GITR Ligand Provided by Thrombopoietic Cells Inhibits NK Cell Antitumor Activity

Theresa Placke, Helmut R. Salih and Hans-Georg Kopp

*J Immunol* 2012; 189:154-160; Prepublished online 30 May 2012;
doi: 10.4049/jimmunol.1103194

http://www.jimmunol.org/content/189/1/154

References
This article cites 47 articles, 24 of which you can access for free at:
http://www.jimmunol.org/content/189/1/154.full#ref-list-1

Subscription
Information about subscribing to *The Journal of Immunology* is online at:
http://jimmunol.org/subscription

Permissions
Submit copyright permission requests at:
http://www.aai.org/About/Publications/JI/copyright.html

Email Alerts
Receive free email-alerts when new articles cite this article. Sign up at:
http://jimmunol.org/alerts
GITR Ligand Provided by Thrombopoietic Cells Inhibits NK Cell Antitumor Activity

Theresa Placke, Helmut R. Salih,1 and Hans-Georg Kopp1

Thrombocytopenia inhibits tumor growth and especially metastasis in mice, whereas additional depletion of NK cells reverts this antimetastatic phenotype. It has therefore been speculated that platelets may protect hematogenously disseminating tumor cells from NK-dependent antitumor immunity. Tumor cells do not travel through the blood alone, but are rapidly coated by platelets, and this phenomenon has been proposed to shield disseminating tumor cells from NK-mediated lysis. However, the underlying mechanisms remain largely unclear. In this study, we show that megakaryocytes acquire expression of the TNF family member glucocorticoid-induced TNF-related ligand (GITRL) during differentiation, resulting in GITRL expression by platelets. Upon platelet activation, GITRL is upregulated on the platelet surface in parallel with the α-granular activation marker P-selectin. GITRL is also rapidly mobilized to the platelet surface following interaction with tumor cells, which results in platelet coating. Whereas GITRL, in the fashion of several other TNF family members, is capable of transducing reverse signals, no influence on platelet activation and function was observed upon GITRL triggering. However, platelet coating of tumor cells inhibited NK cell cytotoxicity and IFN-γ production that could partially be restored by blocking GITR on NK cells, thus indicating that platelet-derived GITRL mediates NK-inhibitory forward signaling via GITR. These data identify conferment of GITRL pseudoeexpression to tumor cells by platelets as a mechanism by which platelets may alter tumor cell immunogenicity. Our data thus provide further evidence for the involvement of platelets in facilitating evasion of tumor cells from NK cell immune surveillance. The Journal of Immunology, 2012, 189: 154–160.

Death from disseminated cancer remains among the leading causes of mortality in Western countries (1). Indeed, most solid tumors are regarded as incurable as soon as patients present with metastatic disease. Although the exact pathogenesis of blood-borne distant metastasis remains incompletely understood (2), the host immune system certainly contributes to a metastasizing tumor cell’s fate. In other words, immune evasion may be one of the prerequisites of metastasis-initiating cells in a complex and still controversial process that culminates in the formation of clonogenic proliferation at metastatic niches (3). We propose that a better understanding of the mechanisms that influence tumor dissemination and especially immune escape is mandatory to improve therapeutic options of cancer patients.

It is well known that platelets contribute to metastasis by different mechanisms (4, 5). The role of platelets in tumor angiogenesis and modulation of vessel permeability is well established, whereas their influence on immune effector cells still needs to be clearly defined. It is known that tumor cells do not travel through the blood on their own, but are rapidly coated with platelets (6, 7). The latter may promote tumor cell survival, as metastasis is effectively inhibited in the absence of platelets (8–10). Interestingly, concomitant depletion of platelets and NK cells reverts the antimitastatic phenotype of thrombocytopenic mice (11–16). It has thus been proposed that platelets may protect tumor cells from NK-dependent antitumor immunity during their passage from the primary tumor to a metastatic site.

