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Foxp3+ CD4 Regulatory T Cells Limit Pulmonary Immunopathology by Modulating the CD8 T Cell Response during Respiratory Syncytial Virus Infection

Ross B. Fulton,* David K. Meyerholz, † and Steven M. Varga*†‡

Regulatory Foxp3+ CD4 T cells (Tregs) prevent spontaneous inflammation in the lungs, inhibit allergic and asthmatic responses, and contribute to tolerance to inhaled allergens. Additionally, Tregs have previously been shown to suppress the CD8 T cell response during persistent virus infections. However, little is known concerning the role that Tregs play in modulating the adaptive immune response during acute respiratory virus infections. We show following acute respiratory syncytial virus (RSV) infection that Foxp3+ CD4 Tregs rapidly accumulate in the lung-draining mediastinal lymph nodes and lungs. BrdU incorporation studies indicate that Tregs undergo proliferation that contributes to their accumulation in the lymph nodes and lungs. Following an acute RSV infection, pulmonary Tregs modulate CD25 expression and acquire an activated phenotype characterized as CD11ahigh, CD44high, CD43glyco+, ICOS+, and CTLA-4+. Surprisingly, in vivo depletion of Tregs prior to RSV infection results in delayed virus clearance concomitant with an early lag in the recruitment of RSV-specific CD8 T cells into the lungs. Additionally, Treg depletion results in exacerbated disease severity, including increased weight loss, morbidity, and enhanced airway resistance. In Treg-depleted mice there is an increase in the frequency of RSV-specific CD8 T cells that coproduce IFN-γ and TNF-α, which may contribute to enhanced disease severity. These results indicate that pulmonary Tregs play a critical role in limiting immunopathology during an acute pulmonary virus infection by influencing the trafficking and effector function of virus-specific CD8 T cells in the lungs and draining lymph nodes. The Journal of Immunology, 2010, 185: 2382–2392.

T

he respiratory tract forms a major mucosal interface with the external environment and is constantly exposed to inert foreign Ags and pathogens. Thus, the lungs must discriminate between innocuous and pathogen-derived Ags to limit chronic inflammation and maintain proper lung function. To do so, the respiratory system establishes a default anti-inflammatory state that requires a higher activation threshold for pathogen-associated danger signals than for nonmucosal surfaces (1). Once the threshold for innate immune activation is exceeded, the immune system must initiate an appropriately balanced immune response that eliminates the pathogen while limiting damage to the lung tissue. Because the lung is not an organized lymphoid tissue, the cellular composition of the lung parenchyma and airways undergoes drastic changes during an immune response (2). Consequently, the lung epithelium is directly exposed to the inflammatory immune response and is therefore susceptible to immune-mediated damage. Thus, failure to tightly regulate the immune response to respiratory pathogens can lead to pulmonary pathology resulting in diminished lung function.

There are multiple regulatory mechanisms in the lungs to control the immune response to respiratory pathogens (1). The initial regulatory barriers in place prior to the induction of an adaptive immune response include active suppression by epithelial cells (3) and alveolar macrophages (4). For instance, exposure of alveolar macrophages to TGF-β that is tethered to airway epithelial cells via the αvβ6 integrin serves to maintain macrophages in an anti-inflammatory state and increases the activation threshold of danger signals needed to induce an immune response. Additionally, regulatory Foxp3+ CD4 T cells (Tregs) are essential in regulating the adaptive immune response (5, 6). Identified by expression of the forkhead transcription factor Foxp3 (7, 8), which is required for regulatory function, Foxp3+ Tregs prevent spontaneous inflammation in the lungs (9, 10), control atopic and asthmatic responses (11), and have an important role in establishing mucosal tolerance to Ags (5, 11). In recent years, it has become appreciated that Tregs also play an important role in regulating immune responses to pathogens (12). Most studies examining the role of Tregs during infections have been performed in the context of persistent or chronic infections (13, 14). During chronic infections, Tregs have primarily been shown to limit immunopathology mediated by pathogen-specific T cells and, in some cases, may promote pathogen persistence (15). Importantly, relatively little is known about the role of Tregs during acute virus infections.

To better understand the role of Foxp3+ Tregs during acute respiratory virus infections, we examined the Treg response following acute respiratory syncytial virus (RSV) infection. We show that Foxp3+ Tregs rapidly proliferate and accumulate in the lungs and mediastinal lymph nodes during acute RSV infection. In contrast to Tregs in lymphoid compartments, of which most are CD25+, the frequency of CD25+ Tregs in the lungs is modulated following infection. Additionally, most pulmonary...
Tregs upregulate expression of the inhibitory molecule CTLA-4 and acquire an activated phenotype. We demonstrate that Tregs coordinate the early recruitment of virus-specific CD8 T cells into the lung tissue and airways, but they also limit the magnitude of the CD8 T cell response and their ability to produce TNF-α, which likely reduces disease severity. Our data indicate that Tregs play an important role in the regulation of the adaptive CD8 T cell response that is the primary cause of RSV-induced lung immunopathology.

Materials and Methods

Viruses and infection of mice

The A2 strain of RSV was a gift from B.S. Graham (National Institutes of Health, Bethesda, MD) and was propagated on B95-8 cells (American Type Culture Collection, Manassas, VA). BALB/cAnNCr mice between the ages of 6 and 8 wk were purchased from the National Cancer Institute (Bethesda, MD). Mice were anesthetized with isoflurane and infected with 2–3×10^6 PFU of the A2 strain of RSV intranasally (i.n.). All experimental procedures were approved by the University of Iowa’s Animal Care and Use Committee.

