Dynamics and Consequences of IL-21 Production in HIV-Infected Individuals: A Longitudinal and Cross-Sectional Study

Alexandre Iannello, Mohamed-Rachid Boulassel, Suzanne Samaranis, Olfa Debbeche, Cécile Tremblay, Emil Toma, Jean-Pierre Routy and Ali Ahmad

*J Immunol* 2010; 184:114-126; Prepublished online 30 November 2009;
doi: 10.4049/jimmunol.0901967

http://www.jimmunol.org/content/184/1/114

Supplementary Material

http://www.jimmunol.org/content/suppl/2009/12/08/jimmunol.0901967.DC1

Why *The JI*?

- **Rapid Reviews! 30 days** from submission to initial decision
- **No Triage!** Every submission reviewed by practicing scientists
- **Speedy Publication!** 4 weeks from acceptance to publication

*average

References

This article **cites 52 articles**, 24 of which you can access for free at:
http://www.jimmunol.org/content/184/1/114.full#ref-list-1

Subscription

Information about subscribing to *The Journal of Immunology* is online at:
http://jimmunol.org/subscription

Permissions

Submit copyright permission requests at:
http://www.aai.org/About/Publications/JI/copyright.html

Email Alerts

Receive free email-alerts when new articles cite this article. Sign up at:
http://jimmunol.org/alerts

*The Journal of Immunology* is published twice each month by
The American Association of Immunologists, Inc.,
1451 Rockville Pike, Suite 650, Rockville, MD 20852
Copyright © 2010 by The American Association of Immunologists, Inc. All rights reserved.
Print ISSN: 0022-1767 Online ISSN: 1550-6606.
Dynamics and Consequences of IL-21 Production in HIV-Infected Individuals: A Longitudinal and Cross-Sectional Study

Alexandre Iannello,*† Mohamed-Rachid Boulasse,‡ Suzanne Samarani,*† Olfa Debbeche,*† Cécile Tremblay,‡ Emil Toma,‡ Jean-Pierre Routy,‡ and Ali Ahmad*†

IL-21 is a relatively newly discovered immune-enhancing cytokine that plays an essential role in controlling chronic viral infections. It is produced mainly by CD4+ T cells, which are also the main targets of HIV-1 and are often depleted in HIV-infected individuals.

Therefore, we sought to determine the dynamics of IL-21 production and its potential consequences for the survival of CD4+ T cells and frequencies of HIV-specific CTL. For this purpose, we conducted a series of cross-sectional and longitudinal studies on different groups of HIV-infected patients and show in this study that the cytokine production is compromised early in the course of the infection. The serum cytokine concentrations correlate with CD4+ T cell counts in the infected persons. Among different groups of HIV-infected individuals, only elite controllers maintain normal production of the cytokine. Highly active antiretroviral therapy only partially restores the production of this cytokine. Interestingly, HIV infection of human CD4+ T cells inhibits cytokine production by decreasing the expression of c-Maf in virus-infected cells, not in uninfected bystander cells. We also show that the frequencies of IL-21–producing HIV-specific, but not human CMV-specific, Ag-experienced CD4+ T cells are decreased in cytokine production by decreasing the expression of c-Maf in virus-infected cells, not in uninfected bystander cells. We also show that the frequencies of IL-21–producing HIV-specific, but not human CMV-specific, Ag-experienced CD4+ T cells are decreased in HIV-infected viremic patients. Furthermore, we demonstrate in this study that recombinant human IL-21 prevents enhanced spontaneous ex vivo death of CD4+ T cells from HIV-infected patients. Together, our results suggest that serum IL-21 concentrations may serve as a useful biomarker for monitoring HIV disease progression and the cytokine may be considered for immunotherapy in HIV-infected patients. *The Journal of Immunology, 2010, 184: 114–126.

Interleukin-21 is a relatively recently discovered multifunctional and pleiotropic cytokine. It is a member of the common γ-chain–using cytokine family that includes IL-2, IL-4, IL-7, IL-9, and IL-15 (1, 2). The cytokine has been shown to exert significant immune-enhancing and immune-regulatory functions. It promotes proliferation and accumulation of Ag-specific CD8+ effector T cells, and increases their survival and cytolytic potential, especially in synergism with other cytokines, such as IL-15 and IL-18 (3, 4). It can also promote differentiation of naive CD4+ T cells into Th17 cells, which play an important role in inducing inflammation and controlling invading pathogens (5, 6). Moreover, the cytokine is needed for homeostatic expansion of Th17 cells (5, 7). IL-21, unlike IL-2, does not support proliferation of anti-CD3–activated regulatory T cells that are involved in suppression of antiviral immunity (8). In fact, the cytokine suppresses expression of FOXP-3, a transcription factor necessary for the development and differentiation of regulatory T cells (9). It is also well known that IL-21 has a significant influence on the regulation of B cell functions: It promotes differentiation of Ag-stimulated B cells into memory and Ab-secreting plasma cells, affects IgE production, and induces Ig switch to IgG1 and IgG3 production (10, 11). This cytokine also inhibits activation and maturation of dendritic cells but increases activation of macrophages and their IL-8 production (12, 13). Several in vivo studies in animal models have shown that IL-21 is essential for controlling chronic viral infections (14–16).

