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An Imbalance of Two Functionally and Phenotypically Different Subsets of Plasmacytoid Dendritic Cells Characterizes the Dysfunctional Immune Regulation in Multiple Sclerosis

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Plasmacytoid dendritic cells (pDCs) are instrumental in peripheral T cell tolerance and innate immunity. How pDCs control peripheral immunotolerance and local parenchymal immune response and contribute to the altered immunoregulation in autoimmune disorders in humans is poorly understood. Based on their surface markers, cytokine production, and ability to prime naïve allogenic T cells, we found that purified BDCA-2⁺BDCA-4⁺ pDCs consist of at least two separate populations, which differed in their response to oligodeoxynucleotides and IFNs (IFN-β), and differently induced IL-17– or IL-10–producing T cells. To evaluate the potential immunoregulatory role of these two types of pDCs in multiple sclerosis (MS) and other human autoimmune disorders (myasthenia gravis), we studied the phenotype and regulatory function of pDCs isolated from clinically stable, untreated patients with MS (n = 16). Patients with MS showed a reversed ratio of pDC1/pDC2 in peripheral blood (4.4:1 in healthy controls, 0.69:1 in MS), a phenomenon not observed in the other autoimmune disorders. As a consequence, MS pDCs had an overall propensity to prime IL-17–secreting cells over IL-10–secreting CD4⁺ T cells. Immunomodulatory therapy with IFN-β induced an increase of the pDC1 population in vivo (n = 5). Our data offer a plausible explanation for the disturbed immune tolerance in MS patients and provide evidence that immunomodulatory therapy acts at the level of reconstituting homeostasis of pDC, thus reconstituting the disturbed balance. The Journal of Immunology, 2010, 184: 5368–5374.
Materials and Methods

Patients

Fresh blood samples were obtained from 16 patients referred to the Department of Neurology (University of Wuerzburg). Diagnoses of MS were made according to the criteria of McDonald et al. (16). Patients included in the study were clinically stable and had not yet received immunomodulatory treatment except for corticosteroids, with the last dose at least 6 mo prior to enrollment. In addition, we included five patients who were in a stable phase of disease who had never received IFN-β and were followed for 12 mo. All patients gave informed consent in accordance with the Declaration of Helsinki and a protocol approved by the Ethics Committee of the University of Wuerzburg Medical School. Thirty to 50 ml of blood was collected by venous puncture and tourniquet. In parallel, 21 sex- and age-matched healthy donors (HDs), and 15 autoimmune disease controls (other disorders [OD]) were included in the study (15 patients with myasthenia gravis [MG]).

Isolation and stimulation of pDCs

pDCs were purified from freshly collected peripheral blood samples (<24 h processing time). PBMCs were isolated by density gradient centrifugation using lymphocyte separation medium (PAA Laboratories, Linz, Austria), followed by positive sorting using anti–BDCA-4–conjugated magnetic beads (Miltenyi Biotec, Bergisch-Gladbach, Germany). The purity of the recovered cells was determined by flow cytometry and was >90%. Where indicated, BDCA-4–isolated pDC were stained with anti-CD123/anti-CD58 and sorted by flow cytometry based on CD123high/CD58low (named pDC1) expression and CD123low/CD58high (named pDC2) using a fluorescence-activated cell sorter (MoFlo; Cytomation, Freiburg, Germany).

Isolated and purified pDCs were cultured on 96-well culture plates (Nunc, Langenselbold, Germany) at a concentration of 2 × 104 well in RPMI 1640 (PAA, Linz, Austria) supplemented with 2 mmol/l L-glutamine, 1% penicillin/streptomycin (Invitrogen, Karlsruhe, Germany), and 10% human serum (AB serum; PAA). The cells were stimulated with type A (CpG A) or type B (CpG B) unmethylated CpG oligodeoxynucleotides (ODN) (2 μM, CpG 2216 and CpG 2016, respectively; TIB MOLBIOL, Berlin, Germany), unless specified otherwise in results. IFN-γ production was measured 24 h after stimulation.

Flow cytometry

Ex vivo isolated or cultured pDCs were washed with FACS-buffer (PBS supplemented with 1% BSA and 0.1% sodiumazide) and stained with fluorescence-labeled mAbs together with blocking mouse IgG (Sigma-Aldrich, Munich, Germany) at 4°C for 30 min. Cells then were analyzed with FACS-Calibur using Cell Quest (BD Biosciences, Heidelberg, Germany) and Flowjo (Tree Star, Ashland, OR) software. The following mAbs were used for counterstaining of BDCA-4–isolated pDCs: anti–HLA-DR (L243; BD Biosciences), anti–CD123 (9F5, BD Pharmingen), anti–CD1c, CD303, and TLR2 (Fig. 1) and other markers associated with DC maturation (e.g., CD86, TLR2, and CD58) by pDC1 in comparison with pDC2 (Fig. 1A, left panel).