Tissue isolation and preparation

The bronchoalveolar lavage (BAL) fluid and lung tissue were harvested from mice as previously described (16). After perfusing the lungs with 5 ml PBS via the right ventricle of the heart, lungs were cut into small pieces and digested in 4 ml HBSS with CaCl_2 and MgCl_2 (Invitrogen, Grand Island, NY) supplemented with 125 U/ml collagenase (Inventrogen) and 60 U/ml DNase I (Sigma-Aldrich, St. Louis, MO) for 30 min at 37˚C. Lymph nodes were similarly digested in 1 ml HBSS containing collagenase and DNase I as described above. Lungs were then pressed through a wire mesh screen (Cellector; Bellco Glass, Vineland, NJ), and spleens and lymph nodes were pressed through the frosted ends of glass slides (Surgipath, Richmond, IL) to prepare single-cell suspensions.

Cell surface staining

Single-cell suspensions (1×10^2 to 2×10^6 cells) were plated in 96-well round-bottom plates (Corning, Corning, NY) and blocked with anti-FcγRI/III mAb (clone 2G12) and simultaneously stained with optimal concentrations of mAbs specific for CD4 (clone RM4.5), CD8 (clone 53-6.7), Thy1.2 (clone 53-2.1), CD25 (clone PC61.5), CD45RB (clone M17/4), CD44 (clone IM7), CD43 (glycosylated; clone 1B11), CD11a (clone M17/4), CD71 (clone M293), and CD49d (clone R1-2). All mAbs were obtained from eBioscience (San Diego, CA), except for CD43, CD103, and β7, which were obtained from BD Biosciences (San Jose, CA). Cells were stained for 30 min at 4˚C, washed twice with cold staining buffer (PBS, 2% FCS, and 0.02% sodium azide), and subsequently fixed with FACS lysing solution (BD Biosciences). Samples were run on a FACS Canto flow cytometer (BD Biosciences), and data were analyzed using FlowJo software (Tree Star, Ashland, OR).

Tetramer staining

Cells were plated in 96-well round-bottom plates (Corning), washed with staining buffer, and stained with optimal concentrations of RSV M2Δ2,90 specific allophycocyanin-conjugated tetramers (obtained from the National Institutes of Health Tetramer Core Facility, Atlanta, GA) and simultaneousy blocked with anti-FcγRI/III mAb for 30 min at 4˚C. Cells were then washed once with cold staining buffer, stained for cell surface CD8 and Thy1.2, and subsequently washed and fixed with FACS lysing solution prior to analysis by flow cytometry.

Intracellular staining and BrdU

Cells were stained for Foxp3 using a mouse regulatory T cell staining buffer kit (eBioscience) according to the manufacturer’s instructions. Briefly, following cell surface staining and fixation, cells were stained with optimal concentrations of mAb specific to Foxp3 (clone FJK-16s; eBioscience), CTLA-4 (clone UC10-4B9; eBioscience), and Ki-67 (clone 35; BD Biosciences). Cells were subsequently washed twice with 1× permeabilization buffer and resuspended in staining buffer. For BrdU studies, mice were administered 2 mg BrdU (Sigma-Aldrich) i.p. and 0.8 mg i.n. in pharmaceutical-grade PBS (Inventrogen) 24 h prior to analysis. To detect BrdU incorporation, cells were first stained for Foxp3 followed by intracellular BrdU staining with mAb specific to BrdU (clone PRB-1; eBioscience) using a BrdU flow kit (BD Biosciences) according to the manufacturers’ instructions. DNase I for BrdU staining was obtained from Sigma-Aldrich. Samples were analyzed using flow cytometry.

In vivo depletion of Tregs

Hybridoma cells producing anti-CD25 mAb (clone PC61) were a gift from Thomas Waldschmidt (University of Iowa, Iowa City, Iowa). Anti-CD25 mAb was produced in CELLine CL1000 chambers (Integra, Hudson, NH) using HyClone SFM4140b with 1×-glutamine media (Thermo Fisher Scientific, Waltham, MA) according to the manufacturers’ instructions. Anti-CD25 mAb was purified using a 50% ammonium sulfate precipitation and dialyzed with pharmaceutical-grade PBS. To deplete CD25+ CD4 T cells, naive BALB/c mice were administered 1 mg anti-CD25 mAb i.p. 2 d later. Control mice were administered the same amount of rat IgG (Sigma-Aldrich) in parallel with anti-CD25 mAb treatments. To confirm depletion of CD25+ CD4 T cells, cells were stained for cell surface CD4, Thy1.2, CD25 (clone 7D4; eBioscience), and intracellular Foxp3. The 7D4 clone does not recognize the same epitope on CD25 as does the PC61 mAb used for depletion (17).

Peptide stimulation

Single-cell suspensions derived from the spleen, mesolNs, lung, and BAL fluid were plated in 96-well round-bottom plates (Corning) for 5 h at 37˚C with or without 1 μM M2Δ2,90 peptide in the presence of 10 μg/ml brefeldin A (Sigma-Aldrich) as previously described (16). Cells were subsequently stained for cell surface CD8 and Thy1.2. After fixation with FACS lysing solution, cells were incubated in permeabilization buffer (staining buffer containing 0.5% saponin; Sigma-Aldrich) for 10 min and stained with optimal concentrations of anti–IFN-γ (clone XMG1.2; eBioscience) and anti–TNF-α (clone MP6-XT22; eBioscience). Cells were washed once with permeabilization buffer and again with staining buffer prior to analysis by flow cytometry.

