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Aborted Germinal Center Reactions and B Cell Memory by Follicular T Cells Specific for a B Cell Receptor V Region Peptide

Ryan A. Heiser, Christopher M. Snyder,1 James St. Clair, and Lawrence J. Wysocki

A fundamental problem in immunoregulation is how CD4+ T cells react to immunogenic peptides derived from the V region of the BCR that are created by somatic mechanisms, presented in MHC II, and amplified to abundance by B cell clonal expansion during immunity. BCR neo Ags open a potentially dangerous avenue of T cell help in violation of the principle of linked Ag recognition. To analyze this issue, we developed a murine adoptive transfer model using paired donor B cells and CD4 T cells specific for a BCR-derived peptide. BCR peptide-specific T cells aborted ongoing germinal center reactions and impeded the secondary immune response. Instead, they induced the B cells to differentiate into short-lived extrafollicular plasmablasts that secreted modest quantities of Ig. These results uncover an immunoregulatory process that restricts the memory pathway to B cells that communicate with CD4 T cells via exogenous foreign Ag. The Journal of Immunology, 2011, 187: 212–221.

During primary humoral immune responses, Ag-reactive B cells undergo developmental and selection processes within germinal centers (GC) that change the isotype of the BCR and improve its avidity for immunogen via class switch recombination and somatic hypermutation (SHM), respectively. As a consequence of diversity within responding clones and subsequent SHM, myriad activated B cells compete for immunogen to receive activating signals directly via BCR aggregation and indirectly via T cell help specified by MHC II-presented peptides derived from the immunogen. This competition provides at least some of the selection pressure for the evolution of high-affinity memory B cell clones that persist and protect against secondary challenge (1–5).

Robust GC reactions and SHM require a cognate Ag-specific interaction between T and B cells, during which signals in the form of membrane contacts and cytokines provide vital help to B cells. This help is delivered by specialized T follicular helper cells (Tfh), recently described phenotypically as CD4+ CXCR5+ B cells. This help is delivered by specialized T follicular helper cells (Tfh), recently described phenotypically as CD4+ CXCR5+ and ICOS+B6B (6–10). Whereas SHM produces the extensive BCR diversity required for affinity maturation during GC reactions, it can also generate autoreactive BCR (11). A requirement for Tfh cell help during the GC response most likely acts as a safeguard to prevent B cells that acquire self-specificity via SHM from participating in an autoimmune response because Tfh cell help to autoreactive B cells should be absent or severely limited due to self-tolerance. If Tfh cells were not tolerant of BCR V region peptides, however, they could potentially help GC B cells via cognate interactions directed by these peptides because activated B cells proficiently self-present BCR-derived peptides in MHC II (12–16). We refer to this as the receptor presentation avenue of help (17). The potential danger posed by receptor presentation is illustrated by the development of autoimmunity in two experimental models involving transgenic T cells specific for BCR peptides (18, 19). Studies in spontaneously autoimmune humans and nontransgenic mice suggest that this avenue of help may be active in disease settings (17, 20–22).

CD4+ T cells attain a state of self-tolerance to germline-encoded peptides derived from Ig V regions (23, 24). In contrast, peptides encoded by somatically diversified sequences generated at junctional boundaries by V/D/J recombination or throughout the V region by SHM can be immunogenic (25–27). As such, activated B cells are poised to receive help from Tfh cells via the receptor presentation avenue. Due to the enormous number of unique BCR-derived peptides arising in the GC, it is likely that Tfh cells encounter antigenic BCR V region peptides on a regular basis. For this reason, it is important to understand the consequences of these interactions with respect to immunoregulation.

To investigate the outcome of a direct interaction between a T cell and a GC B cell that occurs via receptor presentation under physiological circumstances, we established an adoptive transfer model with donor B and T cells from complementary Igk and αβTCR transgenic mice. We demonstrate that a cognate BCR peptide-directed interaction between B and T cells disrupts GC B cell development and inhibits B cell memory responses in favor of short-lived plasmablast differentiation.

Materials and Methods

Mice

CA30 αβTCR and Igk36-71 (kTg) transgenes have been described (16, 18). They were bred onto an A/J genetic background through >10 and >20 backcross generations, respectively. A targeted k deficiency (28) was bred onto the A/J genetic background for 10 generations. CA30 k−/− and
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κTg κ−/− mice were bred from these strains and used in all of the experiments. For adoptive transfers taken to day 135, 4-mo-old κ−/− offspring of a κTg mice served as recipients.

