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Helicobacter pylori-Induced Th17 Responses Modulate Th1 Cell Responses, Benefit Bacterial Growth, and Contribute to Pathology in Mice

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CD4+ T cell responses are critical for the pathogenesis of Helicobacter pylori infection. The present study evaluated the role of the Th17 subset in H. pylori infection. H. pylori infection induced significant expression of IL-17 and IFN-γ in mouse gastric tissue. IL-23 and IL-12 were increased in the gastric tissue and in H. pylori-stimulated macrophages. Cell responses were examined by intracellular staining for IFN-γ, IL-4, and IL-17. Mice infected with H. pylori developed a mixed Th17/Th1 response; Th17 responses preceded Th1 responses. Treatment of mice with an anti–IL-17 Ab but not a control Ab significantly reduced the H. pylori burden and inflammation in the stomach. H. pylori colonization and gastric inflammation were also lower in IL-17−/− mice. Furthermore, administration of recombinant adenovirus encoding mouse IL-17 increased both H. pylori load and inflammation. Further analysis showed that the Th1 cell responses to H. pylori were downregulated when IL-17 is deficient. These results together suggest that H. pylori infection induces a mixed Th17/Th1 cell response and the Th17/IL-17 pathway modulates Th1 cell responses and contributes to pathology. The Journal of Immunology, 2010, 184: 5121–5129.

Heliobacter pylori is a Gram-negative, microaerophilic bacterium that resides extracellularly in the gastric mucosa and infects >50% of the population worldwide. H. pylori-induced chronic inflammation is the cause of gastritis and peptic ulcers and a risk factor for gastric cancer (1, 2). H. pylori infection causes severe local inflammation in the gastric mucosa. CD3+CD4+ T cells are increased in infected gastric lamina propria and play important roles in the pathogenesis of persistent H. pylori infection (3). Traditionally, CD4+ T cells are classified into two main classes: Th1 and Th2, on the basis of their cytokine secretion and immune regulatory function. Th1 cells secrete IFN-γ, IL-2, and IL-12 and regulate cellular immunity, whereas Th2 cells produce IL-4, IL-5, and IL-13 and mediate humoral responses. To date, studies of immune responses to H. pylori have largely focused on Th1 and Th2 cells, and it is generally accepted that H. pylori infection results in a Th1-dominant response and that gastric inflammation largely depends on Th1 cell responses (3–6); however, IFN-γ secretion alone is insufficient to induce gastritis (3). Thus, the detailed mechanism of pathogenesis is not clear. A novel subset of effector T cells, identified by secretion of IL-17, has been defined as Th17 cells. Th17 cells are distinct from Th1 and Th2 cells in their differentiation and function (7, 8). TGF-β and IL-6 from activated macrophages/dendritic cells are required for Th17 cell differentiation in murine systems (9), whereas IL-12 and IFN-γ promote Th1 cell development and IL-4 primes Th2 cell differentiation. The expansion and survival of Th17 cells are promoted by IL-23 (9), a heterodimeric cytokine composed of a unique p19 subunit and a p40 subunit shared with IL-12 (10). The identification of Th17 cells necessitates a re-evaluation of Th cell responses in H. pylori infection.

Th17 cells are clearly implicated in the pathogenesis of autoimmune diseases by promoting chronic inflammation (11). However, the protective and pathogenic functions of IL-17–producing Th cells were both reported in infections (12). Given the growing number of reports on the association of Th17 cells with a variety of other infections and the increased expression of IL-17 in H. pylori-infected gastric mucosa (13–15), it is likely that Th17 cells are involved in responses to H. pylori. However, the characteristics of Th cell responses, including those of Th1, Th2, and Th17 cells, remain unclear, and the role of Th17 cell responses in H. pylori infection has not been fully elucidated.

In the current study, we characterized Th cell responses, especially Th17 cell responses, to H. pylori postinfection (p.i.) in mouse model and attempted to elucidate the role of Th17 cells during the early stage of H. pylori infection.

Materials and Methods

H. pylori culture and Ag preparation

The VacA+/CagA+ H. pylori strain CCS9803 (China Chongqing Strain 9803) was recovered from a patient who suffered from chronic antrum gastritis in Chongqing, China, in 1998. The isolated strain was adapted to colonize the...
gastric macosa of BALB/c mice by five passages in vivo to obtain a good mouse-adapted strain (CCS9083/B5). The H. pylori CCS9083/B5 were grown on brain–heart infusion plates containing 10% rabbit blood and amplified in Brucella broth with 5% FBS with gentle shaking at 37˚C under microaerobic conditions. After culture for 1 d, live bacteria were collected and adjusted to 10^8 CFU/ml Brucella broth prior to inoculation. To prepare H. pylori whole cell protein (WCP) as Ag, H. pylori were sonicated, and the supernatants were collected.