NK cells are a central component of the innate immune system capable of lysing target cells without prior sensitization, and they play an important role in the elimination of malignant cells (17). NK cell activation is guided by the integration of various signals from activating and inhibitory receptors and is further influenced by the reciprocal interaction with other hematopoietic cells such as dendritic cells (18). At present, the molecular mechanisms guiding the interaction of NK cells and platelets, especially in the context of tumor immune surveillance, are only partially understood. One mechanism of how platelets influence NK cell reactivity is the release of soluble factors such as active TGF-β when they encounter tumor cells. Platelet-derived TGF-β downregulates the activating NK cell receptor NKG2D, thereby disturbing “induced self” recognition and results in impaired NK antitumor reactivity (19). Additionally, platelets directly interact with tumor cells (6, 7), which suggests a potential importance of platelet membrane-bound factors in the outcome of tumor–NK interaction.

In this study, we report that glucocorticoid-induced TNF-related ligand (GITRL) (also known as TNFSF18), is upregulated during megakaryopoiesis, which results in GITRL expression by megakaryocytes and their platelet progeny. Platelet-expressed GITRL transduces forward signals into GITR+ NK cells, but we found no evidence that GITRL triggering would influence platelets. Interestingly, tumor cell platelet interaction resulted in confinement of platelet-derived GITRL to tumor cells, which inhibited NK antitumor reactivity. Our results elucidate a novel mechanism by which host platelets may influence tumor–NK cell interaction and may facilitate tumor immune evasion.
Materials and Methods

Reagents
Anti–CD3-FITC, CD56-PeCy5, anti-CD61 conjugates (clone V1-PL2), anti-CD41a conjugates (clone H1PE), anti–CD62P-PeCy5, as well as the corresponding isotype controls were from BD PharMingen (San Diego, CA). The anti–pan-cytokeratin polyclonal Ab was from DakoCytomation; the Alexa 488-conjugated anti-rabbit IgG was from Invitrogen (Karlsruhe, Germany). Human IgG1, anti–GITR (clone 130146), GITR-Fc, recombinant human GITRL, and anti–GITR (clone 109101 and goat polyclonal) were from R&D Systems (Minneapolis, MN). Cytokines were purchased from Immunotools (Friesoythe, Germany). The goat anti–mouse-PE and the Cy3-conjugated anti-mouse IgG were from Jackson ImmunoResearch Laboratories (West Grove, PA). BATDA and europium solution were obtained from PerkinElmer (Waltham, MA). All other reagents were obtained from Carl Roth (Karlsruhe, Germany). Transwell plates (96 wells) for cytotoxicity assays with a pore size of 0.4 μm were from Corning (Lowell, MA); transwell inserts (for 24-well plates) with a pore size of 0.4 μm for analysis of cytokine release by NK cells were from BD Biosciences (San Diego, CA).

Cell lines
The tumor cell lines SK-Mel, SK-BR-3, and PC3 and the NK cell line NK92 were obtained from DSMZ (Braunschweig, Germany) and the American Type Culture Collection (Manassas, VA). Authenticity was determined by validating the respective immunophenotype described by the provider using FACS every 6 mo and specifically prior to use in experiments.

Preparation of NK cells and platelets
Polynuclear NK cells were generated by incubation of non–plastic-adherent PBMCs with irradiated RPMI 8866 feeder cells over 10 d as previously described (20). Experiments were performed when purity of NK cells was >80% as determined by flow cytometry. Platelets were obtained from donors not taking any medication for at least 10 d prior to blood collection and prepared as previously described (19).

Maturation of megakaryocytes
CD34+ hematopoietic progenitor cells were obtained by magnetic bead separation from G-CSF–mobilized peripheral blood from patients with nonhematological malignancies or healthy donors after informed consent according to the guidelines of the Local Ethics Committee. Mononuclear cells were separated by Ficoll density gradient centrifugation, and CD34+ cells were enriched utilizing immunomagnetic microbeads (MACS system; Miltenyi Biotec, Bergisch Gladbach, Germany) according to the manufacturer’s instructions. CD34+ cells were differentiated as described previously (21). In short, cells were incubated in serum-free medium (Invitrogen, Darmstadt, Germany) supplemented with recombinant human thrombopoietin (50 ng/ml; PeproTech, Hamburg, Germany). After 12 d, morphologically typical multinucleated megakaryocytes were harvested at a purity of >90% as assessed by flow cytometric analysis of CD41a+ cells.