HIV-1 is the etiological agent of AIDS in humans. The infection is usually accompanied by changes in the production of several immunologically important cytokines, such as IL-15, TNF-α, IL-4, IL-12, IL-10, IL-18, and TGF-β1. Today, the production of many of these cytokines is known to be dysregulated in HIV-infected individuals. These cytokine disturbances play an important role in the pathogenesis of AIDS in HIV-infected individuals (17–19). Learning about these disturbances helps in understanding the mechanism of the disease as well as in devising novel, rational, and knowledge-based immunotherapies. Studies have demonstrated that CD4+ T cells are the main producers of IL-21 in the human body (1, 20, 21). It is noteworthy that these cells are also main targets of HIV infection. The virus replicates primarily in CD4+ T cells in HIV-infected individuals. The cells undergo rapid turnover and death even in early asymptomatic stages of the infection (22–24). Depletion of CD4+ T cells in the circulation of HIV-infected individuals is a hallmark of AIDS (25). The depletion of CD4+ T cells is likely to result in a decreased production of IL-21.
Indeed, on the basis of results from a small cross-sectional study, we reported earlier that serum levels of the cytokine were significantly reduced in patients with chronic HIV infection (26). We have now performed much larger cross-sectional and longitudinal studies to better understand the dynamics of cytokine production in different stages of the infection. In this paper, we show that concentrations of this cytokine are decreased in the circulation of HIV-infected individuals soon after infection and in general follow the kinetics of the CD4+ T cell counts of infected persons in all groups. Interestingly, we found that the elite controllers (EC; see below) maintain normal levels of the cytokine in their circulation. Our results also show that highly active antiretroviral therapy (HAART) causes a partial restoration of IL-21 levels in these patients. More importantly, we have discovered that in vitro infection of human PBMCs and purified CD4+ T cells with the virus reduces their production of IL-21 at both mRNA and protein levels. The infection reduces expression of the transcription factor c-Maf, which is known to play a key role in transcriptional activation of the IL-21 gene in CD4+ T cells (27).

We found decreased frequencies of IL-21–producing HIV-specific Ag-experienced CD4+ T cells in HIV-infected viremic patients, compared with frequencies of the cells specific for the human CMV (HCMV). We also provide experimental evidence to indicate that IL-21 protects primary human CD4+ T cells in vitro from undergoing spontaneous apoptosis. In vitro, the cytokine restores survival of CD4+ T cells from HIV-infected patients comparable to survival of cells from HIV-seronegative healthy subjects. Finally, we demonstrate that decreased serum concentrations of IL-21 have consequences for the frequency and functionality of HIV-specific CTL in HIV-infected individuals. These results suggest that a reduced production of IL-21 in HIV-infected persons may be at least one reason for the decreased survival of their CD4+ T cells and may adversely affect their antiviral CTL responses as well.

Materials and Methods

Cell cultures and HIV infection

All cells used in this study were cultured at 37°C in humidified atmosphere containing 5% CO2. PBMCs were obtained from the peripheral blood of donors by centrifugation over a Ficoll-Hypaque (Pharmacia, Montreal, Quebec, Canada) cushion. As described in our earlier papers (29,30), PBMCs were resuspended in 2% paraformaldehyde (PFA) and analyzed by flow cytometry using a FACScalibur (BD Biosciences). CellQuest Pro software (BD Biosciences) was used to collect and analyze the flow cytometry data.

Flow cytometry

For this purpose, 106 cells were incubated with fluorochrome-conjugated Abs for 45 min on ice and washed three times with PBS containing 0.05% BSA and 0.002% sodium azide. Intracellular staining were performed with the Cytofix/Cytoperm Kit (BD Biosciences). The washed cells were resuspended in 2% paraformaldehyde (PFA) and analyzed by flow cytometry using a FACScalibur (BD Biosciences). CellQuest Pro software (BD Biosciences) was used to collect and analyze the flow cytometry data.

Western blotting

The expression of different proteins was analyzed by Western blotting, as described in our earlier publications (29,30). Briefly, 5×106 cells were incubated in the culture medium with and without treatment, as described in individual experiments. At different time points postincubation, the cells were washed with PBS and lysed in a lysis buffer containing 1% Triton X-100, 50 mM SDS, 250 mM NaCl, and 50 mM Tris-HCl. The lysates were centrifuged at 14,000 × g for 15 min. Protein concentrations in the lysates were measured using a commercial kit (Pierce, Rockford, IL). Forty micrograms of the lysate proteins were mixed with 2× SDS-PAGE sample loading buffer containing 1 mM dithiothreitol, boiled, run on 12% polyacrylamide gels, and electroblotted onto polyvinylidene difluoride membranes (Millipore, Billerica, MA). The membranes were blocked in 1% BSA in 1× Tris-buffered saline at room temperature. The membranes were incubated at 4°C overnight. The protein bands were revealed by autoradiography using biotinylated secondary Abs and a commercial chemiluminescent kit (VectorAblinAmP; Vector Labs, Burlington, Ontario, Canada). The method was used to measure IL-21 mRNA in cells. For this purpose, total RNA was extracted from the cells with a kit (RNeasy Micro Kit, Qiagen, Ontario, Canada), and cDNA was synthesized using the QuantiTect Reverse Transcriptase Kit (Qiagen). The primer sets used to amplify GAPDH were as follows: forward 5′-ACTGTTGGCAAAATCAGCTCCCA-3′ and reverse 5′-TTGTGGAGCCTGACGAAATTCCG-3′. Samples for RT-PCR were run on the SmartCycler Mx3000P (Stratagene, La Jolla, CA), and the expression of the IL-21 gene was normalized to that of a human housekeeping gene, GAPDH.

Real-time quantitative RT-PCR

The method used to measure IL-21 mRNA in cells. For this purpose, total RNA was extracted from the cells with a kit (RNeasy Micro Kit, Qiagen, Ontario, Canada), and cDNA was synthesized using the QuantiTect Reverse Transcriptase Kit (Qiagen). The primer sets used to amplify GAPDH were as follows: forward 5′-ACTGTTGGCAAAATCAGCTCCCA-3′ and reverse 5′-TTGTGGAGCCTGACGAAATTCCG-3′. Samples for RT-PCR were run on the SmartCycler Mx3000P (Stratagene, La Jolla, CA) and the expression of the IL-21 gene was normalized to that of a human housekeeping gene, GAPDH.
were acquired.