**Infection of mice with H. pylori**

Specific pathogen-free female BALB/c mice and C57BL/6 mice (6- to 8-wk-old) were purchased from the Experimental Animal Center of the Third Military Medical University. IL-17^-/- mice (C57BL/6 background) were kindly provided by Richard A. Flavell (Yale University School of Medicine, New Haven, CT). All of the animal experiments were approved by the Animal Ethical and Experimental Committee of Third Military Medical University. The mice were fasted overnight and orogastrically inoculated twice at a 1 d interval with 5 x 10^9 CFU H. pylori. Age-matched control mice were mock-inoculated with Brucella broth. Four to six mice per group per time point were used for studies.

**Evaluation of inflammation and bacterial load**

The mice were sacrificed at the indicated times p.i. The greater curvature of the stomach was cut to perform H&E staining. The intensity of inflammation was evaluated in a blinded fashion by two pathologists, and each section was given a score of 0–5 according to established criteria (16). The remaining stomach was cut into three parts for DNA, RNA, and protein extraction, respectively. The density of H. pylori colonization was quantified by real-time PCR, detecting H. pylori-specific 16S rDNA as previously described using a specific primer and probe (17). The amount of mouse β2-microglobulin (β2-M) DNA in the same specimen was measured to normalize the data. The primers and probe for detection of mouse β2-M DNA were as follows: forward, 5'-GAATTTGGAATTCAAATCTC-3'; reverse, 5'-TTCCTCAGATCACAGAGATGAT-3'; probe, 5'-TTAAAGGACCCATGACAAGGACAGTGC-3'. The density of H. pylori in the samples was expressed as the number of bacterial genomes per nanogram of host genomic DNA according to a previous report (18).

**Real-time PCR**

Total RNA was isolated from the stomachs or cells by TRIzol extraction (Invitrogen, Carlsbad, CA) and reverse-transcribed to cDNA using Re-VerTra Ace (TOYOBO, Osaka, Japan). Real-time PCR was performed on a Rotor-Gene 6000 instrument (Corbett Life Science, Sydney, Australia). Cytokine expression was determined by the TaqMan method using primers and probes previously reported or designed as follows: IL-17, forward, 5'-GAAATCCAAATGCTGAAGAACG-3'; reverse, 5'-GGGAAGAAGCTGACATGCACA-3'; probe, 5'-TGAGCCAGGACCAGCTC-3'. The production of bacterial genomes per nanogram of host genomic DNA according to a previous report (18).

**ELISA for cytokines in gastric tissue**

Gastric tissues from H. pylori-infected and noninfected mice were collected, homogenized in 1 ml sterile PBS, and centrifugated. The supernatants were analyzed for IFN-γ, IL-4, IL-17, IL-12, or IL-23 production using ELISA kits (eBioscience, San Diego, CA) according to the manufacturer’s instructions. Total protein was measured by the Lowry method. The cytokine concentrations in stomach were expressed as picograms per milligrams of total protein.

**Cytokine production**

Splenic lymphocytes (1.6 x 10^7 lymphocytes per milliliter) from H. pylori-infected and noninfected BALB/c mice on day 21 p.i. were cultured in RPMI 1640 medium with or without H. pylori WCP (2.5 μg/ml). The production of IFN-γ, IL-4, and IL-17 in the supernatants was measured by ELISA (eBioscience) at 48 h.

**Intracellular cytokine staining**

The lymphocytes isolated from spleen, mesenteric lymph node (MLN), and paraaortic lymph node (PLN) were stimulated with PMA (50 ng/ml; Sigma-Aldrich, St. Louis, MO) and ionomycin (1 μg/ml) for 6 h or with H. pylori WCP (2.5 μg/ml) for 24 h. BD GolgiStop was added at the final 6 h (BD Pharmingen, San Diego, CA). Standard intracellular cytokine staining was performed as follows. The cells were first stained extracellularly with FITC-conjugated anti-CD4 (RM-4-5) and PE-Cy5–conjugated anti-CD3 (17A2), then fixed and permeabilized with BD Cytofix/Cytoperm solution (BD Pharmingen). The cells were then separately stained intracellularly with PE-conjugated anti–IFN-γ (XM1-2), anti-IL-4 (11b11), or anti-IL-17 (TC11-18H10) (all from BD Pharmingen). Samples were acquired on a FACS Calibur (BD Biosciences, San Diego, CA) and gated with CD3. Data were analyzed using BD CellQuest Pro software (BD Biosciences).