Measurement of morbidity and airway resistance

Enhanced pause (Penh) was measured using a whole-body plethysmograph (Buxco Electronics, Sharon, CT). Penh values were recorded daily prior to and following infection with RSV. Breathing patterns were recorded for 5 min per mouse to obtain an average Penh value. Mice were weighed daily, and clinical scores were assigned based on the following scale: 0, no apparent illness; 1, slightly ruffled fur; 2, ruffled fur; 3, ruffled fur and inactive; 4, ruffled fur, inactive, hunched posture; and 5, moribund or dead.

Plaque assays

Lungs were harvested from RSV-infected mice on days 4, 6, and 7 postinfection (p.i.) and processed for plaque assays on Vero cells as previously described (18).

Histology

Whole lungs with the heart attached were removed from control or Treg-depleted mice 7 d p.i. Lungs were placed in 10% formalin (Thermo Fisher Scientific) in a vacuum to remove air from the lungs. Fixed lungs were embedded in paraffin, sectioned at 4-μm thickness, and either H&E or periodic acid Schiff (PAS) stained by the University of Iowa Comparative Pathology Laboratory. Slides were blinded and scored by a board-certified veterinary pathologist (D. Meyerholz, University of Iowa). Stained sections were scored for perivascular aggregates of leukocytes from 1 to 4 on a graded scale in which 1 represents normal parameters and 4 represents moderate to high cellularity. Interstitial disease was scored on the following scale: 1, within normal parameters; 2, mild, detectable focal to multifocal congestion, uncommon to small numbers of leukocytes and some atelectasis; 3, moderate, multifocal to coalescing congestion, leukocyte cellularity, and atelectasis with rare luminal leakage of cellular and fluid debris; and 4, severe, coalescing interstitial congestion, leukocytes, and atelectasis with admixed extensive loss of airspace and luminal accumulation of cellular and fluid debris. Edema was scored from 1 to 4 on a graded scale in which 1 represents no edema and 4 represents multiple fields having coalescing alveoli filled by pools of fluid. Mucus airway obstruction was scored on the following scale: 1, normal epithelium and no luminal accumulation; 2, epithelial mucinous hyperplasia with thin strands of mucus lining the airways; 3, epithelial mucinous hyperplasia with luminal mucus accumulation partially filling the airways; and 4, epithelial mucinous hyperplasia with luminal mucus filling and obstructing the airways.

Data analysis

Graphical analysis was performed using Prism software (Graphpad Software, San Diego, CA). Statistical analyses were performed using InStat.
software (Graphpad Software). Comparisons between two groups with normal Gaussian distributions were analyzed using paired or unpaired t tests (two-tailed), a Welch corrected unpaired t test for data with significant differences in SD between groups, or a Mann-Whitney U test for data without Gaussian distributions. Within-group comparisons to baseline were analyzed using a one-way ANOVA with a Dunnett posttest to control for multiple comparisons. Overall trends in longitudinal data between groups were analyzed using two-way repeated-measures ANOVA. The p < 0.05 values were considered significant.

Results

Foxp3+ Tregs rapidly accumulate in the lungs and medLNs during RSV infection

Treg responses to pathogens have been extensively studied in the context of persistent or chronic infections (13–15, 19, 20). In contrast, much less is known concerning the role of Tregs during acute infections (21). Following acute infection of BALB/c mice with RSV, the frequency of CD4 T cells that were Foxp3+ increased in the lung airways (BAL), lung parenchyma, and lung-draining medLNs (Fig. 1A–C). By day 4 p.i., 25% of CD4 T cells in the BAL were Foxp3+, representing an ∼50-fold increase in absolute numbers over naive levels (Fig. 1A). By day 8 p.i., the total number of Tregs in the BAL had increased 86-fold over naive levels. The lung parenchyma also exhibited an increase in the frequency and total number of Tregs (Fig. 1B). By day 6 p.i., the frequency of CD4 T cells that were Foxp3+ were more than doubled compared with naive levels (17% compared with 7%), which represented an ∼3-fold increase in total numbers of Tregs over naive levels. Thus, following infection with RSV there was an early enrichment of Tregs in the BAL and lung parenchyma. In contrast, the frequency of Foxp3+ CD4 T cells in the medLNs remained relatively constant except for an early increase on day 2 p.i. (Fig. 1C). However, the absolute number of Tregs rapidly increased during the first several days p.i., indicating that the accumulation of Tregs paralleled that of Foxp3+ CD4 T cells (data not shown). In contrast to the lungs and medLNs, we did not observe large fluctuations in the frequency or total number of Foxp3+ CD4 T cells in the spleen or PBLs (Fig. 1D, 1E).

Concomitant with clearance of RSV from the lungs by day 7 p.i. (22), the number of Tregs decreased in the BAL, lung parenchyma, medLNs, and spleen (Fig. 1A–D). By day 15 p.i., the absolute number of Tregs in the lung parenchyma and spleen had nearly returned to baseline levels. The decline in Treg numbers was more prolonged in the BAL and medLNs, but total numbers were similar to baseline levels at day 220 p.i. We observed an increase in the frequency of Foxp3+ CD4 T cells in the medLNs and spleen by day 220 p.i. along with increased Treg numbers in the spleen (Fig. 1C, 1D), which is consistent with studies showing an increase in Foxp3+ Tregs in mice as they age (15, 23). The kinetics of the Treg response to RSV infection was not unique to BALB/c mice; we observed similar kinetics in the BAL, lung parenchyma, medLNs, spleen, and PBLs following acute RSV infection of C57BL/6 Foxp3GFP mice (data not shown).

