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Mast Cell-Derived IL-10 Suppresses Germinal Center Formation by Affecting T Follicular Helper Cell Function

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The most prevalent cancer diagnosed in the world is sunlight-induced skin cancer. In addition to being a complete carcinogen, UV radiation, the causative agent of skin cancer, induces immune suppression. Because UV-induced immune suppression is a well-recognized risk factor for skin cancer induction, it is crucial to understand the mechanisms underlying UV-induced immune suppression. Mast cells, which have recently emerged as immune regulatory cells, are particularly important in UV-induced immune suppression. UV exposure does not induce immune suppression in mast cell-deficient mice. We report that UV irradiation blocks germinal center (GC) formation, Ab secretion, and T follicular helper (Tfh) cell function, in part by altering the expression of transcription factors BCL-6 and BLIMP-1. No suppression of GC formation, Tfh cell IL-21 expression, or Ab secretion was observed in UV-irradiated mast cell-deficient (KitW-Sh/W-Sh) mice. When mast cell-deficient mice were reconstituted with wild type mast cells, immune suppression was restored. Reconstituting the mast cell-deficient mice with bone marrow-derived mast cells from IL-10-deficient mice failed to restore the ability of UV radiation to suppress GC formation. Our findings demonstrate a function for mast cells, suppression of Tfh cell production, GC formation, and Ab production in vivo. The Journal of Immunology, 2011, 186: 000–000.

T

-dependent Ab responses depend on the generation of germinal centers (GCs), which are specialized structures present in B cell follicles in secondary lymphoid tissues. The B cells found in these structures have a high rate of proliferation and are identified by peanut agglutinin (PNA) binding and BCL-6 expression (1, 2). Within the GC class switching, recombination, somatic hypermutation, and selection of high-affinity B cells occurs (3, 4). For years it was recognized that CD4⁺ Th cell function was critical for GC formation by providing help to Ag-specific B cells and promoting the differentiation of plasma and memory cells. More recently, a specialized subset of CD4⁺ T cells, called T follicular helper (Tfh) cells, was identified that provide help for GC and Ab formation (5). Tfh cells are characterized by expression of costimulatory molecules such as ICOS, CD40L, CTLA4, PD-1, and BTLA, and by the intense and sustained expression of CXCR5 (6–8). The transcription factor that mediates the development of Tfh cells is BCL-6, whereas BLIMP-1 antagonizes the activity of BCL-6 and inhibits Tfh cell development (9–11). Autocrine production of IL-21 is fundamental for Tfh cell activation, and consequently GC formation and Ab production (12, 13).

UV radiation is one of the most common environmental factors affecting human health. The UV wavelengths present in sunlight contribute significantly to the development of skin cancer (14), the most prevalent type of cancer found in the United States (15). Besides its carcinogenic effect, it is well-known that exposure to UV radiation is immunosuppressive, as demonstrated by the inhibition of cell-mediated immune reactions, such as contact and delayed type hypersensitivity (16, 17). A less well-recognized result of total body UV exposure is the suppression of T-dependent, but not T-independent, Ab formation (18–21). Although IL-10–producing T cells have been implicated in this process, the exact mechanism(s) leading to UV-induced suppression of Ab formation are not well defined.

After UV exposure, several cell populations are implicated in the process leading to immune suppression, including keratinocytes (22), macrophages (23), Langerhans cells (24), NKT cells (25), IL-10–secreting CD4⁺CD25⁺ T regulatory cells (26), and mast cells (27). In addition to their well-characterized role in type I hypersensitivity, mast cells have the potential to diminish inflammation and suppress immune responses (28). One of the first examples of mast cells playing a role in regulating adaptive immunity was the suppression of contact and delayed type hypersensitivity after UV exposure (27). Moreover, mast cell migration from UV-irradiated skin to the draining lymph node represents a mechanism by which an immune-suppressive signal is transmitted from the skin to the immune system (29). In addition, it has been shown that IL-10 produced by mast cells has the ability to limit inflammation in the skin (30), and it has been suggested that mast cell-derived IL-10 is essential for tolerance induction after UV exposure (31).