Adoptive transfers, immunizations, and injections

On day 0 of the standard adoptive transfer, 8- to 16-wk-old nonirradiated AJI κ−/− mice were injected i.v. with enriched B cells or unfractonated splenocytes taken from κTg κ−/− mice. At 4 h posttransfer, mice were immunized i.p. with 100 μg goat anti-mouse Ig-k (GoM; Behrly Laboratories, Montgomery, TX) precipitated in alum. GoM was precipitated with AlKSO4 and NaHCO3 and washed three times with PBS before injection. On day 7, experimental animals received 2.5 × 105 unfractonated CA30. κ−/− lymph node (LN) cells i.v. unless otherwise indicated. In some experiments, enriched CA30 T cells were labeled with CFSE (Molecular Probes, Eugene, OR), as previously described (29). Recipient mice were sacrificed on day 10, 12, 14, or 137. For memory experiments, booster immunizations were given i.p. on day 135 with 50 μg GoMec in sterile PBS.

Variations of the standard adoptive transfer are indicated in Results. For experiments shown in Fig. 6, GoMec was conjugated with the VεFR1 peptide (DIQMTIQPSLSSALGDRVSISSC or control peptide (CtrlP) (CARAVGTRRARGWFA) through the peptide cysteines using sulfo-succinimidyl-4-[N-maleimidomethyl]cyclohexane-1-carboxylate (Pierce, Rockford, IL), according to the manufacturer’s protocol. Prior to their use as immunogens in vivo, VεFR1-GoMec and CtrlP-GoMec were tested on AJI B cells for their ability to acquire VεFR1-GoMec through the BCR and to stimulate VεFR1-specific naive CA30 T cells (Supplemental Fig. 4).

Flow cytometry

Splenocytes or LN cells were isolated from recipient animals by gently pressing spleens and LN through a BD Falcon 70-mm nylon cell strainer (BD Biosciences, Rockland, ME). Splenocytes or LN cells were isolated from recipient animals by gently pressing spleens and LN through a BD Falcon 70-mm nylon cell strainer (BD Biosciences, Rockford, IL). Streptavidin–allophycocyanin/Cy7 from Biolegend was paired with biotinylated Abs. For amplification of CFSE signal, DyLight 488 anti-(clone N418) and anti-mouse Vα (Biolegend) in PBS with 2% FCS. Other stains included anti-mouse CD11c blocking solution (PBS/Triton, 5% FCS) for 1 h. Anti-BrdU FITC Ab (BD Biosciences) was applied overnight in blocking buffer. The next day, slides were washed in PBS/Triton three times and mounted with Biomeda Gel/Mount (Fisher Scientific).

Quantification of serum κTg Ab and total κ Ab

Microlon ELISA plates (Greiner Bio-One, Monroe, NC) were coated with mAb17-63 and rat γ-globulin (each at 2.5 μg/ml) in PBS overnight at 4˚C and then incubated in blocking buffer (PBS, 2% BSA, 1% gelatin, 0.05% Tween 20) for 2 h at 37˚C. Serial 2-fold dilutions of test sera were added to wells. An equal volume of the ligand, biotinylated mAb36-71 (IgG1), was added to every well (250 ng/ml) and plates were incubated at 4˚C for 4 h. Plates were washed with PBS, and Delfia SA-europium (Wallac, Turku, Finland) was applied. Following 2-h incubation at 4˚C, plates were washed with PBS and developed in europium enhancement solution (100 mM sodium acetate, 1 mM thenoyltrifluoroacetone, 750 mM tri-octylphosphineoxide [pH 3.2]) made in house. Europium counts were read in a Wallac Victor 2 plate reader at 590 nm, for 1 s/well. Purified unlabeled mAb36-71 was used to generate a standard competition curve. Calculations were done using Prism graphing software (GraphPad Software, La Jolla, CA). Serum κ Ab quantification was performed following the same general competition ELISA, using a rat anti-mouse κ chain (clone 187.1) to coat plates. The anti-goat IgG ELISA was performed by coating Microlon ELISA plates with goat IgG (Sigma-Aldrich). Serial 2-fold dilutions of test sera were added to coated wells. Goat anti-mouse-IgG HRP (Southern Biotechnology Associates, Birmingham, AL) was used to detect bound mouse IgG. The specificity of mAb17-63 was tested by ELISA in plates coated with 2 μg/ml mAb17-63 (IgG2b, κ). Selected κ IgM Abs were added to the plates in serial 2-fold dilution, starting at 2 μg/ml. Plates were developed with a HRP-labeled anti-mouse IgM (Southern Biotechnology Associates).