Proliferation of Foxp3+ Tregs during RSV infection

The accumulation of Foxp3+ Tregs in the medLNs and lungs during RSV infection could be explained by the recruitment and/or proliferation of Tregs. To determine whether Tregs proliferate in response to RSV infection, we examined BrdU incorporation in parallel with the proliferation marker Ki-67. Twenty-four hours prior to analysis, naive or RSV-infected BALB/c mice were administered BrdU both i.p. and i.n. to ensure efficient incorporation of BrdU by proliferating cells in the lung parenchyma and BAL (24). Consistent with previous reports (11, 25, 26), prior to infection the percentage of Tregs that were Ki-67+ or BrdU+ was significantly higher than conventional Foxp3+ CD4 T cells (p < 0.01 for all except Ki-67 frequencies in the BAL) (Fig. 2). Following RSV infection, there was an increase in the

![FIGURE 1.](http://www.jimmunol.org/)
The accumulation of Foxp3+ Tregs in the BAL, lung parenchyma, and medLNs and spleen remained relatively stable at ∼80% throughout the course of infection (Fig. 3). As expected, in naive mice 59% of Tregs in the lung parenchyma were CD25+. In contrast, 74% of Tregs in the BAL of naive mice were CD25+, suggesting that Tregs in the lung airways may upregulate CD25 expression or that CD25+ Tregs are preferentially recruited to, or retained in, the airways. Following infection, the percentage of CD25+ Tregs in the lung parenchyma dipped to 50% and remained relatively stable afterward. In contrast to the lung parenchyma, ∼70–75% of Tregs in the BAL remained CD25+ during the first 8 d of infection. The frequency then decreased to 54% by day 15 p.i. before eventually returning to baseline levels by day 220.

Pulmonary Tregs acquire an activated phenotype during RSV infection

To further assess the activation phenotype of Tregs, we compared pulmonary Tregs from naive or RSV-infected mice for markers commonly associated with T cell activation. Consistent with previous reports that Tregs from naive mice display an effector cell phenotype (17, 30), >90% of pulmonary Tregs were CD45RBlow and ∼40% were high for the memory markers CD11a and CD44 (Fig. 4). Approximately 40% of Tregs expressed the activation-associated glycoform (glyco) of CD43 (CD43glyco) and the costimulatory receptor ICOS, suggesting that some Tregs may have been recently activated. A low frequency (<4%) of Tregs expressed CD69 and OX40, and >90% were GITRhigh and FR4high (Supplemental Fig. 1). CTLA-4 is an inhibitory homolog of CD28 that is constitutively expressed by a portion of Tregs and has been implicated as a regulatory mechanism used by Tregs (9, 31–33). In the lung parenchyma, 37% of Tregs were CTLA-4+. Few Tregs expressed the inhibitory molecules LAG-3, programmed death 1, and PDL-2 expression (data not shown). However, 15% of Foxp3+ Tregs expressed PDL-1 (Supplemental Fig. 1).

By day 6 p.i., pulmonary Tregs further downregulated CD45RB expression, 70–80% became CD11ahigh and CD44high, and there was an ∼2.5-fold increase in the geometric mean fluorescence intensity (MFI) of GITR compared with Tregs from the lung parenchyma of naive mice (Fig. 4, data not shown). We also observed a significant (p < 0.01) increase in the frequency of Tregs expressing CD43glyco (70%), ICOS (81%), CTLA-4 (78%), CD69 (34%), OX40 (21%), and PDL-1 (62%) compared with Tregs from the lungs of naive mice (Fig. 4, Supplemental Fig. 1). There were minimal changes in LAG-3, programmed death 1, and PDL-2 expression (data not shown). These data further demonstrate that pulmonary Tregs are highly activated during acute RSV infection.

CD25 expression by Foxp3+ Tregs during RSV infection

Because Tregs were proliferating and presumably becoming activated in response to RSV infection, we next wanted to examine the phenotype of pulmonary Tregs following infection. Although IL-2 is essential for the peripheral maintenance of Tregs (27, 28), it has previously been shown that whereas most Foxp3+ CD4 T cells are CD25+ in secondary lymphoid tissues, this frequency is decreased in the lungs (29). To determine whether CD25 was modulated during the course of infection, we tracked CD25 expression by Foxp3+ Tregs (Fig. 3). The frequencies of CD25+ Foxp3+ Tregs in the medLNs and spleen remained relatively stable at ∼80% throughout the course of infection (Fig. 3). As expected, in naive mice 59% of Tregs in the lung parenchyma were CD25+. In contrast, 74% of Tregs in the BAL of naive mice were CD25+, suggesting that Tregs in the lung airways may upregulate CD25 expression or that CD25+ Tregs are preferentially recruited to, or retained in, the airways. Following infection, the percentage of CD25+ Tregs in the lung parenchyma dipped to 50% and remained relatively stable afterward. In contrast to the lung parenchyma, ∼70–75% of Tregs in the BAL remained CD25+ during the first 8 d of infection. The frequency then decreased to 54% by day 15 p.i. before eventually returning to baseline levels by day 220.
We also examined the modulation of trafficking molecules on pulmonary Tregs. In naive mice, 23% of pulmonary Tregs had low expression of CD62L (Fig. 5). By day 6 p.i., 54% of Tregs in the lung parenchyma had low CD62L expression. The \( \alpha_E \beta_7 \) integrin has been shown to be important for Treg trafficking to sites of inflammation, such as the skin and lungs (30, 34). The frequency of \( \alpha_E \) and \( \beta_7 \)-expressing Tregs in the lung parenchyma increased from 30% and 45%, respectively, in naive mice to 40% and 67%, respectively, by day 6 p.i. (Fig. 5). When compared with Foxp3+ CD4 T cells, expression of the \( \alpha_E \) and \( \beta_7 \) integrin chains were primary restricted to Foxp3+ CD4 T cells, suggesting that \( \alpha_E \beta_7 \) integrin may be important for Treg trafficking into the lungs during RSV infection. Additionally, the \( \alpha_4 \) integrin (VLA-4) has been demonstrated to be important for trafficking of lymphocytes into BALT via VCAM-1 expressed on high endothelial venules (35). We observed an increase in the frequency of both Foxp3+ Tregs and Foxp3+CD4 T cells expressing high levels of the \( \alpha_4 \) integrin chain. Thus, the \( \alpha_4 \) integrin chain may also be important in trafficking of both Treg and effector CD4 T cells into the lungs.