In this study, we examined the role of mast cells in the suppression of Ab formation. Exposing mice to UV radiation suppresses GC
formation, Ab formation, the production of IL-21, and the expression of BCL-6 by Th cells. Suppression of Ab formation was blocked when UV-irradiated mice were treated with cromolyn, which blocks mast cell degranulation. No suppression of GC formation, IL-21 expression by Th cells, or activation of BCL-6 was noted in UV-irradiated mast cell-deficient mice. The suppressive effect was restored when mast cell-deficient mice were reconstituted with wild type bone marrow-derived mast cells (BMMCs), but not when mast cells from IL-10<sup>−/−</sup> mice were used. These data demonstrate an immunoregulatory role for mast cells; suppressing GC formation by suppressing Th cell function.

Materials and Methods

**Mice**

Eight-to 10-wk-old C57BL/6 wild type mice, mast-cell-deficient mice (Kit<sup>W-sh/W-sh</sup>, IL-10<sup>−/−</sup> mice (B6.129P2-Il10<sup>tm3(Cgn)</sup>/J), and PGE<sub>2</sub>-deficient mice (B6.129 [FVB]-Ptgs2tm2.1(ptgs1)Fn/J on the C57BL/6 background) were obtained from The Jackson Laboratory (Bar Harbor, ME)). The mice were maintained in facilities approved by the Association for Assessment and Accreditation of Laboratory Animal Care International, in accordance with current regulations and standards of the U.S. Department of Agriculture, Department of Health and Human Services, and National Institutes of Health. All animal procedures were reviewed and approved by the MD Anderson Cancer Center Animal Care and Use Committee.

To analyze the role of mast cells in UV-induced immune suppression, we reconstituted mast cell-deficient mice with BMMCs as described previously (29). Bone marrow cells were isolated from the femurs and tibias of 6- to 8-wk-old C57BL/6, PGE<sub>2</sub>−/− <sup>1</sup>, or IL-10<sup>−/−</sup> mice, and then cultured at a concentration of 10<sup>5</sup> cells/ml in complete RPMI 1640 supplemented with murine recombinant IL-3 (10 ng/ml); PeproTech, Rocky Hill, NJ) and stem cell factor (10 ng/ml; PeproTech). Nonadherent cells were transferred to fresh culture medium twice a week for 4 to 6 wk, at which point >98% of viable cells were mast cells as verified by flow cytometry (CD117<sup>+</sup>, FcR<sup>+</sup>). A total of 1 x 10<sup>5</sup> BMMCs were injected into eight sites underlaying the dorsal skin of mast cell-deficient mice. Six weeks later, the mice were exposed to UV radiation.

**UV exposure and immunization**

The shaved backs of the mice were exposed to an immunosuppressive dose of UV radiation (15 kJ/m<sup>2</sup> UVB; 290 to 320 nm) supplied by a 1000W maxisorp plates (Thermo Fisher Scientific, Waltham, MA) were coated overnight with 1 μg/ml KLH in coating buffer, blocked with blocking buffer, and incubated with sera serially diluted in blocking buffer. For detection, HRP-conjugated Ab specific for mouse IgG (Serotec, Raleigh, NC) was used. Signals were developed using substrate reagent, ended with 3,5-dimethoxy-4-hydroxyacetophenone for 5 d. Twelve hours after last injection, mice were UV-irradiated and immunized as described earlier.

**ELISA**

Maxisorp plates (Thermo Fisher Scientific, Waltham, MA) were coated with 1 μg/ml KLH in coating buffer, blocked with blocking buffer, and incubated with sera serially diluted in blocking buffer. For detection, HRP-conjugated Ab specific for mouse IgG (Serotec, Raleigh, NC) was used. Signals were developed using substrate reagent, ended with stop solution, and recorded at 450 nm using a microplate reader. All solutions were from BD Bioscience (San Jose, CA).

**Flow cytometry**

Single-cell suspensions of lymph nodes were prepared by gentle mechanical disruption. Cells were suspended in PBS supplemented with 2% FBS and stained with the appropriate Ab. To detect Th cells, we stained cells with anti-CD4 (eBioscience, San Diego, CA), CD44 (eBioscience), BTLA (eBioscience), and biotin-CCR5 (BD Bioscience), followed by allophycocyanin-streptavidin (BD Bioscience). GC B cells were labeled with CD19 (eBioscience), IgD (BD Bioscience), and PNA (Vector Laboratories, Burlingame, CA). Staining was measured with a FACScalibur flow cytometer (BD Biosciences) and analyzed with FlowJo software (Tree Star, Ashland, OR).