ELISPOT assay

Microlon ELISA plates were coated with either 5 μg/ml polyclonal goat anti-mouse IgG1, goat anti-mouse IgM, or 1 μg/ml purified protein L (Pierce, Rockford, IL) in PBS overnight at 4˚C. Plates were blocked with RPMI 1640 with 10% FCS for 2 h at 37˚C. Splenocytes (5.0 × 105) were added to the first well of a row and titrated in serial 2-fold dilution in RPMI 1640 with 10% FCS. After 7 h, plates were washed three times with PBS and 0.05% Triton X-100. Biotinylated mAb17-63 (IgG2b) or HRP-coupled goat anti-mouse IgG1 or IgM (Southern Biotechnology Associates) was applied at 0.5 μg/ml in blocking buffer and allowed to incubate overnight at 4˚C. Plates were washed in PBS, and streptavidin-alkaline phosphatase (Biologend) was applied at 1:2000 in blocking buffer. After washing, plates were developed in 100 mM Tris-HCl (pH 9.5), 100 mM NaCl, and 10 mM MgCl2 with 1 mg/ml 5-bromo-4-chloro-3-indolyl phosphate (Pierce) for 2 h at 37˚C. Plates were scanned into TIFF images for blinded counting.

Results

CD4+ T cells specific for a BCR-derived peptide disrupt B cell participation in the GC reaction

To determine the consequences of a cognate interaction between GC B cells and BCR peptide-specific T cells, we used a specialized pair of transgenic mice in an adoptive transfer protocol. One mouse (κTg) expresses a κ chain transgene derived from the 36-71 hybridoma (30). This hybridoma was originally generated during an antihapten immune response and expresses a Vκ gene carrying a pair of somatic mutations in the region encoding framework 1 that generate an immunogenic I-Ak–restricted peptide, referred to in this study as the VεFR1 peptide (26). κTg B cells express endogenous H chains, resulting in a diverse repertoire within the κTg B cell population, much of which is in a resting state (16). An antihapten immune response and expresses a Vκ gene carrying a pair of somatic mutations in the region encoding framework 1 that generate an immunogenic I-Ak–restricted peptide, referred to in this study as the VεFR1 peptide (26). κTg B cells express endogenous H chains, resulting in a diverse repertoire within the κTg B cell population, much of which is in a resting state (16). Another mouse, CA30, expresses a transgenic αβ TCR able to engage the VεFR1 peptide in the context of I-Aκ (18). Most of the CA30 T cells are Ag inexperienced, as assessed by the low frequency of those that are CD44high (CD4+CD44high~<2%).

In the standard adoptive transfer experiment, 5.0 × 104 κTg κ−/− splenocytes, or an equivalent number of purified κTg κ−/− B cells, were injected into mice deficient for the Igκ chain (κ−/−) (Fig. 1A). Using κ−/− recipient mice (28) allowed us to specifically stimulate transferred B cells, track their developmental progress,
and assess κ⁺ Ab production. To recruit these cells into an immune response, recipients were immunized i.p. with a goat anti-mouse Igκ polyclonal Ab (GoMk) precipitated in alum. The goat Ab specifically aggregates the BCR of transferred B cells, and elicits endogenous CD4⁺ T cells that are specific for goat Ig and that provide the necessary help for GC development (31). Without GoMk immunization, GC are not induced. On day 7, during GC formation, 2.5 × 10⁵ CA30 κ⁻/- donors. Groups of recipients were sacrificed on days indicated. B, Representative image of day 7 GC. Sections stained with PNA and mAb directed to indicated Ags. C, Representative images of individual day 10 splenic GC (left), and of day 14 spleen (right) in mice that received (bottom) or did not receive (top) CA30 T cells at day 7. Images are representative of at least five independent experiments with between three and five mice per group. See also Supplemental Fig. 1. F, B cell follicle; RP, red pulp; T, T cell zone.

