Mycophenolic Acid Differentially Impacts B Cell Function Depending on the Stage of Differentiation

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Mycophenolic acid (MPA; CellCept) is an immunosuppressant agent used primarily in transplantation to prevent allograft rejection and as an alternative therapy for several autoimmune disorders. MPA selectively inhibits inosine 5’-monophosphate dehydrogenase (IMPDH), the rate-limiting enzyme in the de novo pathway of purine synthesis. Two isoforms of IMPDH have been described. Whereas IMPDH1 is widely expressed, IMPDH2 is more abundant in activated lymphocytes and is five times more susceptible than IMPDH1 to inhibition by MPA (1–5). Inhibition of IMPDH2 by MPA leads to depletion of guanosine nucleotides, which blocks DNA synthesis and cell division (1, 6). Lymphocytes rely exclusively on the de novo pathway to generate GTP, whereas other cell types use additional, alternative pathways; therefore, MPA primarily targets lymphocytes.

MPA significantly blunts the proliferative and cytokine response of human lymphocytes. In T cells, MPA inhibits expansion to the mitogen PHA (7, 8). MPA also reduces adhesion of both CD4+ and CD8+ T cells to endothelial cells by impairing upregulation of VCAM-1, E-selectin, and P-selectin (9). Additionally, in a murine model of colitis, splenic T cells from mice pretreated with MPA have reduced expression of TNF-α, IFN-γ, and IL-4 after in vitro restimulation with anti-CD3 and anti-CD28 (10). Similarly, MPA targets B cells as MPA blocks proliferation and Ab secretion from both B cell hybridomas (11) and primary B cells (12). Ab formation in rats immunized with sheep RBCs is also inhibited by MPA (7).

Given its potent ability to inhibit lymphocyte division and effector functions, MPA is used clinically to treat a number of autoimmune disorders. In mouse models of lupus, MPA prolongs survival and reduces kidney disease and autoantibody levels in both MRL-lpr/lpr (13) and NZB×W mice (14, 15). Improved disease in MRL lpr/lpr mice after treatment with MPA is associated with decreased numbers of both splenic B cells and CD4+ T cells. Mechanism of action studies demonstrate that ex vivo treatment of splenocytes from MRL-lpr/lpr mice with MPA leads to a reduction of proliferation, cytokine secretion, and autoantibody production (16). In humans, clinical trials have shown that MPA has efficacy comparable with that of cyclophosphamide in treating lupus nephritis (17). In addition, treatment with MPA has benefit in patients with rheumatoid arthritis (RA), psoriasis, and Crohn’s disease (18–20). Individuals with a polymorphism in IMPDH2 are less responsive to MPA therapy. This polymorphism is present in 19% of healthy individuals and may explain differences in MPA efficacy among patients (21).

A hallmark of autoimmunity is the production of pathogenic autoantibodies. As such, it is important to determine whether current treatment options effectively target and inhibit Ab-secreting cells. One example is rituximab (Rituxan), an anti-CD20 mAb used therapeutically to deplete CD20+ B cells. Plasma cells (PCs), however, do not express CD20 and thus are not targeted by rituximab. Notably, reductions in circulating autoantibodies levels, which play an important role in autoimmune disease, are not consistently achieved after treatment with rituximab (22).

CellCept is currently being used as the standard of care for the treatment of lupus nephritis. Gaining a better understanding of the
mechanistic action of MPA would provide a critical step toward improving the study design of future clinical trials. Specifically, several important aspects of the impact of MPA on B cell function are unknown. In particular, a number of key questions remain regarding the effect of MPA on Ab production. The primary goal of this study was to examine the effect of MPA on expansion, PC differentiation, and Ig secretion of primary human B cells from healthy individuals and autoimmune patients as well as to determine its direct effect on terminally differentiated PCs.

Materials and Methods

Cells

Human blood was collected from healthy donors after receiving informed consent. RA blood samples were obtained from the Warren G. Magnuson Clinical Center Blood Bank (Bethesda, MD) as approved by the National Institute of Arthritis and Musculoskeletal and Skin Diseases, National Institutes of Health. All studies have been approved by either the MedImmune Human Biological Sample Review Committee or the Warren G. Magnuson Clinical Center Institutional Review Board. PBMCs were isolated from CPT tubes (BD Biosciences) after centrifugation. For most studies, B cells and CD4+ T cells were negatively selected using MACS cell separation reagents (Miltenyi Biotec). For isolation of B cells, the following kits were used from Miltenyi Biotec: total B cells, B cell Isolation Kit II, human (130-091-151); naive B cells, Naive B cell Isolation Kit II, human (130-091-150); preswitched memory B cells, IgM* Memory B cell Isolation Kit, human (130-093-619); and postswitched memory B cells, IgG Memory B cell Isolation Kit, human (130-094-350). For total peripheral blood CD4+ T cells for the T/B cell coculture assays, total CD4+ T cells were negatively selected using the CD4+ T cell Isolation Kit II (130-091-155; Miltenyi Biotec). Routine purity for total B cells and CD4+ T cells was greater than 95%. The degree of purity and initial B cell phenotype were determined by flow cytometry for all experiments on day 0. Of note, total CD4+ T cells contained all subpopulations of CD4+ T cells, and total B cell preparations isolated using this method contain populations of both naïve and memory B cells, but PCs were excluded due to expression of CD43, which is targeted by the Ab selection mixture of the MACS kit.

For Th17 cell differentiation assays, PBMCs were isolated from peripheral blood using CPT tubes (BD Biosciences). Total CD4+ T cells were isolated from the PBMCs using the EasySep CD4+ T Cell Negative Selection Kit (cat. no. 19052; StemCell Technologies, Vancouver, BC, Canada) and the negative selection program on a RoboSep automated cell separator (StemCell Technologies). Total CCR6+ CD4+ T cells were then isolated using bispecific anti-CCR6 tetrameric Ab complexes generated using the EasySep Do-It-Yourself kit (cat. no. 18099; StemCell Technologies) and unconjugated anti-CCR6 (clone 11A9; Becton Dickinson). The separations were performed using a RoboSep (StemCell Technologies) and the positive selection program, collecting the positive (CD4+CCR6+) fraction. Routine purity for total CD4+ T cells was 98% and for CD4+ CCR6+ cells was 97%.

