/jimmunol.0903490.DC1

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Lack of Peripheral Memory B Cell Responses in Recovered Patients with Severe Acute Respiratory Syndrome: A Six-Year Follow-Up Study

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Six years have passed since the outbreak of severe acute respiratory syndrome (SARS). Previous studies indicated that specific Abs to SARS-related coronavirus (SARS-CoV) waned over time in recovered SARS patients. It is critical to find out whether a potential anamnestic response, as seen with other viral infections, exists to protect a person from reinfection in case of another SARS outbreak. Recovered SARS patients were followed up to 6 y to estimate the longevity of specific Ab. The specific memory B cell and T cell responses to SARS-CoV Ags were measured by means of ELISPOT assay. Factors in relation to humoral and cellular immunity were investigated. Six years postinfection, specific IgG Ab to SARS-CoV became undetectable in 21 of the 23 former patients. No SARS-CoV Ag-specific memory B cell response was detected in either 23 former SARS patients or 22 close contacts of SARS patients. Memory T cell responses to a pool of SARS-CoV S peptides were identified in 14 of 23 (60.9%) recovered SARS patients, whereas there was no such specific response in either close contacts or healthy controls. Patients with more severe clinical manifestations seemed to present a higher level of Ag-specific memory T cell response. SARS-specific IgG Ab may eventually vanish and peripheral memory B cell responses are undetectable in recovered SARS patients. In contrast, specific T cell ammnestic responses can be maintained for at least 6 y. These findings have applications in preparation for the possible reemergence of SARS. The Journal of Immunology, 2011, 186: 000–000.
response will be maintained at a detectable level thereafter remains to be investigated.

The objectives of this study were to estimate the longevity of specific Ab against SARS-CoV, to measure the memory B cell and T cell responses in patients recovering from SARS, and to identify the factors possibly correlated with the specific immune responses.

Materials and Methods

Subjects

Three groups of subjects were included; that is, a cohort of convalescent SARS patients, close contacts of former SARS patients, and healthy controls. The SARS patients were originally seen at one hospital in Beijing, which had been described in our previous studies (4, 6). All the patients were clinically diagnosed according to the World Health Organization criteria (20) and then confirmed by serological tests. The recovered patients were followed for 6 y. Physical examination was performed for 7 d and sera samples were collected at each visit. At the last visit (6 y after disease), PBMCs were also isolated from anticoagulated blood by Ficoll-Hypaque density gradient centrifugation. The mean (±SD) age of the recruited patients was 31.7 ± 8.3 y (range, 20–51 y), and 17 (73.9%) were females. Nine patients had underlying disease, including tuberculosis (n = 4), diabetes (n = 2), and heart disease (n = 2). The sera were separated and tested for their anti–SARS-CoV IgG response using commercially available ELISA kits (no. S20030003; BJI-GBI Biotechnology, Beijing, China) as described previously (7). The 96-well polystyrene microtiter plates were coated with 10 µg/ml pure coronavirus Ag (SARS-CoV BJ01 strain, accession no. AY278488 in GenBank) for detection. The inactivated SARS-CoV was able to preserve the immunogenicity of S protein including its major neutralizing domain according to the previous study (21). The ELISA process was strictly performed exactly as described in the previous study (7), by the same group using the same kit, to ensure the consistency of the multiple tests.

Memory B cell measurement

PBMCs from three groups of subjects were plated in 24-well dishes at 5 × 10^5 cells/well in R-10 supplemented with a mix of polyclonal mitogens: 1/20 Staphylococcus aureus Cowan (Sigma-Aldrich), and 1/100,000 Staphylococcus aureus Cowan (Sigma-Aldrich). Twelve wells to 24 wells were cultured per individual, provided that the total was adjusted as the number of IFN-γ–producing cells/2 × 10^5 PBMCs. The number of spots in negative control wells was at a range of 0–5 spots. Wells containing spot numbers greater than the mean ± 3 SD of three negative control wells (no peptide) were regarded as positives in each individual, provided that the total was > 5 SFCs/million PBMCs to rule out false positives where background was very low.