**Depletion of Tregs delays virus clearance**

Depletion of Tregs has been shown in most infection models to accelerate pathogen clearance due to enhanced T cell responses (13–15, 36). Therefore, we next determined whether depletion of Tregs altered the rate of virus clearance in the lungs. Naive mice were treated with anti-CD25 mAb 3 d prior to RSV infection and a second time 2 d p.i. to ensure sustained depletion of CD25+ Tregs. At the time of infection, in the lung parenchyma there was an ∼86% reduction in the percentage of Foxp3+ Tregs that were CD25+ as detected by the anti-CD25 mAb clone 7D4 (Supplemental Fig. 2A). This decrease corresponded with an ∼60% reduction in the frequency of Foxp3+ CD4 T cells, consistent with the depletion of this population (Supplemental Fig. 2B). The residual frequency of Foxp3+ Tregs was expected based on our previous observation that only 59% of Tregs in the lung express CD25 (Fig. 3). There were similar virus titers on days 4 and 6 p.i. in the lungs of control and Treg-depleted mice (Fig. 6). However, despite only being able to eliminate 60% of the Tregs in the lung via anti-CD25-mediated depletion, we observed a significant \( p < 0.01 \) delay in virus clearance (Fig. 6). These data suggest that the virus-specific CD8 T cell response, which is necessary to
Depletion of CD25+ Tregs delays the recruitment of RSV-specific CD8 T cells into the lung

Multiple studies have shown that Tregs limit the magnitude of pathogen-specific CD8 T cell responses (13, 21, 39, 40), which would appear to be at odds with our data demonstrating that virus clearance is delayed in Treg-depleted mice. Therefore, we next sought to examine the impact of Treg depletion on the magnitude and kinetics of the RSV-specific CD8 T cell response. Consistent with the role of Tregs in limiting overall inflammation, there were significantly \( (p < 0.01) \) more total cells in the lung parenchyma of Treg-depleted mice at both days 6 and 8 p.i. (Fig. 7A). Total cell numbers in the BAL and medLNs were similar between groups on both days examined. On days 6 and 8 p.i. there were increased numbers of CD4 T cells in the lung parenchyma, and on day 8 p.i. there were more CD8 T cells in the lung parenchyma and medLNs (Fig. 7B, 7C). There were also substantially more NK cells (CD3−DX5+ 6 d p.i. and more B cells (CD19+B220+) and neutrophils (Ly6C+Ly6G+CD11b+) 8 d p.i. in the lung parenchyma of Treg-depleted mice (Fig. 7D).

To determine the effect of Treg depletion on the RSV-specific CD8 T cell response, we enumerated Ag-experienced CD11a\(^{\text{high}}\) CD44\(^{\text{high}}\) CD8 T cells in the medLNs, lung parenchyma, and BAL (Fig. 8A) (41). In Treg-depleted mice there were significantly \( (p < 0.01) \) more CD11a\(^{\text{high}}\)CD44\(^{\text{high}}\) CD8 T cells in the medLNs on days 6 and 8 p.i. In contrast, there were significantly \( (p < 0.05) \) fewer CD11a\(^{\text{high}}\)CD44\(^{\text{high}}\) CD8 T cells in the lung parenchyma on day 6 p.i. However, by day 8 there was an ∼1.6-fold increase in the number of Ag-experienced CD8 T cells compared with control mice. This increase was reflective of the ∼1.6-fold increase in total CD8 T cells (Fig. 7C). There was no statistical difference observed in the BAL between control and Treg-depleted mice.

We next examined the immunodominant M282–90 CD8 T cell response. On day 6 p.i. there were similar frequencies and numbers of M282−90 tetramer-specific CD8 T cells in the medLNs of Treg-depleted mice compared with controls (Fig. 8B). However, following ex vivo M282−90 peptide stimulation, we observed a higher percentage of IFN-γ+ CD8 T cells in the medLNs of Treg-depleted mice (4.4 ± 0.3% in IgG-treated compared with 6.6 ± 0.6% in PC61-treated mice; \( p < 0.01 \)) at day 6 p.i. The discrepancy in frequencies of M282−90-specific CD8 T cells in the medLNs at day 6 p.i. as measured by tetramer or IFN-γ is likely a result of decreased tetramer binding to newly activated T cells due to rearrangement of surface TCRs (42). As indicated by the decrease in CD11a\(^{\text{high}}\)CD44\(^{\text{high}}\) CD8 T cells, there was a significant \( (p < 0.01) \) decrease in both the frequency and total number of M282−90 tetramer-specific CD8 T cells in the lung parenchyma of Treg-depleted mice at day 6 p.i. (Fig. 8B). We observed similar differences in the lung parenchyma and BAL in the percentage of IFN-γ+ CD8 T cells following ex vivo peptide stimulation (data not shown). These data suggest that there is impaired egress of M282−90-specific CD8 T cells from the

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**FIGURE 6.** Depletion of Tregs delays virus clearance. Tregs were depleted in BALB/c mice with anti-CD25 mAb (clone PC61) treatment as described in Materials and Methods. Control mice received rat IgG. Following infection with RSV, virus titers were measured in the lungs of control or Treg-depleted mice. The dashed line represents the limit of detection. Data represent two separate experiments for days 4 and 6 p.i. and four separate experiments for day 7 p.i. with four mice per experiment. Error bars represent the SEM. Data were analyzed using nonparametric Mann-Whitney \( U \) tests.