Tonsillar B cell subtypes were isolated by cell sorting performed on a BD FACSARia II high-speed cell sorter (BD Biosciences). Naïve tonsillar B cells were defined as CD19+CD27-CD38hi; memory B cells as CD19+CD27hiCD38hi, and germinal center (GC) B cells as CD19+CD27hiCD38lo. Greater than 90% purity was achieved for all cell populations.

Culture conditions: B cells and activated T cells

T cell/B cell cocultures have been previously described (23). Briefly, 96-well flat-bottomed wells were coated overnight at 37°C with anti-CD3 diluted in PBS (10 μg/ml; clone UCHT1; BD Biosciences) and washed before addition of cells. Alternatively, cells were stimulated with anti-CD3/anti-CD28–coated beads (Invitrogen), in a 5:1 T cell to bead ratio. Both ways of activating T cells gave comparable results. CD4+ T cells were treated with mitomycin C (30 μg/ml; Sigma Aldrich) for 30 min at 37°C then washed and rested in complete media at 37°C for an additional 30 min. Then, 1.0 × 10^6 mitomycin C-treated CD4+ T cells and 0.5 × 10^6 purified B cells (per well) were cocultured in a final volume of 200 μl on anti-CD3–coated plates or with anti-CD3/anti-CD28 beads. For determination of CD40L expression and other activation markers in the absence of B cells, T cells were stimulated alone as described earlier. Culture medium for all experiments was RPMI 1640 (Invitrogen) supplemented with 10% FCS, 2-mercaptoethanol (55 μM), L-glutamine (2 mM), and anti–IFN-γ (clone 12-161A, 50 μg/ml; R&D Systems, Minneapolis, MN), IL-23 (50 ng/ml; R&D Systems), anti–IFN-γ (clone AHC4032, 10 μg/ml; Invitrogen). After 3 days, MPA was added, and the cultures were continued overnight. The following day, the cells were resuspended with leukocyte activation cocktail (Becton Dickinson) for an additional 4–6 h. After fixation and permeabilization, cells were stained for intracellular Ags using the following Abs: anti-IL-2 (clone MQJ-17H12), anti–IL-17A (clone eB6104DEC17), and anti–IL-21 (clone 3A3-NA2) (all from eBioScience). Data were acquired using a FACSCalibur (Becton Dickinson) and analyzed with FlowJo software (Tree Star).

Cytokine production

Supernatants from T cell/B cell cocultures activated with anti-CD3/anti-CD28 microbeads were harvested after 48 h, and cytokine production (IL-2, IL-4, IL-5, IL-10, IL-12, IL-13, and IFN-γ) was quantified using a multiplex cytokine assay (Meso Scale Discovery) according to the manufacturer’s instructions. IL-2, IL-17, and IL-21 expression were measured by flow cytometry as described earlier.

B cell expansion

B cell expansion was determined in cultures of purified B cells or in T cell/B cell cocultures stimulated as described earlier. B cell expansion was quantified by measuring ATP levels on day 3–4 of culture using the Cell Titer-Glo Luminescent Assay (Promega) according to the manufacturer’s instructions. As CD4+ T cells were mitomycin C treated, increased in ATP units in coculture experiments reflected B cell expansion exclusively.

Flow cytometry

At a variety of time points, cells were harvested from culture wells and stained for 30 min at 4°C. The following combinations of Abs were used: from BD Pharmingen: anti-CD19 (PerCP–Cy5.5); anti-CD277 (FITC or PE); anti-CD30L (PE or allophycocyanin, clone HB7); anti-CD27 (PE); from Invitrogen: anti-CD4 (FITC or PE); anti-CD60 (allophycocyanin); and anti-CD25 (PE, Beckman Coulter), anti-CD40 (PE, eBioscience), anti-CD40L (PE, BioLegend). 7-Aminoactinomycin D 7 (7-AAD; BD Pharmingen) was used to determine cell viability. Cell cycle analysis was performed on ethanol-fixed cells using propidium iodide (50 μg/ml). Cells were analyzed on an LSR II flow cytometer (BD Biosciences) using FACSDiva software. All conditions were collected for the same time, thus the number of events displayed is reflective of relative cell number. However, total cell numbers were determined using AccuCount Particles (Spherotech).

Ig production

Secreted Ig was quantified by ELISA after stimulation of B cells as described previously (24). Briefly, 96-well flat-bottom plates were coated overnight at 4°C with either 5 μg/ml goat anti-human IgM or IgG diluted using PBS (10 μg/ml) reconstituted in DMSO (<0.001% of the final volume; Sigma Aldrich) or DMSO-only control was added to cultures at various concentrations (0.1–3.0 μM).

Culture conditions: purified B cells

B cells (0.5 × 10^5 to 1.0 × 10^5) were cultured in 96-well round-bottom plates in a final volume of 150–200 μl complete medium. At initiation of culture, B cells were stimulated with either CpG-B (1 μg/ml; Invivogen) or a combination of IL-21 (33 ng/ml; Peprotech), anti-CD40 (0.1 μg/ml, goat IgG; R&D Systems), and anti-IgM (ab2) (5.0 μg/ml; Jackson Immuno Research Laboratories). B cells were cultured for up to 21 d. For some experiments, B cells were CFSE-labeled prior to culture. Briefly, B cells were incubated with CFSE (10 μM; Invitrogen) diluted in serum-free media for 4 min with gentle rocking at room temperature. Cells were quenched with FBS and were washed extensively before culture (24). In most experiments, MPA or DMSO-only control was added to cultures at various concentrations (0.1–3.0 μM) at the initiation of culture. However, to determine the effect of MPA on established PCs, MPA was added after 7 d of B cell stimulation, and supernatants were removed after several days of culture to assess Ig content as described later.