**Quantitative real-time PCR**

Total RNA was extracted with TRIzol (Invitrogen, Carlsbad, CA) from sorted CD4<sup>+</sup> CD44<sup>+</sup> cells and further purified by treating with RNase-free DNA cleanup protocol (Qiagen, Germantown, MD). cDNA was reverse transcribed from total RNA using a high-capacity cDNA reverse transcription kit (Applied Biosystems, Carlsbad, CA). Twenty-five nanograms cDNA was subjected to quantitative real-time PCR using a sequence detection kit (Model ABI Prism 7500) and target mixes for IL-21, BCL-6, BLIMP-1, and β-actin (TaqMan Gene Expression Assay Kit, Applied Biosystems). Cycle threshold (<i>Ct</i>) values for IL-21, BCL-6, or BLIMP-1 were normalized to β-actin, as described previously (29), using the following equation: (1.8<sup>β-actin</sup>− <i>Ct</i><sub>β-actin</sub>)/(1.8<sup>β-actin</sup>− <i>Ct</i><sub>target</sub>) × 10<sup>1000</sup>, where <i>Ct</i>β-actin is the C<sub>T</sub> of each actin control, BCL6 is the C<sub>T</sub> of BCL-6, BLIMP-1 is the C<sub>T</sub> of BLIMP-1, and 1000 is an arbitrary factor to bring all values to &lt;1.

**Immunofluorescence analysis**

Lymph nodes were collected and immediately frozen in OCT tissue-freezing medium. Sections were cut to 5 μm thickness on a cryostat. Sections were stained with the following Abs: IgD (BD Bioscience), BCL-6 (Santa Cruz Biotechnology, Santa Cruz, CA), mast cell tryptase (Santa Cruz), IL-10 (Abcam, Cambridge, MA), goat IgG Alexa 488 (Invitrogen), rat IgG-Alea 350 (Invitrogen), rabbit IgG-Alexa 594 (Invitrogen), biotinylated PNA (Vector Laboratories), and streptavidin-Alexa 594 (Invitrogen). Slides were mounted with Prolong Gold (Invitrogen). Images were obtained with an Olympus DP70 microscope (Olympus, Melville, NY).

**Statistical analysis**

Statistical difference between the control group and experimental groups was determined using a one-way ANOVA followed by Bonferroni’s multiple-comparison test (GraphPad Prism Software V4; GraphPad, San Diego, CA). Representative experiments are shown; each experiment was repeated independently at least three times. .

**Results**

**UV radiation blocks GC formation and Ab production**

Although it is known that UV exposure can suppress Ab formation (18–21), little is known about the mechanisms involved, so we first determined whether UV exposure was able to suppress GC formation. C57BL/6 mice were exposed to a UV dose that suppressed Ag-stimulated delayed type hypersensitivity (15 kJ/m<sup>2</sup>), immunized with DNP-KLH, and 14 d postimmunization, GC formation was examined. We noted a decrease in GC formation as evidenced by a lack of PNA staining in the lymph nodes of mice exposed to UV and immunized with Ag (Fig. 1A). The fraction of PNA<sup>+</sup> CD19<sup>+</sup> IgD<sup>+</sup> cells in the lymph nodes of UV-irradiated and immunized mice was reduced when compared with what was found in nonirradiated but immunized control mice (Fig. 1B). GC formation was decreased when mice were immunized as early as 2 d post-UV irradiation (Fig. 1C; <i>p</i> < 0.001, UV + Ag versus Ag only). The suppression of GC formation correlated with a diminished production of Ag-specific IgG1 (Fig. 1D), which was the only IgG subclass detected in the serum of DNP-KLH–immunized mice (Supplemental Fig. 1). These results indicate that GC formation is suppressed by UV exposure. GC formation in mast cell-deficient mice are unaffected by UV radiation