Flow cytometry in combination with intracellular staining

pDCs were analyzed either directly (no stimulus) or after stimulation using CpG A (ODN 2216), which was shown to induce high amounts of IFN-α/β in pDCs, or CpG B (ODN 2006), which strongly promotes pDC maturation and activation but induces only small amounts of IFN-α/β (17–19). Unlike CpG A, pDC stimulation with CpG B altered the pDC1/pDC2 ratio observed under noninflammatory conditions. CpG B treatment stimulated a profound shift of total pDCs into pDC2, as indicated by lower expression of MHC class II and other markers associated with DC maturation (e.g., CD86, TLR2, and CD58) by pDC1 in comparison with pDC2 (Fig. 1A, right panel). In addition to MHCII, CD123, and CD86, pDC1 and pDC2 differed in the expression of CD58, ILT2, ILT3, ILT4, CD1c, CD303, and TLR2 (Fig. 1A, right panel).

Statistical analysis

Statistical significance of differences was determined by ANOVAs without assuming Gaussian distribution (Kruskal-Wallis test) and subsequent Dunn’s multiple comparison test. Differences were considered statistically significant with *p values < 0.05 and highly significant with **p < 0.01 and ***p < 0.001. Software for statistical assessment was Prism 5 (GraphPad).

Results

Purified pDCs contain at least two phenotypically different subsets

pDCs represent a population of DCs with relatively low frequency (~0.4%) in human peripheral blood (1). Recently, two additional markers (BDCA-2 and BDCA-4) were identified with a restriction to human pDCs in peripheral blood and bone marrow (15). Since then, these markers have been used widely to identify and purify pDCs from human blood. We found that pDCs purified by BDCA-4+ contain at least two distinct subpopulations in the peripheral blood of HDs that can be identified based on the cell size and granularity (Fig. 1A, left panel). Using mAb to CD123 (IL-3Rα) we could distinguish between CD123high (pDC1 subset) and CD123low cells (pDC2 subset). A subpopulation that was negative for CD123 expression could also be identified (Fig. 1A, left panel). Because CD123 negative cells were also negative for other important cell surface proteins (e.g., CD80, CD86, MHC II, TLRs, ICOS-L), this population was not studied in detail here.

Further phenotypic analysis revealed a lower expression of MHC class II and other markers associated with DC maturation (e.g., CD86, TLR2, and CD58) by pDC1 in comparison with pDC2 (Fig. 1A, right panel). In addition to MHCII, CD123, and CD86, pDC1 and pDC2 differed in the expression of CD58, ILT2, ILT3, ILT4, CD1c, CD303, and TLR2 (Fig. 1A, right panel). No differences between pDC1 and pDC2 could be observed in the expression of TLR1, TLR3, TLR4, TLR5, TLR7, TLR8, and TLR9 (data not shown). To rule out the autofluorescence-nonspecific Ab binding common for matured DCs, isotype stains were performed differentially on pDC1 and pDC2 (Supplemental Fig. 1). The stains revealed a weak increase in the fluorochromes FITC, PE, and APC and some increase on pDC2 in the PE-Cy5-channel.

Functional differences in pDC1 and pDC2 subsets in response to stimulation

We also observed profound differences in the cytokine secretion by both pDC subsets (Fig. 1B). pDCs were analyzed either directly (no stimulus) or after stimulation using CpG A (ODN 2216), which was shown to induce high amounts of IFN-α/β in pDCs, or CpG B (ODN 2006), which strongly promotes pDC maturation and activation but induces only small amounts of IFN-α/β (17–19). Unlike CpG A, pDC stimulation with CpG B altered the pDC1/pDC2 ratio observed under noninflammatory conditions. CpG B treatment stimulated a profound shift of total pDCs into pDC2, as indicated by lower expression of CD123 (Fig. 1B) and high expression of various maturation markers (not shown). In our assays, pDC1 was the main source of IFN-α under both steady state and proinflammatory stimulus delivered by CpGs, whereas pDC2 was a poor cytokine producer at a steady state and produced TNF-α upon CpG treatment (Fig. 1C, left and middle rows). TNF-α could be differentially induced in pDC1 in response to CpG A and in pDC2 by CpG B (Fig. 1C, middle and lower rows). pDC2 also produced more IL-8 than did pDC1 (data not shown). This behavior further corroborates our finding that pDCs in human blood contain at least two phenotypically different subsets.

