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*J Immunol* 2012; 189:3681-3688; Prepublished online 5 September 2012; doi: 10.4049/jimmunol.1201541
http://www.jimmunol.org/content/189/7/3681
Protective Role for TLR4 Signaling in Atherosclerosis Progression as Revealed by Infection with a Common Oral Pathogen

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Clinical and epidemiological studies have implicated chronic infections in the development of atherosclerosis. It has been proposed that common mechanisms of signaling via TLRs link stimulation by multiple pathogens to atherosclerosis. However, how pathogen-specific stimulation of TLR4 contributes to atherosclerosis progression remains poorly understood. In this study, atherosclerosis-prone apolipoprotein-E null (ApoE−/−) and TLR4-deficient (ApoE−/−TLR4−/−) mice were orally infected with the periodontal pathogen Porphyromonas gingivalis. ApoE−/−TLR4−/− mice were markedly more susceptible to atherosclerosis after oral infection with P. gingivalis. Using live animal imaging, we demonstrate that enhanced lesion progression occurs progressively and was increasingly evident with advancing age. Immunohistochemical analysis of lesions from ApoE−/−TLR4−/− mice revealed an increased inflammatory cell infiltrate composed primarily of macrophages and IL-17 effector T cells (Th17), a subset linked with chronic inflammation. Furthermore, enhanced atherosclerosis in TLR4-deficient mice was associated with impaired development of Th1 immunity and regulatory T cell infiltration. In vitro studies suggest that the mechanism of TLR4-mediated protective immunity may be orchestrated by dendritic cell IL-12 and IL-10, which are prototypic Th1 and regulatory T cell polarizing cytokines. We demonstrate an atheroprotective role for TLR4 in response to infection with the oral pathogen P. gingivalis. Our results point to a role for pathogen-specific TLR signaling in chronic inflammation and atherosclerosis. The Journal of Immunology, 2012, 189: 3681–3688.
TLR4 AND PATHOGEN-INDUCED ATHEROSCLEROSIS

ferential recognition by the TLR4 complex (29, 30). In the current study, we demonstrate the unique ability of *P. gingivalis* to evade TLR4 signaling while inducing TLR2-dependent proinflammatory responses reveals a protective role for TLR4 in chronic inflammatory atherosclerosis.

### Materials and Methods

#### Mice

Male ApoE−/− and C57BL/6 mice were obtained from The Jackson Laboratory (Bar Harbor, ME). TLR4−/− mice on C57BL/6 background were provided by S. Akira (Osaka University). ApoE−/−/TLR4−/− mice were generated in our laboratory. Mouse genotypes were confirmed by PCR, and experimental mice were age-matched. Mice were maintained under specific pathogen-free conditions and cared for in accordance with the Boston University Institutional Animal Care and Use Committee.

#### Bacteria

*P. gingivalis* strain 381 was grown anaerobically on blood agar plates (Becton Dickinson) and used to seed-inoculate brain heart infusion broth (pH 7.4; Harlan Teklad, Madison, WI). Six-week-old male mice were given antibiotics (Sulfatrim; Hi-Tech Pharmacal) ad libitum in the drinking water for 10 d, followed by a 2-d antibiotic-free period. One hundred microliters of *P. gingivalis* strain 381 (1 × 10^6 CFU) suspended in vehicle (2% carboxymethylcellulose in PBS) was topically applied to the buccal surface of the maxillary gingiva five times a week for 3 wk (34). Control mice received 100 µl of vehicle. Topical application of *P. gingivalis* to the buccal surface of the maxillary gingiva five times a week for 3 wk induces alveolar bone loss in ApoE−/− mice (28). Mice were euthanized 13 wk after the oral challenge (24 wk of age). This time point is consistent with the time frame used in our prior studies (7, 28, 35).