Because of the growing evidence for the role of mast cells in regulating adaptive immune responses, we asked whether mast cells could be involved in UV-induced suppression of GC formation. A group of mice was pretreated with cromolyn, which prevents mast cell degranulation (34), daily for the 5 d before UV exposure. UV exposure suppressed Ag-specific IgG1 formation, and cromolyn treatment reversed this effect (Fig. 2A). To confirm this finding, we exposed mast cell-deficient mice (Kit<sup>W-sh/W-sh</sup>) to UV radiation...
and then immunized them with DNP-KLH. Immunizing the mast cell-deficient mice resulted in Ab formation, and prior UV exposure did not suppress Ab formation in mast cell-deficient mice (Fig. 2B). Nor did we see any suppression of GC formation (Fig. 2C) or any depression of CD19+PNA+IgD2 cell numbers when mast cell-deficient mice were exposed to UV and then immunized with Ag (Fig. 2D). These data indicate that mast cells regulate Ab production and GC formation.

UV exposure suppresses T follicular cell generation

Tfh cells are essential for GC formation (5). Next, we evaluated the effect of UV radiation on Tfh cell generation. Mice were exposed to UV and immunized with Ag. Seven days later, the inguinal lymph nodes were removed and a single-cell suspension was prepared. We gated on the CD4+ CD44+ cells and used expression of CXCR5 and BTLA to identify Tfh cells (Fig. 3A). As expected, we saw an upregulation of Tfh cells in the lymph nodes of immunized mice (Ag only) compared with the nonimmunized controls (no Ag). Prior UV exposure suppressed the Ag-induced upregulation of CXCR5+ and BTLA+ on CD4+ CD44+ cells (Fig. 3B,3C).

IL-21 acts in an autocrine fashion promoting Tfh cell survival or activation, or both (12, 13). We next tested whether UV radiation could alter IL-21 expression by the CD4+ CD44+ cells. Lymph nodes were removed from UV-irradiated Ag-immunized mice or from unirradiated Ag-immunized control mice. The CD4+ CD44+ cells were then isolated by cell sorting. Prior UV exposure resulted

FIGURE 1. GC formation is blocked by UV exposure. C57BL/6 mice were exposed to UV, and 3 d later were immunized with DNP-KLH. Fourteen days after immunization, draining lymph nodes were collected and analyzed for GC formation. A, Representative immunofluorescence image from lymph node sections stained with anti-IgD (blue) and PNA (red). Original magnification ×100. Scale bar, 200 μm. B, Representative flow cytometric dot plot of IgD−PNA+GC B cells gated on total CD19+. C, Mice were immunized at different days after UV exposure, and GC B cells were analyzed at day 14 by flow cytometry. Data are expressed as mean ± SEM. n = 3 mice/group. *p < 0.001 versus Ag only. D, Mice were bled 28 d postimmunization, and KLH-specific IgG1 was measured by ELISA. The data are expressed as means ± SEM. n = 5 mice/group. *p < 0.05 compared with mice immunized with DNP-KLH. Representative experiments are shown; each experiment was repeated independently at least three times.

FIGURE 2. Mast cell-deficient mice are resistant to UV-induced suppression of GC formation. A, C57BL/6 mice received five daily injections of cromolyn (10 mg/kg i.p.) and then were exposed to UV radiation. Three days later, they were immunized; 28 d later, serum levels of anti-KLH IgG1 were measured. Data are expressed as means ± SEM. n = 5 mice/group. B, Mast cell-deficient KitW-sh/W-sh mice were UV-irradiated and immunized 3 d later. IgG1 specific for KLH was evaluated 28 d after immunization. The graph shows means ± SEM. n = 5 mice/group. C, KitW-sh/W-sh mice were exposed to UV and 3 d later were immunized with DNP-KLH. Fourteen days after immunization, draining lymph nodes were collected and analyzed for GC formation. A representative immunofluorescence image from lymph node sections stained with anti-IgD (blue) and PNA (red) is shown. Original magnification ×100. Scale bar, 200 μm. D, Mice were immunized 3 d after UV exposure and GC B cells analyzed 14 d later by flow cytometry. E, Flow cytometric dot plot of IgD−PNA+GC B cells gated on total CD19+ from mast cell-deficient mice. Representative experiments are shown; each experiment was repeated independently at least three times.
were measured, we observed suppression of IL-21 expression when CD4 cells were stimulated with DNP-KLH in vitro, and IL-21 mRNA levels were measured. We observed no difference in the number of proliferating CD4 cells (Supplemental Fig. 2A). 2