RT-PCR
RT-PCR was performed as described previously (22). GITRL primers were 5′-GCTGTTGCTTGTGTTCA-3′ and 5′-ACCCAGTTGATGTTA-3′. The PCR product (expected size 546 bp) for human GITRL was separated by electrophoresis on agarose gels and visualized by staining with ethidium bromide.

Western blot
Protein from platelets was isolated with RIPA buffer, and protein concentration was determined by a Bradford assay. Protein (50 μg) from each sample was resolved on a precast 12% NuPAGE gel and transferred on a polyvinylidene difluoride membrane (Invitrogen, Darmstadt, Germany). Membrane was blocked for 1 h at room temperature with Roti-Block, followed by overnight incubation with biotinylated polyclonal GITRL Ab (1:1000; R&D Systems). After 30 min incubation with Vectastain Elite ABC reagent (Vector Laboratories, Burlingame, CA) the proteins were detected by using ECL reagents (GE Healthcare, Freiburg, Germany).

Measurement of platelet aggregation and activation
Aggregation assays were performed in an APACT 4004 aggregometer (Haemochrom Diagnostica, Essen, Germany) equipped with a stirring device, a heated cuvette holder, and time-driven recording of transmission values. Platelets were adjusted to 3 × 10^9/ml in platelet-rich plasma. GITR-Fc or human IgG was immobilized on the cuvette surface by overnight incubation at 4°C followed by washing. Where indicated, 3 × 10^9 NK cells were added to platelets. Collagen (5 μg/ml; Mascia Brunelli, Milan, Italy) and ADP (2.5 μM; Sigma-Aldrich, St. Louis, MO) were used as platelet agonists. Platelet aggregation at 1000 rpm was measured for 5 min. For determination of CD62P expression and TGF-β release, platelets were incubated for 30 min with slight shaking (150 rpm).

Coating of tumor cells
Tumor cells were coated with platelets as described previously (19, 23). Briefly, platelet-rich plasma (PRP) was obtained from fresh whole blood by centrifugation at 120 × g for 20 min. Tumor cells were incubated in PRP at a tumor cell/platelet ratio of 1:100 for 30 min under shear stress at 37°C. Tumor cell-induced platelet aggregation was not observed under these conditions. For further investigation, tumor cells were washed afterward to remove surplus platelets and soluble factors. For investigation of IFN-γ production, washed platelets were added to tumor cells instead of PRP.

Flow cytometry
Cells were incubated with the indicated specific mAb or isotype control (all at 10 μg/ml) followed by goat anti-mouse PE conjugate (1:100) as secondary reagent and then analyzed on an FCS500 (Beckman Coulter, Krefeld, Germany). Conjugated mAb and the respective isotype controls were used at 2 μl/100,000 cells.

Immunofluorescence
Cytospins of megakaryocytes and coated tumor cells were prepared and processed for immunofluorescence with the indicated Abs as previously described (19). In brief, after nonspecific protein block, primary Abs were incubated overnight at 4°C. After successive PBS washes, sections were incubated in secondary Abs and, subsequently, stained with directly labeled CD61-PeCy5. Sections were counterstained with DAPI.

Cytotoxicity assay
Cytotoxicity of NK cells was analyzed by 2 h BATDA europium release assays as previously described (24). Percentage of lysis was calculated as follows: 100 × [(experimental release – spontaneous release)/(maximum release – spontaneous release)].

Measurement of cytokines by ELISA
IFN-γ and TGF-β levels were analyzed using OptEIA sets from BD PharMingen and DuoSet ELISA development system from R&D Systems, respectively, according to the manufacturer’s instructions. All concentrations are expressed as means ± SEM of triplicates.