Culture conditions: purified T cells

T cell differentiation and staining of intracellular cytokines.

Isolated CCR6+CD4+ cells were activated with anti-CD3/anti-CD28–coated beads (Invitrogen) for 3 d in X-VIVO-15 serum-free medium (Lonza, Walkersville, MD) supplemented with 2-mercaptoethanol, L-glutamine, and anti–IFN-γ. Cytokines and Abs were used at the following concentrations: IL-1β (20 ng/ml; R&D Systems, Minneapolis, MN), IL-23 (50 ng/ml; R&D Systems), TGF-β (5 ng/ml; R&D Systems), anti–IFN-γ (clone AHC4032, 10 μg/ml; Invitrogen). After 3 d, MPA was added, and the cultures were continued overnight. The following day, the cells were resuspended with leukocyte activation cocktail (Becton Dickinson) for an additional 4–6 h. After fixation and permeabilization, cells were stained for intracellular Ags using the following Abs: anti-IL-2–clone MQJ-17H12, anti–IL-17A (clone eB6104DEC17), and anti–IL-21 (clone 3A3-NA2) (all from eBioScience). Data were acquired using a FACS-Calibur (Becton Dickinson) and analyzed with FlowJo software (Tree Star).

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in PBS (Bethyl Laboratories). Plates were washed and blocked with 0.25%-BSA in PBS. Supernatants were diluted and incubated on plates overnight. Bound Ig was detected with goat anti-human IgM– or goat anti-human IgG–alkaline phosphatase (0.2 μg/ml; Bethyl Laboratories) all diluted in blocking buffer. Plates were developed with SigmaFast p-Nitrophenyl phosphate Tablets (Sigma Aldrich), and specific absorbance was measured at 405 nm using a SpectraMax plate reader (Molecular Devices).

Apoptosis assay
Apoptosis of B cells stimulated either with CpG-B or with a combination of IL-21/anti-CD40/anti-IgM was assessed after various days of culture using the Caspase Glo 3/7 Assay (Promega).

IMPDH expression/real-time PCR
For analysis of predifferentiated PCs, 1 × 10⁶ purified B cells were cultured with IL-21/anti-CD40/anti-IgM at the concentrations indicated above in 24-well plates in a final volume of 1.5 ml culture medium. RNA was isolated from total unfractionated B cells on days 0–3 of culture and from sort-purified PCs after 7–8 d of culture using an RNeasy Plus Mini Kit (Qiagen). Predifferentiated day 7–8 PCs were sorted based on high expression of CD20+ cells and PCs as CD19+CD27hiCD38hiCD138+. RNA was directly isolated as described above. All RNA was reverse transcribed with SuperScript III Reverse Transcriptase (Invitrogen) and random primers and syndecan-1 by TaqMan PCR assay using a CFX96 Real-time PCR detection system (Bio-Rad). Probes used were as follows: IMPDH1, Assay ID Hs00265302_m1; IMPDH2, Assay ID Hs00168418_m1; CD138, Assay ID Hs00896423_m1 (Applied Biosystems).

Statistics
Mean of triplicate wells for each condition is shown. SD or SEM was calculated for each experiment as indicated in the legends to figures that accompany this article. Statistics were performed using a one-tailed, two-sample t test. Significant differences relative to vehicle-alone (DMSO) controls are noted by p value: *p < 0.05, **p < 0.01, ***p < 0.005.

![FIGURE 1.](http://www.jimmunol.org/DownloadedFrom/226x36to538x338) MPA selectively inhibits early activation events. A–D, B cells were cocultured with mitomycin C-treated, anti-CD3/anti-CD28-activated CD4+ T cells in the presence of DMSO control or a range of MPA concentrations as indicated. A and B, Cell size and surface expression of activation markers expressed by (A) CD4+ T cells or (B) CD19+ B cells were determined 72 h after coculture. Mean fluorescence intensity is indicated in each histogram. Data are representative of one of six independent donors tested. C and D, CD154 (CD40L) expression was determined in purified mitomycin C-treated CD4+ T cell cultures after 48 h of stimulation with anti-CD3/anti-CD28 as described. CD40 expression was quantified on B cells after 48 h of coculture with activated T cells. C, Data from one representative donor shown as percentage of DMSO control. D, Representative histograms of CD40L and CD40 expression in the presence of 3 μM MPA (red histogram). **p < 0.01.

Results

**MPA inhibits T cell-induced B cell activation**
Activation of B cells in vivo can be driven by interactions with activated T cells that express costimulatory molecules such as CD154 and produce B cell tropic cytokines. To mimic this process in vitro and to elucidate the specific mechanism of action of MPA, B cells were cocultured with anti-CD3/anti-CD28–stimulated, mitomycin C-treated CD4+ T cells. First, the effect of MPA on early activation events was determined. Primary (day 0) T cells and B cells were small resting cells, which expressed low densities of the activation markers CD25 and CD69. By day 3, anti-CD3/anti-CD28 stimulation induced CD4+ T cells to increase in cell size and upregulate expression of CD25 and CD69 (Fig. 1A). Concomitant with T cell activation, B cells enlarged and upregulated CD25 and CD69 as well as expression of CD19 (Fig. 1B). MPA inhibited T cell blasting, especially at higher doses. Whereas an intermediate concentration of MPA (0.3 μM) had little effect on activation markers, higher concentrations (1.0 and 3.0 μM) inhibited upregulation of CD25 on CD4+ T cells (Fig. 1A). In B cells, MPA also reduced cell size as well as CD25 and CD19 expression in a dose-dependent manner (Fig. 1B). MPA more profoundly reduced cell size than CD25 expression on both T cells and B cells. In contrast to its effect on cell size and CD25 expression, MPA did not inhibit upregulation of CD69 in either cell population. CD69 upregulation in B cells, however, was impaired through blockade of the CD40–CD40L pathway with TRAM1 anti-CD40L mAb (data not shown and Ref. 23). MPA also did not significantly hamper CD40 upregulation in B cells even at high concentrations of 3.0 μM (Fig. 1C, 1D). The effect of MPA on CD25 and CD69 expression was similar for purified activated T cells in the absence of B cells (data not shown). Additionally, CD154 expression increased after activation by activated T cells and was slightly further increased in the presence of low con-
concentrations of MPA; however, at higher concentrations, CD40L expression was reduced by ~40% (Fig. 1C, 1D).