**FIGURE 7.** Total numbers of cells in the medLNs, lung parenchyma, and BAL of control or Treg-depleted mice. BALB/c mice were depleted of Tregs prior to acute RSV infection. Total numbers of cells (A), CD4 T cells (B), and CD8 T cells (C) in the medLNs, lung parenchyma, and BAL were determined in control or Treg-depleted mice on days 6 and 8 p.i. D, Total numbers of B cells (CD19+B220−), NK cells (CD3−DX5−), and neutrophils (Ly6C+Ly6G−CD11b+) were enumerated by flow cytometry in the lungs (post-BAL) 6 and 8 d p.i. Data in A and C represent five experiments on day 6 p.i. and two experiments on day 8 p.i. with four mice per experiment. Error bars represent the SEM. All data were log₁₀-transformed prior to statistical analysis with unpaired \( t \) tests. \(*p < 0.05; **p < 0.01.\)
FIGURE 8. Decreased early recruitment of RSV-specific CD8 T cells into the lungs in Treg-depleted mice. BALB/c mice were depleted of Tregs prior to acute RSV infection. A, Total numbers of CD11b<sup>high</sup>CD44<sup>high</sup> CD8 T cells were determined in the medLNs, lung parenchyma, and BAL 6 and 8 d p.i. Cells from the medLNs and lung parenchyma of naive mice were used to determine the gating for CD11b<sup>high</sup>CD44<sup>high</sup> CD8 T cells in RSV-infected mice. Data represent five experiments on day 6 p.i. and two experiments on day 8 p.i. with four mice per experiment. Error bars represent the SEM. Data were analyzed using one-way ANOVA followed by Bonferroni’s post hoc test. B, Frequency (top) and total numbers (bottom) of M282–90 tetramer<sup>+</sup> CD8 T cells in the medLNs, lung parenchyma, and BAL 6 and 8 d p.i. Data represent three experiments on day 6 p.i. and two experiments on day 8 p.i. with four mice per experiment. C, Total numbers of IFN-γ<sup>+</sup> M282–90-specific CD8 T cells in the spleen 6 d p.i. Data represent two experiments with four mice per experiment. Error bars represent the SEM. Data were analyzed using unpaired t tests. Data were log<sub>10</sub>-transformed except for the top panel of B prior to analysis. *p < 0.05; **p < 0.01.

Discussion

Most studies examining Foxp3<sup>+</sup> Tregs during immune responses to pathogens have focused on pathogens that establish chronic infections (13, 14). Because depletion of Tregs prior to acute infection with lymphocytic choriomeningitis virus, the most widely studied virus in viral immunology, did not appear to affect the CD8 T cell response (13), much of the focus has remained on chronic infection models. Regardless of the reasons, much less is known about the Treg response to pathogens during acute infections.

To characterize the activation state of Tregs during acute RSV infection, we examined a broad panel of T cell activation markers. Given that IL-2 is crucial for the maintenance of Tregs in the lung-draining LNs into the lungs.Importantly, these data argue against the possibility of nonspecific depletion of activated CD8 T cells that have upregulated CD25 expression as the cause of the decrease in the M282–90-specific CD8 T cell response in the lungs. Furthermore, we observed similar frequencies and total numbers of M282–90-specific IFN-γ<sup>+</sup> CD8 T cells in the spleen at day 6 p.i. (Fig. 8C, data not shown). By day 8 p.i. in Treg-depleted mice, total numbers of M282–90 tetramer<sup>+</sup> CD8 T cells were similar to (BAL) or exceeding (lung parenchyma and medLNs) those of control mice, which is in agreement with evidence that Tregs limit the magnitude of the CD8 T cell response (21, 39, 40). These data suggest that Tregs are important in coordinating early trafficking of virus-specific CD8 T cells into the lung parenchyma and airways.

Tregs limit disease severity during RSV infection

Given the altered kinetics of CD8 T cell accumulation in the lung, we next assessed morbidity in Treg-depleted mice. When compared with control mice, Treg-depleted mice exhibited increased clinical illness on days 7 and 8 p.i. (Fig. 9A), which was accompanied by increased weight loss (Fig. 9B). We used whole-body plethysmography to determine whether depletion of Tregs resulted in increased Penh during RSV infection (Fig. 9C). Mice depleted of Tregs exhibited a delayed rise in Penh compared with control mice. Increased Penh values were sustained in Treg-depleted mice, which could not be simply accounted for by a single day delay (day 8 Treg-depleted versus day 7 control, p = 0.002; day 9 Treg-depleted versus day 8 control, p = 0.02). These data indicated that depletion of Tregs results in increased airway resistance during infection. Lungs from Treg-depleted mice had increased severity of perivascular aggregates of leukocytes that primarily consisted of lymphocytes (Fig. 10). When compared with control mice, the lung airways of Treg-depleted mice also had more severe epithelial mucinous hyperplasia with luminal mucus filling and obstructing the airways. Thus, Treg depletion results in increased disease during the late immune phase that coincides with the adaptive immune response.

