Cytokine-Induced Alterations of α7 Nicotinic Receptor in Colonic CD4 T Cells Mediate Dichotomous Response to Nicotine in Murine Models of Th1/Th17- versus Th2-Mediated Colitis

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Cytokine-Induced Alterations of α7 Nicotinic Receptor in Colonic CD4 T Cells Mediate Dichotomous Response to Nicotine in Murine Models of Th1/Th17- versus Th2-Mediated Colitis

Valentin Galitovskiy,*†‡ Vivian Gindi,*†‡ Robert A. Edwards,§ and Sergei A. Grando*†‡

Ulcerative colitis (UC) and Crohn’s disease (CD) are two forms of chronic inflammatory bowel disease. CD4 T cells play a central role in the pathogenesis of both diseases. Smoking affects both UC and CD but with opposite effects, ameliorating UC and worsening CD. We hypothesized that the severity of gut inflammation could be modulated through T cell nicotinic acetylcholine receptors (nAChRs) and that the exact clinical outcome would depend on the repertoire of nAChRs on CD4 T cells mediating each form of colitis. We measured clinical and immunologic outcomes of treating BALB/c mice with oxazolone- and trinitrobenzene sulfonic acid (TNBS)-induced colitis by nicotine. Nicotine attenuated oxazolone colitis, which was associated with an increased percentage of colonic regulatory T cells and a reduction of Th17 cells. TCR stimulation of naive CD4+CD62L+ T cells in the presence of nicotine upregulated expression of Foxp3. In marked contrast, nicotine worsened TNBS colitis, and this was associated with increased Th17 cells among colonic CD4 T cells. Nicotine upregulated IL-10 and inhibited IL-17 production, which could be accomplished by exogenous IL-12 that also abolished the nicotine-dependent upregulation of regulatory T cells. The dichotomous action of nicotine resulted from the up- and downregulation of anti-inflammatory α7 nAChRs on colonic CD4 T cells induced by cytokines characteristic of the inflammatory milieu in oxazolone (IL-4) and TNBS (IL-12) colitis, respectively. These findings help explain the dichotomous effect of smoking in patients with UC and CD, and they underscore the potential for nicotinergic drugs in regulating colonic inflammation. The Journal of Immunology, 2011, 187: 2677–2687.

UC and CD are epidemiologically related to smoking (1–4). Most patients with UC are non-smokers, and patients with a history of smoking usually acquire their disease after they have stopped smoking (5–7). Upon cessation of smoking, patients with UC experience more severe disease progression that can be ameliorated by returning to smoking (8–10). In contrast, patients with CD experience severe disease when smoking, requiring an immediate and complete cessation of any tobacco usage (3, 11).

Nicotine appears to be the key mediator of the dichotomous effect of smoking on UC and CD, because its administration in transdermal patches inhibits inflammation associated with UC but not in patients with CD (8, 12–15). These observations suggested that the effects of smoking in patients with IBD are mediated, at least in part, by the nicotinic acetylcholine receptors (nAChRs) activated by nicotine. The effects of nicotine are complex and include its specific actions on the CNS, gastrointestinal tract, and immune system. It is thought that the therapeutic effects of nicotine in UC are mediated by the nAChRs of gut immune cells (12). The nAChRs expressed by T cells play an important role in T cell development, differentiation, and function (reviewed in Ref. 16). We have recently reported that, on the one hand, nicotinergic stimulation alters cytokine production, and, on the other hand, that immune cytokines themselves can alter the structure and function of T cell nAChRs (17, 18).

The pathogenesis of IBD is unknown but is thought to reflect an interaction of genetic and environmental factors. Despite having a common basis in overresponsiveness to mucosal Ags, the two diseases have considerably different pathophysilogies. CD is associated with a Th1/Th17 T cell-mediated response induced by IL-12, and possibly IL-23, with concomitant increased production
of IL-2, IL-17, IL-18, and IFN-γ, whereas UC is associated with an atypical Th2-mediated response characterized by NKT cell secretion of IL-13 and increased production of IL-4 and IL-5 (19–27).

Many murine models of mucosal inflammation mimicking human IBD forms have been described, leading to a profound increase in our understanding of the immunologic basis of colonic inflammation (28). Experimental animal models have convincingly demonstrated that CD+ T cells play a central role in IBD (28). A hapten-induced colitis in mice caused by intraanal (i.r.) instillation of trinitrobenzene sulfonic acid (TNBS) is a Th1 cell-mediated colitis that captures many of the features of CD (29–32).

In contrast, a hapten-induced colitis caused by i.r. instillation of trinitrobenzene sulfonic acid (TNBS) is a Th1 T cell-mediated colitis that captures many of the features of CD (29–32). The dichotomous action of nicotine in regulating colonic inflammation has been recently documented in vagotomized mice with experimental IBD, wherein the nAChR agonist nicotine alleviated and the antagonist hexamethonium aggravated colitis (35, 36). However, recent studies on the clinical and immunologic outcomes of administration of nicotinicergic agents to mice with TNBS-induced colitis gave conflicting results (37, 38), suggesting the need for an in-depth analysis of the nicotinicergic immunopharmacology in experimental IBDs.