**Quantification of IL-21–producing Ag experienced HIV- and HCMV-specific CD4+ T Cells**

Fifty million frozen PBMCs from each of HAART-naive, HIV-infected viremic patients (five) and HIV-seronegative healthy donors (five) were rapidly thawed and incubated with PBS, HCMV lysate, or HIV-1 lysate. The viral lysates were obtained from Advanced Biotechnologies (Columbia, MD) and were used at 10 μg/ml. Anti-CD28 and anti-CD49d Abs (each at 1 μg/ml; from eBioscience) were added to the cultures. The cultures were incubated at 37°C in humidified 5% CO2 atmosphere for 10 h. Brefeldin A (1 μg/ml) was added to the cultures in the last 4 h of the incubation period. Postincubation, the cells were washed with PBS, and CD4+ T cells were isolated by negative selection using a commercial kit (Stem Cell Technology). The isolated CD4+ T cells (96% pure or more) were stained with APC-conjugated anti-CD27, FITC-conjugated anti-CCR7 (both from eBioscience), and PerCP-conjugated anti-CD45RA (BioLegend, San Diego, CA). The stained cells in each treatment were divided into two aliquots and were stained intracellularly using Cytofix/Cytoperm Kit (BD Biosciences) with PE-conjugated IL-21 (eBioscience) or with PE-conjugated IFN-γ (eBioscience). The cells were washed, resuspended in 2% PFA, and analyzed by flow cytometry using FACSCalibur (BD Biosciences). Live cells were gated for three different Ag-experienced phenotypes (CD27+CD45RA+CCR7+CD49d+ or CD27+CD45RA−CCR7+CD49d−) (30) and analyzed for the intracellular expression of IL-21 or IFN-γ. For each phenotype, 106 events were acquired.

**Measuring frequencies and functionality of HIV-specific CTL**

For this purpose, we selected six HIV-infected individuals who had high (155, 210, and 189 pg/ml) or low (31, 18, and 29 pg/ml) serum concentrations of IL-21. These patients were viremic and HAART naive. Ten million PBMCs from each of the HIV-infected individuals and three HIV-seronegative healthy donors were rapidly thawed, washed with sterile PBS (pH 7.3), and incubated in the culture medium containing vehicle (DMSO) or 0.20 μg/ml of each of the 48 20-mer overlapping peptides corresponding to the entire amino acid sequence of the HIV-1 (HxB-2) Gag protein (obtained from the AIDS Research and Reference Reagent Program, Division of AIDS, National Institute of Allergy and Infectious Disease, National Institutes of Health; Catalogue # 3992). Anti-CD28 and anti-CD49d Abs (each at 1 μg/ml; from eBioscience) were added to the cultures. The cultures were incubated at 37°C in humidified 5% CO2 atmosphere for 10 h. Brefeldin A (1 μg/ml) was added to the cultures in the last 4 h of the incubation period. Postincubation, the cells were washed with PBS and stained with FITC-conjugated anti-CD8 and PE-Cy7-conjugated anti-CD3 Abs (both from eBioscience). The cells were also stained intracellularly using the Cytofix/Cytoperm Kit (BD Biosciences) with APC-conjugated anti-IL-2 and PE-conjugated IFN-γ Abs (both from eBioscience). The cells were then washed with PBS, resuspended in PBS containing 2% PFA, and analyzed by flow cytometry using FACSCalibur (BD Biosciences). Live cells were gated for CD8+CD3+ T cells and analyzed for frequencies of the cells expressing IL-2, IFN-γ, and both IL-2 and IFN-γ from 106 events.

**Statistical analysis**

Group means were compared using ANOVA, and Pearson’s correlation between two parameters was determined with the software PRISM (GraphPad, San Diego, CA). Differences and correlations were deemed significant at p ≤ 0.05.

**Results**

**Levels of circulating IL-21 are decreased in HIV-infected patients**

First, we conducted a cross-sectional study and measured serum levels of IL-21 in 127 sera from HIV-infected patients and in 38 sera from age-matched HIV-seronegative healthy subjects. The serum samples obtained from HIV/AIDS patients represented different disease conditions, as described in Table I in Materials and Methods. The average concentrations of the cytokine for the control and different groups of the patients are shown in Fig. 1A. Sera from PI patients showed significantly decreased (p < 0.0001) levels of IL-21, compared with sera from healthy subjects (91 ± 54 versus 496 ± 189 pg/ml, respectively). The average concentration in this infected group sera was approximately one-fifth that of the control sera. Similarly, significantly decreased (p < 0.0001) levels of IL-21 were observed for chronic HIV infection patients naive for HAART, compared with healthy subjects (56 ± 29 versus 496 ± 189 pg/ml, respectively). The average IL-21 level in this infected group sera was approximately one-ninth that of the control sera. Decreased levels of the cytokine were also observed in CI-H patients, compared with healthy subjects (303 ± 143 versus 496 ± 189 pg/ml, respectively). The difference between mean levels of IL-21 for these two groups of sera was statistically significant (p < 0.001). Interestingly, the average IL-21 level of the group receiving HAART was ~3–4-fold higher than that of PI patients who were naive for HAART. Sera from the HAART-receiving patients also showed ~3–4-fold higher average IL-21 content, compared with the average value for sera from PI patients. These results suggest positive restorative effects of the antiviral treatment on the serum levels of IL-21. Nevertheless, levels of IL-21 in patients receiving HAART still remained significantly lower (p < 0.001) compared with those of healthy donors, suggesting that HAART causes a partial restoration of IL-21 production in infected persons. Of note, the average serum IL-21 level for the LTNP group was significantly higher (p < 0.0001) than that for either CI or PI patients. The average levels, however, were lower than those of the control group and patients who had received HAART (Fig. 1A). The median values of cytokine concentration, as well the quartile ranges for the study participants, are shown in Supplemental Fig. 1.

On the basis of viral loads and CD4+ T cell counts, we classified LTNP into three groups—NP, SP, and EC—as described in Materials and Methods. A comparison of cytokine levels in the sera of these groups is shown in Fig. 1B. A progressive increase in the average serum levels of the cytokine from NP to EC is quite evident. These levels are lower in NP and SP than in healthy control subjects (p < 0.001). Interestingly, IL-21 concentrations in the EC were not significantly different from those in healthy subjects.