We next studied whether the two identified pDC populations would change phenotype and/or function in response to CpGs. As already indicated in Fig. 1, pDC1 displayed a more immature
phenotype with low expression of MHCII, CD86, and CD58 molecules. As a result, this cell population was more prone to mature upon CpG stimulation. CpG A and CpGB treatments both resulted in an increase of CD86 and MHCII expression by pDC1 with a percentage of double-positive cells increasing from 36% (unstimulated) to 58% (upon CpG A) and 83% (upon CpG B) (data not shown). pDC2 consistently revealed CD86 and MHCII expression before or after CpG treatments (data not shown). Therefore, we suggest that CpG A activated total pDCs, but did not induce their maturation, whereas CpG B appeared to result in maturation of pDC1 into cells with pDC2 phenotype. Thus, blood-derived pDCs could be converted by CpGb into pDC2, whereas the immunomodulatory agent IFN-β, had an opposite effect on pDCs, inducing a pDC1 phenotype (Fig. 2A). To experimentally evaluate the behavior of pDC subpopulations in response to different stimuli, we used (in addition to CD123) CD58 as a marker because of its high expression on pDC2 (Fig. 1A). In a representative experiment, we could show in a HD that a percentage of 11% pDC2 (CD58 high) under CpG A treatment could be converted to 57% pDC2 by CpGb and could be reduced to 3% pDC2 under IFN-β treatment (Fig. 2A).

After demonstrating the behaviors of pDC1 (CD123 high CD58 low) and pDC2 (CD123 low CD58 high) in response to different stimuli, and their relative changes, we were interested in the effects these cells could have under conditions of allogeneic T cell priming. Thus, we sorted pDC1 (CD123 high CD58 low) and pDC2 (CD123 low CD58 high) by flow cytometry from human blood-derived pDCs and directly cocultured them with allogeneic naive T cells. Interestingly, pDC1 induced 3.8-fold more IL-10–producing T cells (Tr1) (Fig. 2B) than did pDC2, whereas pDC2 induced 4.8-fold more IL-17–producing T cells (Th17) than did pDC1 (Fig. 2B). Because matured DCs are generally prone to reduced viability, we included 7-AAD staining to control the ability of pDC subsets to survive over time and under different experimental conditions. Although both pDC1 and pDC2 were stable and viable in culture under all conditions, CpG A treatment resulted in reduced viability of mainly pDC2 (Supplemental Fig. 2 and data not shown).
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We next investigated the influence of prestimulated total pDCs (containing pDC1 and pDC2 subsets) on T cell priming in vitro to corroborate our previous observations. Total pDCs were isolated and treated with CpG A or CpG B for 48 h prior to coculture with allogeneic naive T cells. After 7 d, the cells were collected and analyzed for the expression of T cell-secreted cytokines (Fig. 2C). Flow cytometric staining on purified pDCs pretreated with CpG A or IFN-β for 48 h and cocultured with allogeneic naive T cells for 7 d. The left panels show the control staining of the pDC populations (numbers indicate percentages of pDCs), and the right panels show dot plots gated on CD4+ T cells, where the numbers demonstrate the percentage of IL-10-secreting cells. Data acquired are representative of five independent experiments performed.

pDC1/pDC2 distribution influences the generation of IL-10–producing T cells versus Th17

To address whether the inverted pDC1-to-pDC2 ratio in the total pDCs from patients with MS might have consequences for the balance of primed immune responses—similar to our in vitro experiments (Fig. 2)—we compared the properties of HD- and MS-derived pDCs in coculture assays with naive allogeneic T cells. To investigate whether MS might be associated with a disturbance of the pDC1/pDC2 ratio, we next evaluated phenotype and distribution of pDC1/pDC2 in peripheral blood of patients with MS. pDCs isolated from human peripheral blood of stable, untreated, relapsing-remitting MS cases were compared with HDs and another autoimmune disease (OD). MG. In HDs, the ratio of pDC1 to pDC2 was rather stable at an average number of 4.4 to 1 (pDC1 to pDC2: n = 21, range, 0.6:1–18.2:1; Fig. 3A). Interestingly, pDCs of patients with MS showed a reversed ratio of pDC1 to pDC2 (n = 16; average, 0.69:1; range, 0:1–1.81:1), which was not observed in OD. Patients with MG (n = 15), a prototypic Ab-mediated neurologic disorder, had a slightly altered pDC1/pDC2 balance in the same direction as MS (average ratio, 0.9:1), but this ratio did not reach the level of significance and the pDC1/pDC2 distribution was not as apparent as in MS blood samples (Fig. 3A). In addition, we investigated several patients with rheumatoid arthritis, where the pDC1/pDC2 ratio was not altered (data not shown). We did not observe significant differences in cell surface markers expression for both pDC1 and pDC2 when compared between HD and MS (Supplemental Fig. 3).