We postulated that the severity of gut inflammation in mice with experimental IBD could be regulated through T cell nAChRs and that the exact clinical outcome would depend on the particular type of T cell-mediated experimental colitis. In the present study, we measured the clinical and the immunologic outcomes of treating BALB/c mice with oxazolone- and TNBS-induced colitides by nicotine. Nicotine attenuated oxazolone colitis and worsened TNBS colitis, which was associated with the increased percentage of colonic regulatory T cells (Tregs) in mice with oxazolone- but not TNBS-induced colitis. The dichotomous action of nicotine could result from up- and downregulation of the expression of anti-inflammatory α7 nAChR in colonic CD4 T cells under the influence of the cytokines characteristic of oxazolone and TNBS colitides, respectively.

Materials and Methods

Induction of colitis

Oxazolone and TNBS colitides in BALB/c mice were induced using standard techniques (30, 34, 39). Specific pathogen-free 6- to 8-wk-old female mice, weighing 20–25 g, were purchased from The Jackson Laboratory (Bar Harbor, ME) and maintained in the Animal Facility at the University of California, Irvine. All experiments were approved by Institutional Animal Care and Use Committee. Animals were lightly anesthetized with ketamine (100 mg/kg) and xylazine (10 mg/kg), and a 3.5-Fr silicon catheter (Harvard Apparatus, Holliston, MA) was inserted 4 cm into the lumen of the colon, through which 100 μl 3% oxazolone or 3% TNBS in 47.5% ethanol in saline was slowly infused. To ensure distribution of the instilled solutions within the entire colon and cecum, the mice were held vertically for 30 s after removing the catheter. The mice treated i.r. with a vehicle, that is, 47.5% ethanol in saline, served as disease controls. The histology activity index (HAI) was assessed to quantify colitis severity based on standard criteria for assessment of inflammation and injury in mice with experimental IBD, such as appearance and extent of inflammatory cell infiltration, goblet cell mucin deletion, mucosal thickening, and the extent of damage (31, 34, 42, 43), as described in Table II.

**Immunofluorescence staining**

The 8-μm-thick cryostat sections of mouse colon were fixed with cold acetone, blocked with 5% FCS, and stained in the indirect immunofluorescence assays following a standard procedure (44). The V450 rat anti-mouse CD4 (BD Biosciences, San Jose, CA) and Alexa Fluor 488 anti-mouse CD25 (BioLegend, San Diego, CA) were used for double staining, and PE rat anti-mouse Foxp3 (BD Biosciences) was used for triple staining. For the CD4/IL-17 double staining, we used V450 rat anti-mouse CD4 (BD Biosciences) and a combination of anti-rat mouse IL-17 and TETC-labeled rabbit anti-rat Ab (both from Bachem, Cambridge, MA). To identify the CD4 T cells expressing α4 or α7 nAChRs, we used rabbit anti-α4 or anti-α7 Abs (both from Abcam) visualized with Alexa Fluor 488 goat anti-rabbit Ab (Invitrogen, Eugene, OR), and rat anti-mouse CD4 Ab (BioLegend) visualized with Alexa Fluor 555 goat anti-rat Ab (Invitrogen). The slides were washed three times, mounted using the ProLong Gold anti-fade reagent (Invitrogen, Eugene, OR), and analyzed with a Nikon Eclipse Ti fluorescence microscope. Samples without primary Abs served as negative controls. In each slide, the positive cells were counted in 10 high-power ×20 microscopic fields.

**Isolation of lamina propria and spleen mononuclear cells**

Lamina propria (LP) mononuclear cells (MCs) were isolated from freshly obtained colonic specimens using modification of previously described protocols (45). Briefly, the colon was opened longitudinally and cut into pieces. After incubation in DMEM with 2 mM DTT (Bio-Rad, Hercules, CA) for 30 min, vortexing, and passing through a cell strainer, the tissue was digested in DMEM containing collagenase D (Dispase 5 mg/ml) and DNase I (5 mg/ml) (both from Roche, Indianapolis, IN). The LP cells released from the colonic tissue were harvested and subjected to Percoll (Sigma-Aldrich) gradient centrifugation and analysis with a Nikon Eclipse Ti fluorescence microscope. The obtained LP MCs were extracted by Ficol (Sigma-Aldrich) gradient centrifugation. The obtained LP MCs were washed and resuspended in either the FACS buffer or culture medium.