<table>
<thead>
<tr>
<th>Sera from patient 127 sera from healthy subjects</th>
<th>p value</th>
<th>p value</th>
<th>p value</th>
</tr>
</thead>
<tbody>
<tr>
<td>PI</td>
<td>0.0001</td>
<td>0.0001</td>
<td>0.0001</td>
</tr>
<tr>
<td>CI</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>CI-H</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>LTNP</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>NP</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>SP</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>EC</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

The infection was defined PI if it had been within 6 mo of the time of seroconversion and CI if it had been > 6 mo.

Table I. HCV-infected patients

<table>
<thead>
<tr>
<th>Category</th>
<th>No. of Patients</th>
<th>Main Clinical Features</th>
</tr>
</thead>
<tbody>
<tr>
<td>PI</td>
<td>32</td>
<td>Median: 381</td>
</tr>
<tr>
<td></td>
<td>Range: 3–854</td>
<td>Median: 29,799</td>
</tr>
<tr>
<td>CI</td>
<td>41</td>
<td>Median: 312</td>
</tr>
<tr>
<td></td>
<td>Range: 92–1261</td>
<td>Median: 28,348</td>
</tr>
<tr>
<td>CI-H</td>
<td>34</td>
<td>Median: 303</td>
</tr>
<tr>
<td></td>
<td>Range: 86–563</td>
<td>Median: 2400</td>
</tr>
<tr>
<td>LTNP</td>
<td>6</td>
<td>Median: 545</td>
</tr>
<tr>
<td></td>
<td>Range: 400–990</td>
<td>Median: 32,500</td>
</tr>
<tr>
<td>SP</td>
<td>8</td>
<td>Median: 613</td>
</tr>
<tr>
<td></td>
<td>Range: 400–1150</td>
<td>Median: 970</td>
</tr>
<tr>
<td>EC</td>
<td>6</td>
<td>Median: 810</td>
</tr>
<tr>
<td></td>
<td>Range: 430–850</td>
<td>Median: &lt;50</td>
</tr>
</tbody>
</table>

A A and B indicate CD4+ T cell counts (cells/μl) and viral loads (HIV-1 RNA copies/ml, respectively).
and were ∼5-fold higher than those of NP (370 ± 191 versus 71 ± 10 pg/ml, respectively; p < 0.05). These data suggest that serum IL-21 concentrations remain elevated in HIV-infected patients who are efficiently controlling the infection. This finding may indicate a role for this cytokine in antiviral immunity and in delaying AIDS progression.

CD4+ T cells are recognized as the main producers of IL-21 in the human body. The cell numbers are known to decrease in HIV-infected individuals. This prompted us to determine whether a correlation existed between the serum concentrations of this cytokine and CD4+ T cell counts in these patients. As shown in Fig. 1C–F, we found significant positive correlations between the two parameters for all groups of patients: (p = 0.0057; r = 0.47 for PI patients; Fig. 1C), (p < 0.0001; r = 0.66 for CI patients; Fig. 1D), (p < 0.0001; r = 0.72 for CI-H; Fig. 1E), and (p = 0.01; r = 0.54 for LTNP; Fig. 1F). Correlations between cytokine levels and CD4+ T cell numbers were also significant (p = 0.005; r = 0.25) when we considered the two parameters for all HIV-infected patients irrespective of infection stage and use of antiretroviral therapy (Fig. 1G). The correlations, however, were nonsignificant (p > 0.05) between IL-21 levels and viral loads and between serum cytokine levels and total CD8+ T cell counts (also see below) for all groups of patients (data not shown).

FIGURE 1. Serum IL-21 concentrations in HIV-infected patients. IL-21 concentrations were determined in serum samples using a commercial ELISA kit. A, Average concentrations ± SD of IL-21 in the sera of 38 control (CONT) subjects, 32 PI patients, 41 CI patients, 34 CI-H, and 20 LTNP. Average concentrations differed significantly between the different infected groups of patients and CONT subjects (p < 0.0001). B, Average concentrations ± SD of IL-21 in the sera of 38 CONT subjects and the three groups of LTNP representing 6 SP, 8 NP, and 6 EC. Average concentrations of the CONT group differed significantly from those of NP and SP donors (p < 0.0001). Pearson’s correlation between concentrations of IL-21 and CD4+ T cell counts is given for PI patients (C), CI patients naive for HAART (D), CI-H (E), LTNP (F), and all HIV-infected patients (G). The two parameters showed a statistically significant correlation for all groups of patients: (p = 0.0057; r = 0.47 for PI), (p < 0.0001; r = 0.66 for CI), (p < 0.0001; r = 0.72 for CI-H), (p = 0.01; r = 0.54 for LTNP), and (p = 0.005; r = 0.25 for all patients). The dashed lines indicate 90% confidence limit.

FIGURE 2. Kinetics of serum IL-21, CD4+ T cell counts, and viral loads in treatment-naive HIV-infected patients after start of infection. Serum IL-21 concentrations from nine patients naive for HAART were determined at indicated time points from their day of infection (time zero) until 28 mo. Shown are median values from nine patients for serum IL-21, CD4+ T cell counts and plasma viral loads. The arrow in the graph indicates end of duration of PI (6 mo postinfection).
IL-21 concentrations start decreasing early in the course of primary HIV infection and correlate positively with CD4+ T cell counts

We investigated the kinetics of IL-21 production in treatment-naive HIV-infected patients by analyzing their sera taken longitudinally at different time points (until 28 mo) after the day of infection. The vertical dotted line indicates end of duration for PI (6 mo postinfection). The letter T on the x-axis indicates start of HAART. Shown are median values for serum IL-21 levels, CD4+ T cell counts, and plasma viral loads. Mean values of these parameters as well as values for each of the patients are given in Supplemental Figs. 2 and 3, respectively. These data show that IL-21 concentrations start decreasing early in the course of the PI. In almost all cases, cytokine concentrations decreased progressively over time. The decrease in IL-21 levels is accompanied by a concomitant decline in the numbers of CD4+ T cells. Serum cytokine levels and viral loads, however, showed no consistent trend with respect to each other in untreated HIV-infected patients. Collectively, these data suggest that IL-21 levels decrease progressively with time, starting early in the course of the infection, and are accompanied by loss of CD4+ T cells.