Results

Thrombopoietic cells express GITRL
Previous data show expression of several TNF family members on platelets (25–33). In this study we set out to determine whether GITRL was expressed upon in vitro differentiation of megakaryocytes from CD34+ stem cells. Cell purity of megakaryocytes as determined by flow cytometric evaluation of CD41a expression was >90% (data not shown). RNA was isolated at days 6, 9, and 12 during differentiation and RT-PCR was performed for semi-quantitative analysis of GITRL transcript levels, which revealed that GITRL expression is upregulated in the course of megakaryocytic differentiation (Fig. 1A). Morphologically, megakaryocytes could be identified as typical large, multinucleated cells. Immunofluorescent staining of mature megakaryocytes revealed expression of typical markers of thrombopoiesis such as CD41a in parallel with cytoplasmic expression of GITRL (Fig. 1B). To demonstrate that GITRL is passed on by megakaryocytes to their platelet progeny in humans, we analyzed peripheral blood platelets for the expression of GITRL utilizing flow cytometry. The α-granular protein P-selectin (CD62P) served as marker for platelet activation. CD62P+ platelets displayed no relevant GITRL surface expression, whereas substantial GITRL levels were detected on the surface of the CD62P+ fraction. To determine whether GITRL, similar to other TNF family members (25–27,
isotype control. (B) CD62P expression in resting and activated (exposure to collagen or ADP for 5 min) platelets was performed as described in Materials and Methods. (C) In vitro-generated megakaryocytes were analyzed by immunofluorescent staining using CD41a (green) and GITRL (red) Abs. Nuclei were counterstained with DAPI (blue). Original magnification X 400. (D) GITRL expression on resting and activated (exposure to collagen or ADP for 5 min) platelets was analyzed by flow cytometry after fixation with 1% paraformaldehyde and counterstaining for CD62P. Shaded peaks, staining with specific Abs; open peaks, isotype control. (D) Western blot analysis of GITRL protein expression in resting and activated (exposure to collagen or ADP for 10 min) platelets was performed as described in Materials and Methods. rGITRL served as positive control.

30), is upregulated on the platelet surface following activation, we compared GITRL levels in resting state and after exposure to classical platelet agonists. After treatment with collagen or ADP for 5 min, substantial GITRL expression could be detected on the platelet surface by flow cytometry (Fig. 1C). Western blot analysis of platelet lysate confirmed the presence of GITRL protein in platelets and revealed that GITRL protein content in platelets from different donors and cancer patients varied substantially. Notably, the total GITRL protein content did not differ in untreated or resting platelets from the same donor, indicating that GITRL is translocated to the platelet surface upon activation (Fig. 1D and data not shown). Taken together, these data demonstrate that GITRL is expressed on megakaryocytes and platelets and appears on the platelet surface following activation.

GITRL does not influence platelet activity

Comparable with multiple other members of the TNF receptor/ligand family, bidirectional signaling has been reported after GITR–GITRL interaction, and GITRL “reverse signaling” occurs both in malignant and nonmalignant cells (20, 24, 34, 35). We therefore analyzed whether engagement of GITRL on platelets by GITR would result in measurable responses. To this end, platelet aggregation in response to standard agonists was measured in the absence or presence of immobilized GITR-Fc (which induces GITRL crosslinking and thus signaling) or isotype control as well as in the presence of GITR-expressing NK cells. Neither incubation on immobilized GITR-Fc nor presence of NK cells that constitutively express GITR (20, 36) induced changes in collagen- or ADP-induced platelet aggregation under shear stress (Fig. 2A). Additionally, platelet aggregation was not induced by immobilized GITR-Fc or NK cell-expressed GITR in the absence of agonists. In line with these results, analysis of CD62P expression on platelets revealed no response to GITRL stimulation, whereas collagen as positive control strongly induced CD62P upregulation (Fig. 2B). Furthermore, measurement of TGF-β in platelet supernatants did not reveal an effect of GITR–GITRL interaction as induced by the above-described treatment conditions (Fig. 2C). We thus concluded that platelet GITRL does not transduce a reverse signal capable of substantially altering platelet aggregation or degranulation.