#### Magnetic resonance angiography

Magnetic resonance angiography (MRA) of the innominate artery was performed with the following parameters: slab thickness = 1.5 cm; flip angle = 45˚; repetition time = 20 ms; echo time = 2.2 ms; field of view = 0.3 mm below the bifurcation of the innominate artery with heart tissue was embedded in OCT freezing compound. Five-micrometer serial cryosections were collected every 50 µm. Immunohistochemistry was performed with a vertical-bore Bruker 11.7 T Avance spectrometer (Bruker; Billerica, MA) as described (35). Mice were anesthetized with 0.5–2% inhaled isoflurane, placed into a 30-mm vertical probe (Micro 2.5) maintained at 23˚C. Respiration was monitored using a monitoring and gating system (SA Instruments, Wathkesha, WI). The un gated 3D gradient echo MRA was acquired with the following parameters: slab thickness = max; flip angle = 45˚; repetition time = 20 ms; echo time = 2.2 ms; field of view = 1.5 × 1.5 × 1.5 cm; matrix = 128 × 128 × 128, in-plane; number of averages = 4. Total scan time was ~25 min. Image reconstruction and analysis were performed using Paravision. The 3D reconstruction of the MRA images was achieved by maximum intensity projection. The cross sections were chosen at 0.3- to 0.5-mm distance below the subclavian bifurcation. Lumen area was manually defined and calculated with ImageJ (National Institutes of Health) by two independent observers. Measurement reproducibility had an interclass correlation coefficient of 0.92.

#### Atherosclerotic plaque assessment

Aortas were harvested and stained with Sudan IV as described (22). Digital micrographs were taken, and total area of atherosclerotic plaque was determined using IPLabs (Scansalytics) by a blinded observer.

#### Immunohistochemistry

Mice were euthanized (n = 4/group), perfused with 4% paraformaldehyde, and aortic arch with heart tissue was embedded in OCT freezing compound. Five-micrometer serial cryosections were collected every 50 µm in the innominate artery and aortic sinuses. In the innominate artery, cryosections were obtained from the region corresponding to the greatest plaque size as revealed by MRA. ~0.3 mm below the bifurcation of the innominate and subclavian arteries as described (35). Immunohistochemistry was performed using rat anti-mouse F4/80 (no. MCA497R; Serotec, Oxford, U.K.), rat anti-mouse CD4 (BD Biosciences no. 550278 and Caltag Laboratories), rat anti-mouse CD8 (no. 550281; BD Biosciences), rat anti-mouse TLR2 (no. 13-9021-80; eBioscience), anti-mouse F4/80 (clone MF333F; Enzo), rat anti-mouse IL-17 (no. MAB2276; R&D Systems), and iso type controls (no. MCA1125; Serotec). Biotinylated anti-rat (mouse absorbed) IgG was used as secondary Ab (Vector Laboratories, Burlingame, CA). Digital micrographs were captured. Nuclei were counterstained with hematoxylin, and positive cells were enumerated by microscopy. F4/80, CD8+ T cells, Foxp3+ T cells, and IL-17+ T cells were counted from three sections from each of four mice/group. For the quantification of positive staining area, images were acquired using an Olympus BX41 microscope at ×100 magnification, and automated color thresholding was performed using ImageJ.

#### Flow cytometry

For separation of bone marrow-derived dendritic cells (DCs), bone marrow cells were cultured in RPMI 1640 containing 10% FBS, 1 × nonessential amino acids (MP Biomedicals), 50 µM 2-mercaptoethanol (Life Technologies), 100 µg/ml streptomycin/100 IU penicillin (Cellgro), and 20 µg/ml recombinant mouse GM-CSF (Peprotech) for 11 d. DCs were greater than 95% positive for CD11c. Nonadherent DCs were collected and replated in 24-well dishes at 2 × 10^5 cells/well in complete media without antibiotics before addition of *P. gingivalis* at multiplicity of infection of 25 and 50. After 24 h, culture supernatants were collected, and samples were clarified by centrifugation and stored at −80˚C for ELISA.

#### ELISA

Concentrations of IL-6, IL-12p40, and IL-10 in cell culture supernatants were determined using ELISA (BD OptEIA). Plasma was collected from a subset of experimental mice 16 wks postinfection and assayed by ELISA for *P. gingivalis*-specific Ab isotypes IgG1, IgG2b, IgG2c, and IgG3 as described (36) as follows. Bacteria were washed three times in PBS and fixed overnight at 4˚C in 4% paraformaldehyde. Fixed bacteria were washed five times in PBS and protein concentration estimated by bicinchoninic acid (BCA) and used in 10 µg/ml suspension in PBS containing 0.05% sodium azide. Serial dilutions of mouse serum were plated, and determination of IgG isotypes was conducted using the C57BL/6 Clonotyping Kit (SouthernBiotech). Quantitation of IgG was determined using a standard curve. ELISAs were developed using 4-methylumbelliferyl phosphate and read on a spectrophluorometer (BioTek Synergy HT).