HAART stops decreases in serum IL-21 concentrations and increases them progressively after beginning treatment

To investigate the impact of HAART on IL-21 concentrations in the serum, we followed up and measured cytokine levels in the sera of eight HIV-infected patients before and after HAART. The changes observed in serum IL-21 concentrations, plasma viral loads, and CD4+ T cell counts are summarized in Fig. 3. Mean values and values for each HIV-infected individual are shown in Supplemental Figs. 4 and 5, respectively. These data suggest that levels of the cytokine increased progressively with time after beginning

FIGURE 3. Kinetics of serum IL-21, CD4+ T cell counts, and viral loads in CI patients before and after HAART. IL-21 concentrations, CD4+ T cell counts, and plasma viral loads were determined longitudinally at the indicated time points for 28 mo after the day of infection. The vertical dotted line indicates end of duration for PI (6 mo postinfection). The letter T on the x-axis indicates start of HAART. Shown are median values for serum IL-21 levels, CD4+ T cell counts, and plasma viral loads. T+1, T+2, and T+3 indicate first, second, and third time points for serum collection after initiation of HAART. T-1 and T-2 indicate time points prior to initiation of HAART.

FIGURE 4. IL-21 production per CD4+ T cell decreases in HIV-infected patients. A, PBMCs from 10 patients in each group (PI, CI, and CI-H), 20 LTNP (6 SP, 8 NP, and 6 EC), and 10 healthy CONT subjects were incubated ex vivo in the culture medium containing ionomycin (1 μg/ml) for 24 h. After 24 h, the cells were treated with brefeldin A (1 μg/ml) for 4 h, washed, and stained with FITC-conjugated anti-CD3 and APC-conjugated anti-CD4 Abs. The cells were washed, permeabilized, and stained with PE-conjugated anti-IL-21 Abs. IL-21 expression was measured by flow cytometry from 10,000 events gated on live CD3+CD4+ cells. Shown in A are gating for CD3+CD4+ T cells and intracellular staining for PE-conjugated isotype-matched Abs and for PE-conjugated anti–IL-21 Abs. B, Averages ±SD of mean fluorescence intensities (MFI) of IL-21–positive cells in different groups of donors. C, The MFI values for healthy CONT subjects, NP, SP, and EC patients. The average MFI of the CONT group differed significantly only from that of the NP donors (p < 0.001). D, IL-21 mRNA from 1 million PBMCs was measured by real-time RT-PCR in 10 subjects from each group of donors. The mRNA expression was normalized to GAPDH mRNA levels. IL-21 mRNA is shown in arbitrary units for each group of study participants. Important significantly different pairs of means are shown on the right side of the panels.
antiviral treatment. This rise in IL-21 concentration is accompanied by an increase in the number of CD4+ T cells in most patients posttherapy. Interestingly, at the time points at which IL-21 concentrations start augmenting posttreatment, we also observe the beginning of a decline in plasma viral loads in these patients.

CD4+ T cells from HIV-infected patients have a decreased ability to produce IL-21

A significant positive correlation between CD4+ T cell counts and serum IL-21 concentrations, observed above, suggests that a depletion of CD4+ T cells plays a role in decreased serum concentrations of the cytokine. However, decreased serum concentrations may also result from reduced production of the cytokine by CD4+ T cells. Therefore, we compared the cytokine-producing capacities of cells from HIV-infected subjects and from healthy subjects. For this purpose, we isolated PBMCs from HIV-infected and healthy control subjects, then cultured them in vitro in the presence of ionomycin (1 μg/ml). Next, we stained the cells for CD3, CD4, and intracellular IL-21 and examined them by flow cytometry, as shown in Fig. 4A. As seen in Fig. 4B, the expression of IL-21 was very low in PI and CI patients, compared with healthy subjects (p < 0.001). The average level of the cytokine in CI-H patients was elevated. Nevertheless, the levels of IL-21 still remained significantly lower (p < 0.01) in patients receiving HAART than in healthy donors. The average IL-21 level for LTNP was significantly higher (p < 0.01) than that for either the CI or the PI patients. A progressive increase in the average intracellular levels of the cytokine in CD4+ T cells from NP to EC was also observed (Fig. 4C). The SP and EC patients also had elevated levels of IL-21 in CD4+ T cells, compared with those seen in other groups (Fig. 4C). No positive signal for intracellular IL-21 was observed in CD3+CD4+ T cells and CD3- cells in the PBMCs from HIV-infected as well as from HIV-seronegative healthy individuals (data not shown).

We also measured IL-21 mRNA expression by quantitative real-time RT-PCR in PBMCs obtained from different groups of patients, and normalized it with respect to the mRNA of a housekeeping gene, GAPDH. As shown in Fig. 4D, the expression of IL-21 mRNA is very low in PI and CI patients compared with healthy subjects (p < 0.001). The average level of the cytokine mRNA in CI-H patients was elevated and was not statistically different (p > 0.05) from that found in NP patients. Of note, SP and EC patients, compared with other groups of patients, had elevated levels of the cytokine mRNA. Again, EC expressed the same amount of IL-21 mRNA as that seen in healthy donors (Fig. 4D). In general, the IL-21 mRNA-producing abilities of the PBMCs are in accord with intracellular expression of the cytokine in CD3+CD4+ T cells in all groups of donors. Taken together, these data suggest that low serum levels of IL-21 are also due to an attenuated ability of the PBMCs, and more specifically of CD3+CD4+ T cells, to produce IL-21 in HIV-infected patients. The results also indicate that these cells in the EC group maintain their ability to produce IL-21 at normal levels.