**Nicotine stimulation experiments**

CD4+CD25− naive T cells from intact BALB/c mice were enriched by using the CD4+CD25+ T cell isolation kit II and MACS sorting (Miltenyi Biotec, Auburn, CA) following the protocol provided by the manufacturer. To stimulate T cells via the TCR/CD3 complex, 250 μl 1 × 10^6 cells/ml were seeded in each well of the 24-well tissue culture plates (BD Falcon/BD Biosciences) coated for 2 h at 37°C with 10 μg/ml anti-mouse CD3 (clone 145-2C11) and 4.0 μg/ml anti-mouse CD28 (clone 37.51) Abs (both from BD Biosciences) and cultured for 5 d in RPMI 1640 supplemented with 10% FCS, 0.05 mM 2-ME, 10 mM HEPES buffer, 100 U/ml penicillin, 100 μg/ml streptomycin, 2 mM L-glutamine, and 1 mM sodium pyruvate (all from Invitrogen) in a humid, 5% CO2 incubator at 37°C in the absence or presence of 100 μM nicotine added on a daily basis. Some T cells were also exposed to 10 ng/ml IL-4 or IL-12 (both from PeproTech, Rocky Hill, NJ). Changes in Foxp3 expression were analyzed by flow cytometry (see below) and immunoblotting. Briefly, after incubation, 1 × 10^6 cells were lysed in lysis buffer (Sigma-Aldrich) per 106 cells. The proteins were separated on 4–12% SDS-PAGE and transferred to nitrocellulose (Bio-Rad). After blocking with Odyssey blocking solution, the membranes were incubated overnight with rabbit anti-Foxp3 Ab (Abcam) followed by a goat anti-rabbit secondary Ab conjugated with LI-COR IRDye 800CW (LI-COR Biosciences, Lincoln, NE). For protein loading control, same membrane was probed with a β-actin Ab (GenWay, San Diego, CA). The Odyssey infrared imaging system (LI-COR Biotechnologies) was used to scan the membranes and visualize protein bands. The ImageQuant 5.1 software (Molecular Dynamics, Sunnyvale, CA) was used for the semiquantitative analysis of protein bands.
Cytokine stimulation experiments

After stimulation of CD4+CD26L- naive T cells by CD3/CD28 without any additions (control) or in the presence of 10 ng/ml IL-4 or IL-12, as described above, the expression of α7 gene was quantitated at the mRNA and protein levels by quantitative real-time PCR (qPCR) and in-cell Western (ICW) assays, respectively. Total RNA was extracted with the RNeasy Mini Kit (Qiagen, Valencia, CA), and the α7 mRNA expression was measured using the TaqMan gene expression assay (Mm0137884_m1) at the Applied Biosystems 7500 system (Applied Biosystems, Carlsbad, CA) in accordance with the manufacturer’s protocol, as described by us in detail elsewhere (46). Ubiquitin C (Mm01198158_m1) was included as endogenous reference gene, and the data were analyzed with a Sequence Detection Software version 1.2.3 (Applied Biosystems). The α7 protein level was determined in situ by ICW, as described by us in detail elsewhere (17), using anti-α7 Ab (Abcam) and secondary IRDye 800CW goat anti-rabbit Ab (LI-COR Biosciences). Saphyr 700 (LI-COR Biosciences) and DRAQ (Cell Signaling Technology, Danvers, MA) were used to normalize for cell numbers per well. The receptor protein expression was quantitated using the LI-COR Odyssey imaging system. The results of both qPCR and ICW assays were expressed as means ± SD of α7 mRNA or protein relative to that of control, that is, T cells stimulated by CD3/CD28 without IL-4 and IL-12, taken as 1.

Flow cytometry

Single-, double-, or triple-color flow cytometric analyses were performed using a BD FACSCalibur bench top analyzer and WinMDI software (http://facs.scripps.edu/software.html). The CD3-PE/CYS, CD4-FITC, and CD8-PE (all from eBioscience, San Diego, CA) Abs were used as cell surface markers of T cell subpopulations. FITC-IL-10, FITC-IL-4, PE-IL-17, PE-IFN-γ, and Alexa Fluor 647 Foxp3 Abs (all from BD Biosciences) were used for intracellular staining.

ELISA assays

IL-10, IL-17, and IFN-γ were assayed by Ab sandwich ELISA in cell culture supernatants using the mouse ELISA Ready-SET-Go kit (eBioscience). ELISA assays of IL-10, IL-4, IL-12, IL-23, and IFN-γ in colon lysates were performed using mouse ELISA immunosassay kits (R&D Systems, Minneapolis, MN). Total protein was extracted using a Total Protein Extraction Kit (Millipore, Bedford, MA) in accordance with the manufacturer’s protocol.

Statistical analysis

All experiments were performed in duplicates or triplicates. Statistical significance was determined using the Student t test. The differences were deemed as significant when the calculated p value was <0.05.

Results

Oxazolone and TNBS induce acute forms of UC- and CD-like colitis, respectively, in BALB/c mice

Mice treated with either oxazolone or TNBS in both cases reproducibly developed a rapid-onset colitis marked by weight loss and diarrhea. Mice were evaluated daily to assess the DAI (Table I). Their colons were removed postmortem and examined macro- and microscopically. Macroscopic examination of colons from mice treated with either oxazolone or TNBS in both cases revealed striking hyperemia and focal mucosal necrosis (Fig. 1A). Colons from the TNBS-treated mice were hyperemic and contained practically no feces due to profound diarrhea. The peak of clinical disease in both forms of colitis occurred on the fifth day after i.r. instillation of the haptenating agent (Fig. 1B). Histological examination of the H&E sections of colons from mice with oxazolone colitis showed extensive goblet cell depletion as well as dense chronic inflammatory infiltrates in the LP, with focal granuloma formation (Fig. 1C). The inflammation observed in colons from mice with TNBS-induced colitis also featured goblet cell depletion and lymphocytic infiltrates (Fig. 1C). Thus, the macro- and microscopic evaluations of colons from BALB/c mice treated with oxazolone and TNBS revealed clinical and pathologic correlations with UC and CD, respectively, consistent with previous reports (29, 33, 47, 48).