A

B

C

D

E

FIGURE 3. UV exposure inhibits Tfh cell generation. A, Gating strategy for detection of Tfh cells. B, C57BL/6 mice were immunized 3 d after UV exposure, and Tfh cells were analyzed 7 d later by flow cytometry. *p < 0.05 compared with mice immunized with DNP-KLH (Ag only). C, Representative flow cytometric dot plot of CXCR5+ BTLA+ Tfh cell gated on total CD4+ CD44+ cells. D, mRNA IL-21 expression on sorted CD4+CD44+ cells. E, Ratio of BCL-6/BLIMP-1 by CD4+ CD44+ cells. Data are expressed as means ± SEM. n = 5 mice/group. *p < 0.001 compared with Ag only controls. Representative experiments are shown; each experiment was repeated independently at least three times.

in close to 50% reduction in IL-21 expression compared with what was found in the control mice (Fig. 3D; p < 0.001, Ag only versus UV + Ag). The transcription factor BCL-6 is the master regulator for Tfh cell differentiation (9), whereas BLIMP-1 antagonizes Tfh cell differentiation (10). To determine whether UV radiation altered the relation between these transcription factors, CD4+ CD44+ cells were isolated by cell sorting, and the expression of BCL-6 and BLIMP-1 was evaluated by quantitative PCR. Immunization resulted in approximately a 4-fold increase in the BCL-6/BLIMP1 ratio compared with the expression found in cells isolated from nonimmunized mice. When the BCL-6/BLIMP1 ratio on CD4+ CD44+ cells found in the lymph nodes of UV-irradiated immunized mice was examined, a significant reduction was observed when compared with the control group (Fig. 3E; p < 0.001, Ag only versus UV + Ag). Thus, UV exposure suppresses the activation of Tfh cells in the lymph node, by affecting relative expression of BCL-6 and BLIMP-1.

It is not clear whether the reduction in Tfh cell function results from a generalized suppression of CD4 cell function or an Ag-specific event. To address this concern, we isolated cells from normal KLH-DNP–immunized mice, mice exposed to UV and immunized with DNP-KLH, and cells from mice exposed to UV but not immunized. The cells were then stimulated with anti-CD3/anti-CD28 in vitro, and their proliferation and IFN-γ production was measured. We observed no difference in the number of proliferating CD4 cells (Supplemental Fig. 2A, 2B) regardless of in vivo treatment, nor was any difference in IFN-γ production noted (Supplemental Fig. 2C). However, when the CD4+ cells were stimulated with DNP-KLH in vitro, and IL-21 mRNA levels were measured, we observed suppression of IL-21 expression only in cells isolated from UV-irradiated mice (Supplemental Fig. 2D). Thus, these findings, which agree with the majority of reports characterizing UV-induced immune suppression (35), indicate that the UV-induced suppression of Tfh cell function reflects an Ag-specific event, and not a generalized suppression of CD4 function.

Mast cell-deficient mice are resistant to UV-induced suppression of Tfh cell generation

Next we asked whether the generation of Tfh cells is altered in mast cell-deficient mice. First, we observed that the expression of CXCR5+ and BTLA+ on CD4+ CD44+ cells was similar in UV-irradiated and nonirradiated mast cell-deficient mice (Fig. 4A, 4B). Similarly, sorted CD4+ CD44+ cells from both groups of mice expressed almost identical levels of IL-21 mRNA (p > 0.05, Ag only versus UV + Ag; Fig. 4C). Finally, CD4+ CD44+ sorted cells from both groups showed similar BCL-6/BLIMP-1 ratios (Fig. 4D; p > 0.05, Ag only versus UV + Ag). These results indicate that Tfh cells are generated in mast cell-deficient mice and are unaffected by prior UV exposure.

