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Metabolic Reprogramming Is Required for Antibody Production That Is Suppressed in Anergic but Exaggerated in Chronically BAFF-Exposed B Cells

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B cell activation leads to proliferation and Ab production that can protect from pathogens or promote autoimmunity. Regulation of cell metabolism is essential to support the demands of lymphocyte growth and effector function and may regulate tolerance. In this study, we tested the regulation and role of glucose uptake and metabolism in the proliferation and Ab production of control, anergic, and autoimmune-prone B cells. Control B cells had a balanced increase in lactate production and oxygen consumption following activation, with proportionally increased glucose transporter Glut1 expression and mitochondrial mass upon either LPS or BCR stimulation. This contrasted with metabolic reprogramming of T cells, which had lower glycolytic flux when resting but disproportionately increased this pathway upon activation. Importantly, tolerance greatly affected B cell metabolic reprogramming. Anergic B cells remained metabolically quiescent, with only a modest increase in glycolysis and oxygen consumption with LPS stimulation. B cells chronically stimulated with elevated BAFF, however, rapidly increased glycolysis and Ab production upon stimulation. Induction of glycolysis was critical for Ab production, as glycolytic inhibition with the pyruvate dehydrogenase kinase inhibitor dichloroacetate sharply suppressed B cell proliferation and Ab secretion in vitro and in vivo. Furthermore, B cell–specific deletion of Glut1 led to reduced B cell numbers and impaired Ab production in vivo. Together, these data show that activated B cells require Glut1-dependent metabolic reprogramming to support proliferation and Ab production that is distinct from T cells and that this glycolytic reprogramming is regulated in tolerance.

Proper regulation of lymphocyte function is critical to allow normal immune responses while preventing autoimmunity or immunodeficiency. Lymphocyte metabolism is now appreciated to play a key role in cellular function and homeostasis (1). In T lymphocytes, activation through the TCR along with CD28-precipitated activation to a larger basal cell size and hyperactivation of transgenic T cells with elevated IL-2 and IFN-γ production and more rapid proliferation when stimulated (3). Over time, T cell–specific Glut1 transgenic animals developed lymphadenopathy and splenomegaly, with hyper-γ-globulinemia and glomerular immune complex and metabolism (2, 3). Simultaneously, glutamine oxidation increases and β-oxidation of fatty acids decreases (4, 5). Overall, glycolysis becomes predominant over oxidative metabolism in activated T cells, leading to a reliance on aerobic glycolysis and glutaminolysis in a metabolic phenotype that resembles that of cancer cells (4, 6). Stimulated dendritic cells and inflammatory macrophages induced similar metabolic programs (7, 8). Metabolic reprogramming in T cells is mediated through the induction of cMyc (5), a well-described regulator of glycolysis, glutaminolysis, and cell growth, together with the PI3K/Akt pathway (2). As in T cells, the PI3K/Akt pathway can increase B cell expression of Glut1 and metabolism upon antigenic stimulation (9, 10). There can be significant metabolic heterogeneity in distinct lymphocyte subsets (11), and it is now of significant interest to establish mechanisms of metabolic reprogramming to better understand lymphocyte physiology and identify metabolic targets that could be exploited to treat disease. However, the metabolic phenotype of stimulated B cells and the requirements for Ab production are poorly understood.

Metabolic reprogramming to induce glycolysis may dictate the inflammatory potential of activated lymphocytes. Glucose deprivation (3, 12, 13), or treatment with the glycolytic inhibitor, 2-deoxyglucose (2-DG) (5, 14, 15), suppresses T cell activation, proliferation, and production of IFN-γ. In contrast, increased glucose uptake can enhance T cell function. Transgenic expression of Glut1 increased glucose uptake and metabolism in T cells and led to a larger basal cell size and hyperactivation of transgenic T cells with elevated IL-2 and IFN-γ production and more rapid proliferation when stimulated (3). Over time, T cell–specific Glut1 transgenic animals developed lymphadenopathy and splenomegaly, with hyper-γ-globulinemia and glomerular immune complex...
deposition at 1 y of age (3, 16), demonstrating increased glucose metabolism can enhance lymphocyte function.

Metabolic reprogramming to support lymphocyte activation, however, is not uniform, and distinct stimuli promote metabolic pathways to match the needs of specific cell functions. Depending on the cytokine environment, activated CD4 T cells differentiate into inflammatory effectors, such as Th1 and Th17 cells, or immunologic suppressors, T regulatory cells (17). Th1 and Th17 CD4 T cells express high levels of Glut1 and depend on glycolytic flux (16, 18, 19). T regulatory cells, however, have lower levels of Glut1 expression and instead rely on mitochondrial metabolism and lipid oxidation (16, 19). Macrophage M1 and M2 subsets follow a similar pattern, with inflammatory M1 macrophages being predominantly glycolytic, whereas anti-inflammatory M2 macrophages use lipid oxidation (7, 20). Metabolic reprogramming of activated effector T cells to favor glycolysis and lactate production is then reversed back to an oxidative phenotype at the conclusion of an immune response, with memory CD8 lymphocytes decreasing glycolysis and instead relying on lipid oxidation (21, 22). Similar to the reduced glycolysis of anergic (23) or memory T cells (22), B cell activation can fail to induce glycolysis if FcyRIIB is coligated (9). Tolerance-inducing and immune-suppressive mechanisms can, therefore, prevent or modify metabolic reprogramming.

B cell tolerance mechanisms are well defined and include apoptosis, receptor editing, and the induction of anergy (24). However, these tolerance mechanisms can be prevented or overridden by chronic cytokine stimulation to promote autoimmunity, such as can occur in systemic lupus erythematosus (SLE). For example, increased levels of the cytokine BAFF are associated with SLE (25, 26), and transgenic BAFF overexpression to chronically expose B cells to elevated levels of BAFF leads to a spontaneous SLE-like disease in mice (27, 28). Importantly, BAFF can activate the PI3K/Akt signaling pathway (29) and promote glucose utilization in B cells (30). BAFF inhibition is a promising new biologic therapy in SLE (25), yet the impact of chronic BAFF exposure on B cell metabolism and roles of altered cellular metabolism in autoimmunity are uncertain.