Nicotine attenuates the oxazolone colitis and exacerbates the TNBS colitis

To evaluate the effects of nicotine on the development and severity of experimental colitis, the mice were daily treated with nicotine solution administered s.c. starting on the day before instillation of each haptenating agent.

Nicotine alleviated oxazolone-induced colitis, as nicotine-treated mice showed significantly (p < 0.05) decreased DAI values on days 4 and 5, and colons from nicotine-treated mice had only mild hyperemia restricted to the distal part (Fig. 1A, 1B). Histologically, nicotine treatment drastically diminished goblet cell mucin depletion and the intensity of lymphocytic infiltrates (Fig. 1C). Consequently, the calculated HAI value (Table II) in colons from nicotine-treated mice was 2-fold less compared with that in colons from untreated mice with oxazolone colitis (Fig. 1D).

In marked contrast, the nicotine-treated mice with TNBS-induced colitis showed significantly (p < 0.05) elevated DAI throughout the treatment period, and their colons had more severe macroscopic and microscopic inflammation than did colons of the untreated mice with TNBS colitis (Fig. 1A, 1B). Nicotine treatment was associated with the appearance of extensive mucosal necrosis in the proximal colon, extensive crypt damage, complete goblet cell depletion, LP destruction, and massive lymphocytic infiltration (Fig. 1C). HAI was significantly (p < 0.05) elevated (Fig. 1D).

Thus, nicotine attenuated oxazolone-induced colitis but exacerbated TNBS-induced colitis, consistent with the notion that smoking/nicotine ameliorates UC and worsens CD (3, 12).

Nicotine alters both peripheral and colonic T lymphocyte populations in mice with experimental colitis

Because T cells play an important role in the pathogenesis of IBD (28), we analyzed major populations of T cells in the spleens and colons of experimental mice. The expression of CD3, CD4, and CD8 was measured by flow cytometry.

Untreated mice with oxazolone colitis showed an increased percentage of CD3+ T cells among splenic MCs, as well as of CD4 T cells among splenic CD3+ T cells (Fig. 2A). In the nicotine-treated mice, the numbers of these cells returned to the normal levels characteristic of control BALB/c mice. Mice with oxazolone colitis also had increased CD4 T cells and decreased CD8+ T cells among LP CD3+ T cells. Treatment with nicotine led to a further increase of percentage of CD4 T cells among LP CD3+ T cells (Fig. 2B, 2C).

Similar to oxazolone colitis, mice with TNBS colitis had an increased percentage of splenic CD3+ and CD4 T cells (Fig. 2A). However, the percentage increase above the baseline in splenic CD3+ and CD4 T cells was greater than in oxazolone colitis. Alterations in LP T cell populations in TNBS colitis matched those in oxazolone colitis, that is, increased CD4 T cells, decreased CD8+ T cells, and further elevation of CD4 T cells following nicotine treatment (Fig. 2B, 2C).

Thus, the differences between the effects of nicotine on oxazolone- versus TNBS-induced colitis were as follows: 1) nor-

Table I. DAI scoring system used in this study

<table>
<thead>
<tr>
<th>Score</th>
<th>Weight Loss (%)</th>
<th>Stool Consistency</th>
<th>Blood in Stool (Hematocoezia)</th>
<th>Rectal Bleeding</th>
</tr>
</thead>
<tbody>
<tr>
<td>0</td>
<td>None</td>
<td>Normal</td>
<td>None</td>
<td>Absent</td>
</tr>
<tr>
<td>1</td>
<td>1–10</td>
<td>Loose stool</td>
<td>Hemaecoel positive</td>
<td>Present</td>
</tr>
<tr>
<td>2</td>
<td>11–20</td>
<td>Diarrhea</td>
<td>Gross blood</td>
<td>n/a</td>
</tr>
<tr>
<td>3</td>
<td>≥20</td>
<td>n/a</td>
<td>n/a</td>
<td>n/a</td>
</tr>
</tbody>
</table>

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mailization of the percentage of splenic CD3+ and CD4 T cells in the former, and 2) additional elevation of the percentage of CD3+ T cells without changing the already elevated numbers of spleen CD4 T cells in TNBS colitis.

Distinct effects of nicotine on the numbers of Th17 T cells and Foxp3+ Tregs in the colons affected by oxazolone or TNBS colitis

The Treg/Th17 axis plays an important role in the control and development of IBD (49, 50). Therefore, to elucidate the role of CD4 T cells in mediating dichotomous effects of nicotine on the severity of oxazolone- and TNBS-induced colitides, we determined relative proportions of Tregs and Th17 T cells among LPMCs in nicotine-treated versus untreated mice with each form of colitis. Whereas nicotine treatment was associated with a significant (p < 0.05) increase in colonic CD4+CD25+ T cells in both oxazolone- and TNBS-induced colitides (Fig. 3A), the percentage of CD25+ Foxp3+ Tregs among colonic CD4 increased >13-fold in oxazolone colitis but remained practically unchanged in TNBS colitis (Fig. 3B). Nicotine induced the opposite response regarding Th17-positive colonic CD4 T cells, with a significant decrease in oxazolone colitis and an increase in TNBS colitis (p < 0.05) (Fig. 3C).