In this adoptive transfer system, peak GC responses in the spleen were seen on day 14. At this time, recipients of κTg cells alone had many large GC with some plasma cells scattered throughout the red pulp (Fig. 1C, top right). In recipients of CA30 T cells, in contrast, there was a striking redistribution of brightly staining κ⁺ B cells to the red pulp, splenic vasculature, and bridging channels adjacent to T cell areas, with few κ⁺ cells localized in GC (Fig. 1C, bottom right). κ⁺ cells remaining near the GC were found almost exclusively at the T–B border (Fig. 1C, bottom right). Coadoptive transfers of κTg cells and CA30 cells on day 0 produced similar results by day 14 (Supplemental Fig. 1A). In addition, a similar redistribution and expansion of κ⁺ B cells were evident in paracortical and medullary regions of LN (Supplemental Fig. 1B). Finally, loss of κTg B cells from the GC in mice receiving CA30 T cells was also observed when we used protein L in place of GoMk as a polyclonal Ag to selectively activate κ⁺ B cells (Supplemental Fig. 1C).

**BCR peptide-specific T cells enter the GC**

To determine whether transferred CA30 T cells entered ongoing GC reactions containing κTg B cells, purified CFSE-labeled CA30 T cells were injected into recipients on day 7 following transfer of κTg cells on day 0. Control A/J recipients of CA30 T cells were immunized with the VxFR1 peptide. Spleens were collected at 50 h and examined by immunofluorescence. Although CA30 T cells had lost most of their green fluorescence due to cell division, they could be detected with a DyLight-488–labeled anti-FITC mAb (Fig. 2A). This enhancement revealed multiple individual CA30 T cells, as well as clusters of CA30 T cells, in GC of mice that received κTg cells. Additional stains with anti-CD4 and anti-Vβ8.1/8.2 (the
β-chain expressed by CA30 T cells) verified the identity of these cells (Fig. 2B). In peptide-immunized mice or unimmunized control mice, CFSE-labeled CA30 T cells were found exclusively in T cell areas (Fig. 2A, middle, right). By day 14, unambiguous identification of CFSE-labeled CA30 T cells was no longer possible; however, numerous cognate interactions between Vβ8.1/8.2+ T cells and remaining κ+ cells were found within GC (Fig. 2C).

In this transfer system, CA30 T cells can be distinguished from host T cells by flow cytometry with the tetrameric staining reagent, I-Aκ-V8.1/8.2+ (18). To determine whether CA30 T cells became activated during immune responses by κTg B cells, we analyzed CA30 T cells recovered at day 10 from standard adoptive recipients. A positive control group of AJ mice received CA30 cells and was immunized with the VxFR1 peptide. By 3 d after transfer, tetramer-positive T cells in both groups had upregulated ICOS, CXCR5, and PD-1 (Fig. 2D). CA30 T cells of the experimental group consistently stained brighter for ICOS and with the I-Aκ-VxFR1 tetramer than those of the peptide-immunized positive control group (Fig. 2D). Elevated expression of ICOS and CXCR5 was indicative of a T follicular phenotype and in agreement with the presence of conjugates between CA30 T cells and κTg B cells in the GC. Collectively, the data indicated that GC dissolution was most likely due to CA30 T cells that had entered the GC.

**BCR peptide-specific T cells drive development of plasmablasts in the red pulp and T cell zones**

The preceding immunofluorescence analyses of spleen sections revealed that by 3 d following adoptive transfer of CA30 T cells, κTg B cell participation in GC reactions was severely disrupted. At this time, many κ+ cells were found throughout follicles, T cell areas, and bridging channels between the GC and the red pulp, consistent with an exodus of κTg B cells from the GC. The extrafollicular aggregates of κ+ B cells in spleens and LN were largely IgG1+κ+, as were the κ+ B cells found in GC of control animals (data not shown). This phenotype was exaggerated by day 14 (7 d after CA30 T cell transfer), at which time large extrafollicular aggregates of κ+ cells were evident in the red pulp and often adjacent to T cell areas. Their relatively bright κ staining, large numbers, and location at bridging channels suggested that these cells were plasmablasts. In agreement with this, the κ+ extrafollicular cells did not express as much B220 as other cells within the grouping (Fig. 3A). Furthermore, a portion of these cells was dividing within extrafollicular clusters during a brief 4-h pulse with BrdU prior to harvest (Fig. 3A). Within these κ+ clusters, other unidentified cells also appeared to be proliferating. In addition, the κ+ aggregates tightly colocalized with a CD11c+ population in the splenic red pulp of mice that received CA30 T cells (Fig. 3B). Plasmablast clusters in the red pulp during an immune response to NP-Ficolli have been reported to be in close association with CD11c+ dendritic cells in mice that also received anti-CD40 (33).