HIV infection decreases the ability of human CD4+ T cells to produce IL-21

The decreased ability of CD4+ T cells to produce IL-21 in HIV-infected individuals prompted us to investigate the effect of HIV infection on these cells. For this purpose, we performed in vitro infection of human CD4+ T cells purified from PBMCs after their activation with PHA and IL-2 for 72 h. The PBMCs were obtained from HIV-seronegative healthy donors. The cells were infected with a T-tropic HIV-1 strain (NL4.3) with a multiplicity of infection of 1. The infected cells were cultured for different lengths of time in the presence of ionomycin (1 μg/ml). At each time point, the numbers of viable cells were counted by Trypan blue exclusion, and the culture supernatants were collected and centrifuged to remove debris. The IL-21 concentrations of the

![Figure 5](http://www.jimmunol.org/)

**FIGURE 5.** Effect of HIV infection on IL-21 production in CD4+ T cells. A, Human CD4+ T cells were purified from PHA and IL-2–activated PBMCs, infected in vitro with a T-tropic HIV strain (NL4.3), washed, and cultured for different lengths of time in the presence of ionomycin (1 μg/ml) with and without 3TC (200 nM). The IL-21 secretion was measured in the culture supernatants with an ELISA kit. At each time point, the numbers of live cells were counted in the microcultures. The cytokine concentration was normalized with the number of live CD4+ T cells at each point. Concentrations of the cytokine in the culture supernatants are shown at the indicated time points. B, IL-21 mRNA levels in HIV-infected and mock-infected CD4+ T cells normalized to the GAPDH mRNA levels and the number of live CD4+ T cells in arbitrary units. C, Effect of in vitro HIV infection and 3TC (200 nM) on IL-21 production (72 h postinfection) from human CD4+ T cells. The cytokine concentration was normalized with the number of live CD4+ T cells. D, Effect of the infection and 3TC on IL-21 mRNA expression in human CD4+ T cells normalized to the GAPDH mRNA levels and the number of live CD4+ T cells in arbitrary units. Essentially, similar results were obtained with three different healthy donors.
culture supernatants were measured by ELISA, and IL-21 mRNA was measured by real-time RT-PCR. As shown in Fig. 5A, we observed a progressive decrease of IL-21 secretion from HIV-infected PBMCs, especially 48 h (\(p < 0.01\)) and 72 h postinfection (\(p < 0.001\)). We also measured IL-21 mRNA expression in vitro postinfection at each time point and observed a progressive decline in IL-21 mRNA production in the infected cells (\(p < 0.001\)) (Fig. 5B). To determine whether HIV replication was necessary for decreased IL-21 production, we infected PBMCs with and without 3TC; a nucleoside reverse transcriptase inhibitor known to block viral replication (31). The treatment with 3TC restored IL-21 production in the cell culture supernatants (\(p < 0.01\)) as well as

**FIGURE 6.** HIV infection reduces expression of the transcription factor c-Maf. A, Human CD4⁺ T cells were isolated from human PBMCs after 72 h activation with PHA (10 \(\mu\)g/ml) and IL-2 (100 U/ml). The cells were infected in vitro with a T-tropic HIV strain (NL4.3) and cultured at 37°C in humidified 5% CO₂ atmosphere in the presence of ionomycin (1 \(\mu\)g/ml) for 48 h. Brefeldin A (1 \(\mu\)g/ml) was added to the cell cultures for the last 2 h. Postincubation, the cells were harvested, washed, and stained extracellularly for CD3 and intracellularly for HIV-1 p24 and IL-21, c-Maf, or IFN-γ. The upper two panels show the gating strategy. R1 indicates CD3⁺p24⁻ cells selected from mock-infected cell cultures. R2 and R3 indicate the gates for CD3⁺p24⁻ and CD3⁺p24⁺ cells from HIV-infected cell cultures, respectively. The gated cells were analyzed for expression of intracellular IL-21, c-Maf, and IFN-γ. For each analysis, 10,000 gated cells were analyzed. The shaded area in each histogram indicates staining with an isotype-matched control Ab. The percentage of cells positive for each marker is indicted in the respective panel. Note a downregulation of IL-21 and c-Maf but not of IFN-γ in CD3⁺p24⁺ cells. B, Western blots for expression of c-Maf and GAPDH in lysates from HIV-infected and mock-infected CD4⁺ T cells at the indicated time points. C, Ratios between c-Maf and GAPDH expression after densitometric measurements of the Western blot bands shown in B. Essentially similar results were obtained with three different healthy donors.
IL-21 mRNA production in PBMCs (p < 0.001) (Fig. 5C, 5D). A reduced production of the cytokine was also observed when activated PBMCs from HIV-seronegative healthy subjects were infected in vitro with HIV-1 (shown in Supplemental Fig. 6). Taken together, these data suggest that HIV replication has a direct suppressive effect on IL-21 production in CD4+ T cells at mRNA and protein levels.