**Preparation of splenic macrophages**

Mouse spleens were passed through meshed steel sieves to obtain single-cell suspensions. Erythrocytes were lysed hypotonically, and the remaining cells were washed in PBS. The cells were resuspended in RPMI 1640 medium supplemented with 10% heat-inactivated FBS, 100 U/ml penicillin, and 100 μg/ml streptomycin to yield a final concentration of 1.0 x 10^7 cells per milliliter. The cell suspensions were plated in 24-well culture plates in 2 ml and incubated at 37˚C for 3 h. Nonadherent cells were then washed off three times with PBS, and the remaining adherent cells, consisting of 95% macrophages, were used for subsequent assays.

**Cell culture and treatment**

Splenic macrophages and the mouse forestomach carcinoma (MFC) cell line (24) (purchased from the Institute of Basic Medical Sciences, Chinese Academy of Medical Sciences, Beijing, China) were used in the experiments. MFC cells were derived from epithelial cells and confirmed by staining with Ab against CK-18 (epithelial cell marker). The cells were cultured in RPMI 1640 with 10% PBS, 100 U/ml penicillin, and 100 μg/ml streptomycin at 37˚C in 5% CO2. The cells were seeded in six-well plates at a density of 2.5 x 10^5 cells per well and stimulated with recombinant mouse IL-17 (mIL-17) (100 ng/ml; R&D Systems, Minneapolis, MN) or H. pylori (multiplicity of infection, 100). Cells were collected at the indicated times for analysis of cytokine mRNA expression. Unstimulated cells were used as a control.

**In vivo blockade of IL-17**

The recombinant mIL-17–GST fusion protein expressed in Escherichia coli using the pGEX-4T-1 vector (Amersham Pharmacia Biotech, Uppsala, Sweden) was used to immunize the rabbits to produce anti–mIL-17 polyclonal Ab. The rabbit IgG was purified on a Sepharose A column (Amersham Pharmacia Biotech) according to the manufacturer’s instructions. The neutralizing activity of the rabbit anti–mIL-17 Ab was determined by blocking secretion of IL-6 from MFC cells after IL-17 stimulation in vitro. One hour before infection with H. pylori, 500 μg anti–mIL-17 IgG or normal rabbit IgG was administered to each mouse i.p., and the administration was repeated every 72 h until the mice were sacrificed at indicated time. The colonization of H. pylori and the inflammation of the stomach were measured.

**Delivering mIL-17 to gastric tissue by oral administration of recombinant adenovirus encoding mIL-17**

Recombinant adenovirus encoding mouse IL-17 (AdmL-17) and recombinant adenovirus encoding luciferase (AdLac) were kindly provided by Dr. Jay K. Kolls (Children’s Hospital of Pittsburgh, Pittsburgh, PA). Mice received 5 x 10^9 PFU of AdmL-17 or Ad Lac (as a control) orally and were infected with H. pylori 5 d later. The mice were sacrificed at the
indicated time, and the inflammation and colonization with H. pylori in the stomach were measured.

**Statistical analysis**

Student t test was generally used to analyze the differences between two groups, but when the variances differed, the Mann-Whitney U test was used. Bacterial colonization data in the adenovirus treatment experiment were analyzed by the Mann-Whitney U test. Differences were considered as significant when p < 0.05. All of the experiments were repeated at least twice.

**Results**

**Dynamics of gastric cytokine expression during H. pylori infection**

To analyze immune responses to H. pylori, a reliable animal model was established by infecting BALB/c mice with H. pylori, and gastric tissues were collected at the indicated times to evaluate cytokine expression. Real-time PCR showed that the levels of IFN-γ and IL-4 in H. pylori-infected stomach were elevated on day 35 p.i. (p < 0.05; Fig. 1A, 1B). IL-17 expression showed a significant increase on day 28 and peaked on day 35 p.i. (p < 0.05), then decreased (Fig. 1C). Levels of IFN-γ and IL-17 protein were also significantly increased on day 35 p.i. (p < 0.05; Fig. 2A), whereas IL-4 expression was not significantly changed at the protein level. The induction of IL-17 and IFN-γ at both RNA and protein levels suggests that Th1 and Th17 cells might participate in the H. pylori-induced immune responses. We also detected the expression of cytokines regulating the Th1 and Th17 cell responses. IL-12 p35 and IL-12/IL-23 p40 were increased on day 28 and peaked on day 35 p.i. (Fig. 1D, 1E). IL-23 p19 mRNA expression was elevated from days 21 to 35 with a peak on day 28 p.i. (Fig. 1F). These data suggest that the Th17 cell regulating cytokine IL-23 and Th1 cell regulating cytokine IL-12 were also increased during H. pylori infection and might be involved in Th17 and Th1 cell differentiation.