If the large clusters of κ+ B cells observed in our adoptive transfer were plasmablasts, there should be more Ab-secreting cells (ASC) in recipients of CA30 T cells. ELISPOT assays revealed that there was a 35-fold increase in κ+ IgG1+ ASC, and...
a 7.5-fold increase in $\kappa^+$ IgM$^+$ ASC in recipients of CA30 cells relative to controls at day 14 (Fig. 3C). In agreement with this result, the concentration of serum $\kappa^+$ Ab was significantly increased in recipients of CA30 T cells at day 14 (Fig. 3D). However, it was not increased proportionally to the increase in ASC numbers. This quantitative discordance between increased ASC numbers and serum $\kappa^+$ Ab is also consistent with the interpretation that the ASC in CA30 recipients were plasmablasts, whereas the ASC in the $\kappa^+$ Tg-only recipients were comprised mostly of fully differentiated plasma cells. Notably, the $\kappa^+$ ASC from recipients of CA30 T cells produced smaller spots in the assay than ASC from control mice that received only $\kappa^+$ Tg cells (Fig. 3E).

**T cells specific for a BCR-derived peptide engage in cognate interactions with GC B cells**

It was possible that GC disruption was the consequence of a nonspecific effector mechanism, perhaps mediated by a cytokine or through disruption of follicular dendritic cells. To address this, we performed standard adoptive transfers with mixed populations (1:1) of purified $\kappa^+$ Tg and normal (A/J) B cells. $\kappa^+$ Tg B cells can be reliably discriminated from A/J B cells by flow cytometry with a mAb (mAb17-63), specific for mutations in the $\kappa^+$ Tg L chain (Supplemental Fig. 2A, 2B). As before, CA30 T cells were transferred to recipients 7 d after B cell transfer and immunization. Three days following T cell transfer, relative GC occupancy (B220$^+$ PNA$^{high}$) of $\kappa^+$ Tg and $\kappa^+$ A/J B cells was assessed by flow cytometry with anti-$\kappa^+$ and mAb17-63. We chose the day 10 time point because it represents a dynamic period between GC participation by $\kappa^+$ Tg B cells and their redistribution to extrafollicular regions in recipients of CA30 T cells.

In mice that did not receive CA30 T cells, $\kappa^+$ Tg B cells comprised an average of 54% of the B220$^+$ PNA$^{high}$ $\kappa^+$ population, closely reflecting the initial transfer ratio. In contrast, $\kappa^+$ Tg B cells comprised only 34% of the B220$^+$ PNA$^{high}$ $\kappa^+$ population in recipients of CA30 T cells (Fig. 4). The intermediate loss of $\kappa^+$ Tg B cells from the GC at day 10, as assessed by flow cytometry, reflected the comparable loss observed by immunofluorescence in spleen sections at this time (Fig. 1C), and was highly significant ($p = 0.0001$; Fig. 4B). This result was consistent with the presence of conjugates between CA30 T cells and $\kappa^+$ Tg B cells within the GC. It indicates that the loss of $\kappa^+$ Tg B cells from GC and their differentiation into extrafollicular plasmablasts are the result of a selective cognate interaction between CA30 T cells and $\kappa^+$ Tg B cells.

**Inhibition of a memory B cell response by BCR peptide-specific T cells**

Because CA30 T cells selectively inhibited the development of GC $\kappa^+$ Tg B cells, we predicted they would similarly inhibit development of $\kappa^+$ Tg memory cells and long-lived plasma cells in the bone marrow, both of which pass through the GC stage. To test this idea, we allowed the standard adoptive transfer to proceed long-term, bleeding the mice periodically. At day 135, the recipients were rechallenged with GcMs in saline. At this time, there was very little $\kappa^+$ Ab (5.8 $\mu$g/ml) in mice that received CA30
T cells. In fact, the small amount of κ⁺ Ab observed is approximately what would be predicted to remain after 16 wk, starting with the day 14 κ⁺ Ab titer and assuming an Ig t½ of ~2 wk. In contrast, serum κ⁺ Ab persisted longer in mice that did not receive CA30 T cells. Moreover, the baseline concentration of serum κ⁺ Ab at day 135 in the κTg-only recipient group was ~10 times more than that in the CA30 recipient group (53.4 μg/ml) (Fig. 5A), despite a much higher concentration in the CA30 group at early time points. Furthermore, in a repeat experiment, we found that κ⁺ ASC in the bone marrow at day 130 were reduced by ~10-fold in mice that received CA30 T cells on day 7 (data not shown).