We next assessed the impact of MPA on early cytokine production in the T cell/B cell cocultures. Within 48 h of activation, IL-2, IL-5, IL-10, IL-13, IFN-γ, and to a lesser extent IL-4 could be detected in culture supernatant (Fig. 2). Addition of MPA significantly reduced production of IFN-γ and IL-10 as well as IL-5 and IL-13 (Fig. 2). Surprisingly, however, levels of IL-2 and IL-4 were unaffected by the presence of MPA (Fig. 2). These results demonstrate that MPA does not globally prevent cell activation but rather selectively exerts its effect on specific activation events.

The impact of MPA on T cell-driven B cell expansion and PC differentiation at later time points was determined. By day 4 of culture, activated T cells had induced B cells to greatly expand (Fig. 3A). However, as expected, mitomycin C treatment prevented the majority of T cell expansion (Fig. 3A). Moreover, in the T/B cell assay, very few T cells were found in day 7 cultures indicating, as expected, that the mitomycin C-treated T cells had not expanded in the presence of B cells (data not shown). In day 4 cultures, MPA significantly blunted the T cell-dependent B cell proliferative response in a dose-dependent manner (Fig. 3A).

By day 7, CD19hiIgD−/CD38hi PCs were noted in the cultures (Fig. 3B, 3C), and IgM and IgG were detected in culture supernatants (Fig. 3C). Addition of MPA blocked T cell-induced B cell expansion and PC differentiation as noted by significantly fewer total B cells and a loss of PCs in the presence of 1.0 μM MPA (Fig. 3B, 3C). Inhibition of PC differentiation by MPA was further evidenced by a dose-dependent loss of IgM and IgG (Fig. 3C). Maximal inhibition of PC differentiation and Ig production was reached with 1 μM MPA. However, in contrast to the minimal effect that 0.3 μM MPA had on cell size and CD25 upregulation, this concentration of MPA reduced Ig production by >70%.

IL-21 is known to be a potent stimulator of plasma cell differentiation and Ab production (25). Although IL-21 is present in these T/B cell cocultures and IL-21R–Fc consistently inhibits T cell-induced PC differentiation (23), the amount of IL-21 is limiting, and thus the effect of MPA on its expression is difficult to determine. To address if loss of PC differentiation in the presence of MPA is secondary to loss of IL-21 production, recombinant IL-21 (33 ng/ml) was added at the initiation of the T/B cell cocultures. Exogenous addition of IL-21 was not found to overcome the inhibition of PC differentiation induced by MPA (data not shown).

To discern directly the effect of MPA on IL-21 production, primary CD4+ T cells were isolated from the blood and differentiated into Th17 cells. As shown in Supplemental Fig. 1, IL-21 and IL-17 were found to be greatly upregulated 4–6 h after restimulation of Th17 cells. Addition of MPA 24 h prior to the restimulation resulted in a dose-dependent inhibition of IL-21 expression in the activated Th17 cells. Although MPA significantly inhibited IL-21 even at low concentrations, it had a minimal effect at inhibiting IL-17 production (Supplemental Fig. 1). Consistent with data observed in the T/B cell cocultures, MPA also had little effect on IL-2 expression in Th17-activated cells (Supplemental Fig. 1). Importantly, these data further emphasize the differential impact of MPA on specific cytokines and its selective inhibition on both T and B cell activation.

**FIGURE 2.** MPA differentially affects cytokine production. B cells were activated with anti-CD3/anti-CD28–stimulated T cells as described in Fig. 1, and DMSO control or MPA was added at the start of culture at the concentrations indicated. Cytokine levels in the supernatant were measured after 48 h of T cell/B cell coculture. Data shown represent the mean (±SD) of triplicate wells from one of three unique donors. *p < 0.05, **p < 0.01, ***p < 0.005.

MPA directly inhibits B cell expansion and PC differentiation

The ability of MPA specifically to target highly purified peripheral blood B cells was evaluated next. B cells were stimulated either with IL-21 and anti-CD40 mAb to mimic T cell-dependent responses (24) with BCR cross-linking or with the TLR ligand CpG-B to mimic T cell-independent responses. B cells costimulated with IL-21/anti-CD40/anti-IgM maximally activated the B cells with peak upregulation of CD19, CD25, and CD69 observed on day 2 of culture, and maximal cell blasting was detected on day 3 (Supplemental Fig. 2A and data not shown). Although similar in trend, CpG-B stimulation of B cells induced a more modest upregulation of CD19 and CD25 (Supplemental Fig. 2B). Importantly, under both stimulation conditions, MPA significantly blocked cell blasting as well as upregulation of CD19 and CD25 (Supplemental Fig. 2). Consistent with observations of T cell/B cell cocultures, MPA did not affect upregulation of CD69 (Supplemental Fig. 2, right panel). In addition, these stimulation conditions also induced upregulation of IL-21R (day 3), which was greatly inhibited by MPA in a dose-dependent manner, suggesting a contributing mechanism by which MPA may downregulate B cells responses to IL-21 costimulation (data not shown). These data support a direct role for MPA as a selective inhibitor of early B cell activation events independent of T cell influences.