**H. pylori induced specific Th1/Th17 cell responses**

To correlate the expression of cytokines in the gastric mucosa with H. pylori infection, splenocytes from the stomach of uninfected mice, we used the detection of CD4+ T cell response in the PLN to reflect the situation in the stomach. The results showed that Th1, Th2, and Th17 cell responses in MLN were primed only on day 7 p.i. (Fig. 5A). In the spleen, Th17 cells were expanded on day 14 and peaked on day 21 p.i., and Th1 cells were induced from days 21 to 28 p.i., whereas Th2 showed no significant change during the course of infection (Fig. 5B). The Th cell responses were delayed in PLN, reaching detectable levels on day 28 p.i. (Fig. 5C). The Th cell responses in spleen and PLN showed a dynamic change; Th17 cell responses preceded Th1 cell responses. The time course of Th cell responses in different organs suggests that MLN may be an earlier site of T cell priming during H. pylori infection.

**Kinetics of Th cell responses in MLN, spleen, and PLN**

To characterize the CD4+ T cell immune responses to H. pylori more fully, we determined the dynamics of Th cell responses in MLN, spleen, and PLN. Because it is difficult to isolate lymphocytes from the stomach of uninfected mice, we used the detection of CD4+ T cell response in the PLN to reflect the situation in the stomach. The results showed that Th1, Th2, and Th17 cell responses in MLN were primed only on day 7 p.i. (Fig. 5A). In the spleen, Th17 cells were expanded on day 14 and peaked on day 21 p.i., and Th1 cells were induced from days 21 to 28 p.i., whereas Th2 showed no significant change during the course of infection (Fig. 5B). The Th cell responses were delayed in PLN, reaching detectable levels on day 28 p.i. (Fig. 5C). The Th cell responses in spleen and PLN showed a dynamic change; Th17 cell responses preceded Th1 cell responses. The time course of Th cell responses in different organs suggests that MLN may be an earlier site of T cell priming during H. pylori infection.

**In vivo blockade of IL-17 significantly reduced H. pylori colonization and inflammation in the stomach**

The function of Th1 cells in H. pylori infection has been well established, so the current study focused mainly on the role of Th17 cells. CD4+ T cells exert most of their effector functions through secretion of cytokines. Therefore, we focused on the effect of IL-17, the main effector of these cells, to evaluate the role of Th17 cells in H. pylori infection. Rabbit anti–mIL-17 polyclonal Ab was produced, and its neutralizing activity was confirmed by blocking IL-6 secretion from MFC cells stimulated with...
were restimulated with or without compared with unstimulated control; CD3+ cells. The results are representative of three independent experiments.

Supernatants were collected 48 h after stimulation, and cytokines were measured by ELISA. Results are expressed as mean ± SD.

Fig. 6

FIGURE 2. Cytokine contents of stomach tissue and supernatants from cultured lymphocytes. A, The supernatants of the gastric tissue homogenates from H. pylori-infected and uninfected mice (35 d p.i.) were analyzed for IFN-γ, IL-4, and IL-17 production by ELISA. Results are expressed as mean ± SD. *p < 0.05 compared with uninfected mice. B, Splenic lymphocytes isolated from H. pylori-infected and uninfected mice (21 d p.i.) were restimulated with or without H. pylori WCP (2.5 μg/ml). Supernatants were collected 48 h after stimulation, and cytokines were measured by ELISA. Results are expressed as mean ± SD; n = 4–6.

mIL-17, using the commercial anti–mIL-17 mAb for comparison. Rabbit anti–mIL-17 Ab or normal rabbit IgG was administered before and during H. pylori infection. The colonization of H. pylori in the anti–IL-17 Ab-treated mice was significantly lower than that in the control IgG-treated mice on day 28 (p < 0.05; Fig. 6A), and the inflammation of gastric tissue in the anti–IL-17 Ab-treated mice was significantly lower than that in the control mice (p < 0.05; Fig. 6B). There was mild inflammatory cell infiltration in the gastric lamina propria of mice treated with IL-17 Ab (Fig. 6C), whereas mice treated with control IgG showed moderate infiltration of inflammatory cells in the submucosa and lamina propria (Fig. 6D). The results indicate that neutralization of IL-17 activity contributes to bacterial clearance and prevents inflammation.