Lymphocyte metabolism may provide a new opportunity to modulate immunity and inflammatory disease. In this study, we examine the regulation of B cell metabolism upon activation and the metabolic effects of anergy or chronic BAFF stimulation and autoimmunity. Surprisingly, we show that B cells are metabolically distinct from T cells and do not switch to predominantly favor glycolysis but instead increase metabolism in a balanced fashion. Anergy and chronic BAFF overexposure led to broad and opposing changes in B cell metabolic capacity, with anergy-suppressing and chronic BAFF overexposure enhancing cell metabolism. In particular, B cells from BAFF transgenic mice were primed to rapidly increase glycolysis upon stimulation. These changes were critical for B cell function, as inhibition of glycolysis or B cell–specific deletion of Glut1 suppressed Ab production in vivo. Therefore, B cells rely on Glut1, and targeting B cell metabolic regulation and glycolytic pathways may provide a new tool to prevent B cell proliferation and autoimmune production.

Materials and Methods

Mice

C57BL/6, RAG1−/−, Hif1a−/−, MD4 ML5, and CD19-Cre transgenic mice were obtained from The Jackson Laboratory. BAFF transgenic mice that express full-length BAFF driven by the myeloid cell–specific CD68 promoter (founder MB21) were provided by D. Nemazee (Scipps Research Institute) (31). Myc−/− mice (provided by F. Alt, Harvard) (32) were backcrossed six generations onto the C57BL/6 background. Both Myc−/− and Hif1a−/− were crossed with ROSA26CreERT2 (33). Glut1−/− mice (34) were crossed to CD19-Cre transgenics. The acute deletion of Myc or hypoxia-inducible factor-1 (HIF1a) was achieved through in vivo delivery of tamoxifen (1 mg/mouse, i.p.) 3 d before B cell isolation. Some animals were treated with dichloroacetate (DCA; 2 g/L in drinking water changed twice each week). For bone marrow reconstitution, RAG1−/− mice were lethally irradiated with two doses of 4.5 Gy and provided wild-type bone marrow by tail vein injection. Sex-matched 7- to 12-wk-old mice were used throughout. Mice were housed and cared for at Duke University School of Medicine, Children’s Hospital at Duke University, and St. Jude Children’s Research Hospital under Institutional Animal Care and Use Committee-approved protocols. Human B cells were isolated from healthy donor peripheral blood (Gulf Coast Regional Blood Center).

Cell isolation and reagents

Splenific naïve B or T cells or human peripheral blood B cells were isolated by magnetic bead negative selection (purity was typically >90%; Miltenyi Biotec) and cultured in RPMI 1640 (Mediatech) supplemented with 10% FBS (Invitrogen Bio-Products), HEPES, and 2-ME. B cells were stimulated with 10 μg/mL LPS (Sigma-Aldrich), 20 μg/mL F(ab′)2 anti-IgM (Jackson ImmunoResearch Laboratories), or CpG oligodeoxynucleotide (ODN) (InvivoGen; catalogue ODN-2006). T cells were treated in plates coated with 10 μg/mL CD3 and CD28 (eBioscience). Unstimulated B cells were maintained in 20 ng/mL BAFF (R&D Systems) to maintain in vitro viability. Some cultures were treated as indicated with 2-DG (0.5 mM; Sigma-Aldrich), 10 mM DCA (VWR), or low-dose rotenone (80 nM; Seahorse Bioscience).

Flow cytometric analysis and Abs

Cytometry analysis was performed with a MACSQuant Analyzer (Miltenyi Biotec) and analyzed with FlowJo software (Tree Star). Anti-mouse CD19 allophycocyanin, CD69 PE, IgM FITC, and IgD Vioblue (eBioscience) or anti-human CD69 FITC (Miltenyi Biotec) were used to measure purity and B cell activation. Cells were incubated 30 min with 200 nM Mitotracker Green (Invitrogen) and washed to measure mitochondrial content. Proliferation was analyzed by CFSE staining and flow cytometric measurement of CFSE dilution. Glut1 expression was measured by intracellular flow cytometry of fixed cells using monoclonal anti-Glut1 (Abcam; Ab652) in the presence of rat serum and Fc block, followed by anti-rabbit PE before flow analysis.

Quantitative RT-PCR

RNA was harvested from purified B cells (RNAeasy Plus; Qiagen) ex vivo or following stimulation with anti-IgM or LPS and reverse transcribed (iScript; Bio-Rad) to perform SYBR Green–based (Bio-Rad) quantitative RT-PCR of Glut1 (forward, 5′-AGCCCCTGCTACAGTGTA-3′; reverse, 5′-AGG-GCTCGGCGTCACAT-3′) and cMyC (forward, 5′-CTGTGTTGAAAGCT-GTAACTT-3′; reverse, 5′-CAGCACGCAGACGCCC-3′). Results were normalized to β2-microglobulin (forward, 5′-GAG AAT GGG AAG CCG AAC ATA-3′; reverse, 5′-CTGTAAGGACATATCTGAT-3′).

Western blot

Cells were lysed in a low detergent buffer (1% Triton, 0.1% SDS) for 1 h with protease and phosphatase inhibitors (Sigma-Aldrich). Nucleorepellent membranes were hybridized with anti-phospho S232-PDH-E1 (Millipore; AP1063), total PDH-E1α Abs (Abcam; ab110334), Glut1 rabbit monoclonal (Abcam; ab115730), Glut3 rabbit polyclonal (Abcam; ab15311), actin (Cell Signaling; 4970S), cMyC (Cell Signaling; 179), or Hif1α (Cayman Chemicals; 10006241).