Immunomodulatory treatment with IFN-β reconstitutes the pDC1/pDC2 imbalance in MS

Because an inverted ratio of pDC1 to pDC2 toward pDC2 could be shown for patients with MS (Fig. 3A) and IFN-β treatment could induce a pDC1 phenotype in vitro (Fig. 2A), we finally questioned whether immunomodulatory therapy with IFN-β, a well-established basic therapy in clinical practice, would exert its effects by influencing the pDC phenotype. We investigated samples from MS cases that were serially acquired before and at different times during basic therapy in clinical practice, would exert its effects by influencing the pDC phenotype. We investigated samples from MS cases that were serially acquired before and at different times during clinical treatment. Blood-derived pDCs were analyzed in the samples before IFN-β therapy and at 6 and 12 mo after treatment. Analogous to our observations in vitro, systemic IFN-β therapy resulted in
accumulating evidence suggests that pDCs exert both immunogenic and tolerogenic properties during various immune responses.

**Discussion**

Our study addressed the questions of how human pDCs contribute to the immune regulatory networks and how phenotype and function of blood-derived pDCs might differ in a common autoimmune disorder of the CNS (i.e., MS) from healthy volunteers, thereby providing a further hint to the immunopathogenesis of MS.

We could show that human peripheral pDCs contain at least two major subpopulations, which we propose to be called pDC1 and pDC2 based on the expression of CD58 and CD123. The pDC1 population reached 39% after 6 mo and 52% after 12 mo of treatment. We examined five patients in whom this shift could be observed in differing frequencies (Fig. 4A). The first sign of a recovery of the pDC1-to-pDC2 ratio could be observed as early as after 2 mo of therapy (data not shown). Similar to earlier observations (11), this finding rules out that the subset imbalance is a fixed abnormality not amenable to therapeutic modification.

Thus, pDCs can induce Tr1 (26) and FoxP3+ (20) regulatory T cells in direct coculture assays. Although we could not induce FoxP3 expression in naive T cells by pDC (data not shown), we observed a generation of Tr1-type T cells through direct, cell-to-cell contact dependent pDC interaction. Specifically, our results proved to be in accordance with other work (26) showing that the pDC1 subset could induce Tr1.

It is generally accepted that the functions of pDCs are not fixed, but can be modulated by a variety of environmental factors (e.g., innate stimuli). Thus, pDC act as immune regulators and contain a high percentage of the pDC1 subset under steady-state conditions. However, under pathogenic conditions (e.g., with viral or other inflammatory stimuli resulting in pDC maturation) pDCs effectively switch into pDC2-containing immunogenic cell population to presumably fight pathogens during infection (27).

IFN-β, an approved immunomodulatory drug for MS (28), had a long-lasting effect on the pDC1 to pDC2 distribution, shifting the ratio of the two subsets to a pDC1 phenotype in MS blood samples. IFN-β–modulated pDCs with enhanced CD123 expression and IL-10 production were previously described as a subset of myeloid DCs (29–31). Interestingly, these cells resemble the pDC1 subset described in this study and suggest that both pDC1 and pDC2 are a subset of plasmacytoid DCs and not, as hypothesized earlier (22), a possible subtype of myeloid DCs.

An impaired maturation profile and a lower cytokine secretion in response to innate stimulation of pDCs derived from patients with MS have been demonstrated recently (11, 23). However, the factors responsible for this impairment remained elusive, as was the link with the disordered immunoregulation in MS. We found a remarkable imbalance in the distribution of pDC1 versus pDC2 subsets in MS. Although the overall frequency of pDCs in peripheral blood did not differ between MS and HDs, and the cell
surface markers on both pDC1 and pDC2 between MS and HDs proved to be similar, the functional consequences of pDC–T cell interactions were significantly different. Thus, the number of Tg17 after pDC interaction was clearly higher in the presence of MS-derived pDCs. In addition, unlike pDCs from HD controls, MS-derived pDCs induced double-positive IFN-γ*IL-17* T cells in vitro, which are believed to represent a highly proinflammatory and, in the proper antigenic setting, encephalitogenic subpopulation of CD4^+ T cells. The generation of these cells has recently been reported (32), suggesting a synergistic action of two cytokines. As a side note, our results differ in one data point from those of Stasiokle et al. (11); whereas they found CD86 to be expressed less in MS pDCs ex vivo, we observed that pDC2 is CD86^+ and patients with MS have a much higher percentage of pDC2. Other discrepancies between our studies can be attributed to cell preparation (PBMCs versus leukaphereses) and general differences in scientific questioning (cocultures versus monocultures).