Tumor cell coating by platelets results in pseudoexpression of GITRL

Upon entering the blood stream, tumor cells activate both the plasmatic coagulation cascade and platelets, which rapidly adhere to the tumor cell surface (6, 7). The functional consequence of this finding may be an immunoprotective effect, shielding hematogenously disseminating tumor cells and leukemic blasts from being recognized and lysed by NK cells. Adhesion of platelets on tumor cell surfaces can be reproduced in vitro by coincubation of both cell types under shear stress in a platelet aggregometer. Low concentrations of tumor cells do not induce visible platelet aggregation, but platelet adherence to tumor cells occurs (19). Flow cytometric analyses with three tumor cell lines revealed no ex-

FIGURE 1. GITRL is expressed on thrombopoietic cells. (A) CD34+ hematopoietic progenitor cells were cultured for 12 d in the presence of recombinant human thrombopoietin to induce differentiation to megakaryocytes. On days 6, 9, and 12 semiquantitative RT-PCR for GITRL mRNA was performed as described in Materials and Methods. (B) rGITRL

FIGURE 2. Influence of GITRL signaling on platelet activation. (A) Platelet aggregation was induced by collagen (left) or ADP (right) in the presence or absence of immobilized GITR-Fc or isotype control as well as GITR-expressing NK cells (untreated, black; isotype, red; GITR-Fc, blue; NK cells, green) and measured for 5 min. (B) CD62P expression on platelets after incubation alone, on immobilized GITR-Fc or isotype control, and with NK cells or collagen was analyzed by FACS. (C) TGF-β release from platelets after incubation as described in (B) was analyzed by ELISA. Amounts of total (left) and active (right) TGF-β in supernatants of platelets are shown.
pression of GITRL or CD41a in the absence of platelets. When tumor cells were incubated with a thousand-fold excess of platelets, substantial levels of GITRL were detected by flow cytometry on the tumor cell surface (Fig. 3A). Similar CD41a expression levels were observed after coincubation of the three different tumor cell lines with platelets, indicating comparable coating efficiency with all three lines. Notably, GITRL expression levels on platelet-coated SK-BR-3 were higher as compared with SK-Mel and PC3 cells. Interestingly, this was correlated with higher expression of tissue factor (Fig. 3B), which may cause more efficient platelet activation (represented by higher CD62P expression) on SK-BR-3 cells. In line with our data on GITRL expression in resting and activated state, CD62P expression correlated with GITRL expression on platelets. Immunofluorescence analysis of PC3 cells with and without coating platelets again revealed that tumor cells alone do not express relevant levels of the platelet marker CD41a or GITRL. After coincubation with platelets, PC3 cells displayed surface expression of both CD41a and significant levels of GITRL (Fig. 3C). Non-tumor cell-related staining among platelet-coated tumor cells represents nonadherent platelets, which also served as positive staining control. Taken together, these data demonstrate that tumor cells are rapidly coated in the presence of platelets, which results in apparent expression of platelet molecules, including immunoregulatory GITRL by the tumor cells. We suggest to refer to this phenomenon as “pseudoexpression” of platelet membrane-bound immunoregulatory molecules by tumor cells. It may also confer a “pseudo-self” immunophenotype to malignant cells from the host antitumor immune system’s perspective (37).

Platelet-derived GITRL inhibits NK cell antitumor activity
To establish the functional significance of platelet-derived GITRL pseudoexpression on tumor cells, and because GITR inhibits the reactivity of human NK cells (20, 24, 36, 38, 39), SK-Mel, PC3, and SK-BR-3 tumor cells were coincubated with NK cells with and without antecedent coating by platelets. Intentionally, platelets and NK cells were from different donors to exclude potential inhibitory effects by autologous MHC class I, which is also highly expressed on platelets (40). Tumor cells were washed extensively after coating to remove surplus platelets and to exclude effects by immunoregulatory factors contained in platelet releasate such as TGF-β. When tumor cells were coated by platelets, NK cytotoxicity was significantly reduced. Blockade of NK cell expressed GITR largely and significantly ($p < 0.05$, Student $t$ test) reversed this effect, whereas blocking of GITR–GITRL interaction did not alter NK cell reactivity in the absence of platelets, as the employed tumor cells do not constitutively express GITRL. These results confirmed that platelet-derived GITRL exerts an inhibitory effect on NK cell cytotoxicity (Fig. 4A). A second major effector mechanism by which NK cells contribute to antitumor immunity is their role as an “early source of IFN-γ” (17, 18). Therefore, we examined IFN-γ production by NK cells in response to tumor cells in the presence or absence of coating platelets. Notably, presence of uncoated PC3 and SK-Mel tumor cells resulted in substantial IFN-γ secretion by NK cells, whereas presence of SK-BR-3 cells did not induce any IFN-γ production in analyses with NK cells of 10 different donors, neither in the presence or absence of IL-2. Platelet coating significantly decreased the cytokine production of NK cells in response to PC3 and SK-Mel. Although IFN-γ levels