Consistent with failed memory development in recipients of CA30 T cells, there were few splenic IgG⁺ ASC 50 h following a secondary immunization with GoMx in saline, and the few ASC observed were primarily from one mouse. In contrast, substantial numbers of IgG⁺ 17-63⁺ ASC by ELISPOT were present in spleens of mice that received κTg cells alone (Fig. 5B). In these control mice, the frequency of splenic ASC was ~40-fold higher than that in experimental mice that received CA30 T cells. Although these mice were sacrificed only 50 h following the booster injection, we could nonetheless detect a 30% increase in serum κ⁺ Ab of control recipients (Fig. 5C). In contrast, no increase was seen in recipients of CA30 cells. Importantly, the endogenous IgG⁺ anti-goat Ig titers were indistinguishable between groups 50 h after the booster injection, indicating that inhibition of the memory response was specific for κTg B cells and did not apply to the endogenous λ⁺ B cell response against the goat Ig (Fig. 5D). Moreover, memory inhibition was not due to an anti-Igκ humoral immune response by recipient IgG⁺ expressing B cells, as we could not detect such a response in either group of adoptive recipients at early or late time points (data not shown). The reduced titers of persistent κ⁺ Ab and lack of a κ⁺ secondary immune response indicate that the selective disruption of κTg GC B cells by CA30 T cells impeded their development into both long-lived plasma cells and memory B cells.

**Few BCR peptide-specific T cells required for inhibition of GC B cells**

Recent studies employing adoptive transfers of transgenic T cells have shown that intracloval competition among transgenic T cells can influence T cell phenotype, particularly when large numbers of cells are transferred (34). Furthermore, there is evidence that excessive stimulation through the CD40 axis can disrupt GC formation (35). However, in other work, adoptive transfer mice receiving large numbers of paired Ag-specific transgenic T cells (2.5 × 10⁶) and B cells (7.5 × 10⁶) showed normal GC development (36). To address caveats related to nonphysiological numbers of transgenic T and B cells, we repeated the adoptive transfer experiment with 10-fold fewer κTg B cells (5000 splenocytes) and 50-fold fewer CA30 T cells (5000 LN cells). We estimated that of 5000 transferred CA30 LN cells (containing ~4000 CA30 T cells), ~2–10% should be expected to seed the peripheral lymphoid organs, resulting in 80–400 CA30 T cells seated in the mouse (34, 37). This is within the range estimated for endogenous T cells in wild-type mice reactive with a given foreign peptide displayed in MHC II (38).

Analysis of day 12 spleen sections showed that κTg B cells had tightly colocalized with PNA⁺ GC areas in control mice (Fig. 6A, top). In contrast, mice that received 5000 CA30 LN cells on day 6 had κTg B cells both within and outside of GC areas, localized to the follicles and T cell area (Fig. 6A, bottom). Furthermore, there was a significant reduction in the proportion of GC cells that were κ⁺ in recipients of CA30 T cells (Fig. 6B, 6C). Finally, CA30 T cells had expanded and displayed the hallmark high ICOS expression observed in previous transfer experiments (Fig. 6D).

Together, these results demonstrate that despite transferring relatively few κTg B cells, occupying only a very small proportion of total GC (~7% of total GC B cells at day 12) and a near physiological number of CA30 T cells, we were able to recapitulate the GC morphology and T cell activation state observed in transfer experiments with large cell numbers. This suggests that GC disruption and plasmablast differentiation mediated by T cell interactions with GC B cells presenting BCR-derived peptides may not be due to excessive numbers of Th cells.

**Inhibition of GC B cells occurs through the receptor presentation avenue**

To further test the idea that the BCR specificity of T cell help, rather than excessive T cell help to exogenous Ag, was responsible for impaired GC participation and enhanced plasmablast differentiation, we performed an experiment in which OVA-immunized wild-type B6 mice were injected or not with a large number of OT-II cells on day 7. Data of Supplemental Fig. 3 show that neither the GC response nor the anti-OVA Ab response was significantly affected by the transferred OT-II T cells.