We also found that on day 2 both TNBS and TNBS plus nicotine treatment groups featured similar T cell repertoire: ~80% of colonic T cells were CD4 positive, and ~90% of CD4+ T cells were also CD17 positive (not shown). These findings are consistent with the lack of significant differences between DAI values in the TNBS and TNBS plus nicotine treatment groups on day 2 (Fig. 1B).

Thus, the ability of nicotine to ameliorate oxazolone-induced colitis was associated with an expansion of Tregs and reduction of CD4 Th17+ T cells among LPMCs. In contrast, the nicotine-dependent worsening of TNBS-induced colitis was associated with an elevation in LP CD4 Th17+ T cells. Therefore, we next investigated the mechanism underlying the differential effects of nicotine in these two forms of experimental IBD.

Nicotinergic stimulation of naive CD4+CD62L+ T cells facilitates Foxp3 expression

Because T cells express the nAChRs that mediate immunopharmacologic action of nicotine on these cells (17), we hypothesized that the immunomodulatory effects of nicotine in mice with experimental colitis are mediated, in part, by nAChR-dependent solution without haptenating agents were equal or close to 0 (data not shown). C, Representative images of the histologic findings in nicotine-treated versus untreated mice with oxazolone- and TNBS-induced colitides. The photomicrographs of H&E-stained 5-μm sections of matching segments of colons were made at an original magnification of ×10. Note that the extensive goblet cell depletion with submucosal involvement and lymphocytic infiltrations characteristic of oxazolone colitis were not present in mice treated with nicotine. In contrast, nicotine treatment aggravated colonic inflammation in TNBS colitis, leading to crypt destruction, goblet cell depletion, and extensive lymphocytic infiltration. D, Histopathologic analysis of the effects of treatment with nicotine on the colonic inflammation in mice with oxazolone- and TNBS-induced colitides. The HAI values were computed as described in detail in Materials and Methods (Table I). Nicotine treatment protected the colons from inflammation induced by oxazolone, as can be judged from an ~2-fold decrease of HAI. Vice versa, the HAI value computed in mice with TNBS colitis treated by nicotine significantly increased, indicating that nicotine worsened TNBS-induced colonic inflammation. *p < 0.05 compared with the HAI value computed in colons of the nicotine-untreated mice with the respective form of colitis.
alterations of T cell development and function. To test this hypothesis, we exposed naive CD4^+CD62L^+ T cells from intact BALB/c mice to 100 μM nicotine for 5 d to match the in vivo nicotine treatment dose used in this study, and we then evaluated changes in the expression of the transcription factor Foxp3.

By immunoblotting, prior to stimulation with anti-CD3/CD28 Abs, Foxp3 was undetectable in naive CD4^+CD62L^+ T cells (Fig. 4A). CD3/CD28 stimulation upregulated Foxp3 expression, in keeping with the previously reported acquisition of T regulatory activity by stimulated naive T cells (51, 52). In the presence of nicotine, anti-CD3/CD28 stimulation resulted in a further increase of Foxp3 (Fig. 4A). Flow cytometry (FCM) analysis gave similar results. CD3/CD28 stimulation increased the number of Foxp3-positive T cells and nicotine intensified this effect (Fig. 4B).

Thus, upregulation of Foxp3^+ T cells is a normal outcome of TCR stimulation of naive CD4^+CD62L^+ T cells in the presence of nicotine. This effect of nicotine could provide a mechanism for elevation of colonic CD25^+Foxp3^+ Tregs in mice with oxazolone colitis, but it remained unclear why such elevation did not occur in mice with TNBS colitis.

**Contribution of the cytokine milieu to the dichotomous effect of nicotine on the development of Foxp3 CD4 T cells in oxazolone- versus TNBS-induced colitides**

It is well recognized that the cytokine milieu of oxazolone colitis differs from that of TNBS colitis, with IL-4 being the predominant cytokine of the former and IL-12 being the principal cytokine of the latter form of experimental IBD (53). It is also known that nicotinergic signaling in non-neuronal cells can be altered by the environmental stimuli such as cytokines, hormones, and growth factors (reviewed in Refs. 54, 55). Therefore, we hypothesized that the difference in the cytokine milieu could lead to the dichotomous effects of nicotine treatment on oxazolone- versus TNBS-induced colitis. To test this hypothesis, we reproduced in vitro the most distinctive features of oxazolone- and TNBS-specific gut inflammation using IL-4 and IL-12, respectively. IL-4 did not change this effect of nicotine (p > 0.05), which is consistent with the anti-inflammatory action of nicotine in mice with oxazolone colitis. On the contrary, IL-12 totally abolished nicotine-dependent inhibition of IL-17 production. Furthermore, in the presence of nicotine, IL-12 significantly (p < 0.05) raised IL-17 above control levels (Fig. 5B). A similar pattern of IL-4- and IL-12-dependent modulation of nicotine effects was observed for IFN-γ production (Fig. 5B), another proinflammatory cytokine characteristic of TNBS-induced gut inflammation (57).