Stimulation of purified B cells with IL-21/anti-CD40/anti-IgM or CpG-B induced a quantitatively similar degree of B cell expansion as measured by ATP after 4 d of culture (Fig. 4A, 4B). However, as shown by CFSE dilution, B cells had a qualitatively different proliferative response to these two stimuli (Fig. 4C, 4D). By day 7, in the presence of IL-21/anti-CD40/anti-IgM, most cells underwent at least one division (86.33 ± 0.39% diluted CFSE) compared with CpG-B–stimulated cells, of which only about half were induced to divide (55 ± 0.57%). Further, in response to CpG-B stimulation, although a reduced percentage of B cells divided, those that did divide underwent a greater number of cell divisions (CpG-B stimulation: 19.7 ± 0.21% underwent more than three cell divisions; IL-21/anti-CD40/anti-IgM stimulation: 6.04 ± 0.39% underwent more than three cell divisions). Importantly, however, under both stimulation conditions, MPA significantly inhibited B cell expansion and PC differentiation.
CD38 expression were determined. CD19lo PCs are indicated in black box quantified by ATP.

Although the proliferative responses were qualitatively different, both stimuli induced a similar degree of PC differentiation as noted by the percentage of CD38hi cells that had completely diluted CFSE (Fig. 4A–D).

Inhibition of B cell activation and differentiation is not due to induction of cell death by MPA

To determine if the inhibitory effect of MPA on B cells was due to induction of cell death, cell viability in the presence of MPA was assessed. At early time points (24 h), before cell division was noted (data not shown), stimulation with IL-21/anti-CD40/anti-IgM induced a modest increase of apoptosis as measured by caspase 3/7 activity (Fig. 6A). Addition of MPA did not increase apoptosis in these cultures. Conversely, compared with unstimulated cells, stimulation of B cells with CpG-B led to a slight reduction of apoptosis that was unchanged in the presence of vehicle (DMSO) (Fig. 6A).

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undergone cell death (7-AAD+, Fig. 6B). Addition of MPA did not affect cell viability of unstimulated B cells (35.7% versus 36.4%). After 4 d of activation with either IL-21/anti-CD40/anti-IgM or CpG-B, B cells were induced to undergo robust cell division (Fig. 6B). Importantly, addition of 1.0 μM MPA to stimulated cultures completely inhibited cell division and resulted in cell viability comparable with that observed in unstimulated cells (Fig. 6B). These data suggest that at the concentrations used, MPA did not directly or indirectly induce cell death, but instead prevented B cell activation and division.

**G0/G1 cell cycle arrest in the presence of MPA**

To define further the effect of MPA on cell cycle progression, purified B cells were activated with various stimuli, and DNA content was measured by propidium iodide staining. Compared with unstimulated cells, activation of B cells with either IL-21/anti-CD40/anti-IgM or CpG-B drove an increased percentage of B cells into the S and G2/M phases of the cell cycle (Fig. 7). Cell cycle progression into S phase peaked by day 3 and then started to decline after day 4 of culture (data not shown). On day 3, at the peak of cell cycle progression, consistent with CFSE dilution, fewer B cells stimulated with CpG-B entered S phase compared with those stimulated with IL-21 costimulation (Fig. 7). Under both stimulation conditions, however, in the presence of MPA there was a dose-dependent decrease in the percentage of cells that entered S phase and a corresponding increase in the percentage of cells that remained in G0/G1. At higher concentrations of MPA (1.0 or 3.0 μM), the cell cycle profile of B cells was comparable with that observed in the absence of stimulation (Fig. 7), indicating that MPA induced a G0/G1 cell cycle arrest.

**Terminally differentiated PCs are not susceptible to inhibition by MPA**

Abs are generated in vivo by both newly activated/differentiated B cells as well as by long-lived Ig-secreting PCs. Thus, the effect of MPA on both primary and pre-established, terminally differentiated PCs was examined. To assess the ability of MPA to impact Ig production of pre-established PCs, purified B cells were stimulated as described earlier with either IL-21/anti-CD40/anti-IgM or CpG-B, and MPA (or control) was added on day 7, after a population of CD19<sup>lo</sup>IgD<sup>2</sup>CD38<sup>hi</sup> Ab-secreting PCs had clearly been established by both stimulation conditions (Fig. 8A, insets).

As noted above, when MPA was added at the initiation of culture, a complete block of IgM, IgG, and IgA production induced by CpG-B or IL-21 costimulation was noted (Fig. 8A, open squares and data not shown). Moreover, bortezomib (Velcade), a proteasome inhibitor that has been shown to deplete PCs in murine models of lupus (26), when added to pre-established PCs completely prevented further secretion of Ig as noted by a plateau of IgM, IgG, and IgA levels immediately after addition of the drug on day 7 (Fig. 8A, open circles and data not shown). Strikingly,
however, addition of MPA to B cell cultures stimulated for 7 d with either CpG-B or IL-21/anti-CD40/anti-IgM had no impact on the ability of pre-established PCs to continue to secrete IgM, IgG, or IgA (Fig. 8A, triangles, and data not shown). Notably, when concentrations of MPA that were equivalent or higher than those achieved in clinical settings [up to 100 μM MPA (27–30)] were added to the day 7 cultures of pre-established PCs, no impact on Ig production was noted throughout the 21-d culture period (data not shown).

To address the impact of MPA on primary PCs, CD27hiCD38hi PCs were directly sorted from human bone marrow. As PCs die very rapidly in vitro, the isolated PCs were directly sorted into ELISPOT plates that were incubated overnight in the presence of increasing concentrations of MPA (up to 100 μM). These sorted PCs produced IgM, IgG, and IgA in the 18-h assay. Consistent with the earlier findings from predifferentiated PCs, MPA had no impact on the ability of the primary bone marrow PCs to secrete Ig even in the presence of very high concentration of MPA (data not shown). Importantly, in concurrent (or parallel) overnight cultures, the same dilutions of MPA were able to inhibit B cell activation as noted by a reduced upregulation of CD19 and CD25 expression on total bone marrow CD19+CD20+ B cells activated with IL-21/anti-CD40/anti-IgM (data not shown). These data demonstrate that MPA is able to exert its inhibitory effect on primary bone marrow B cells, but not primary terminally differentiated PCs in short overnight cultures.