To confirm these results, we infected IL-17−/− mice with H. pylori and evaluated bacterial colonization and inflammation. The results were consistent with those using IL-17 Ab; IL-17−/− mice infected with H. pylori showed decreased bacterial colonization and gastric inflammation (Fig. 7). These results suggest that the Th17/IL-17 pathway does not favor the host defense against H. pylori infection.

Effect of IL-17 overexpression on H. pylori infection

To confirm the effect of IL-17 on H. pylori infection, we used AdmIL-17 to transfer the mIL-17 gene to the mouse stomach and then infected the mice with H. pylori, and the colonization was assayed on day 28 p.i. IL-17 expression in mice treated with AdmIL-17 was significantly greater than that in mice treated with AdLuc or PBS (Fig. 8A). Mice treated with AdmIL-17 showed more copies of H. pylori in the stomach than those treated with AdLuc on day 28 p.i. (p < 0.01), whereas the copies of H. pylori in AdLuc-treated mice were not different from those in PBS-treated mice (p > 0.05; Fig. 8B). In addition, mice treated with AdmIL-17 showed significantly more gastric inflammation than those treated with AdLuc (p < 0.0125; Fig. 8C), and the inflammatory response in AdLuc-treated mice was similar to that in PBS-treated mice (p > 0.05; Fig. 8C). In AdmIL-17–treated mice, diffuse inflammatory cell infiltration was seen in most of the submucosa and mucosa, and the mucosal lesions were severe (Fig. 8D). In contrast, mice treated with AdLuc and PBS often showed only mild to moderate inflammatory cell infiltration in the gastric lamina propria and submucosa (Fig. 8E, 8F). These results indicate that Th17/IL-17 might increase the host susceptibility to H. pylori infection.

IL-17−/− mice infected with H. pylori exhibit decreased Th1 cell responses

Th1 cell responses have been shown to be important in the pathogenesis of H. pylori infection (5, 6). Our results showed that Th1 cell responses, which precede Th1 cell responses, also contribute to pathogenesis. The association between Th1 and Th1 cell responses was further evaluated. We found that IFN-γ production by H. pylori-infected gastric tissue was not significantly different in the IL-17 blocking and overexpression models, whereas IFN-γ production was significantly lower in H. pylori-infected IL-17−/− mice than that in H. pylori-infected wild-type (WT) mice (Fig. 9A). Consistent with the decreased IFN-γ secretion, expression of T-beta and IL-12 in H.
pylori-infected gastric tissue was also downregulated significantly in IL-17−/− mice (Fig. 9B, 9C). Th1 cell frequencies in the spleens of H. pylori-infected IL-17−/− mice were also lower (Fig. 9D). These results indicate that the Th17 cell response may regulate the Th1 cell response during H. pylori infection.