To identify pharmacologic effects of nicotine on cytokine production by CD4^+ T cells, we performed in vitro experiments. As expected, stimulation of naive CD4^+CD62L^+ T cells with anti-CD3/CD28 Abs upregulated secretion of IL-17 (Fig. 5B), an effector cytokine of the Th17 lineage that plays a pathogenic role in IBD (56). This effect was blocked in the presence of nicotine (p < 0.05). IL-4 did not change this effector cytokine (p > 0.05), which is consistent with the anti-inflammatory action of nicotine in mice with oxazolone colitis. In marked contrast, IL-12 totally abolished nicotine-dependent inhibition of IL-17 production. Furthermore, in the presence of nicotine, IL-12 significantly (p < 0.05) raised IL-17 above control levels (Fig. 5B). A similar pattern of IL-4- and IL-12-dependent modulation of nicotine effects was observed for IFN-γ production (Fig. 5B), another proinflammatory cytokine characteristic of TNBS-induced gut inflammation (57).

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Table II. HAI scoring system used in this study

<table>
<thead>
<tr>
<th>Score</th>
<th>Infiltrate</th>
<th>Extent of Inflammatory Infiltrate</th>
<th>Goblet Cell Depletion</th>
<th>Mucosal Thickness</th>
<th>Length of Bowel Damage (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>0</td>
<td>Normal/physiologic Minimal elevation</td>
<td>None</td>
<td>None</td>
<td>Normal Minimal, focal thickening</td>
<td>None</td>
</tr>
<tr>
<td>1</td>
<td>Expanded within or beyond lamina propria</td>
<td>Patchy, moderately abundant Extensive</td>
<td>Moderate Extensive</td>
<td>Moderate, multifocal thickening</td>
<td>21–40</td>
</tr>
<tr>
<td>2</td>
<td>Crypt abscesses or submucosal involvement</td>
<td>Extensive</td>
<td>Extensive</td>
<td>Extensive</td>
<td>41–60</td>
</tr>
<tr>
<td>3</td>
<td>Inflammatory crypt destruction with erosion of the mucosa</td>
<td>n/a</td>
<td>n/a</td>
<td>n/a</td>
<td>&gt;61</td>
</tr>
</tbody>
</table>

γ and IL-10, respectively. First, we sought to ascertain that the cytokine milieu of each form of experimental IBD corresponds to the expected profile. Indeed, we found significantly (p < 0.05) increased colonic levels of IL-12 and IL-23 in TNBS colitis, and IL-4 in oxazolone colitis (Fig. 5A). Treatment with nicotine further elevated IL-23 and IFN-γ levels (p < 0.05) in TBS colitis. Although the differences in IL-10 levels did not significantly differ among tested groups (p > 0.05), we detected a tendency for elevation of IL-10 in the oxazolone plus nicotine group (data not shown).

To identify pharmacologic effects of nicotine on cytokine production by CD4^+ T cells, we performed in vivo experiments. As expected, stimulation of naive CD4^+CD62L^+ T cells with anti-CD3/CD28 Abs upregulated secretion of IL-17 (Fig. 5B), an effector cytokine of the Th17 lineage that plays a pathogenic role in IBD (56). This effect was blocked in the presence of nicotine (p < 0.05). IL-4 did not change this effector cytokine (p > 0.05), which is consistent with the anti-inflammatory action of nicotine in mice with oxazolone colitis. On the contrary, IL-12 totally abolished nicotine-dependent inhibition of IL-17 production. Furthermore, in the presence of nicotine, IL-12 significantly (p < 0.05) raised IL-17 above control levels (Fig. 5B). A similar pattern of IL-4- and IL-12-dependent modulation of nicotine effects was observed for IFN-γ production (Fig. 5B), another proinflammatory cytokine characteristic of TNBS-induced gut inflammation (57). As was the case with IL-17 production, IFN-γ production was maximal in the presence of both nicotine and IL-12 (p < 0.05). These observations help explain how nicotine treatment exacerbates gut inflammation in mice with TNBS colitis.

CD3/CD28 stimulation of naive T cells also induced very low levels of IL-10 secretion (Fig. 5B). When the cells were stimulated with anti-CD3/CD28 Abs in the presence of nicotine, the concentration of IL-10 in culture supernatant rose ∼5-fold (Fig. 5B). Simultaneous exposure to IL-4 did not alter the nicotine-dependent upregulation of IL-10 secretion (Fig. 5B). In marked contrast, stimulation with anti-CD3/CD28 Abs in the presence of both nicotine and IL-12 not only abolished the stimulatory effect of nicotine on IL-10 secretion, but also decreased it below control levels (p < 0.05). The latter phenomenon suggested that worsening of TNBS colitis by nicotine could be explained by its proinflammatory action in the presence of IL-12.

We also performed FCM analyses of cytokine expression in CD4^+CD62L^+ cells stimulated with anti-CD3/CD28 with and without nicotine. The results shown in Fig. 5C confirmed that nicotine can enhance IFN-γ and IL-10, but inhibit IL-17 expression. About 85% of IL-10–producing cells expressed Foxp3 (data not shown), which is consistent with a finding that nicotine enhances Foxp3 expression (Fig. 4B). Production of IL-4 was not affected.