**Terminal differentiated PCs express reduced levels of IMPDH2**

The effect of MPA is mediated through direct inhibition of the enzyme IMPDH2. Thus, peripheral blood B cells were activated with a combination of IL-21/anti-CD40/anti-IgM, and the expression level of IMPDH1 was examined by either total B cells at various time points after activation or in the resultant PC population that emerged from these cultures after 7 or 8 d of stimulation (Fig. 8B). Stimulation with IL-21/anti-CD40/anti-IgM resulted in an approximate 10-fold increase in IMPDH2 mRNA expression in total B cells within 24 h compared with freshly isolated, non-stimulated B cells (Fig. 8C). IMPDH2 mRNA levels were further upregulated in total B cells by 48 h (25-fold increase), and began to decline by 72 h after stimulation. We noted a similar pattern of expression of IMPDH1; however, the induction of IMPDH2 mRNA was significantly greater than the upregulation of IMPDH1 mRNA (Fig. 8C). By day 7, a population of PCs emerged that were defined as CD19hiCD27hiCD38hi, a portion of which expressed the PC Ag CD138 (syndecan-1) (data not shown and Ref. 23). These PCs were purified by cell sorting based on CD27 and CD38 expression (Fig. 8B), and mRNA from these cells was compared with that from resting primary B cells. As expected, differentiated PCs highly upregulated expression of CD138 mRNA (Fig. 8C). In contrast, IMPDH2 levels in sorted predifferentiated PCs were downregulated 2- to 4-fold below that noted in freshly isolated primary B cells and 50-fold below that of day 2-stimulated cells, suggesting that these PCs are not simply quiescent cells, but rather that IMPDH2 mRNA has actively been switched off in these cells (Fig. 8C). Importantly, IMPDH2 mRNA was also found to be expressed significantly less in primary terminally differentiated bone marrow CD19hiCD20−CD27hiCD38hi CD138+ PCs compared with that in total bone marrow CD19hiCD20−CD27hi CD38hi CD138− B cells activated with IL-21/anti-CD40/anti-IgM (data not shown). These data demonstrate that MPA is able to exert its inhibitory effect on primary bone marrow B cells, but not primary terminally differentiated PCs in short overnight cultures.

**FIGURE 7.** MPA induces G0/G1 cell cycle arrest. Purified B cells were stimulated with IL-21, anti-CD40, and anti-IgM or Cd6g as indicated. After 3 d of culture, cell cycle analysis was performed by propidium iodide staining. Percentage of cells in G0/G1, S, and G2/M phases of the cell cycle is indicated. Data represent the mean (±SEM) of three donors tested.

**FIGURE 8.** Terminally differentiated PCs have reduced expression of IMPDH2 and are not susceptible to inhibition by MPA. A, Purified B cells were cultured and stimulated as indicated. DMSO control alone, MPA (1.0 μM), or bortezomib (Velcade, 100 ng/ml) was either added at initiation of culture (day 0) or after 7 d of culture. Supernatants were harvested on days 7, 10, 14, and 21, and Ig content was determined by ELISA. Insets indicate the percentage of CD19+IgD+CD38hi PCs in culture on day 7 at the time when DMSO, MPA, or bortezomib was added late. Mean (±SD) of one of three representative experiments is shown. B and C, Purified B cells were stimulated with IL-21, anti-CD40, and anti-IgM and cultured for the days (d) indicated. mRNA was isolated either from unfractinated B cell cultures on days 0, 1, 2, and 3 or from sorted PCs (CD27hiCD38hi) on day 7. B, Pre-sort and post-sort PC fractions on day 7 are shown. C, IMPDH1, IMPDH2, and syndecan-1 levels were quantified by RT-PCR. Fold change shown is relative to resting B cells (day 0). Data represent the mean ± SEM of three donors tested. D, Total B cells and PCs were sorted purified from human bone marrow, and expression of IMPDH2, IMPDH1, and syndecan-1 was quantified by RT-PCR. Four unique donors are shown. **p < 0.01, ***p < 0.005.
CD20⁺ B cells, which do not contain the PC population (Fig. 8D). Although IMPDH1 was found to be reduced in primary bone marrow PCs compared with that in total bone marrow B cells, the differences were not as significant (Fig. 8D). These results suggest that through downregulation of IMPDH2, terminally differentiated PCs become refractory to inhibition by MPA.

**MPA inhibits B cells isolated from RA patients**

MPA has shown promise as an immunosuppressive agent for the treatment of autoimmune disorders such as systemic lupus erythematosus (SLE) and RA (17, 19). As such, it is important to determine if B cells isolated from patients with autoimmunity are directly susceptible to inhibition by MPA. Comparable with healthy controls, B cells isolated from patients with RA expanded robustly in response to either IL-21 costimulation (Fig. 9A) or CpG-B (Fig. 9B) as noted by a 7- to 10-fold increase in ATP units compared with unstimulated B cells on day 4. Importantly, MPA blocked the expansion of B cells from both healthy controls and patients with RA to a comparable degree. PC differentiation and Ig secretion were quantified after 7 d of culture with the above stimuli. Approximately equivalent numbers of CD19⁺IgD⁻CD38hi PCs emerged from B cells isolated from normal controls or patients with RA after stimulation with IL-21/anti-CD40/anti-IgM or CpG-B (Fig. 9), and production of Ig was also similar. Notably, PC differentiation and Ab production of B cells isolated from several normal donors or patients with RA were completely blocked in the presence of MPA (Fig. 9).