Metabolic assays

Glucose uptake (35), glycolytic flux, hexokinase activity, fatty acid β-oxidation, glycolysis, glutamine oxidation, and pyruvate oxidation were measured, as previously described (5). Briefly, glucose uptake was measured by incorporation of 2-deoxy-d-[14C]glucose. Glycolytic flux was determined by measuring the detritiation of [3H]-glucose. Glucose, glutamine, and pyruvate oxidation were measured by culture of cells in 13C glucose, glutamine, and pyruvate, respectively, to measure production of 13CO2. [1-13C]pyruvate was used to measure lipid oxidation by the production of 13CO2. Oxygen consumption rate (OCR) and extracellular acidification rate (ECAR) were measured with a XF24 extracellular flux analyzer (Seahorse Bioscience). Briefly, 1.4 × 105 stimulated cells/well were seeded in a Cell-Tak (BD Biosciences)–coated plate, and OCR and ECAR measurements were normalized to cell number. Cells were initially plated in XF Seahorse media with glutamine alone when glucose was injected in ECAR tests, or both glucose and glutamine in mitochondrial stress test using the following concentrations of injected compounds, as indicated in the text: oligomycin, 1 μM; rotenone,
0.75 μM; electron transport chain accelerator p-trifluoromethoxy carbonyl cyanide phenyl hydrazone (FCCP), 0.5 μM; antimycin A, 1.5 μM; 2-DG, 20 mM; glucose, 10 mM.

**Immunizations and ELISAs**

Some mice were immunized by i.p. injection with 20 μg OVA coupled to 4-hydroxy-3-nitrophenyl (OVA-NP) in alum. At various time points, serum was collected and examined by ELISA for total anti-NP and NIP25 indicate low and high levels of NIP coupling to BSA and reflect high-affinity anti-NP and total anti-NP responses, respectively.

**Results**

**B cell metabolic reprogramming upon activation**

T cells transition from predominantly oxidative metabolism to aerobic glycolysis upon activation (11). B cells have also been shown to increase glycolysis upon stimulation (9, 10, 30), although the regulation of this process is less characterized. To examine the metabolic regulation of B cells, metabolic parameters of isolated B cells were measured ex vivo or after 6-h stimulation with LPS. At this time point, B cells have not entered the cell cycle (5) and metabolic changes are not due to potential secondary effects of proliferation. Extracellular flux analysis showed that 6 h of LPS was sufficient to significantly increase B cell ECAR in response to glucose compared with that of B cells examined ex vivo (Fig. 1A, 1B). ECAR most likely represents glycolytic flux to lactate production and was further increased to the maximal glycolytic capacity upon addition of the F1/F0 ATPase inhibitor, oligomycin, to suppress mitochondrial ATP production. This increase in lactate was dependent on glucose flux through glycolysis, as ECAR was sharply reduced by the glycolytic inhibitor 2-DG. Glycolytic flux was also measured directly using radiolabeled glucose in an assay that incorporates glucose uptake and glycolytic flux through enolase. In agreement with ECAR, 24 h of LPS treatment significantly increased glycolytic rate (Fig. 1C). Glucose can also be oxidized through the pentose phosphate pathway or the mitochondrial tricarboxylic acid cycle, and LPS stimulation led to a significant increase in glucose oxidation (Fig. 1D).

Oxidative phosphorylation can yield large amounts of ATP and is fueled by glucose, glutamine, or lipid metabolism. Like glycolysis, the OCR of B cells increased following B cell stimulation (Fig. 1E, 1F). Both basal OCR (Fig. 1F, left panel) and maximal respiratory capacity (Fig. 1F, right panel) were significantly elevated after 6 h of LPS stimulation (Fig. 1E, 1F). Maximal respiratory capacity was measured by treating with oligomycin to block ATP production, followed by the uncoupling agent, FCCP, to dissipate proton gradients and allow electron transport and oxygen consumption to operate at maximal rate. This elevated OCR was suppressed by the electron transport inhibitors antimycin A and rotenone, showing that respiration was mitochondrial (Fig. 1E). Similar findings were made using both lymph node and splenic B cells (Supplemental Fig. 1A).

One measurement that reflects the balance of metabolism as primarily oxidative or glycolytic is the ratio of OCR to ECAR. T cell activation leads to a shift in this ratio as cells transition from an oxidative to a predominantly glycolytic metabolism (22, 37). Cancer cells also transition to aerobic glycolysis and have a low ratio of OCR/ECAR (38). Surprisingly, the OCR/ECAR ratio was unchanged in B cells after stimulation with LPS (Fig. 1G). Thus, B cells are distinct and broadly increase both glycolytic and mitochondrial metabolic activity in a balanced fashion after LPS stimulation.

The metabolic phenotype of Ag-stimulated B and T cells was next tested to determine whether B cells maintain balanced glycolytic and oxidative metabolism to this stimuli and compare with T cell activation. Purified B and T cell populations were examined