Depletion of Tregs enhances TNF-α production by CD8 T cells

The exacerbated disease severity observed in Treg-depleted mice during RSV infection could be explained by delayed virus clearance and/or enhanced T cell-mediated immunopathology. In Treg-depleted mice, CD8 T cells could contribute to enhanced disease by producing increased amounts of the proinflammatory cytokine TNF-α. TNF-α has been shown to be a major cause of illness during acute RSV infection (45). Following ex vivo peptide stimulation, higher frequencies of M282–90-specific CD8 T cells from Treg-depleted mice were capable of coproducing IFN-γ and TNF-α relative to control mice (Fig. 11A, 11B). When compared with control mice, a higher frequency of CD8 T cells isolated from the lung parenchyma and BAL of Treg-depleted mice coproduced IFN-γ and TNF-α on day 6 p.i. and from the medLNs on both 6 and 8 d p.i. The MFI of TNF-α in Treg-depleted mice was substantially higher than in control mice; there was an ∼1.5-fold and an ∼1.9-fold increase in the TNF-α MFI in the lung parenchyma and BAL, respectively, on day 6 p.i. (Fig. 11A, 11C). In the medLNs there was an ∼1.7-fold increase in TNF-α MFI on both 6 and 8 d p.i. Consequently, increased in vivo production of TNF-α in Treg-depleted mice would likely contribute to enhanced disease.

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IL-2R composed of the IL-2Rγ chain. Although IL-2 can still signal through the low-affinity IL-2R composed of the IL-2Rβ and common γ-chains, the low-affinity IL-2R is not sufficient for peripheral Treg maintenance, as IL-2– or CD25-deficient mice have a drastic reduction in the frequency of peripheral Tregs and suffer from severe autoimmunity (27, 28). After IL-2 binds the IL-2R, the complex is internalized and CD25 is recycled back to the cell surface. Because some of the markers expressed by Tregs identify distinct populations with different inhibitory mechanisms or trafficking profiles. For instance, it has been suggested that expression of the αE integrin chain or the costimulatory receptor ICOS may identify two functionally distinct subsets of Foxp3+ Tregs (30, 34, 44–46). Although our data revealed that Tregs are activated during RSV infection, it is unknown whether Treg-specific expression of CTLA-4 would help to elucidate the role of Treg-associated CTLA-4 during RSV infection.

Although our data revealed that Tregs are activated during RSV infection, it is not clear what signals induce the activation of Tregs. This is especially unclear for natural Tregs (nTregs), which are thought to recognize self-Ags (14, 47). If one assumes that most of the Foxp3+ Tregs responding to RSV infection are nTregs, there are several possible ways to explain their activation (13). One possibility is that nTregs recognize tissue-specific Ags in the context of nontolerogenic inflammation caused by the infection. Another possibility is that nTregs recognize pathogen-derived Ags.

FIGURE 9. Depletion of Tregs exacerbates the severity of RSV-induced disease. BALB/c mice were depleted of Tregs prior to acute RSV infection. Mice were monitored daily for clinical illness (A), weight loss (B), and airway resistance (Penh) (C). Airway resistance was assessed using a whole-body plethysmograph. Data represent the mean ± SEM from three separate experiments with four mice per experiment. Statistical analysis found a difference in weight loss and Penh in the overall trends between control and Treg-depleted mice using two-way repeated-measures ANOVA. p < 0.0001; p < 0.0001, respectively. Individual days in A–C were analyzed using nonparametric Mann-Whitney U tests. *p < 0.01.

Additional analysis of activation-associated molecules on Tregs during infection revealed that the vast majority of Tregs in the lungs exhibited an activated phenotype (CD11ahigh, CD44high, CD43glycos, ICOS+, CTLA-4+) and had upregulated expression of the α4 and β7 integrin chains. Relative to the Foxp3+ Treg population, the frequency of Foxp3+ CD4 T cells expressing these molecules was notably reduced. This is perhaps not unexpected since the conventional CD4 T cell response is likely made up of a diverse array of differentiated subsets and memory CD4 T cells non-specifically recruited into the lung. However, it has been suggested that some of the markers expressed by Tregs identify distinct populations with different inhibitory mechanisms or trafficking profiles. For instance, it has been suggested that expression of the αE integrin chain or the costimulatory receptor ICOS may identify two functionally distinct subsets of Foxp3+ Tregs (30, 34, 44–46). Following RSV infection, most Tregs in the lung parenchyma and BAL (data not shown) upregulated CTLA-4. Recent studies have shown that CTLA-4 expressed by Foxp3+ Tregs is required to maintain systemic tolerance (9, 31). However, in the context of an infection, it is unknown whether Treg-specific expression of CTLA-4 is required to regulate T cell activation or whether CTLA-4 expressed by nonregulatory T cells is sufficient. Because effector T cells also express CTLA-4 during infection, it is less clear to what extent CTLA-4 expressed by Tregs regulates T cell activation and proliferation. Further studies using CTLA-4 conditional knockout mice lacking CTLA-4 in Foxp3+ Tregs would help to elucidate the role of Treg-associated CTLA-4 during RSV infection.