**Discussion**

MPA has potent anti-inflammatory properties in various disease settings. Previous reports have suggested a number of distinct mechanisms by which MPA inhibits inflammatory responses. These mechanisms include inhibition of lymphocyte proliferation, reduced cytokine production, and diminished mononuclear cell recruitment to sites of inflammation (8–12, 31, 32). MPA also affects proliferation of nonlymphoid cells (33–37). Data presented in the current study extend previous findings and further define the actions of MPA on primary human B cells and terminally differentiated PCs. More specifically, we show that MPA selectively inhibited B cell activation and potently blocked PC differentiation of primary B cells isolated from both healthy donors and patients with RA. Terminally differentiated PCs, however, were found to express significantly reduced IMPDH2 mRNA levels compared with those of resting, noncycling B cells, thus suggesting that IMPDH2 may be actively downregulated, allowing plasma cells to escape inhibition by MPA.

Previous studies demonstrate that MPA affects lymphocyte activation in vitro. In unfractonated splenocyte cultures, MPA differentially inhibits early activation markers on B cells and T cells (8). More specifically, whereas MPA inhibits both CD25 and HLA-DR expression on B cells, it inhibits CD25 but not HLA-DR expression on T cells (8). MPA has also been shown to inhibit selectively some aspects of dendritic cell maturation and function in that MPA-treated dendritic cells fail to stimulate T cells (38). Moreover, differential effects of MPA on CD83 upregulation were noted on stimulated monocytes depending on when during the dendritic cell maturation process MPA was added. MPA, however, did downmodulate expression of CD205, CD80, and CD86 regardless of when MPA was added to the cultures and had no effect on HLA-DR or CD1a expression (38). Our studies greatly extend these findings and further demonstrate that MPA specifically inhibited some but not all early activation events on both CD4⁺ T cells and B cells. These data demonstrate that MPA does not globally blunt lymphocyte activation, but rather selectively modulates specific early activation events.

Another mechanism by which MPA downmodulates the immune response is through alteration of cytokine production. Human monocytes treated with MPA in vitro produce reduced levels of the proinflammatory cytokine IL-1β and increased levels of the anti-inflammatory IL-1Ra antagonist, IL-1Ra (37). In renal allograft models, treatment with mycophenolate mofetil (MMF), the prodrug of MPA, reduced expression of a variety of cytokines (36). In a murine model of inflammatory bowel disease, splenic T from animals treated with MMF had reduced expression of TNF-α, IFN-γ, IL-4, and IL-10 (10). Our data expand on these findings and demonstrate that MPA potently inhibits expression of an array of cytokines. More specifically, MPA inhibited expression of IL-10, IFN-γ, as well as IL-21 and to a lesser extent IL-5, IL-13, and IL-17, without altering production of IL-2 or IL-4. These results are somewhat surprising given publications that demonstrate co-regulation of some of these cytokines, such as IL-4, IL-5, and IL-13 (39). However, reports have also established that IL-13 and IL-4 can be differentially regulated, as IL-13, but not IL-4, production by human T cells is susceptible to inhibition by IFN-α (40). Differential regulation of IL-4 and IL-13 in this model is thought to be transcriptionally regulated. These data suggest that MPA exerts its effects on lymphocyte activation in part by selectively inhibiting an array of specific cytokines known to be important to both T and B cell immune-activation/regulation.

In addition to an effect on cytokine production, MPA may also influence sensitivity to local cytokines by altering the expression level of cytokine receptors. Indeed, we observe both a reduction in IL-21 production by Th17 cells as well as reduced upregulation of IL-21R expression on activated B cells in the presence of MPA. Both of these mechanisms may contribute to the downstream effect of MPA on B cell expansion and PC differentiation.

In regard to proliferation, MPA inhibits cell division, as well as cytokine production, and Ig secretion by the B cell hybridoma MAR 18.5 (11). Studies of MPA on primary human B cells demonstrated that MPA was almost as potent as rapamycin in inhibiting B cell proliferation and Ig production in response to a variety of stimuli (12). However, in these studies, MPA induced
substantial apoptosis in the majority of responding B cells (12). Other studies have shown that high concentrations of MPA (50 μg/ml or 156 μM) inhibit memory B cell formation and PC differentiation and reduce HLA-specific ASC when MPA is added to stimulated total PBLs (38). In the current study, we show that concentrations of MPA that did not induce apoptosis had a direct effect on B cells isolated from both healthy controls as well as from patients with autoimmune disease. MPA dramatically and directly inhibited the proliferative response and PC differentiation of B cells from control and RA donors. Additionally, purified naive, memory, and GC B cell populations isolated from either blood or tonsil were all susceptible to inhibition by MPA. Notably, PC differentiation and Ig production were substantially blocked at intermediate concentrations of MPA (0.3 μM), whereas this concentration had little or no effect on many early activation events. These data suggest that although MPA affects many aspects of B cell function, later-stage events, such as class switch recombination and differentiation into Ab-secreting PCs, are more sensitive to MPA-mediated inhibition.

Whereas the inhibitory effect of MPA on proliferative responses has been well demonstrated, its effects on cell death are less clear. Studies of several cell lines suggest that MPA induces apoptosis at high concentrations (11, 33, 41). Additionally, reports suggest that MPA induces apoptosis of primary human B cells (12). However, conflicting studies report that MPA protects against p53-mediated apoptosis (42). Finally, a recent investigation suggests that MPA does not trigger apoptosis, but rather induces a nonclassical caspase-independent necrotic signal involving Rho-GTPase Cdc42 as well as actin polymerization (43). These varied results on cell death are likely due to the various cell types or concentrations of MPA used. Data reported in this study show that, at concentrations sufficient to inhibit B cell proliferation and PC differentiation, MPA did not induce apoptosis either in nonactivated, resting primary B cells or in activated B cells at early time points. Further, at later time points, overall cell death in B cells activated in the presence of MPA was comparable with what is observed in unstimulated B cells. These results do not rule out the possibility that MPA may be toxic at high concentrations; however, our data demonstrate that at lower concentrations, MPA inhibits B cell proliferation and differentiation independently of an effect on cell viability.