IL-10 produced by mast cells is critical for UV-induced suppression of GC formation

The immunoregulatory cytokine IL-10 plays a critical role in UV-induced immune suppression (22). We detected IL-10–producing mast cells 24 h after UV exposure in the inguinal lymph nodes that drained the UV-irradiated dorsal skin, but not in non-skin draining popliteal lymph nodes (Supplemental Fig. 3). We then asked
whether mast cell-derived IL-10 is mediating UV-induced suppression of humoral immunity. Mast cell-deficient mice that were reconstituted by injecting BMMCs from either wild type or IL-10–deficient animals into the skin showed a similar mast cell density in the reconstituted area when compared with the density of mast cells found in wild type mice (Supplemental Fig. 4A). In the absence of UV exposure, reconstituting KitW-sh/W-sh mice with normal or IL-10–deficient BMMCs did not affect Ab production or Tfh cell generation (Supplemental Fig. 4B, 4C). When mast cell-deficient mice were reconstituted with normal BMMCs and then UV-irradiated, a significant reduction in IL-21 mRNA expression by CD4+ CD44+ cells was observed (Fig. 5A; *p < 0.05, UV + BMMC B6 versus Ag only). These cells also expressed a diminished BCL-6/BLIMP-1 ratio compared with cells isolated from the nonirradiated immunized control mice (Fig. 5B; *p < 0.001, UV + BMMC B6 versus Ag only) and exhibited a decreased expression of CXCR5 and BTLA on CD4+ CD44+ cells (Fig. 5C). In contrast, IL-21 expression (Fig. 5A), the BCL-6/BLIMP-1 ratio (Fig. 5B), and the numbers of Tfh cells (Fig. 5C) were not suppressed in UV-irradiated mast cell-deficient mice reconstituted with IL-10−/− BMMCs (*p > 0.05 versus Ag only control). Similarly, the numbers of Tfh cells were unaltered in mice reconstituted with IL-10−/− BMMCs, compared with the positive control (Ag only; Fig. 5D). We also found no suppression of GC formation when IL-10–deficient BMMC reconstituted mice were exposed to UV radiation (Fig. 5E). Similarly, no suppression of Ab production was observed when IL-10−/− BMMCs were used to reconstitute UV-irradiated mast cell-deficient mice (Fig. 5E). As a control, another group of mast cell-deficient mice was reconstituted with BMMCs isolated from PG endoperoxidase synthase 2-deficient (PGE2−/−) animals. GC formation and Tfh cell activation in these mice was suppressed by prior UV exposure, indicating that mast cell-derived PGE2 is not involved in suppressing GC formation (Supplemental Fig. 5). Taken as a whole, these results indicate that mast cells can suppress humoral immunity. Furthermore, they indicate that mast cell-derived IL-10 is responsible for suppressing GC formation, Tfh cell activation, and Ab production in vivo.

**Discussion**

In these experiments, we used the environmentally relevant carcinogen UV radiation to activate immune suppression. The immunosuppressive properties of UV radiation first became evident in experiments studying the immunobiology of UV-induced skin cancers (36). Since that time, the immunosuppressive properties of UV radiation have been confirmed many times, in both mice and humans (35). Most of the studies using UV as an immunosuppressive agent have examined its effects on cell-mediated immunity (35). Although it is also known that UV exposure suppresses humoral immunity (18–20), little is understood about the mechanisms involved. Recent studies have shown that Tfh cells are the cru-