The description of two phenotypically and functionally different pDC populations in conjunction with their alteration in MS raises several important questions, such as: 1) is the imbalance between pDC1/pDC2 a phenomenon associated with autoimmune conditions in general or is it specifically associated with MS, and 2) could the reversion of the pDC1/pDC2 imbalance be a strategy of reconstituting parts of the disordered immunoregulatory networks in MS? First, the significant imbalance in pDC1 to pDC2 subset distribution could be observed only in MS and not in MG, which we used as a neurologic autoimmune disease control. This finding suggests that the detected imbalance of pDC1/pDC2 is characteristic of MS. Therefore, it is tempting to speculate about specific pathogenetic conditions that might induce this phenomenon in MS. For example, through its stimulation, a viral infection present in patients with MS could drive the pDC maturation toward the pDC2 phenotype. Indeed, the contribution of viruses (e.g., herpesviruses) to the development of MS (33, 34) and modulation of pDC subpopulations in blood and tissue under human CMV (HCMV) infection (35) have been described. Thus, the expression of cell surface markers on pDCs was shown to be differently regulated in response to HCMV infection (35). These results imply that, similar to HCMV infection, a yet unidentified low-virus infection persistency in patients with MS could selectively target pDC population in the blood, changing their phenotype and function. However, from the observations in the current study, it is not possible to determine whether pDC maturation in the blood of patients with MS is occurring before the disease develops as a phenotypic variant or during the course of disease. This question is possibly addressed by assessing very early MS (e.g., pDCs from juvenile cases of MS), in which the number of environmental triggers influencing the immunoregulatory networks is lower than in cases of adult MS.

The fact that systemic therapy with IFN-β had an effect on the pDC1-to-pDC2 shift in MS blood samples not only corroborates our findings on pDC1/pDC2 shifting in vitro, but also strengthens the notion of its pathogenic relevance. Despite the fact that IFN-β therapy acts at various levels within the putative pathogenesis of MS (36), the examples how IFN-β therapy reconstitutes tolerogenic factors of the immune systems are of specific importance (e.g., recovery of FoxP3 Treg function) (37) and upregulation of tolerogenic molecules on APC (e.g., B7H1 on monocytes) (38). It has been shown that pDCs show an impaired maturation in response to IFN-β (13), which among other markers is reflected by a lower MHC class II expression. This finding fits well with our observation that IFN-β induces the pDC1 phenotype (pDC1 are MHCI^lo^). As a note of caution, we did not purify and test the remaining pDC population with negative CD123 expression. It cannot be excluded that this subset has also some regulatory functions in the disordered immune network of MS.

Our work identifies and characterizes that human blood-derived pDCs contain at least two different subpopulations. These subpopulations differ in cell surface markers, cytokine expression, and their ability to prime naive T cells toward tolerogenic or immunogenic/inflammatory directions. The phenotype of these pDC subpopulations can be modulated in vitro. There is a clear underrepresentation of immature pDC1 in conjunction with functional evidence in MS, and immunomodulatory therapy IFN-β recovers the pDC1 population, regenerating a pDC1/pDC2 ratio as observed in healthy controls. Our work provides an additional mechanism of action for IFN-β in vivo and shows how immunomodulatory therapy can act at the cellular level in recovering immunoregulatory dysfunctions in patients with MS.

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**Disclosures**

The authors have no financial conflicts of interest.

**References**


Supplementary Figure Legends:

**Supplementary Figure 1**: Isotype control stainings of magnetically isolated pDC gated on pDC1 (blue) or pDC2 (red) and stained with fluorescence-labelled antibody isotypes (mouse, IgG1, fluorochromes: FITC, PE, PE-Cy5, APC).

**Supplementary Figure 2**: 7ADD immunostaining on cultured pDC in vitro. pDC were magnetically separated and cultured for 24h either alone or with CpGA, CpGB, and IFNβ. The cells were then stained for CD58 to allow differentiation between pDC1 and pDC2 and co-stained with 7-AAD to detect cell death. Graphs show one experiment out of two performed.

**Supplementary Figure 3**: Surface phenotype of pDC1 and pDC2 subsets derived from HD and MS patients. pDC of HD and MS patients were magnetically isolated and then stained for several surface markers (CD123, CD86, ILT-2, ILT-3, ILT-4, and MHC2 (HLA-DR)). Shown is one representative example out of eight experiments performed for a HD (grey line) and an MS patient (black line) gated for pDC1 (left column) and pDC2 (right column) (n=8).