![FIGURE 3. Platelet coating of tumor cells results in pseudoexpression of GITRL. (A) The indicated tumor cells were incubated with platelets as described in Materials and Methods. GITRL, CD41a, and CD62P expression was analyzed by flow cytometry. (B) Untreated tumor cells were analyzed for tissue factor expression by flow cytometry. (C) Single-cell suspensions of the indicated tumor cell lines underwent immunofluorescent staining after incubation with or without platelets. Cells were stained with pan-cytokeratin followed by Alexa 488-conjugated secondary Ab (green), CD61-PeCy5 (red), and GITRL followed by PeCy3-conjugated Ab (yellow). Nuclei were counterstained with DAPI (blue). Original magnification $\times 400$.](http://www.jimmunol.org/)

The Journal of Immunology 157

Downloaded from http://www.jimmunol.org/ by guest on April 6, 2017
in cultures with untreated tumor cells were not altered by addition of blocking GITR Ab, prevention of GITR signaling partially but significantly ($p < 0.05$, Student $t$ test) restored IFN-$\gamma$ production in cultures with platelet-coated PC3 and SK-Mel tumor cells (Fig. 4B).

To further confirm that GITR–GITRL interaction contributed to reduced NK reactivity against platelet-coated tumor cells, we employed the GITR$^+$ NK cell line NK92 (24). Tumor cell coating by platelets did not alter cytotoxicity of NK92 cells. Addition of blocking GITR Ab had no influence, thereby providing further evidence that GITR–GITRL interaction was responsible for NK cell inhibition in the experiments with GITR-bearing primary NK cells (Fig. 4C).

To further investigate the potential influence of soluble factors on NK cell reactivity in our setting, we analyzed cytotoxicity and IFN-$\gamma$ release of NK cells in response to untreated PC3 tumor cells with platelets, tumor cells, or platelet-coated tumor cells being present in the assay, but separated by 0.4-$\mu$m transwell inserts (Fig. 4E, 4F). Presence of spatially separated resting platelets did not alter NK cell reactivity. Presence of tumor cells and measurement of cytotoxicity as compared with overnight for IFN-$\gamma$ production). Furthermore, cytotoxicity and IFN-$\gamma$ secretion of NK cells are governed by at least partially different mechanisms/signal pathways (41–44), which is also highlighted by the fact that SK-BR-3 cells induced NK cell cytotoxicity but not IFN-$\gamma$ secretion. Additionally, it is possible that inhibition of NK cell IFN-$\gamma$ production may be mediated by yet unidentified membrane-bound molecules or contamination with low levels of platelet releasate. The latter mediates inhibitory effects, for example, by NKG2D downregulation, which requires several hours to occur (19).

To further confirm that GITR–GITRL interaction contributed to reduced NK reactivity against platelet-coated tumor cells, we employed the GITR$^+$ NK cell line NK92 (24). Tumor cell coating by platelets did not alter cytotoxicity of NK92 cells. Addition of blocking GITR Ab had no influence, thereby providing further evidence that GITR–GITRL interaction was responsible for NK cell inhibition in the experiments with GITR-bearing primary NK cells (Fig. 4C). Notably, the blocking GITR Ab also did not alter IFN-$\gamma$ production of the NK92 cells (Fig. 4D), even when IFN-$\gamma$ secretion was slightly diminished by platelet coating. Just as blocking GITR–GITRL interaction was more effective with regard to cytotoxicity than IFN-$\gamma$ production of primary NK cells, this may be due to the different assay conditions (e.g., 2 h assay time for