Finally, we addressed this question using a different approach in which the VxFR1 peptide was provided to wild-type B cells in the form of an exogenous Ag. This experiment is a better test of the possibility that excess T cell help disrupts GC B cells because

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**FIGURE 5.** Inhibition of a κTg memory response by CA30 T cells. A, Time course of serum κ⁺ Ab in mice that received (n = 5, □) or did not receive (n = 4, △) CA30 κ⁺ T cells on day 7. Top: Bars of bars represent mean values for the group, with SEM shown. Note virtual absence of κ⁺ Ab in CA30 recipients at day 135 despite high titers on day 14. Data are representative of three independent experiments with three to five mice per group. B, Frequency of IgG⁺ 17-63⁺ splenic ASC 50 h following boost. C, Change in serum κ⁺ Ab concentration 50 h following booster injection on day 135. B and C, Symbols represent individual mice, with lines representing mean values. Data are representative of three independent experiments with three to five mice per group. Statistically significant differences are indicated. **p ≤ 0.01, ***p ≤ 0.001 as determined by a two-tailed t test. D, Serum IgG⁺ Ab titers against goat IgG at 50 h after boost. Symbols represent mean values for each group (n = 5; +CA30 T cells; n = 4, No CA30 T cells) with SEM shown. Data are representative of three independent experiments.
mice received large numbers of CA30 LN cells (2.5 \times 10^3) GC B cells (39–41). As before, during the GC phase of an immune response are able to reach the T cell transfer (Fig. 7A). Representative images of day 12 splenic GC in experimental and control mice. A, Representative images of day 12 splenic GC in experimental and control mice. To provide a more rigorous test, we modified the protocol slightly by immunizing when the CA30 T cells were transferred. To investigate the consequences of cognate interactions between CD4 T cells and B cells that are directed by BCR-derived peptides, we designed an adoptive transfer protocol utilizing donor B and T cells from a complementary pair of Igab transgenic mice. Our experiments uncovered a regulatory process in which the receptor presentation avenue of T–B interaction selectively impedes B cell development in the GC and immunological memory in favor of a short-term plasmablast response. Shortly after transfer, CD4 T cells specific for a BCR-derived epitope were activated and had migrated within ongoing GC. Inhibition of GC maintenance was observed even with few transferred BCR-specific T cells and \( \kappa \)Tg B cells, and was specific for B cells presenting a BCR-derived peptide, as opposed to bystanders or B cells presenting the same peptide derived from an exogenous immunogen. The impaired GC response was consistent with severely diminished Ab titers at late time points and a missing recall humoral response upon secondary challenge.

Discussion

To investigate the consequences of cognate interactions between CD4 T cells and B cells that are directed by BCR-derived peptides, we designed an adoptive transfer protocol utilizing donor B and T cells from a complementary pair of Igab transgenic mice. Our experiments uncovered a regulatory process in which the receptor presentation avenue of T–B interaction selectively impedes B cell development in the GC and immunological memory in favor of a short-term plasmablast response. Shortly after transfer, CD4 T cells specific for a BCR-derived epitope were activated and had migrated within ongoing GC. Inhibition of GC maintenance was observed even with few transferred BCR-specific T cells and \( \kappa \)Tg B cells, and was specific for B cells presenting a BCR-derived peptide, as opposed to bystanders or B cells presenting the same peptide derived from an exogenous immunogen. The impaired GC response was consistent with severely diminished Ab titers at late time points and a missing recall humoral response upon secondary challenge.

To our knowledge, our studies are the first to examine the effects of BCR-specific T cells on an ongoing GC reaction elicited by a T cell-dependent immunogen. The BCR-derived peptide in this model was originally created in the first framework region of a V\( \alpha \) gene by a pair of somatic mutations that were acquired during an immune response. Upon BCR aggregation or LPS stimulation, this peptide is proficiently displayed by B cells in I-Ak (16, 26). As such, under physiological circumstances, cognate interactions between T follicular cells and B cells that are directed by unique BCR-
derived peptides may commonly occur. Because the CD4 T cell repertoire attains a state of tolerance to germline-encoded BCR sequences, these unique peptides would most likely come either from BCR CDR3 sequences or from somatic mutations located from BCR CDR3 sequences or from somatic mutations located frequently create both autoreactive BCR and MHC II-restricted epitopes for CD4+ T cells (11, 23). Therefore, without some form of censorship, one might expect that BCR peptide-directed T–B collaboration would frequently lead to the development of memory B cells that engage autoantigens and to a chronic state of autoimmunity. Because autoimmunity is the exception and not the rule, we speculated that the receptor presentation avenue of help would be subject to immunoregulation (17).