MPA has been shown to induce arrest in cell cycle progression at the G0/G1 phase in primary T cells and cell lines (8, 44–46). In an osteosarcoma cell line, cell cycle arrest mediated by MPA is dependent on p53 activation and requires expression of the ribosomal stress-sensing proteins L5 and L11 (47). Our data complement these findings and show that MPA induces primary human B cells to arrest in the G0/G1 phase of the cell cycle and prevents entry into S phase after activation with several stimuli. These results are consistent with the observation that MPA does not kill primary B cells directly, but rather selectively inhibits cell activation and completely blocks cell division.

Previously, we have shown that IL-21 and anti-CD40 induce the generation of terminally differentiated, noncycling PCs that are resistant to hyaluronic acid-induced cell death (which only targets cycling cells) (24). Importantly, we now demonstrate that in vitro-generated terminally differentiated PCs are also not susceptible to inhibition by MPA. Heidt and colleagues (12) demonstrated that the inhibitory effect of MPA is maintained when added to cultures of activated B cells after 48 h. However, MPA is likely to mediate its effect primarily through inhibition of the proliferative response at this early time point. Moreover, in studies of B cell hybridomas (11), the ability of MPA to inhibit Ig production is likely secondary to inhibition of cell division of immortalized hybridomas and does not necessarily translate to the ability of MPA to act on terminally differentiated, nondividing PCs. Whereas, our studies directly demonstrate that when MPA is added to primary B cells that have been pre differentiated into PCs in which division has largely ceased, MPA does not impact Ig production. In data not shown, MPA remains active in culture for >5 d, indicating that the inability of MPA to target PCs over time in culture is not due to instability of the drug at 37°C. These data demonstrate that although MPA inhibited proliferation and PC differentiation of freshly isolated primary B cells, it did not target nondividing, terminally differentiated PCs under these assay conditions.

In the clinic, the steady-state Cmax for MPA in serum of patients with lupus nephritis has been reported to be 21 μg/ml (66 μM) (29), the Cmax of MMF in children with autoimmunity, including SLE, is reported to be in the same range, 18.5 μg/ml (28), and the Cmax of MMF for patients with SLE was found to be 16.6 μg/ml (30). A similar range for transplant patients was reported (27). Whereas the concentrations of MPA routinely used (0.3–3 μM) in the current study are well below those reported in the circulation of patients, when comparable or higher concentrations of MPA found in circulation (66–100 μM) were used, there was still no impact of MPA on Ig production from either pre-established or primary plasma cells. Thus, not only does MPA have minimal impact on PC function in ex vivo settings, but also more than likely it will not target long-lived, resident bone marrow PCs in vivo. In clinical trials, MPA has been shown to have a variable effect on humoral immune responses, with statistically significant reductions in anti-DNA Ab titers achieved in some but not all patient subgroups after treatment with MMF (48, 49). In one study, Bijl and colleagues (50) described a significant reduction in anti-dsDNA Ab titers in SLE patients after 6 mo of treatment with MMF. Importantly, in this study, patients only began with MMF therapy after a rise (of at least 25%) in anti-dsDNA titers. It was reported that MMF treatment reduced anti-DNA titers 2-fold and that this reduction was associated with a decreased activation state of B cells in circulation (50). These data suggest that in settings of clinical flares, MPA is likely effective at preventing production of autoantibodies from newly or chronically activated B cells.

The ability of MPA to target activated lymphocytes correlates with high expression of the molecular target of MPA, IMPDH2, in these cells (3). Indeed, after stimulation with IL-21 costimulation, there was a >25-fold increase in IMPDH2 mRNA expression in activated B cells compared with that in resting B cells. Expression of IMPDH1 mRNA was significantly lower than that of IMPDH2. These observations are consistent with previous reports that IMPDH2 is the predominant isofrom expressed in activated lymphocytes (5). Importantly, IMPDH2 levels were greatly reduced in both in vitro-differentiated and primary human bone marrow PCs compared with those of resting primary B cells. These results suggest that reduced IMPDH2 expression is the main mechanism by which PCs evade inhibition by MPA. Moreover, in addition to our previous data that IL-21–generated PCs are nondividing, terminally differentiated cells (24), these current data further confirm our previous findings that these in vitro-generated PCs are terminally differentiated, as cells that both lack IMPDH2 expression and are immune to MPA suppression would not be expected to have the capacity to divide.

Overall, our data show a potential therapeutic benefit accruing from the use of MPA in autoimmune individuals is likely derived from its ability to block B cell activation, proliferation, and PC differentiation. These studies show, however, that MPA is not likely to impact Ig production from terminally differentiated, nondividing PCs in vivo. This may be beneficial in situations where protective humoral immunity has been established. However, it
may also be a limitation in disease settings where long-lived PCs contribute to pathogenic autobody production.

Disclosures
The authors have no financial conflicts of interest.

References
Supplemental Figure 1

A. DMSO  
   IL-17  30  9.1  4.1  0.6  0.1
   IL-21

B. DMSO  
   IL-21  IL-17  IL-2
   % of DMSO  50  75  100  125

Suppl. Figure 1. Effect of MPA on cytokine expression in Th17 cultures. CD4+ T cells were polarized under Th17 conditions for four days with vehicle alone control (DMSO) or MPA added for the final 18 hours of the culture period. (A) Intracellular IL-21 and IL-17 staining in Th17 cultures in the presence of DMSO or MPA (1 μM) from one of four representative donors. (B) Effect of MPA on IL-21, IL-17, and IL-2 production in Th17 cultures. The mean and standard deviation of four donors is indicated.
Supplemental Figure 2

A.

B.

Suppl. Figure 2. MPA selectively blocks early B cell activation. Highly purified peripheral blood B cells were stimulated with either a combination of (A) IL-21, anti-CD40, and anti-light or with (B) CpG-B in the presence of DMSO-alone control or various concentrations of MPA as indicated. Cell budding and cell surface expression of activation markers were determined on both Day 2 and Day 3 of culture. Shown is cell size at its peak on Day 3 and cell surface expression at its highest level on Day 2 as indicated by MFI. One of three representative donors is shown.