#### Splenocyte restimulation assay

Splenocytes (2 × 10^6 per milliliter) were collected and stimulated with *P. gingivalis* soluble Ags (10 µg/ml) in the presence of 1 µg/ml anti-mouse CD28 (eBioscience) for 4 h and 10 µg/ml brefeldin A (eBioscience). Cells were harvested and stained with anti-mouse Abs (BD Pharmingen); CD3, CD4, and CD8. Intracellular cytokine staining for IL-17A (eBioscience) and IFN-γ (eBioscience) was performed using BD Cytofit/Cytoperm kit.

#### Statistics

Normality of data was determined by visually inspecting for bell-shaped curves. A Mann–Whitney U test was performed to compare two independent samples with Prism 5 software (GraphPad Software, San Diego, CA) with an α equal to 0.05 considered significant. Two-way ANOVA was performed for analysis of percentage plaque between genotypes and infections. A p value < 0.05 was considered significant.

#### Results

**TLR4 deficiency confers enhanced susceptibility to chronic and progressive atherosclerosis after infection with *P. gingivalis***

ApoE−/− and ApoE−/−/TLR4−/− mice were orally infected with 10^7 CFU *P. gingivalis strain 381*. The predominant lipid A species...
Progression of atherosclerosis in the innominate artery of individual mice was examined in vivo by MRA. The innominate artery exhibits a high degree of lesion progression and expresses features of human disease including vessel narrowing, perivascular inflammation, and plaque disruption (35). The luminal area of the innominate artery of P. gingivalis-infected ApoE\(^{-/-}\) and ApoE\(^{-/-}\)-TLR4\(^{-/-}\) mice decreased between baseline and 12 wk compared with uninfected ApoE\(^{-/-}\) and ApoE\(^{-/-}\)-TLR4\(^{-/-}\) mice (Fig. 1A) illustrating vessel narrowing and disease progression in infected mice. In P. gingivalis-infected ApoE\(^{-/-}\) mice, the luminal area remained unchanged between 12 and 16 wk. However, P. gingivalis-infected ApoE\(^{-/-}\)-TLR4\(^{-/-}\) mice exhibited a progressive decline in luminal area at 0, 12, and 16 wk after the first oral infection, indicative of progressive atherosclerosis. The luminal area was significantly smaller in ApoE\(^{-/-}\)-TLR4\(^{-/-}\) mice compared with ApoE\(^{-/-}\) mice at 16 wk (p = 0.03).

Assessed by microscopy in postmortem sections, the innominate artery of uninfected ApoE\(^{-/-}\) and ApoE\(^{-/-}\)-TLR4\(^{-/-}\) mice appeared as tightly packed layers of smooth muscle cells with uniform distribution about the circumference of the artery with no apparent lipids and inflammatory cells (Fig. 1B: ApoE\(^{-/-}\) upper left; ApoE\(^{-/-}\)-TLR4\(^{-/-}\), upper right). Brown staining indicates the presence of macrophages. Plaque formation in the innominate artery of P. gingivalis-infected ApoE\(^{-/-}\) mice was modest and superficial, appearing as fatty streaks at the intimal surface (Fig. 1B, lower left). In P. gingivalis-infected ApoE\(^{-/-}\)-TLR4\(^{-/-}\) mice, we observed a significant increase in arterial plaque, which accumulated within subendothelial layers and coincided with the infiltration of inflammatory cells, including macrophages (Fig. 1B, lower right). In contrast to fatty streaks in infected ApoE\(^{-/-}\) mice, plaques in infected ApoE\(^{-/-}\)-TLR4\(^{-/-}\) mice protruded into the arterial lumen. Higher resolution reveals the structure of the intima, media, and adventitia in the innominate arteries of each group (Fig. 1C). Corresponding sections from MRA analyses revealed an increase in plaque area within the innominate artery of infected ApoE\(^{-/-}\)-TLR4\(^{-/-}\) mice compared with infected ApoE\(^{-/-}\) mice (Fig. 1D, bar graph). No significant differences in plaque area between uninfected ApoE\(^{-/-}\) and ApoE\(^{-/-}\)-TLR4\(^{-/-}\) mice were observed.