Controlling access to GC B cells is one form of regulation that could prevent BCR peptide-specific T cells from providing help to GC B cells. In this regard, naive BCR peptide-specific T cells are unlikely to interact with GC B cells. Once activated, however, T cells may gain access to GC B cells due to changes in the expression of chemokine receptors that direct T cell migration (6, 42). As such, for a BCR-specific T cell to interact with a GC B cell, the T cell presumably must be stimulated by an activated APC beforehand. In principle, a BCR peptide-specific T cell could become activated in one of two ways. It could be activated by an APC that has taken up secreted Ig containing the peptide, or it could be activated by a chance cross-reaction with a foreign immunogen acquired by the APC.

In our model, it is likely that CA30 T cells gain access to the GC by the first of these alternatives, in which they are initially activated by APC that acquire κTg-encoded Ig in the form of immune complexes with GomM. This route of activation could also occur in a physiological Ab response, as somatically mutated Ab is secreted within 2 wk of immunization, and the GC response can last for >1 mo (43–45). At first glance, the second scenario, in which a BCR peptide-specific T cell cross-reacts with a peptide from the immunogen, seems improbable. However, although the likelihood that an Ag-reactive αβTCR would cross-react with a particular BCR-derived peptide is very small, SHM-generated diversity among GC B cells is extensive. This can be inferred from the fact that recurrent somatic mutations have been repeatedly observed in V region genes of independent B cell clones from different animals. For example, an identical set of four consecutive somatic mutations in VHCDR2 was reported in three independent B cell lineages responding to the same immunogen in different mice (46). Therefore, SHM may be viewed as a generator of diverse BCR peptide libraries, any one peptide of which may be cross-reactive with respect to a given preactivated T cell. Numerous contacts between T cells and GC B cells would provide ample opportunity for paired interactions between B cells and mutant BCR peptide-specific T cells (47, 48).

In our study, the consequences to the GC B cell of presenting exogenous Ag, versus endogenous BCR-derived Ag, to T cells within the follicle were clear and dramatic: presentation of exogenous Ag promoted GC development, whereas endogenous presentation terminated GC development. Given the abundance of BCR-derived VκFRI peptide for κTg B cells, it is possible that GC inhibition and plasmablast differentiation were due to an unusually high level of peptide presentation by κTg B cells and the proportional strength of the T–B interaction. Indeed, it has been proposed that high total signal derived from the BCR and/or T cell signals may drive IFN regulatory factor 4 upregulation resulting in plasma cell differentiation (49). Furthermore, plasmablast differentiation is favored over GC development in both the early IgM response and the memory response, wherein B cells with the highest avidity BCRI acquire and display the most foreign peptides (50). If peptide density is responsible, it is conceivable that T cell reactivity to prominent clonotypic Ig-derived peptides could play a role in promoting secondary plasmablast responses at the expense of secondary GC development by memory B cells.

The counterargument against peptide density is that affinity-enhancing somatic mutations promote memory B cell development, and B cells with receptors of highest affinity should present the most antigenic peptide in MHC II to T cells (11, 23). Therefore, without some form of censorship, one might expect that BCR peptide-directed T–B collaboration would frequently lead to the development of memory B cells that engage autoantigens and to a chronic state of autoimmunity. Because autoimmunity is the exception and not the rule, we speculated that the receptor presentation avenue of help would be subject to immunoregulation (17).

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are acquired stepwise during the GC reaction. B cell migration between the dark and light zones of the GC could be a physical manifestation of such a process. BCR-derived peptides, in contrast, may be continuously displayed in B cell MHC II, even when the BCR is not engaged with Ag. This is plausible because ξTg B cells that are activated by LPS without BCR cross-linking proficiently display the VκFR1 peptide in I-Aκ (16). According to this scenario, termination of memory B cell development and differentiation into short-lived extrafollicular plasmablasts would either be due to B cell stimulation by conventional TFH cells at differentiation into short-lived extrafollicular plasmablasts would to this scenario, termination of memory B cell development and further investigation and perhaps a modification of this model that permits comparative analyses of BCR-specific T cells and conventional carrier-specific T cells.

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