**HIV infection decreases the expression of the transcription factor c-Maf**

We next wanted to investigate the mechanism involved in the HIV-induced downregulation of IL-21 in CD4+ T cells. Recent studies have shown that expression of c-Maf, the cellular homolog of the avian viral oncogene v-Maf and the first identified Th2-type cytokine-specific transcription factor, is needed for activation of the IL-21 gene in CD4+ T cells (27, 32). The lack of expression of this factor has been shown to cause a drastic downregulation of IL-21 production in CD4+ T cells (27). Therefore, we sought to determine whether HIV infection affected c-Maf expression. To this end, we performed in vitro infection of CD4+ T cells purified from PHA and IL-2–activated PBMCs obtained from healthy donors with HIV-1, as described in Materials and Methods. After 24 h, the cells were analyzed for their intracellular expression of cMaf, IFN-γ, and IL-21. As shown in Fig. 6A, infection with HIV-1 decreased the production of c-Maf as well as of intracellular IL-21, compared with mock-infected cells, but not of intracellular IFN-γ. We also verified the decreased expression of c-Maf in the infected cells by Western blots at different time points postinfection (Fig. 6B). In these experiments, we measured the expression of c-Maf relative to the expression of the housekeeping gene GAPDH by densitometry of their respective bands. The ratios between the expression of IL-21 and GAPDH at each time point are depicted in Fig. 6C. These data clearly show that the expression of c-Maf increased with time in mock-infected cells, which correlates with a progressive increase in IL-21 levels secreted in the cell supernatants (Fig. 5A). Note that these cells have been cultured in the presence of ionomycin. However, the infection caused a progressive decrease in the expression of this factor in purified CD4+ T cells. Fig. 6A also shows that HIV infection of CD4+ T cells does not affect their IFN-γ production. Furthermore, it reveals that in HIV-infected CD4+ T cell cultures, noninfected cells (CD3+ p24- cells) retain their ability to produce IL-21 and maintain normal expression of c-Maf. Taken together, these data suggest that HIV-induced decreased expression of IL-21 is mediated, at least in part, by decreased expression of c-Maf, and it happens only in virus-infected cells, not in noninfected bystander cells.

**Inhibition of c-Maf expression by siRNA downregulates intracellular expression of IL-21**

We further sought to determine whether inhibition of c-Maf expression results in decreased expression of IL-21 in human CD4+ T cells. For this purpose, we isolated human CD4+ T cells from PBMCs obtained from HIV-seronegative healthy subjects. We transfected them with a c-Maf–specific or control siRNA (both from Santa Cruz Biotechnology), as described in Materials and Methods. Transfection of the siRNA vector resulted in ~80–90% decrease in the expression of c-Maf in the transfected cells (Fig. 7A and data not shown). We cultured the transfected cells in vitro in the presence of ionomycin (1 μg/ml) for 24 h and then harvested the cells. The cells were washed and divided into aliquots. The aliquots were stained intracellularly for IL-21, IL-2, or IL-4. As shown in Fig. 7B, the c-Maf siRNA–transfected cells downregulated their expression of IL-21 and IL-4, but not of IL-2. These and previous results suggest that c-Maf–specific siRNA and HIV-1 infection both induced downregulation of c-Maf, which specifically downregulated the expression of c-Maf–regulated genes (IL-21 and IL-4) but not of c-Maf–unaffected genes (IL-2 and IFN-γ).

**Loss of IL-21–producing HIV-specific CD4+ T cells in HIV-infected individuals**

We compared percentages of IL-21– and IFN-γ–producing Ag-experienced HIV-1 and HCMV-specific CD4+ T cells after in vitro stimulation of PBMCs with viral lysates, as detailed in Materials and Methods. The results from five HIV-infected HAART-naive viremic individuals (different from those participating elsewhere in this study) and five HIV-seronegative healthy controls are shown in Table II. The mean percentages of all subsets of HIV-specific IL-21–producing Ag-experienced CD4+ T cells are significantly reduced (p < 0.01) compared with HCMV-specific cells in HIV-infected individuals. However, we did not observe a significant difference between mean percentages of HIV-specific and HCMV-specific IFN-γ–producing cells in HIV-infected individuals. Only one subset of HCMV-specific Ag-experienced CD4+ T cells (CD27+ CD45RA-CCR7+) were significantly reduced (p < 0.01) in HIV-infected individuals, compared with the same subset in healthy donors.

**FIGURE 7.** Inhibition of c-Maf expression in human CD4+ T cells downregulates IL-21 expression. CD4+ T cells were isolated from the PBMCs of an HIV-seronegative healthy donor, using a kit. The cells were transfected with c-Maf–specific or control siRNA duplexes. Posttransfection, the cells were cultured in vitro with ionomycin (1 μg/ml). After 24 h, the cells were treated for 4 h with brefeldin A, washed with PBS, and divided into three aliquots. Each aliquot was stained intracellularly for IL-21, IL-2 (negative control), or IL-4 (a positive control). A, Expression of c-Maf and GAPDH by Western blots in untransfected CD4+ T cells (lane 1), the control siRNA-transfected cells (lane 2), and c-Maf siRNA-transfected cells (lane 3). B, Expression of intracellular IL-21, IL-2, or IL-4 in the transfected cells. The shaded area in each panel indicates staining for an isotype-matched control Ab. Note that a diminished expression of c-Maf results in a decreased expression of IL-21 and of another c-Maf–regulated cytokine, IL-4, but not of IL-2, which is not regulated by c-Maf.
IL-21 increases survival of CD4+ T cells

Studies have shown that members of the γ-chain–using cytokine family (like IL-7 and IL-15) play a crucial role in the survival of T cells (33, 34). Furthermore, it is also known that circulating lymphocytes (including both CD4+ T cells and CD8+ T cells) from HIV-infected individuals undergo accelerated spontaneous apoptosis, compared with cells from HIV-seronegative healthy individuals, when these cells are cultured ex vivo under suboptimal conditions (e.g., reduced serum concentrations) (33–35). Therefore, we sought to investigate whether IL-21 could promote CD4+ T cell survival in HIV-infected individuals. For this purpose, PBMCs from healthy and HIV-infected patients were isolated and cultured ex vivo in the medium RPMI 1640 with 1% FCS with and without IL-21. After 72 h, the cells were harvested and stained for CD3, CD4, and 7-AAD. The percentages of dead (positive for 7-AAD) CD3+CD4+ cells were determined by flow cytometry. Fig. 8B shows cell death in CD3+CD4+ T cells with and without IL-21 addition in three healthy and three HIV-infected donors. The addition of IL-21 reduced cell death in CD3+CD4+ T cells in all healthy and HIV-infected donors. The average percentages of live CD4+ T cells with and without the cytokine addition for healthy and HIV-infected donors are shown in Fig. 8C. It is noteworthy that IL-21 restores the percentage of live CD4+ T cells comparable to that seen in IL-21–treated PBMCs obtained from HIV-seronegative healthy donors. The cytokine increased the percentages of live CD4+ T cells by 2.5-fold in PBMC cultures from healthy donors, whereas the increase was ~6.0-fold in PBMC cultures from HIV-infected donors. Taken together, these data show that IL-21 exerts a prosurvival effect on CD4+ T cells from both healthy and HIV-infected patients.