In the absence of infection, no differences in en face total aortic lesion area, assessed by lipid staining, were observed between uninfected ApoE\(^{-/-}\) and ApoE\(^{-/-}\)-TLR4\(^{-/-}\) mice (Fig. 2). Consistent with our previous studies (22), infected ApoE\(^{-/-}\) mice developed significantly more plaque than uninfected ApoE\(^{-/-}\) controls. Aortas from infected ApoE\(^{-/-}\)-TLR4\(^{-/-}\) mice also demonstrated significantly more plaque than their uninfected, genotype-matched ApoE\(^{-/-}\)-TLR4\(^{-/-}\) controls; however, plaque area was significantly
TLR4 deficiency promotes Th17/regulatory T cell imbalance in atherosclerotic lesions after infection with P. gingivalis

In infected ApoE−/− mice, we observed no increase in CD8+ T cells, CD4+ T cells, or IL-17+ cells in the innominate artery compared with uninfected ApoE−/− mice (Fig. 4A, 4C). Accumulation of CD4+ and CD8+ cells within the innominate artery of infected ApoE−/−TLR4−/− mice was dramatically increased compared with infected ApoE−/− mice. The abundance of T cells was accompanied by increased numbers of IL-17–expressing cells and markedly diminished numbers of Foxp3+–expressing regulatory T cells (Tregs) (Fig. 4B, 4C). The marked increase in CD4+, CD8+, and IL-17+ cells and the diminution of Foxp3+ Tregs in infected mice in the absence of TLR4 expression (ApoE−/−TLR4−/− mice) reveal that in the presence of TLR4 expression,
TLR4 may be protective after *P. gingivalis* infection, which serves to prevent the infiltration of IL-17+ T cells and enhance the numbers of Foxp3+ Tregs in the inflammatory lesion. IgG humoral immunity and Th1 responses are altered in the absence of TLR4

Infection with *P. gingivalis* induced a robust IgG1 response in both ApoE<sup>−/−</sup> and ApoE<sup>−/−</sup>-TLR4<sup>−/−</sup> mice, indicating preservation of IgG1-mediated humoral immunity in the absence of TLR4 (Fig. 5A). However, *P. gingivalis*-infected ApoE<sup>−/−</sup>-TLR4<sup>−/−</sup> mice produced significantly reduced IgG2b (Fig. 5B) and IgG3 (Fig. 5D) responses compared with ApoE<sup>−/−</sup> mice—IgG subclasses that are associated with Th1 responses (37). IgG2c levels were increased to a similar level in infected ApoE<sup>−/−</sup> and ApoE<sup>−/−</sup>-TLR4<sup>−/−</sup> mice (Fig. 5C).

We restimulated splenocytes from experimental mice with *P. gingivalis* soluble Ags and identified responsive cells that express the effector cytokines IFN-γ and IL-17. T cells from uninfected mice did not exhibit cytokine expression in response to *P. gingivalis* Ags. We observed a high percentage of IFN-γ–expressing CD4<sup>+</sup> (Fig. 6A, 6C) and CD8<sup>+</sup> (Fig. 6B, 6C) T cells from *P. gingivalis*-infected ApoE<sup>−/−</sup> mice. In contrast, the majority of responsive CD4<sup>+</sup> (Fig. 6A, 6D) and CD8<sup>+</sup> T cells (Fig. 6B, 6D) from infected ApoE<sup>−/−</sup>-TLR4<sup>−/−</sup> mice expressed IL-17. A small subset of CD8<sup>+</sup> (14%) T cells from infected ApoE<sup>−/−</sup>-TLR4<sup>−/−</sup> mice also expressed IFN-γ. Although the number of reactive T cells indicates that these responses may not be Ag specific, they were specific to *P. gingivalis* infection, as T cells from uninfected mice failed to respond to stimulation with Ags.

**FIGURE 4.** TLR4 deficiency promotes Th17/Treg imbalance in atherosclerotic lesions after infection with *P. gingivalis*. Quantitative immunohistochemistry of (A) CD4<sup>+</sup>, CD8<sup>+</sup>, IL-17<sup>+</sup> staining area in the innominate artery of uninfected and *P. gingivalis*-infected ApoE<sup>−/−</sup> and ApoE<sup>−/−</sup>-TLR4<sup>−/−</sup> mice using ImageJ software or (B) Foxp3<sup>+</sup> cell count. Three sections from n = 4 mice/group were analyzed. White bar, uninfected; gray bar, *P. gingivalis* infected. Data are mean ± SD of positive staining area/slice or cell count/slice. Intrageneotype comparisons were calculated by Mann–Whitney U test: ***p < 0.0001. Inter-genotype comparisons were calculated by two-way ANOVA (indicated p values). (C) Representative immunohistochemistry of CD4<sup>+</sup>, CD8<sup>+</sup>, IL-17<sup>+</sup>, and Foxp3<sup>+</sup> cells in the innominate artery of uninfected and *P. gingivalis*-infected ApoE<sup>−/−</sup> and ApoE<sup>−/−</sup>-TLR4<sup>−/−</sup> mice. Scale bar, 5 μm.