IgG Ab evaluation

The sera were separated and tested for their anti–SARS-CoV IgG response using commercially available ELISA kits (no. S20030003; BJI-GBI Biotechnology, Beijing, China) as described previously (7). The 96-well polystyrene microtiter plates were coated with 10 µg/ml pure coronavirus Ag (SARS-CoV BJ01 strain, accession no. AY278488 in GenBank) for detection. The inactivated SARS-CoV was able to preserve the immunogenicity of S protein including its major neutralizing domain according to the previous study (21). The ELISA process was strictly performed exactly as described in the previous study (7), by the same group using the same kit, to ensure the consistency of the multiple tests.

Result

Anti-SARS Ab evaluation

Six years postinfection, specific IgG Ab to SARS-CoV turned undetectable in 21 of the 23 recovered patients with only 2 patients maintaining low levels of IgG Ab. Fig. 1 shows the kinetics of IgG Ab titers of the two patients by months since onset of SARS symptoms in comparison with the changes in IgA Ab levels of the patients as a whole. The IgG Ab of patient A was 1:256 when discharged from the hospital and diminished gradually thereafter to 1:20 at month 72 since disease onset, which followed a similar pattern as that of the whole group of patients, whereas patient B maintained a low (1:40) but stable level of specific IgG Ab during the 6-y follow-up period.

Memory B cell responses to SARS-CoV

PBMCs from 23 recovered SARS patients, 22 close contacts, and 20 healthy controls were tested for B responses with PWM and
SARS-CoV Ag as stimulation, respectively (Fig. 2A). As a result, the nonspecific B cell responses, presented as the total of B cells producing IgG, were not significantly different (one-way ANOVA, \( p = 0.948 \)) (Fig. 2B). When the PBMCs were stimulated with SARS-CoV Ag, no specific B cell response was detected in the patient group or close contact and healthy control groups (Fig. 2A). Two paired PBMC samples from two SARS patients in another SARS cohort, which were collected 3 mo postinfection and 3.5 y after recovery, were used to perform the same ELISPOT assays simultaneously. The positive specific B cell response in the acute samples and negative response in late samples further proved that the system was capable of detecting SARS-specific memory B cell responses (Supplemental Fig. 1).

**Memory T cell responses to SARS-CoV**

Memory T cell responses were tested using ELISPOT assay in 23 recovered SARS patients, 22 close contacts, and 20 healthy controls. When stimulated with PHA, PBMCs from the three groups presented high frequency of IFN-\( \gamma \)-forming cells (Fig. 3A), with no significant difference observed (one-way ANOVA, \( p = 0.556 \)) (Fig. 3B). When stimulated with SARS-CoV peptides, 14 of 23 (60.9%) recovered patients demonstrated specific memory T cell responses (Fig. 3C). In contrast, neither close contacts nor healthy controls showed a detectable T cell response. The number of SFCs ranged from 1 to 216 with an average of 37 \( \pm \) 51 per \( 2 \times 10^5 \) PBMCs in the former SARS patients, which was significantly higher than those from close contacts (SFCs = 0) (one-way ANOVA, \( p = 0.001 \)) (Fig. 3C). We then compared the memory T cell levels of the recovered patients in relation to the factors that might affect host immunity. No statistically significant difference of memory T cell response was observed between male and female patients or between high and low steroid dosage groups (Fig. 3D, 3E). The patients with comorbid conditions seemed to have a higher T cell response level than that of patients without comorbidity, but the difference was not significant (Fig. 3F). The patients presenting severe clinical manifestations showed significantly higher memory T cell responses to SARS-CoV than those of others (Fig. 3G, \( t = 2.222, p = 0.037 \)). Because no SARS-specific memory B cell was detected and only two patients had detectable IgG Abs, the association between memory T and B cell responses could not be measured. We then compared peak serum IgG titers and memory T cell frequencies of each patient (Fig. 3H) and found no significant correlation between them (Spearman correlation analysis, \( r = 0.208, p = 0.392 \)).

**Discussion**

Although 6 y have passed since the outbreak of SARS in 2003, there are still many unsolved mysteries and scientific problems regarding this emerging infectious disease. One of the major concerns is how long the protective immunity will be maintained in individuals after SARS-CoV infection. It is believed that both specific IgG Abs and neutralizing Abs are important to protect hosts from viral reinfection, often in combination with cellular immunity (24).