**FIGURE 1.** B cells undergo broad metabolic reprogramming upon activation. (A and B) Purified B cells were examined after 6 h culture without stimulation (UNS) or with LPS, and ECAR was determined by extracellular flux analysis. (A) Representative plot of ECAR over time of B cells with addition of glucose (10 mM), oligomycin (1 μM), and 2-DG (20 mM), as indicated. (B) Basal glycolysis was determined after addition of glucose, and glycolytic capacity was calculated after addition of oligomycin. (C and D) Purified B cells were cultured 24 h in BAFF (20 ng/ml) to maintain viability (unstimulated [UNS]) or stimulated with LPS, and (C) glycolytic rate and (D) glucose oxidation were directly calculated using radiolabeled glucose. (E and F) Purified B cells were examined after 6-h culture without stimulation (UNS) or with LPS, and OCR was determined by extracellular flux analysis. (E) Representative plot of OCR over time with addition of oligomycin (1 μM), mitochondrial uncoupler FCCP (0.5 μM), and electron transport inhibitors antimycin (1.5 μM) + rotenone (0.75 μM), as indicated. (F) Basal OCR was determined prior to addition of oligomycin, and maximal respiratory capacity was determined by subtracting nonmitochondrial OCR, calculated after antimycin and rotenone injection to maximal OCR upon FCCP uncoupling and maximal electron transport. (G) The ratio of basal OCR/ECAR was determined in purified unstimulated and LPS-treated B cells. Values from 24-h stimulation are normalized to unstimulated cells. (B–D), (F), and (G) show means from three or more independent experiments. Means and SDs are shown, and statistical significance was determined by Student’s t test (*p ≤ 0.05, **p < 0.005). N.S., not significant.
ex vivo or Ag receptor stimulated for 24 h, and several key metabolic differences were observed. First, unstimulated B cells had similar oxygen consumption (OCR; Fig. 2A) but significantly higher rates of glycolysis (ECAR; Fig. 2B) than T cells. Second, whereas B cells increased both OCR and ECAR equivalently after activation, the extent of increase was lower than that observed in T cells. Lastly, Ag-stimulated B cells maintained a balanced OCR/ECAR ratio, whereas activated T cells shifted to a glycolytic metabolism (Fig. 2C). Thus, B cell metabolism is reprogrammed after LPS or Ag receptor stimulation, but B cell metabolism differs from resting or stimulated T cells.

**Glut1 and mitochondrial content**

B cell metabolic reprogramming was balanced and involved proportionally increased expression of both glycolytic and mitochondrial components. One essential pathway to increase glycolysis and glucose metabolism is through increased glucose uptake. Indeed, stimulation of murine B cells through anti-IgM or LPS or human peripheral blood B cells with anti-IgM for 24 h each significantly increased glucose transport when measured by uptake of radio-labeled glucose (Fig. 3A). Glucose uptake is mediated through a family of facilitative glucose transporters that are differentially expressed in cells of distinct lineages and differentiation states. Of these transporters, Glut1 is highly expressed in hematopoietic cells and B cell activation increased Glut1 mRNA (Fig. 3B) and protein (Fig. 3C). In addition, B cell activation led to a rapid overall increase in mitochondrial mass, as evidenced by increased staining with MitoTracker Green within 6 h of stimulation (Fig. 3D). Even with distinct stimulatory signals through TLR4 or the BCR, therefore, B cells initiated similar metabolic reprogramming events that affect both glucose uptake and mitochondria.

**B cell metabolic reprogramming is HIF1α independent yet requires cMyc**

HIF1α and cMyc can induce transcription of metabolic genes involved in cell proliferation, including Glut1 (38). cMyc also plays a key role to promote glutaminolysis and mitochondrial biogenesis that may be important in lymphocyte activation and proliferation. T cell activation has been shown to require cMyc, but not HIF1α, to induce aerobic glycolysis in initial activation (5). Conversely, Th17 T cells require HIF1α (18, 19). We therefore tested the roles of HIF1α and cMyc in B cell metabolic reprogramming following activation. Despite efficient deletion of HIF1α (Supplemental Fig. 1B), wild-type and HIF1α-deficient B cells increased glycolysis equivalently after LPS stimulation (Fig. 4A). Therefore, like T cells (5), metabolic reprogramming in B cell activation does not require HIF1α. B cell activation through anti-IgM or LPS also led to rapid cMyc induction prior to cell cycle entry (Fig. 4B). In contrast to HIF1α and similar to T cells (5), cMyc was essential for activation-induced B cell upregulation of Glut1 (Fig. 4C) and glycolysis (Fig. 4D). Myc-dependent metabolic reprogramming was also evident by extracellular flux analysis, as Myc-deficient B cells failed to increase extracellular acidification rate that reflects glycolytic lactate production (ECAR; Fig. 4E) and mitochondrial oxygen consumption (OCR; Fig. 4F). Glutamine oxidation also increased in B cell activation and was Myc dependent (Fig. 4G). Similar to T cells (5), however, not all metabolic pathways of activated B cells were Myc dependent. B cell stimulation reduced lipid oxidation (Fig. 4H) and increased pyruvate oxidation (Fig. 4I) regardless of cMyc expression. Although additional regulatory pathways also contribute, these data show that cMyc plays a key role in the initial metabolic reprogramming of stimulated B cells.

**Anergic B cells are metabolically suppressed**

Chronic exposure of immature or transitional B cells with self-Ag can lead to the self-tolerance mechanism of anergy, in which lymphocytes become desensitized to stimulation for proliferation and Ab production (39, 40). To what extent desensitized signal transduction events prevent metabolic reprogramming, however, has not been established. The metabolic response of anergic B cells was analyzed in response to LPS and Ag receptor stimulation with anti-IgM. B cells from anti–hen egg lysozyme (MD4) Ig transgenic mice crossed to soluble hen egg lysozyme (ML5) transgenic mice are chronically exposed to self-Ag and rendered anergic (41). Control and MD4 ML5 transgenic B cells were stimulated for 6 h with anti-IgM and analyzed by extracellular flux analysis for ECAR and OCR (Fig. 5A). Control B cells responded to anti-IgM with increased OCR and ECAR basal and maximal capacity. Anti-IgM–stimulated MD4 ML5 transgenic B cells, in contrast, did not increase ECAR or OCR and maintained a metabolic phenotype similar to unstimulated B cells. Six-hour LPS stimulation of anergic MD4 ML5 B cells was sufficient to increase metabolism relative to resting control B cells (Fig. 5B). This increase in basal and maximal OCR and ECAR, however, was only partial, and anergic B cells remained less metabolically active than LPS-stimulated control MD4 B cells.