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Differential expression of α7 nAChR by colonic CD4 T cells in two forms of experimental IBD

Inflammatory cytokines can modify expression levels of distinct nAChR subtypes in immune cells (18, 58), and specific nAChR subtypes exhibit diverse effects on inflammatory cytokines, inhibiting production of proinflammatory cytokines via both α4 and α7 nAChRs (17, 59). Therefore, the dichotomous effects of nicotine in oxazolone- and TNBS-induced colitis might reflect differences in the repertoire of nAChRs expressed by colonic T cells in each form of colitis. To test this hypothesis, we quantified the proportion of CD4 T cells expressing α4 versus α7 in inflammatory infiltrates of oxazolone and TNBS colitis. The α4 expression in colonic CD4 T cells in both forms of experimental IBD was similarly low, but the level of α7 expression differed dramatically (Fig. 6A). Fewer than 3% of colonic CD4 T cells in TNBS-induced colitis expressed α7, whereas approximately two-thirds of CD4 T cells expressed this receptor in oxazolone colitis, that is, the frequency of α7 expression in oxazolone colitis.
The stimulation of naive CD4+CD62L+ T cells from intact BALB/c and at the protein level by ICW. Following 5 d anti-CD3/CD28 a of oxazolone- and TNBS-induced gut inflammation, respectively. IL-4 and IL-12, the principal inflammatory cytokines characteristic of IBD, we measured changes in nAChR by colonic CD4 T cells in the two forms of experimental colitis, whereas the milieu in CD/TNBS colitis abolished this dichotomous effect of smoking that improves UC and CD-like colitides. As expected, oxazolone and TNBS induced acute forms of UC- or CD-like colonic inflammation, respectively, and mice with each form of experimental IBD demonstrated directly opposing responses to nicotine treatment. The analysis of peripheral and colonic T cell subpopulations revealed that clinical and histological improvement of mice with oxazolone colitis was associated with a relative increase of CD25+Foxp3+ Tregs and a reciprocal decrease of CD4 IL-17+ cells among LPMCs, indicating that in this form of IBD the therapeutic effect of nicotine stems from skewing the Treg/Th17 balance toward the immunosuppressive Tregs. The opposite was observed in mice with nicotine-treated TNBS colitis, indicating that the Treg/Th17 balance was skewed toward proinflammatory Th17 cells.

To elucidate the mechanisms responsible for the dichotomous outcomes following nicotine treatment of mice with oxazolone- versus TNBS-induced colitides, we investigated the direct effect of nicotine on freshly isolated murine naive CD4+CD62L+ T cells. In vitro nicotine stimulation of naive T cells activated via TCR/CD3 cross-linking resulted in upregulated expression of Foxp33, indicating that facilitated development of Tregs from naive T cells is a normal outcome of nicotinergic stimulation. Furthermore, nicotine upregulated production of the immunosuppressive cytokine IL-10 and inhibited that of IL-17, an effector cytokine of Th17 cells. Upregulated production of IL-10 provided indirect evidence that the Foxp3+ Tregs induced by nicotine were functional cells that could produce and respond to IL-10, long known to suppress intestinal inflammation in mice with experimental colitis (63). These observations are in keeping with earlier reports that treatment with nicotine can induce “suppressor” T cells (64, 65), inhibit IL-18-induced T cell proliferation (66), and influence cytokine profiles and subsequent cell cycling/apoptotic responses of PBMCs from IBD patients (37). These results, taken together, suggest that the anti-inflammatory action of nicotine in mice with oxazolone-induced colitis resulted from stimulating production of Tregs. This observation, however, did not explain why nicotine worsened TNBS colitis and prompted additional mechanistic studies.

The induction and function of Foxp3+ T cells can both affect and be affected by inflammatory cytokines (67, 68). Therefore, differences between nicotine effects on mice with oxazolone versus TNBS colitis might reflect differences in the gut in-
Inflammatory environment produced by each haptenating agent. Because it is well known that IL-4 is an effector cytokine in oxazolone colitis (53), and that IL-12 plays a crucial role in TNBS colitis, these cytokines could modulate the nicotinergic effects on the T cells mediating colonic inflammation in mice with each form of colitis. To test this hypothesis, we determined whether IL-4 and IL-12 alter the ability of nicotine to upregulate Foxp3 expression by naive CD4<sup>+</sup>CD62L<sup>+</sup> T cells stimulated with anti-CD3 and anti-CD28 Abs. Although IL-4 did not alter the nicotine effect, IL-12 completely abolished the nicotine-dependent upregulation of Tregs. Decreased numbers/function of Tregs skew the dynamic equilibrium within the Treg/Th17 axis toward Th17 cells (69). Hence, worsening of colonic inflammation by nicotine/smoking may be explained by a loss of control of Th17 cells playing the pathogenic role in both TNBS-induced colitis in mice (70) and patients with CD (71).

To elucidate the molecular mechanisms allowing cytokines to diversify the immunopharmacologic action of nicotine, we investigated the role of T cell nAChRs. Immunologic stimulation has been shown to alter the expression and function of nAChRs in T cells, and different nAChR subtypes are known to exhibit diverse immunoregulatory effects due to differential regulation of pro- and anti-inflammatory responses. Therefore, we examined whether IL-4 and IL-12 alter the expression and function of nAChRs in T cells.