Although our data revealed that Tregs are activated during RSV infection, it is not clear what signals induce the activation of Tregs. This is especially unclear for natural Tregs (nTregs), which are thought to recognize self-Ags (14, 47). If one assumes that most of the Foxp3+ Tregs responding to RSV infection are nTregs, there are several possible ways to explain their activation (13). One possibility is that nTregs recognize tissue-specific Ags in the context of nontolerogenic inflammation caused by the infection. Another possibility is that nTregs recognize pathogen-derived Ags.
During certain conditions, Ag-specific adaptive Foxp3+ CD4 regulatory T cells (αTregs) can be generated peripherally (5). Evidence for the development of αTregs is strongest at mucosal sites, such as the intestinal tract and the lungs (5, 11, 50). For example, intranasal delivery of Ag results in the conversion of conventional Foxp3+ T cells into adaptive Foxp3+ Tregs that can prevent allergic inflammation (11, 51). In response to pathogens, the generation of αTregs has been shown during persistent infections where Ag may be present in subimmunogenic conditions with low levels of inflammatory cytokines or low expression of costimulatory molecules (5). In contrast, acute infections may not provide the right type of environment that would require the additional regulation provided by αTregs (12). One major confounding issue in studying αTregs and nTregs is the lack of phenotypic markers to distinguish between the two populations. Consequently, in our studies we were unable to determine whether adaptive Foxp3+ Tregs were contributing to the overall Treg response during acute RSV infection. There is evidence that a small frequency of Foxp3+ Tregs in the lungs is RSV-specific as determined by tetramers (52). However, because the frequency of RSV-specific tetramer+ CD4 T cells identified in this study was small (<1% of the total CD4 T cells in the lung), it is difficult to extrapolate what fraction of Foxp3+ Tregs is RSV-specific. Unfortunately, without the ability to identify a larger proportion of RSV-specific CD4 T cells by tetramer and the lack of RSV-specific TCR transgenic mice, it is difficult at present to directly assess the generation of adaptive Foxp3+ Tregs following acute RSV infection.

Foxp3+ Tregs are commonly implicated in the suppression of the adaptive immune response to pathogens as a way to limit immunopathology. However, there is evidence that Tregs coordinate innate and adaptive immune responses to pathogens. Tregs have been reported to promote the trafficking of effector immune cells to the primary site of infection during genital HSV-2 infection (53) and in CB6F1 hybrid mice during RSV infection (21). Conversely, Tregs may also be able to block trafficking by inhibiting expression of chemokine receptors (54). During RSV infection in Treg-depleted CB6F1 mice, there was a significant lag in the DαM187–195-specific CD8 T cell responses in the lungs compared with control mice. This lag in the virus-specific T cell response corresponded with decreased virus clearance in the lungs on days 6 and 7 p.i. Our study substantiates this role of the Treg response in the BALB/c model. Importantly, our data offer the novel observation that there is an early accumulation of RSV-specific CD8 T cells in the lung-draining medLNs of Treg-depleted mice, suggesting that there is delayed egress out of the medLNs into the lungs. These findings suggest that Tregs help coordinate the early trafficking of activated CD8 T cells from the draining LNs into the lungs. Tregs may influence expression of chemokines in the lungs or chemokine receptors on virus-specific CD8 T cells. During RSV infection, CXCL10 has been shown to be important for the recruitment of virus-specific CD8 T cells into the lungs (55). Initial experiments did not reveal obvious differences in the chemokines CXCL9, CXCL10, CCL11, CCL3, and CCL5 in the lung parenchyma and BAL as a whole (data not shown), but there may be more subtle differences in chemokines produced by specific immune cell populations. Alternatively, Tregs could influence expression levels of sphingosine 1–phosphate receptor 1 on CD8 T cells in the draining LNs, delaying their egress from the draining LNs into the lung. Our laboratory is currently examining these possibilities.

Much of what is known about RSV-induced pathogenesis comes from studies in the BALB/c mouse model (37, 56). In this study we demonstrated that depletion of CD25+ Tregs prior to infection exacerbated disease severity. Given that we were only able to deplete ~60% of Foxp3+ Tregs, we think that our results represent an underestimate of the overall effect that Tregs have in limiting pulmonary immunopathology. This study uniquely demonstrates that increased in vivo production of TNF-α by RSV-specific CD8 T cells could contribute to increased morbidity in Treg-depleted mice. Although there was no major increase in TNF-α production by CD8 T cells reported in Treg-depleted CB6F1 mice during RSV infection (21), we observed notable increases in ex vivo production of TNF-α by CD8 T cells in the lungs and medLNs of Treg-depleted mice. Although there were lower total numbers of M2ε2–90-specific CD8 T cells in the lungs by day 6 p.i., this increase translated into significantly (p < 0.001) more total numbers of M2ε2–90-specific CD8 T cells capable of coproducing IFN-γ and TNF-α in the
medLNs, a trend toward increased total numbers in the spleen (p = 0.06), and similar numbers in the lung (data not shown). Additionally, increased cell production of TNF-α in Treg-depleted mice as indicated by MFI could further account for CD8 T cell-mediated disease.

RSV is the leading cause of severe lower respiratory virus infections in infants and is the second leading cause of virus-induced respiratory disease in the elderly and adults with chronic cardiopulmonary disorders or who are immunocompromised (57, 58). Although CD8 T cells are important in RSV clearance from the lungs, they may also contribute to disease pathology (59), but to what extent remains controversial (58). In addition to inhibiting autoimmunity to self-Ags, it is increasingly evident that Foxp3+ Tregs have an important role in regulating virus-specific immune response to pathogens (12). By better understanding the function of Tregs during acute respiratory virus infections, we will gain further insight into the mechanisms in place to regulate virus-specific T cell responses. This may lead to the ability of the T cell response to be manipulated to optimize virus clearance while minimizing immunopathology. It is important to further expand these studies to other respiratory pathogens to better understand host–pathogen interactions and how Tregs regulate the immune response.

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Disclosures

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