**B cells chronically exposed to high levels of BAFF have increased metabolic capacity**

Consistent with association with SLE (25–28, 31), B cells from the MB21 line of BAFF transgenic mice have elevated Ab production. Chronic exposure of immature or transitional B cells with self-Ag can lead to the self-tolerance mechanism of anergy, in which lymphocytes become desensitized to stimulation for proliferation and Ab production (39, 40). To what extent desensitized signal transduction events prevent metabolic reprogramming, however, has not been established. The metabolic response of anergic B cells was analyzed in response to LPS and Ag receptor stimulation with anti-IgM. B cells from anti–hen egg lysozyme (MD4) Ig transgenic mice crossed to soluble hen egg lysozyme (ML5) transgenic mice are chronically exposed to self-Ag and rendered anergic (41). Control and MD4 ML5 transgenic B cells were stimulated for 6 h with anti-IgM and analyzed by extracellular flux analysis for ECAR and OCR (Fig. 5A). Control B cells responded to anti-IgM with increased OCR and ECAR basal and maximal capacity. Anti-IgM–stimulated MD4 ML5 transgenic B cells, in contrast, did not increase ECAR or OCR and maintained a metabolic phenotype similar to unstimulated B cells. Six-hour LPS stimulation of anergic MD4 ML5 B cells was sufficient to increase metabolism relative to resting control B cells (Fig. 5B). This increase in basal and maximal OCR and ECAR, however, was only partial, and anergic B cells remained less metabolically active than LPS-stimulated control MD4 B cells.

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**FIGURE 2.** B and T cells are metabolically distinct. (A–C) Purified B and T cells were examined by extracellular flux analysis without stimulation (UNS) or after 24-h stimulation with anti-IgM or anti-CD3 + anti-CD28. (A) OCR, (B) ECAR, and (C) OCR/ECAR were measured by extracellular flux analysis. Data are representative of three independent experiments. Means and SDs are shown, and statistical significance was determined by Student’s t test (*p ≤ 0.05, **p < 0.005). All experiments were repeated two or more times. N.S., not significant.
B cell metabolism regulates Ab production

**Inhibition of pyruvate dehydrogenase kinase suppresses in vivo Ab production**

We next tested the dependence of B cells on glycolytic flux for Ab production in vivo. To examine homeostatic Ab production, RAG1-deficient mice that lack endogenous Abs were lethally irradiated and reconstituted with wild-type bone marrow. Mice were then provided control water or drinking water containing DCA to suppress aerobic glycolysis and instead promote glucose oxidation. DCA also suppressed proliferation and Ab production from human B cells stimulated with the TLR9 ligand, ODN (Fig. 7D, 7E). Because oxygen consumption increased in activated B cells, the dependence of IgM production on mitochondrial electron transport was also tested by treatment with rotenone. Consistent with a primary dependence on glycolysis, rotenone had no effect on IgM secretion (Fig. 7C). Therefore, despite the broad increase in metabolism of activated B cells, glycolysis and the specific conversion of pyruvate to lactate rather than acetyl-CoA appear essential for proliferation and Ab secretion.

**B cells rely on sustained glycolytic flux to proliferate and produce Ab**

The broad upregulation of glucose and mitochondrial metabolic pathways upon B cell activation suggested that B cells have potential metabolic flexibility to withstand loss of specific nutrients. To test whether B cells rely on glucose metabolism, isolated B cells were stimulated in the presence of 2-DG or pyruvate dehydrogenase kinase inhibitor DCA. These inhibitors impair glucose metabolism at distinct steps, as 2-DG prevents glucose entry into glycolysis, whereas DCA blocks PDHK-mediated phosphorylation of pyruvate dehydrogenase (Supplemental Fig. 3A) and promotes pyruvate entry into the tricarboxylic acid cycle rather than conversion to lactate. Although acting at the proximal and distal steps of glycolysis, both 2DG and DCA reduced ECAR (Figs. 1A, 4A, 4B, 5A, Supplemental Fig. 3B). Treatment with a low dose of 2-DG strongly suppressed the proliferation of LPS-stimulated B cells (Fig. 7A). Importantly, LPS-induced secretion of IgG and IgM was curtailed with low-dose 2-DG (Fig. 7B, 7C). Similarly, DCA was nontoxic (Supplemental Fig. 3C) and, despite normal induction of B cell early activation markers (Supplemental Fig. 3D), sharply suppressed B cell proliferation and Ab production (Fig. 7A, 7B). DCA also suppressed proliferation and Ab secretion from human B cells stimulated with the TLR9 ligand, ODN (Fig. 7D, 7E). Because oxygen consumption increased in activated B cells, the dependence of IgM production on mitochondrial electron transport was also tested by treatment with rotenone. Consistent with a primary dependence on glycolysis, rotenone had no effect on IgM secretion (Fig. 7C). Therefore, despite the broad increase in metabolism of activated B cells, glycolysis and the specific conversion of pyruvate to lactate rather than acetyl-CoA appear essential for proliferation and Ab secretion.

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suppressed with DCA treatment after 20 d of reconstitution (Fig. 7G).
After 70 d, however, IgG levels in DCA-treated mice reached normal
levels. The in vivo dependence of Ab production on high rates of
glycolytic flux following acute stimulation was next examined by
immunization in the presence of DCA. Mice were immunized with
NP-OVA and treated with normal or DCA-containing drinking water,
as serum levels were assessed after 15 and 19 d (Fig. 7H).
Importantly, production of NP-reactive anti-NIP Ab (36) was sup-
pressed by DCA treatment.