In this study, a group of serologically confirmed SARS patients were followed for 6 y to observe the dynamic changes in specific IgG Abs. As seen in our previous studies (4, 6), the humoral immunity continuously declined over time and eventually vanished in most patients. Only 2 of 23 patients maintained a low level of IgG Ab 6 y after disease onset. Numerous previous studies have demonstrated that the titers of neutralizing and IgG Abs are well correlated throughout the follow-up period (4, 6, 9). Although we did not test the neutralizing Ab to SARS-CoV in this study because the culture for SARS-CoV is restricted for the sake of biosafety, the IgG Ab could be a reliable indicator of neutralizing Ab for understanding the humoral response to SARS-CoV infection. The findings of these studies imply that naturally acquired humoral immunity of SARS patients persists for a limited period of time, which brings forward another question whether waning specific Abs would be adequate to protect a person from reinfection by a potential anamnestic response, as seen with many other viral infections. To answer the above question, we measured the memory B cell and T cell responses against SARS-CoV in former SARS patients.

To our knowledge, this is the first published study on memory B cell response to SARS-CoV and the first report of memory T cell response as long as 6 y after natural infection. In this study, no circulating SARS-CoV Ag-specific memory B cell response was...
detected in recovered SARS patients by using the ELISPOT method. The peripheral memory B cell response was even not detected in the two patients who maintain low levels of specific IgG Ab. Also, we were able to demonstrate positive and negative SARS-specific memory B cell responses in two paired samples, thus verifying the negative results in the 6-y convalescent patients. The lack of specific memory B cell response in the patients 6 y after disease onset implies that SARS-CoV infection is different from many other viral infections in which memory B cells are able to produce sufficient Abs promptly in response to reexposure and also replenish long-lived plasma cells to maintain long-term Ab levels that can neutralize viruses. A representative example is that the memory B cells generated by smallpox vaccination could be detected even 40–50 y after immunization (25). In contrast, short-lived memory B cell responses have been observed in influenza and HIV infections, in which persistent low level of viral replication is not adequate to maintain specific memory B cells (26). In antiviral defense, B cells are supposed to play a central role by providing protective natural Abs in the first line, humoral memory Abs in the second line, and reactive memory B cells in the third line.

In the absence of chronic immune reactions, maintenance of humoral memory and most serum Abs are supposed to be derived from long-lived plasma cells of the bone marrow (27–29). Long-lived plasma cells in a human are thought to live for decades (30), which can totally provide alternative protection besides memory B cells. The current study only assessed polyclonal activation of memory B cells in vitro. Further studies are required to examine the memory B cells possibly residing in other parts of the body such as bone marrow and secondary lymphoid organs. However, the absence of peripheral memory B cells might reflect, to certain extent, the low or even undetectable level of memory B cell in bone marrow, as the latter seemed to be the major source of peripheral memory B cells.

Our results demonstrated that SARS-CoV–specific memory T cells persisted in peripheral blood of recovered SARS patients. In comparison with memory B cells, memory T cells are usually present with higher numbers and usually elicited in faster responses and better location (31), but they are not necessarily protective (32). Previous studies in animal models and clinical observation demonstrated that memory T cells did contribute to protective immunity against influenza viruses but could only be

![Memory T cell responses to SARS-CoV by ELISPOT assay among 23 former SARS patients, 22 close contacts, and 20 healthy controls at 6 y postinfection. A, PBMCs were stimulated with PHA and SARS-CoV S peptides. B, PBMCs from convalescent SARS patients and control groups were stimulated with PHA. The average number of IFN-γ–releasing cells was calculated, and the bars represent 95% confidence interval. C, SARS S peptide–specific memory T cell responses from recovered SARS patients and control groups. D, SARS S peptide–specific memory T cell counts of male (n = 6) and female (n = 17) patients. E, SARS S peptide–specific memory T cell counts of patients with low- to medium-dose steroid use (n = 15) and high-dose steroid use (n = 8). F, SARS S peptide–specific memory T cell counts of patients without comorbidity (n = 14) and with comorbidity (n = 9). G, SARS S peptide–specific memory T cell counts of patients with mild to medium illness (n = 16) and severe illness (n = 7). H, Peak serum IgG Ab titer plotted against SARS-specific memory T cell frequency. Spearman correlation analysis, r = 0.208, p = 0.392.
attained in concert with the H1-specific plasma cells and memory B cells rather than memory T cells alone (14). B cell responses to influenza vaccination in HIV-infected individuals dropped with the decrease of CD4+ cells (33). The relative importance of memory B cells as well as long-lived plasma cells or memory T cells in protecti...