FIGURE 4. Platelet-derived GITRL inhibits NK cell antitumor reactivity. (A and B) The indicated tumor cells were incubated with or without platelets. After washing to remove surplus platelets and soluble factors, cytotoxicity (A) and IFN-$\gamma$ production (B) of polyclonal NK cells in the presence or absence of anti-GITR or isotype control (10 $\mu$g/ml each) were evaluated by 2 h BATDA europium assay and ELISA after overnight incubation, respectively. (C and D) Cytotoxicity (C) and IFN-$\gamma$ secretion (D) in response to platelet-coated and untreated PC3 tumor cells were analyzed as described in (A) and (B) using GITR$^+$ NK92 cells as effectors. (E and F) NK cell cytotoxicity (E) and IFN-$\gamma$ secretion (F) in response to untreated and platelet-coated PC3 tumor cells were analyzed as described in (A) and (B). Where indicated by (//), platelets, PC3 cells, or platelet-coated PC3 cells were present but separated by transwell inserts from NK cells and untreated PC3 cells during the assays. (G) Modulation of IL-15–induced NK IFN-$\gamma$ production in the presence or absence of platelets after overnight incubation. Where indicated, anti-GITR or isotype control Abs (10 $\mu$g/ml each) were added. Exemplary data of at least three experiments with similar results are shown. $^*p < 0.05$, Student $t$ test.
washed platelet/tumor cell aggregates both reduced cytotoxicity of
NK cells to the same extent. Thus, soluble factors released from
tumor cells and platelet-coated tumor cells, but not factors re-
leased from platelets, inhibited tumor cell lysis in this experi-
mental system. Again, probably for the same reasons as stated
above, results regarding IFN-γ secretion differed from those of
cytotoxicity assays. Presence of spatially separated platelet-coated
tumor cells reduced IFN-γ secretion of NK cells, whereas un-
treated tumor cells did not affect cytokine release. Importantly,
both with regard to cytotoxicity and IFN-γ secretion, inhibition of
NK reactivity was most pronounced when platelet-coated tumor
cells were in direct contact with NK cells (Fig. 4E, 4F). These
findings provide strong evidence for the protean importance of
membrane-bound molecules in inhibiting NK cell reactivity by
tumor-coating platelets.

Finally, we analyzed the influence of platelet-expressed GITRL
on NK cell IFN-γ production as induced by IL-15 in the absence
of tumor targets. NK cells released only low levels of IFN-γ in the
absence of IL-15, but substantial IFN-γ production was observed
upon cytokine stimulation. IFN-γ production was strongly
inhibited in the presence of platelets, which upregulate GITRL
within the time of in vitro culture for analysis of IFN-γ production
(not shown). The inhibitory effect of the platelets was partially but
significantly (p < 0.05, Student t test) restored upon the addition
of anti-GITR Ab (Fig. 4G). This excluded that the effects of
platelet coating on NK reactivity were solely mediated by effects
on the tumor cells and established proof of principle that platelet
GITRL does directly influence NK cell reactivity. Taken together,
these data clearly demonstrate that platelet-derived GITRL
inhibits NK cell reactivity upon coating of (metastasizing) tumor
cells, for example, after entering the blood stream.

Discussion
Increasing evidence points to an important role of platelets in the
modulation of inflammation and immune responses beyond their
function in hemostasis (40). In this study, we describe that GITRL
is upregulated during megakaryopoiesis, which results in GITRL
expression by platelets. We found further that GITRL expression
levels are upregulated upon platelet activation because of rapid
translocation of preformed cellular protein to the platelet surface,
which is similar to other TNF superfamily members expressed in
platelets (25–27, 30). Similar to other platelet-expressed TNF
family members, platelet GITRL transduces forward signals into
GITR⁺ cells. No reverse signaling after GITRL stimulation into
platelets was detectable, whereas reverse signaling via other
platelet-expressed TNF family members has not yet been studied.
The only exception is platelet CD40L, which does affect platelet
reactivity by reverse signaling (28, 29).