**FIGURE 5.** The influence of IL-4 and IL-12 on nicotinergic regulation of IL-10, IL-17, and IFN-γ secretion. A, Colon from mice with oxazolone- or TNBS-induced colitis were collected on day 5 after hapten treatment. Total protein was extracted, and tissue levels of IL-4, IL-12, IL-23, and IFN-γ were detected using mouse ELISA immunoassay kits, as described in Materials and Methods. *p < 0.05 compared with control mice; #p < 0.05 compared with untreated mice with the respective form of experimental colitis. B, The naive CD4<sup>+</sup>CD62L<sup>+</sup> T cells from intact BALB/c mice were stimulated with anti-CD3 and anti-CD28 in the presence or absence of 100 μM nicotine with or without 10 ng/ml IL-4 or IL-12 for 5 d, after which the cell culture supernatants were collected and analyzed by ELISA for the presence of IL-10, IL-17, and IFN-γ, as described in Materials and Methods. *p < 0.05 compared with naive CD4<sup>+</sup>CD62L<sup>+</sup> T cells stimulated by TCR/CD3 cross-linking without any additions; #p < 0.05 compared with cells stimulated by anti-CD3/anti-C28 in the presence of nicotine given alone; /*p < 0.05 compared with cells stimulated with anti-CD3/anti-C28 in the presence of relevant cytokine without nicotine. C, The naive CD4<sup>+</sup>CD62L<sup>+</sup> T cells from intact BALB/c mice were stimulated with anti-CD3 and anti-CD28 in the presence or absence of 100 μM nicotine with and without 10 ng/ml IL-4 or IL-12 for 5 d, after which the expression of IL-4, IL-10, IL-17, and IFN-γ was analyzed by FCM, as described in Materials and Methods.
of relative receptor mRNA or protein levels in cells exposed to cytokines in knockout mice that showed no improvement due to nicotine treatment. The pivotal role of nicotine in mediating therapeutic effects of nicotine in oxazolone colitis was confirmed in experiments with α7 nAChR knockout mice that showed no improvement due to nicotine treatment. The proinflammatory action of nicotine that aggravated TNBS colitis could be mediated via the alternative nicotinergic signaling pathways activated in colonic CD4 T cells that lacked α7 nAChR. The reported proinflammatory/immunosuppressive effects of nicotine include increased secretion of IL-12 by Th1 T cells (80), enhanced Con A-induced production of IFN-γ (62), and protection of lymphocytes from cortisol-induced apoptosis (81). It has been proposed that the nicotinergic proinflammatory cascade is mediated by α9 nAChR (82), whose expression was not affected by either IL-4 or IL-12. Thus, upregulated expression of α7 by colonic T cells, facilitated by IL-4, could mediate an anti-inflammatory effect of nicotine on oxazolone colitis and, vice versa, downregulation of this receptor by IL-12 could worsen TNBS colitis. These chains of events can be summarized as follows:

IL-4 → ↑α7 signaling → ↑Tregs → ↑IL-10, ↓IL-17 → improvement of oxazolone colitis

IL-12 → ↑α7 signaling → ↑Tregs → ↓IL-10, ↑IL-17 → aggravation of TNBS colitis

A recent discovery that the efferent vagus nerve modulates the immune response and controls inflammation through nAChRs expressed by inflammatory cells gave rise to a concept of a “cholinergic (nicotinic) anti-inflammatory pathway” (83), and opened a novel avenue for treatment of inflammatory diseases with nicotinic agonists (79, 84, 85). The goal is to avoid the undesired side effects of the therapeutic doses of nicotine (86), which, unfortunately, is not effective in UC at low doses (12). The following nicotinic agonists that avoid the toxicity of nicotine are currently under investigation: AR-R17779 ((−)-spiro[1-azabicyclo[2.2.2]oct-3-yl]-4-chlorobenzamide hydrochloride], and 4OHGTS (3-(3-hydroxy-2-methoxybenzylidene)anabaseine), CAP55, Exo2 (exo-2-(2-pyridyl)-7-azabicyclo[2.2.1] heptane), PNU-282987 ([N-(3R)-1-azabicyclo [2.2.2]oct-3-yl]-4-chlorobenzamide hydrochloride), and 4OHGTS (3-(3-hydroxy-2-methoxybenzylidene)anabaseine), some of which have already been successfully used in various in vitro and in vivo models of inflammation (reviewed in Refs. 84, 87). In IBD associated with elevated levels of IL-4, such as UC, the therapeutic effect may be achieved from α7 agonists, whereas α7 antagonists may be therapeutic in the IBD type associated with elevated IL-12, such as CD. By now, both nicotinic agonists and antagonists (35, 36) have been demonstrated to be therapeutic in experimental IBD, and it also has been shown that administration of α7 agonists to the IBD type caused by IL-12, such as dextran sulfate sodium-induced colitis (88), worsen gut inflammation (38).

In conclusion, our data indicate that the dichotomous clinical and immunopharmacologic effects of smoking/nicotine in UC and CD can be explained, in part, by the ability of the cytokine milieu characteristic of each type of IBD to modify in a unique fashion the nicotinergic signaling by altering the repertoire of T cell nAChRs. Although there is significant potential for developing selective immunomodulation using nicotinergic agents that target nAChRs in T cells, an equally broad and specific range of nAChR-related outcomes can be expected, which may be both beneficial and harmful to the host. Identification of the nAChR subtypes coupled to specific functions of a particular T cell subset involved in each type of IBD should allow selective immunomodulation. Thus, future in-depth analysis of cholinergic immunopharmacology of distinct forms of gut inflammation should be rewarded with novel therapeutic strategies.

Disclosures

The authors have no financial conflicts of interest.


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