Glut1 is essential for B cell homeostasis and Ab production
Pharmacologic inhibition of glycolysis suppressed B cell prolif-
eration and Ab production, but the cell-intrinsic dependence of B
cells on glycolysis in vivo was unclear. To directly test the role of
Glucose uptake and glycolysis in B cell function, Glut1fl/fl mice
were crossed to CD19-Cre transgenics to specifically delete Glut1
in B cells. Glut1 deficiency lowered peripheral B cell numbers,
with a specific reduction in the number of IgMbrightB220+ mature
B cells (Fig. 8A, 8B) to demonstrate a role for Glut1 in B cells. An
increased percentage of IgMlowB220+ cells in Glut1fl/fl CD19-Cre
mice was also IgD+, suggesting increased frequency of immature
B cells or possibly a population of B cells that had undergone
class switch. These peripheral B cells had, however, deleted Glut1,
and Glut1fl/fl CD19-Cre did not express Glut1, whereas control
B cells expressed and upregulated Glut1 upon activation with LPS
or anti-IgM (Fig. 8C). There was no apparent compensation through
the related glucose transporter, Glut3, as control and Glut1-deficient
resting B cells equivalently expressed and downregulated Glut3
after activation. Importantly, total serum IgM levels were signifi-
cantly reduced in Glut1fl/fl CD19-Cre mice (Fig. 8D). At 7 days
after immunization with NP-OVA, anti-NP-reactive NIP5 (high-
affinity) and NIP25 (high- and low-affinity) IgM and IgG were
increased in control mice. Glut1fl/fl CD19-Cre mice, however, failed
to efficiently induce total or NP-specific IgM of IgG secretion. Total
IgM and IgG serum levels were also significantly lower in Glut1fl/fl
CD19-Cre mice. Specific Ab production also remained low 15 and
21 d after immunization, and the differences in total Ab levels
persisted (Supplemental Fig. 4). Together, these data show that
B cells require Glut1 and glucose uptake to maintain B cell pop-
ulations and to support metabolic reprogramming necessary for
maximal Ab secretion in vivo.

Discussion
Lymphocyte metabolic needs must be met to sustain cell viability
and to allow cell functions, including proliferation and effector
activity (1). T cell activation has been shown to increase glucose

FIGURE 4. Metabolic reprogramming
of B cells requires cMyc but not HIF1α. (A) Control (WT) and HIF1α-deficient
(HIF1αfl/fl/Rosa26CreER12 tamoxifen
treated in vivo prior to isolation; HIF1α-
KO) B cells were unstimulated (UNS) or
cultured in LPS for 36 h, and glycolytic
flux was measured using radiolabeled glu-
cose. (B) Fold induction of cMyc was
determined by quantitative RT-PCR in
unstimulated (UNS) or B cells activated
with anti-IgM or LPS for 24 h. (C–I)
Control (WT) and cMyc-deficient (cMycfl/fl/
Rosa26CreER12 tamoxifen treated in
vivo prior to isolation; Myc-KO) B cells
were unstimulated (UNS) or cultured
with LPS for 36 h and analyzed by (C) immu-
noblot, (D) to measure glycolytic flux, (E)
ECAR, (F) OCR, (G) glutamine oxidation,
(H) fatty acid oxidation, and (I) pyruvate
oxidation directly measured using radio-
labeled substrates. Means and SDs are
shown, and statistical significance was
determined by Student’s t test (*p ≤ 0.05,
**p < 0.005). All experiments were
repeated two or more times. N.S., not
significant.
uptake and glycolysis, leading to a predominantly glycolytic phenotype that is also characteristic of many cancer cells. B cells have also been shown to increase glucose metabolism upon stimulation (9, 10, 14). The details and relevance of this B cell metabolic transition from quiescence to activation, however, are not understood. In this study, we examined the glycolytic and mitochondrial metabolism of resting and stimulated normal, anergic, or chronically BAFF-stimulated and autoimmune prone

**FIGURE 5.** Anergic B cells are metabolically suppressed, whereas BAFF transgenic B cells are primed for metabolic reprogramming. (A and B) Purified B cells from control (wild-type [WT]), MD4 transgenic, or MD4 ML5 double-transgenic mice were cultured without stimulation or were stimulated with (A) anti-IgM or (B) LPS for 6 h. Representative plots are (left) of B cell OCR over time with addition of oligomycin (1 μM), mitochondrial uncoupler FCCP (0.5 μM), and electron transport inhibitors antimycin A (1.5 μM) + rotenone (0.75 μM), as indicated. Representative plots are (right) of B cell ECAR over time with addition of glucose (10 mM), oligomycin (1 μM), and 2DG (20 mM), as indicated. (C and D) Purified B cells from control (WT) or BAFF-transgenic mice were cultured without stimulation (UNS) or with LPS for 6 h. Metabolic inhibitors were added during the assays, as indicated. (C) Representative plots of B cell OCR (left) and ECAR (right) are shown. (D) Basal and maximal OCR and ECAR from B cells from control and BAFF-transgenic mice stimulated with LPS for 6 h. (E) Glucose uptake of B cells cultured without stimulation or with LPS for 24 h measured using radiolabeled glucose. Means and SDs are shown, and statistical significance was determined by Student’s t test (*p < 0.05; **p < 0.005). Data are representative of three or more experiments. N.S., not significant.