Effect of mIL-17 on expression of MMPs and chemokines
MMP and chemokine expression can be regulated by IL-17, and this might be important in promoting IL-17–induced inflammation or cell responses, including Th1 cell responses. We therefore examined whether the gastritis regulated by IL-17 in H. pylori infection was associated with the production of MMPs and certain chemokines. The mouse gastric MFC cells were used to study the effect of IL-17 on gastric epithelial cells. MMP-2, MMP-3, MMP-7, MMP-9, and the chemokines CCL2, CCL5, CCL20, CCL25, and CXCL1 were more highly expressed when MFC cells were stimulated with IL-17 (Fig. 10A). To determine whether these factors are associated with the role of IL-17, we detected their expression in the H. pylori infection model pretreated with IL-17 Ab or AdmIL-17 and in IL-17−/− mice. IL-17 Ab pretreatment reduced MMP-9 and CCL25 expression in H. pylori-infected stomachs (Fig. 10B). The expression of MMP-3, MMP-9, CCL5, and CCL25 was significantly lower in H. pylori-infected IL-17−/− mice than that in WT mice (p < 0.05; Fig. 10C). AdmIL-17 treatment increased MMP-2, MMP-9, and CCL25 expression (p < 0.05; Fig. 10D). The results indicate that the Th17/IL-17 pathway...
Representative gastric histopathologies in mice treated with AdmIL-17 (expressed as mean intracellular staining. The cells were gated on CD4 cells. The results are consistent with previous reports that Th1 but not Th2 cell responses are induced in H. pylori-infected mice (3, 5). The increased production of IL-17 in the stomach is also consistent with previous studies (13–15). Furthermore, we found that the numbers of H. pylori-specific Th17 cells were increased during infection. H. pylori dramatically induced IL-6, TGF-β, IL-23, and IL-12 production in splenic macrophages. In addition, IL-23 and IL-12 expression in the stomach was also elevated. The secretion of these inflammatory mediators creates a cytokine milieu that facilitates the polarization of Th17/Th1 responses to H. pylori. We also detected Th cell responses in the MLN, spleen, and PLN, and the time course of immune responses induced in different lymphoid organs suggests that the MLN is an earlier priming site of the anti-H. pylori immune responses (25) than the spleen or PLN. Recently, it has been reported that the small intestine Peyer’s patches are major induction sites of the anti-H. pylori immune responses (26). We speculate that H. pylori-specific T cells may be primed in Peyer’s patches and migrate to MLN, then subsequently are trafficked to the gastric mucosa. Previous studies have focused on Th1 and Th2 cell responses in H. pylori infection. It has been determined that Th1 cells contribute to inflammation and play a role in pathogenesis of H. pylori infection (6), but the role of Th17 cells has not been fully elucidated. Previous studies have shown that Th17 cells may play important roles in host protection against mucosal Gram-negative bacteria, such as Klebsiella pneumoniae, by secreting IL-17 (27). In addition to extracellular bacteria, IL-17 is also involved in host defense against Mycoplasma pulmonis (28) and Pneumocystis carinii (29). So it is reasonable to suppose that Th17 cells might also mediate mucosal host defense against H. pylori (30). Unexpectedly, we found that the H. pylori burden and inflammation were both reduced when IL-17 activity was blocked in vivo or IL-17−/− mice were used. These findings are consistent with a very recent study on IL-17−/− mice (31). The present results also showed that administration of AdmiL-17 increased host susceptibility to H. pylori infection. Our data from these complementary methods provide substantial evidence that the Th17/IL-17 pathway plays a pathogenic role in H. pylori infection by promoting mucosal inflammation and contributing to bacterial colonization. A number of reports also indicate that the Th17/IL-17 pathway...
promotes inflammation and susceptibility in mucosal *Candida albicans* and *Aspergillus fumigatus* infections (32) and that Th17 cells are involved in the immunopathology induced by *Schistosoma mansoni* (33, 34). Some reports also indicate that IL-17 is necessary for the development of intra-abdominal abscesses induced by *Bacteroides fragilis* (35) and shown to contribute to arthritis in vaccinated IFN-γ−/− mice challenged with *Borrelia burgdorferi* (36). Thus, the role of Th17 cells in infectious diseases remains an open question. They might exhibit a protective or a detrimental effect depending on the pathogen and the infection conditions (11).

Infection with *K. pneumoniae* or *M. pulmonis* (28) may represent an acute inflammatory reaction in which Th17/IL-17 may exert a protective role in host defense by enhancing neutrophil recruitment and activating macrophages. In contrast, mucosal infection with *H. pylori*, *Candida*, *S. mansoni*, or *B. burgdorferi* results in chronic and persistent infection, in which the Th17/IL-17 pathway possibly contributes to chronic inflammation and tissue damage and thus favors pathogen infection. The role of the Th17/IL-17 pathway in different infections therefore needs further investigation.

Thus, Th1 and Th17 cells both mediate mucosal inflammation in *H. pylori* infection. The dynamics of Th cell immune responses to *H. pylori* show that Th17 cell responses are induced earlier than Th1 cell responses, implying that Th17 and Th1 cells may promote inflammation at different stages. Currently, the interaction between Th17 and Th1 cells in *H. pylori* infection is not clear. In
In conclusion, *H. pylori* infection mainly induces mixed Th17/Th1 cell responses. The induction of Th17/Th1 cell responses contributes to gastric inflammation and *H. pylori* colonization. Further study is required to elucidate the mechanisms by which *H. pylori* interacts with Th17 cells and how these cells facilitate infection. A better understanding of the nature, regulation, and function of Th cell responses to *H. pylori* may help to explore novel and effective immunotherapies for gastric diseases induced by this organism.

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**Disclosures**

The authors have no financial conflicts of interest.

**References**