The data presented in this study provide evidence that forward
signaling through platelet-expressed GITRL contributes to the
tumor-protective, NK inhibiting effects of platelets. We and others
have previously reported that GITR is expressed on NK cells and
reduces their cytotoxicity and IFN-γ production upon engagement
of GITRL (20, 24, 36, 38, 39). In this study, we demonstrate that
tumor cells rapidly get coated in the presence of platelets,
resulting in impaired NK antitumor reactivity, which is in line
with findings of previous studies (6, 7, 11). Several mechanisms
contribute to this inhibitory effect, and recently we demonstrated
that this can comprise release of NK-inhibitory cytokines from
platelets and altered MHC class I expression by tumor cells (19,
37). In this study, we demonstrate that conferment of GITRL to
NK cells by coating platelets contributes to the same. Because
platelets upregulate NK-inhibitory GITRL upon activation, their
capacity to inhibit NK cell reactivity via GITR–GITRL interaction
is relevant in situations leading to their activation, which may
occur upon interaction with malignant cells entering the blood-
stream. The NK-inhibitory effect of platelet-expressed GITRL
was revealed by blocking approaches, in which neutralizing GITR
Ab partially restored NK reactivity against platelet-coated tumor
cells. Cytotoxicity and cytokine release assays in transwell sys-
tems indicated that in our experimental setting membrane-bound
platelet molecules were more relevant for NK cell inhibition than
were soluble factors. Analysis of activation-induced NK cell cyto-
tokine production in the absence of tumor targets confirmed that
platelets can in fact reduce NK effector function upon GITRL–
GITR interaction and confirmed that the observed inhibitory ef-
fect was due to induction of inhibitory GITR signals in NK cells.
Notably, neither NK cytotoxicity nor cytokine production was
completely restored by GITR blockade, which clearly indicates
that other platelet-expressed NK modulatory molecules beyond
GITRL contribute to the inhibitory effect. Identification of these
additional molecules is the subject of ongoing studies.

The influence of GITR–GITRL interaction in tumor immune
surveillance was characterized in multiple studies. Results
obtained in different mouse models indicate that stimulation of
GITR potently induces T cell antitumor immunity against various
malignancies. However, data by us and others regarding the role
of GITR in human NK cells indicate that stimulation of GITR
inhibits NK antitumor reactivity (20, 24, 36, 38). The available
data indicate that the consequences of GITR–GITRL interaction
may vary between mice and humans, between T cells and NK
cells, and, upon treatment with agonistic Abs, they seem to be
dependent on the time of intervention, the biological environment,
and the level of the ongoing immune response (34, 35, 45–48).
Our data demonstrate that platelets may also contribute to the in-
terplay of GITR/GITRL-expressing components of the hematopoietic
system and add another level of complexity to the picture
of GITR and its ligand in immunity. As of now, the role of pla-
telets not only in the crosstalk via GITR–GITRL, but rather during
immune responses in general, remains incompletely defined, but
increasing evidence indicates that platelets, beyond their hemo-
static function, are important modulators of immune responses,
especially of NK cells. Much further work is required to delineate
the influence of platelets in general and as third players when it
comes to tumor–NK cell interactions. In this context it is impor-
tant to consider that discrimination of prometastatic effects of
platelets and the plasmatic coagulation system, let alone the
specific underlying mechanisms, is difficult in animal models,
because both may promote metastasis on multiple different levels
(5). Additionally, the influence of a single molecule within the
multitude of inhibitory and activating receptors governing NK
reactivity may also more easily be elucidated by in vitro studies.
Knockout or inhibition of GITR in vivo would not only influence
NK cells, but also other GITR-bearing cells of the immune sys-
tem. Additionally, not only GITR but also GITRL transduces
immunomodulatory signals. Thus, interfering with GITR in mouse
models may cause various effects that influence multiple cell types
that interact via GITR–GITRL. Perhaps most importantly, results
by us and others revealed that the consequences of GITR trig-
nering may differ in human and mouse NK cells (20, 24, 35, 36,
38, 39). Our in vitro study in turn enabled the detailed dissection
of the mechanisms by which GITR and its platelet-expressed
ligand may contribute to the evasion of tumor cells from NK-
mediated immune surveillance.

Tumor cells and platelets both express inhibitory and stimu-
latory ligands for NK cells, and, in the end, it will be the interplay
of all of them that decides upon tumor cell lysis or immune escape.
Suitable future studies are required to elucidate the complex in-
terplay of NK cells, platelets, and tumor cells, which then would hold promise to establish novel therapeutic targets to possibly help us overcome obstacles in tumor immunotherapy.

Disclosures

The authors have no financial conflicts of interest.

References