**FIGURE 6.** Chronic BAFF overexposure leads to a glycolytic shift upon activation not observed in normal or tolerant B cells. Purified B cells from wild-type control (WT), BAFF transgenic, and MD4 ML5 transgenic mice were LPS stimulated, and OCR and ECAR were measured. The ratios of OCR/ECAR were normalized to unstimulated B cells (UNS) after 6, 12, and 24 h. Data shown are means from three or more independent experiments, and statistical significance was determined by Student’s t test (**p < 0.005). N.S., not significant.
FIGURE 7. B cells rely on sustained glycolytic flux to proliferate and produce Ab. (A–C) Purified murine B cells were labeled with CFSE and cultured in BAFF alone to maintain viability or stimulated with LPS in control media or with addition of 2DG (0.5 mM), DCA (10 mM), or rotenone (Rot; 80 nM), as indicated for (A) flow cytometry and ELISA for (B) IgG and (C) IgM secretion after 3 d. (D and E) Purified human peripheral blood B cells were CFSE labeled and cultured without stimulation or stimulated with the TLR9 ligand unmethylated CpG oligonucleotide ODN (2 μg/ml) for (D) flow cytometry and (E) ELISA for IgG secretion after 3 d. (F and G) Normal bone marrow was transplanted into lethally irradiated Rag1−/− mice that were provided normal (non-DCA, n = 5) or DCA (n = 5) drinking water. (F) B cell and total cell numbers in blood as determined by flow cytometry for CD19 and (G) ELISA for serum IgG concentration over time after transplant. (H) Normal mice were immunized with 20 μg NP-OVA (n = 10) and given normal or DCA-containing water. ELISA was used to measure total serum anti-NIP IgG concentrations over time. N.D., not determined/detected. Data are representative of three or more independent experiments, and means and SDs are shown. Statistical significance was determined by Student’s t test (*p ≤ 0.05, **p ≤ 0.005). N.S., not significant.

B cells. Activation of normal B cells led to broadly increased metabolism but decreased lipid oxidation. Interestingly, unlike T cells or macrophages, normal B cells do not readily transition to a glycolytic metabolism and instead increase metabolism without specific shifts in the balance of lactate production to oxygen consumption. Anergic B cells appeared metabolically suppressed and failed to increase either aerobic glycolysis or mitochondrial oxidative metabolism upon stimulation. Conversely, B cells chronically exposed to high levels of BAFF were poised for rapid induction of aerobic glycolysis and metabolic reprogramming. These metabolic changes were essential for proliferation and Ab production, as pharmacologic inhibition of glycolysis or genetic deletion of Glut1 impaired B cells and suppressed Ab production following immunization. Thus, B cells share some features with the metabolic transition of activated T cells and are glycolysis dependent but respond differently than T cells to activating signals or have an intrinsically different metabolic program that can be modified by tolerance and autoreactivity.

A key feature of B cell activation through either the BCR or TLR4 is to induce cell growth, proliferation, and Ab production. Despite the distinct signaling mechanisms of BCR and TLR4, B cells underwent similar metabolic reprogramming. Catabolic metabolism, such as lipid oxidation, sharply decreased, and cell growth was favored. Aerobic glycolysis has been shown to provide cancer cells and activated T cells with biosynthetic intermediates and to play a central feature in the rapid growth of these cells (6, 11). Consistent with previous reports (9, 10), we found that B cells also increased glycolysis upon activation. However, in contrast to T cells, B cells started with higher rates of glycolysis, and activated B cells proportionally increased mitochondrial oxygen consumption to maintain a balanced glycolytic and oxidative metabolism. The basis for increased oxygen consumption and oxidative metabolism is likely through increased glucose and glutamine oxidation, as lipids are conserved for cell growth rather than consumed for energy production. Surprisingly, however, efficient mitochondrial electron transport was not essential for Ab production. The role of mitochondrial metabolism in B cell activation and function remains uncertain, but differences from T cells or macrophages suggest that alternate signaling pathways may contribute to B cell metabolic reprogramming, or that B cells have intrinsic metabolic distinctions.

It is evident that B cell metabolic reprogramming depends in part on cMyc. In T cells, HIF1α was shown dispensable, whereas cMyc was required for upregulation of glycolytic genes, including Glut1, upon activation (5). B cells were similarly found to be independent of HIF1α but reliant on cMyc upregulation to increase glycolysis. Also, like T cells (5), cMyc did not regulate all mitochondrial metabolic pathways, as lipid oxidation decreased and pyruvate oxidation increased after activation regardless of cMyc expression. The PI3K/Akt pathway has been shown to promote glucose uptake and glycolysis in BCR-stimulated B cells (10). In IL-4–stimulated B cells, however, the PI3K/Akt pathway appeared dispensable (10), with STAT6 instead required. In LPS-stimulated B cells, it is likely that cMyc combined with the PI3K/Akt pathway to reprogram glucose metabolism. In this setting, it may be that cMyc leads to induction of gene expression and the PI3K/Akt pathway plays a posttranslational and coordinating role to orchestrate the metabolic transition from resting to activation. Whereas these pathways may control glucose metabolic pathways, the regulation of mitochondrial pathways remains uncertain.

We also show in this study that tolerance strongly influences B cell metabolism. Self-reactive B cells that become anergic were
found metabolically suppressed to both BCR and TLR4 ligation. The complete inability of anergic B cells to metabolically reprogram in response to BCR stimulation was likely due in part to desensitized Ag receptor (39, 41). In particular, failure to activate the PI3K/Akt signaling pathway (42) may prevent upregulation of glycolytic metabolism. LPS was able to partially induce glycolysis and mitochondrial oxygen consumption of anergic B cells. Therefore, tolerance does not lead to wholesale inhibition of metabolic reprogramming. It remains unclear to what extent anergic B cells have intrinsic metabolic defects relative to desensitized Ag receptor or TLR signals that fail to properly upregulate metabolic regulatory pathways. In both settings, however, metabolic reprogramming is decoupled from receptor stimulation in anergic B cells.

In contrast to B cell anergy, B cells chronically exposed to high levels of BAFF showed enhanced and more rapid metabolic reprogramming upon TLR4 ligation. In particular, aerobic glycolysis increased rapidly to transiently shift the balance of metabolism to predominantly glycolytic. Oxygen consumption also increased, albeit at a slower rate. The differential rates of glycolytic and mitochondrial metabolism in BAFF transgenic B cells may reflect altered activity of signaling pathways that control glycolysis relative to mitochondrial metabolism. Acute treatment with BAFF can activate the PI3K/Akt signaling pathway (29, 30), but we found this insufficient to alter B cell metabolism on its own. It may be that chronic exposure to BAFF or additional signals are necessary. Thus, failure to properly induce tolerance due to chronically high levels of BAFF primes B cells to rapidly reprogram to the glycolytic metabolism, essential for activated Ab-producing cells.