**FIGURE 5.** Mast cell-derived IL-10 is crucial for UV-induced humoral immune suppression. Mast cell-deficient mice or mast cell-deficient mice reconstituted with wild type (B6) or IL-10−/− BMMCs were exposed to UV and immunized with Ag. Lymph node CD4+ CD44+ cells were isolated by cell sorting 7 d postimmunization (A) IL-21 mRNA expression by CD4+ CD44+ cells. *p < 0.05 versus mast cell-deficient mice immunized with DNP-KLH (Ag only). B, Ratio of BCL-6/BLIMP-1 expression by CD4+ CD44+ cells. *p < 0.001 versus mast cell-deficient mice immunized with DNP-KLH (Ag only). C, Mast cell-deficient mice and BMMC reconstituted mice were exposed to UV, and 3 d later were immunized with Ag. Tfh cells were analyzed 7 d later by flow cytometry. *p < 0.05 versus mast cell-deficient mice immunized with DNP-KLH (Ag only). D, Representative flow cytometric dot plot of CXCR5+ BTLA+ Tfh cells gated on total CD4+ CD44+. E, Representative immunofluorescence image from lymph node sections stained with anti-IgD (green) and BCL-6 (red). Original magnification ×100. Scale bar, 200 μm. F, Mice were bled 28 d postimmunization, and KLH-specific IgG1 was measured by ELISA. Data are expressed as means ± SEM. n = 5 mice/group. *p < 0.05 compared with nonirradiated immunized (Ag only) mice. Representative experiments are shown; each experiment was repeated independently at least three times.
cial cells that provide costimulatory signals and cytokines necessary for B cell activation, GC formation, and Ab production (37). In this report, we provide evidence that UV radiation suppresses Ab production by inhibiting GC development as early as 48 h post-irradiation. Furthermore, we observed a decreased fraction of CXCR5+ CD4+ cells and decreased production of IL-21 by activated T cells isolated from UV-exposed mice. We hypothesize that the reduction in Tfh cell number is due to decreased levels of IL-21, which works in an autocrine manner to promote Tfh cell activation and the help necessary for GC formation and Ab production (13). However, because many other cells types in addition to Tfh produce IL-21 (37), we could not rely solely on IL-21 as an indicator of Tfh cell activation. The recent identification of BCL-6 as the master transcription factor (9) and BLIMP-1 as the repressor of Tfh cell differentiation (10) allowed us to more precisely identify the effect of UV exposure on Tfh cell activation. Our results show that CD4+ CD44+ cells from UV-irradiated Ag-immunized mice had a depressed BCL-6/BLIMP-1 ratio compared with what was observed with cells from nonirradiated immunized control mice, indicating that UV radiation targets Tfh cell generation.

We also demonstrated that mast cells, and mast cell-derived IL-10, play a role in suppressing Tfh cell generation, IL-21 expression, GC formation, and Ab production. These findings add to the appreciation of the important role IL-10 plays in UV-induced immune suppression and UV-induced skin cancer formation (35). How mast cells alter T activation in the lymph node is not completely understood. Others have suggested that activated mast cells can act as APCs, form an immunological synapse with T cells, and directly affect their activation (38). Evidence also exists indicating that cytokines produced by activated mast cells (IL-4) can induce Th2 differentiation (39). Our studies further support the important role that mast cell-derived cytokines play in immune regulation by demonstrating that mast cell-derived IL-10 is the critical immuno-suppressive factor that blocks Tfh cell generation, GC formation, and Ab production.

Although it is well-known that UV radiation only is absorbed in the top layers of the skin, it can clearly effect GC formation in skin-draining lymph nodes. The data presented in this study support the concept that dermal mast cells transmit the immunosuppressive signal from the skin to the lymph nodes, although the exact mechanism is not entirely clear. Two potential mechanisms may be involved. Previously, we reported that UV triggers mast cell migration from the skin to the lymph node, and agents to block mast cell migration (i.e., CXCR4 antagonists) block the induction of immune suppression (29). We suggest that dermal mast cells are triggered by UV exposure to leave the skin and migrate to the draining lymph nodes, where they release IL-10 and suppress GC formation. Another mechanism that activated mast cells can use to deliver immune regulatory signals from the skin to distant lymph nodes is via the release of small, spherical, cytokine-containing, heparin-based particles. Kunder and colleagues (40) recently presented data demonstrating that these microparticles can enter lymphatic vessels, migrate to draining lymph nodes, and release bioactive TNF. It is possible that UV-activated dermal mast cells release IL-10–containing heparin granules, which enter the lymphatics, migrate to the draining lymph nodes, and suppress Tfh cell function.

Although the results presented in this study indicate that mast cells suppress Ab formation, it should be pointed out that a report by McLachlan and colleagues (41) indicates that mast cells can also serve as adjuvants for Ab formation. Their data indicate that administration of mast cell activators with Ag induces mast cells to secrete TNF, which promotes the migration of dendritic cells to the lymph nodes and enhances Ab production. The critical difference between their findings and the data presented in this study appears to be the agents that are used to activate the mast cell. McLachlan et al. (41) used compound 48/80, a classic mast cell activator, to induce TNF release and promote the immune response. When we reconstituted mast cell-deficient mice with normal BMMCs and simply immunized the animals, we saw no effect, positive or negative, on Ab formation (Supplemental Fig. 4). However, when we exposed mice to a classic immunosuppressive agent, UV radiation, the mast cells were activated to release IL-10 and suppress Tfh cell function. These observations support the idea that mast cells are “tunable” regulatory cells; that is, depending on the environment and the signals they receive, they can either promote or suppress the immune response (42).