**FIGURE 5.** *P. gingivalis*-specific Ab isotypes IgG1, IgG2b, IgG2c, and IgG3. *P. gingivalis*-specific IgG production in uninfected ApoE<sup>−/−</sup> (n = 15), *P. gingivalis*-infected ApoE<sup>−/−</sup> (n = 21), uninfected ApoE<sup>−/−</sup>-TLR4<sup>−/−</sup> (n = 17), and *P. gingivalis*-infected ApoE<sup>−/−</sup>-TLR4<sup>−/−</sup> (n = 14) mice as measured by ELISA. (A) IgG1, (B) IgG2b, (C) IgG2c, and (D) IgG3. White squares, uninfected; gray squares, *P. gingivalis* infected. Data were analyzed by Student t test. *p < 0.05, **p = 0.0092.
These results suggest that in the absence of TLR4, *P. gingivalis* infection results in impaired Th1 immunity and IL-17 skewing.

**Th1 and Treg polarizing cytokine production after *P. gingivalis* infection is impaired in DCs from TLR4-deficient mice**

Activation of TLRs on DCs triggers the release of cytokines that play decisive roles in modulating T helper subset differentiation from naive CD4+ cells (38). To investigate the role of *P. gingivalis*-induced TLR4 activation in DC production of T cell polarizing cytokines, DCs from wild-type and TLR4−/− mice were infected with *P. gingivalis*, and expression of T cell polarizing cytokines in the absence of TLR4 may be responsible for impaired development of Th1/Treg effector immunity as well as the enhanced IL-17 expression in T cell populations within plaques of ApoE−/−/TLR4−/− mice.

**Discussion**

Common chronic infections may contribute to up to 40% of newly developed atherosclerotic cases (39). A role for *P. gingivalis*-mediated periodontal disease as a risk factor for atherosclerotic cardiovascular disease is well documented (10, 11, 14–18). The observation that innate immune signaling triggered by *P. gingivalis* is dysregulated within atherosclerotic lesions has sparked interest in the association between oral infection and induction of innate immune cascades in atherosclerosis progression (40). Most experimental studies have focused on the proatherogenic consequence of TLR signaling in mouse models of atherogenesis; many experimental studies have focused on the proatherogenic consequence of TLR signaling in mouse models of atherogenesis; many involving the influence of high-fat diet (5, 6, 8, 12). In contrast to studies reporting diminished high-fat diet-induced atherosclerosis in TLR4-deficient mice, we report the unexpected finding that TLR4-deficient mice are markedly more susceptible to atherosclerosis progression.
logy in *P. gingivalis*-infected ApoE/−/− mice coincided with an increase in Tregs within the innominate artery. In contrast, the exacerbated inflammatory pathology in *P. gingivalis*-infected ApoE/−/−TLR4/−/− mice was associated with increased lesion macrophage numbers and T cell infiltration and enhanced expression of IL-17. Tregs play a critical role in maintaining immunological tolerance and controlling the extent of immune-mediated pathology, especially in cases of chronic infection (41, 42). Our studies indicate that in the absence of TLR4, mice fail to develop protective Th1 immunity and are unable to regulate adaptive immune responses mediated by Th17 cells after *P. gingivalis* infection. We propose that this results in a breakdown of immunological tolerance, owing to impaired Treg function, leading to unrestricted activation of pathogenic T cells that mediate arterial inflammation. The unique TLR4 evasive properties of *P. gingivalis* lipid A position this organism to disrupt effector T cell mechanisms at the level of DC activation, the interface of innate and adaptive immunity.