The broad upregulation of glycolytic and mitochondrial metabolism in B cell activation suggests that targeting these pathways may disrupt B cell Ab production. However, the balanced metabolism and use of multiple metabolic pathways may have allowed functional redundancy and provide B cells the ability to use a variety of metabolic fuels. We show in this study that 2-DG and DCA each suppress B cell proliferation and Ab production. 2-DG and DCA suppress the entire glucose metabolism pathway or direct pyruvate toward mitochondrial oxidation, respectively. Although 2-DG can also induce cell death through endoplasmic reticulum stress (43), inhibiting PDHK did not affect B cell activation or survival. DCA nevertheless suppressed glycolytic flux to reduce the ability of lactate dehydrogenase to recycle NAD+, thus potentially increasing reactive oxygen species production (44). Therefore, the equivalent inhibition of proliferation and Ab production by these two compounds suggests that maintenance of aerobic glycolysis and lactate production are key events in Ab production. It may also be that glucose-derived metabolites are essential for biosynthesis or signaling to support B cell activation, such as appears to be the case for glyceraldehyde 3-phosphate in T cell production of IFN-γ (15).

The glucose transporter family consists of 14 members, and we examined conditional deletion of Glut1 to test this mechanism of glucose uptake and B cell–intrinsic glucose metabolism in vivo. Interestingly, B cells upregulated Glut1 but downregulated Glut3.
upon activation, showing complex regulation and expression of multiple glucose transporters. B cell expression of other glucose transporters has not been well established, but Glut1, Glut3, Glut4, Glut8, and Glut11 may all be expressed and contribute to B cell nutrient uptake (45). Our data show, however, that Glut1 plays an essential role among these glucose transporters to support B cells. These data also demonstrate an in vivo cell-intrinsic requirement for glucose uptake in normal B cell homeostasis and Ab production following immunization.

Overall, the role of lymphocyte metabolism in self-tolerance and autoimmunity is poorly understood. T cells in SLE patients have dysfunctional and increased metabolic activity, with hyperpolarized mitochondria (46). Conversely, in vitro induction of T cell tolerance leads to a metabolically anergic state, in which tolerant T cells fail to increase glucose metabolism upon activation (23). We show in this study that B cells metabolically reprogram upon activation in a way that resembles activated T cells, yet have a greater balance of mitochondrial metabolism to prevent the glycolytic shift observed in T cells. Tolerance status impacted both glycolysis and mitochondrial pathways to either suppress or poise B cells for metabolic reprogramming. The specific mechanistic basis for metabolic modulation in tolerance and autoimmunity remains uncertain. However, targeting glycolytic pathways to mimic the suppressed metabolic state of anergy was sufficient both in vitro and in vivo to disrupt Ab production. In addition, it is likely that specific B cell subsets may have metabolic distinctions that could be exploited to target distinct cell populations. Further understanding of the regulation of lymphocyte metabolic pathways may provide new directions to suppress Ab production and promote a tolerant phenotype in autoimmune and inflammatory diseases.

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Disclosures

The authors have no financial conflicts of interest.

References


Supplemental Figure 1

**Figure S1.** B cell tissue of origin and HIF1 α do not affect metabolism. 

**A.** B cells purified from spleen or lymph node were unstimulated (UNS) or treated with LPS for 6 hours prior to measurement of OCR. Cells were treated with vehicle (DMSO) and inhibitors as indicated.

**B.** Control (WT; HIF1α+/+) and HIF1α/Δfl ROSA26-CreER B cells from tamoxifen-treated mice were analyzed by immunoblot unstimulated (UNS) or after 1-day treatment with LPS.
Figure S2. B cells from BAFF-transgenic mice have increased spontaneous and induced IgG secretion but acute BAFF treatment does not affect metabolism.  

**A.** Purified B cells from control (WT) or BAFF-transgenic mice were cultured in BAFF alone to maintain viability (UNS) or stimulated with LPS and secreted IgG was measured after 3 days. Representative data of 3 or more independent experiments and means and standard deviations are shown. Statistical significance was determined by Student’s T test (* p≤0.05, ** p≤0.005). 

**B.** Purified wild type B cells were unstimulated (UNS) or cultured with 20ng/ml BAFF for 6 hours prior to measurement of OCR and ECAR. Cells were treated with vehicle (DMSO) and inhibitors as indicated.
Figure S3. DCA suppresses lactate production but does not affect B cell survival or activation.  
A. Immunoblot of purified B cells that were unstimulated or stimulated with LPS for 24 hours alone or with addition of DCA (10 mM).  
B. Representative ECAR plot of LPS stimulated B cells with addition of DCA.  
C. Purified B cells were unstimulated or cultured with LPS for 16 hours alone or with addition of DCA at indicated doses and cell viability was determined.  
D. Purified human B cells were stimulated with ODN or anti-IgM alone or with addition of DCA and induction of the activation marker CD69 and cell size (FSC) were measured by flow cytometry. Representative data of 3 or more independent experiments and means are shown.
Figure S4. Glut1-deficiency reduces antibody production over time. Control (Glut1+/+) and Glut1fl/fl CD19-Cre mice were immunized with NP-CGG. At indicated days, sera were examined by ELISA to measure total and NP-reactive NIP specific antibody on plates coated with NIP5-BSA to measure high affinity, NIP25-BSA to measure low affinity IgM. Representative data of 3 or more independent experiments and means and standard deviations are shown. Statistical significance was determined by Student’s T test (* p≤0.05, ** p≤0.005, N.S. not significant).