In conclusion, our results show, to our knowledge, a new function for mast cells. We find that mast cells suppress Tfh cell generation, the formation of GCs, and Ab production via the production of IL-10. These findings support the growing appreciation of mast cells as immunoregulatory elements. We suggest that mast cells, in addition to blocking classic cell-mediated immune reactions (i.e., delayed-type hypersensitivity) (27, 29, 30), also regulate humoral immune reactions by negatively affecting Tfh cell function.

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Disclosures
The authors have no financial conflicts of interest.

References


**Supplemental Figure 1.** IgG1 is the main IgG subclass produced in immunized mice. C57BL/6 mice were immunized with 100 μg of DNP-KLH and bled 28 days later. KLH specific Ab was detected by ELISA.

**Supplemental Figure 2.** UV-induced immune suppression is antigen specific. (a) CFSE-labeled lymph node cells from immunized mice that were exposed to UV (UV + AG) or not (AG) were stimulated in vitro for 72 h with anti-CD3 and anti-CD28. (b) Percentage of proliferating CD4+ cells. CD4+ cells were isolated from normal mice (No immunization); mice immunized
with DNP-KLH (DNP); mice exposed to UV and immunized with DNP-KLH (UV + DNP) or mice exposed to UV and not immunized (UV only). The cells were cultured with anti-CD3 and anti-CD28 for 72 h and the percentage of proliferating CD4 cells was determined by flow cytometry. (c) IFN-γ production was measured 72 h after stimulation with anti-CD3 and anti-CD28 (d) CD4+ cells were sorted and IL-21mRNA levels were measured by real time PCR.

Supplemental Figure 3. IL-10 secreting mast cells are found in skin draining but not distant lymph nodes following UV radiation. Sections from inguinal and popliteal lymph nodes were obtained from normal and UV-irradiated (dorsal skin) mice. IL-10 (red) and mouse mast cell tryptase-6 (mmCP-6; green) was measured by immunofluorescence. Arrowheads show tryptase positive cells. Double positive cells (yellow) were only detected in skin draining lymph nodes.

Supplemental Figure 4. Reconstituting mast cell deficient mice with BMMC, in the absence of UV radiation, does not affect antibody production. (a) Mast cell deficient KitW-
sh/W-sh mice were injected interdermally with BMCC isolated from C57Bl/6 mice (B6), IL-10 deficient mice (IL-10⁻/⁻) or prostaglandin-E₂-deficient mice (PGE₂⁻/⁻). 6 weeks after reconstitution mast cell density in the skin was determined by toluidine blue staining and compared to the density found in normal wild type (WT) mice. (b) Mice were bled 28 days post immunization and KLH-specific IgG1 was measured by ELISA. The data are expressed as means ± SEM, N = 5 mice/group. (c) Flow cytometric dot plot of CXCR5+ BTLA+ Tfh, gated on total CD4+ CD44+. Representative experiments are shown; each experiment was repeated independently at least three times.

Supplemental Figure 5. Mast cell derived PGE₂ is not necessary for UV-induced suppression. Mast cell deficient mice, or mast cell deficient mice reconstituted with PGE₂ BMCC were exposed to UV radiation and then immunized with antigen. (a) Representative immunofluorescence image from lymph nodes sections stained with anti-IgD (green) and BCL-6 (red), bar = 200 μm. (b) IL-21 mRNA expression by sorted CD4+CD44+ cells taken from skin draining lymph nodes 7 days post immunization. * P < 0.05 vs. mast cell deficient mice immunized with DNP-KLH (Ag only). (c) Ratio of BCL-6/BLIMP-1 expression by sorted CD4+CD44+ cells. *P <0.001 vs. mast cell deficient mice immunized with DNP-KLH (Ag only). The data are expressed as means ± SEM, N = 5 mice/group. * P < 0.05 compared to non-irradiated immunized mice (Ag only).