TLR2 expression was increased markedly in aortic lesions by *P. gingivalis* infection in ApoE/−/− mice and further increased in ApoE/−/−TLR4/−/− mice. It is plausible that enhanced TLR2 expression in ApoE/−/−TLR4/−/− mice may have contributed to increased vascular inflammation and atherosclerosis in ApoE/−/−TLR4/−/− mice. Thus, the increase in atherosclerosis in ApoE/−/−TLR4/−/− mice may be a result of not only TLR4 deficiency but also high TLR2 expression. This increased TLR2 expression in activated macrophages and the endothelium may reflect the development and maintenance of a hyperinflammatory state in the absence of TLR4 expression. This observation was an unexpected finding of this study, as was the finding that plaque development was enhanced in the absence of TLR4.

Our results also showed that after in vitro restimulation with Ag, T cells from *P. gingivalis*-infected ApoE−/−TLR4−/− mice predominantly produced IL-17, whereas IFN-γ was the predominant cytokine produced by T cells from infected ApoE−/− mice. We also demonstrate that TLR4 deficiency was associated with markedly inhibited production of the Th1 polarization cytokine IL-17 by *P. gingivalis*-infected DCs. Taken together, our findings suggest that an initially impaired Th1 response in TLR4-deficient mice results in Th17 skewing of the adaptive immune response, which may be the mechanism for exacerbated atherosclerosis. Indeed, research supports a complex relationship between the Th1 and Th17 cell lineages, and many T cells expressing IL-17 coexpress IFN-γ. We previously reported that IFN-γ is significantly upregulated at the protein level in atherosclerotic lesions from *P. gingivalis*-infected ApoE−/− mice relative to uninfected controls (28). This finding is in agreement with IFN-γ contributing to the development of atherosclerosis as suggested by one study (43). Several studies demonstrate that both IFN-γ and IL-17 may be proatherogenic in mouse models, and circulating levels of both of these cytokines are increased in patients with coronary atherosclerosis (44). A large body of literature also supports a proatherogenic role for IL-17 in mouse models of atherosclerosis, and neutralization of IL-17 has been demonstrated to reduce pathogenic and diet-induced atherosclerosis in ApoE−/− mice (45). These studies demonstrate that the development of atherosclerosis is multifactorial and may be influenced by the inciting stimulus (i.e., high-fat diet versus pathogen-mediated).

Notably, humans are specifically impaired in their ability to recognize penta-acylated lipid A, a phenomenon reflecting bacterial adaptation to the human host (46). Species-specific discrimination of atypical penta-acylated lipid A is mediated by a hypervariable 82-aa sequence in the middle region of TLR4, a region where human polymorphisms are common (31, 46). Our results provide a mechanistic link regarding the conflicting reports on the association of human TLR4 polymorphisms and atherosclerotic diseases. Thus, although we only see a hyperinflammatory phenotype in TLR4-deficient mice, it is plausible that common human TLR4 polymorphisms (47–49) that attenuate receptor signaling may predispose individuals to an increased risk of atherosclerosis associated with bacterial infection, which is in contrast to atherosclerosis risk associated with a Western high-fat diet.

Recent studies reported that ApoE−/−TLR4−/− mice fed a high-fat diet and infected intranasally with *C. pneumoniae* exhibited diminished atherosclerosis compared with infected ApoE−/− mice (12). A separate report demonstrated a protective role for TLR4 deficiency in diet-induced atherosogenesis (8). It is important to note that these results could not be recapitulated under germ-free conditions (50), indicating a potential interaction between hyperlipidemia and indigenous microbes. On the basis of these observations, it was proposed that common mechanisms of signaling via TLR2, TLR4, and MyD88 link stimulation by multiple pathogens and endogenous ligands to atherosclerosis, and that therapeutic TLR4 antagonism could prove beneficial in the treatment of chronic atherosclerosis (8, 51, 52). Our results clearly point to a critical role for specific TLR signaling, in particular, TLR4, in chronic inflammation and atherosclerosis induced by *P. gingivalis*. Our results raise caution for the safety and efficacy of TLR4 antagonists for the treatment of atherosclerosis, especially in patients with comorbid conditions including periodontal disease and other infectious diseases.

**Acknowledgments**

We thank Dr. Stephen R. Coates (Department of Periodontics, University of Washington) for analysis of bacterial lipid A. We thank Dr. Xuemei Zhong and Nathalie Bitar (Boston University Immunohistochemistry Core) for technical assistance.

**Disclosures**

The authors have no financial conflicts of interest.

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