Expression of IL-21R increases on CD4+ T cells in HIV-infected individuals

Decreased production of a cytokine often results in increased expression of its receptor on target cells. Therefore, we investigated whether a decreased production of IL-21 in HIV-infected individuals affects the expression of the cytokine receptor on CD4+ T cells. It is noteworthy that CD4+ T cells not only are major producers of the cytokine but also are its major target cells in the body. We compared the expression of the IL-21R on PBMCs obtained from HIV-infected and control subjects by flow cytometry after staining them for different fluorochrome-conjugated Abs against CD3, CD4, and IL-21Rα-chain. As shown in Fig. 9, CD3+CD4+ T cells from HIV-infected individuals demonstrate increased expression of the receptor, compared with cells from HIV-seronegative healthy individuals. Expression is significantly higher (p < 0.01) on CD4+ T cells from PI and CI patients than on cells from HIV-seronegative healthy controls.

HIV-infected individuals with higher serum levels of IL-21 have higher frequencies of HIV-specific CTL

We measured the frequencies of HIV-specific CTL (CD3+CD8+ T cells) expressing IFN-γ, IL-2, and IFN-γ and IL-2 in vitro, with and without IL-21. As shown in Table II, HIV-infected individuals with higher serum levels of IL-21 had significantly higher frequencies of these cytokine double producers, compared with those observed in HIV-seronegative healthy donors. In addition, IFN-γ and IL-2 were significantly higher (p < 0.05) in HIV-infected patients with high levels of serum IL-21 than in HIV-infected individuals with low serum cytokine levels (Fig. 10B, 10C). These data suggest that IL-21 promotes higher frequencies, as well as functionality, of HIV-specific CTL in HIV-infected individuals.

Discussion

The present study confirms earlier results from our laboratory (26), in which we showed decreased serum levels of IL-21 in HIV-infected individuals compared with those observed in HIV-seronegative healthy subjects. However, the earlier study was based only on a limited number of sera taken from a cross section of patients with chronic HIV infection. We extended our investigations to larger cohorts of patients, encompassing those with PI, CI, CI-H, and different categories (NP, SP, and EC) of LTNP. We also performed longitudinal studies on patients with PI who were or were not receiving HAART. Our results show for the first time that IL-21 production becomes compromised in early stages of the infection. Sera from all groups of HIV-infected patients showed decreased concentrations of the cytokine, compared with sera from HIV-seronegative healthy subjects. In this regard, only EC did not show a significant decrease in IL-21 levels in their sera. Longitudinal studies, as well as comparison between CI patients with and without HAART, revealed that HAART tended to increase serum concentrations of the cytokine, but only partially. Consistent with our results, partial restoration of other cytokines like IL-2 and IL-15 has also been observed in HIV-infected patients upon receiving HAART (36–39).

In all groups of HIV-infected individuals studied, we observed a strong correlation between CD4+ T cell counts and serum IL-21 concentrations. The correlation was also observed when serum IL-21 levels and CD4+ T cell counts of all HIV-infected patients were taken into consideration irrespective of clinical stage and HAART. These results strongly suggest that serum IL-21 levels could be used as surrogate markers for monitoring loss of CD4+ T cells, disease progression, and immune reconstitution in HIV-infected individuals.

Table II. Cytokine production by HCMV- and HIV-1–specific Ag-experienced CD4+ T cells in viremic patients

<table>
<thead>
<tr>
<th>Donors</th>
<th>Stimulation</th>
<th>CD27+CD45RA-CCR7+</th>
<th>CD27+CD45RA-CCR7+</th>
<th>CD27-CD45RA-CCR7+</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>IFN-γ*</td>
<td>IL-21*</td>
<td>IFN-γ*</td>
</tr>
<tr>
<td>Healthy</td>
<td>PBS</td>
<td>0.18 ± 0.05</td>
<td>0.16 ± 0.05</td>
<td>0.19 ± 0.05</td>
</tr>
<tr>
<td></td>
<td>CMV</td>
<td>0.65 ± 0.12</td>
<td>0.52 ± 0.08</td>
<td>0.66 ± 0.18</td>
</tr>
<tr>
<td></td>
<td>HIV-1</td>
<td>—</td>
<td>—</td>
<td>—</td>
</tr>
<tr>
<td>Patients</td>
<td>PBS</td>
<td>0.21 ± 0.01</td>
<td>0.18 ± 0.06</td>
<td>0.22 ± 0.01</td>
</tr>
<tr>
<td></td>
<td>CMV</td>
<td>0.48 ± 0.13</td>
<td>0.62 ± 0.18</td>
<td>0.54 ± 0.11</td>
</tr>
<tr>
<td></td>
<td>HIV-1</td>
<td>0.67 ± 0.16</td>
<td>0.22 ± 0.08</td>
<td>0.58 ± 0.08</td>
</tr>
</tbody>
</table>

Percentages of the indicated producing cells of three different subsets of Ag-experienced CD4+ T cells were determined 10 h after stimulation of patients’ PBMCs with PBS, HCMV lysate, or HIV-1 lysate. The table shows mean ±SD of percentages of the cells from five healthy and five HIV-infected HAART-naive viremic donors.
These surrogate markers could be of great value when researchers and clinicians may have access only to serum samples from the patients. Furthermore, these results also indicate that depletion of CD4+ T cells, which is a hallmark of AIDS, contributes toward decreased concentrations of the cytokine in the circulation of HIV-infected individuals.

In this paper, we have shown that CD4+ T cells from HIV-infected individuals have a reduced ability to produce this cytokine, compared with their counterpart cells from healthy donors. In HIV-infected individuals, the frequencies of all major Ag-experienced HIV-specific IL-21–producing CD4+ T cell subsets (CD27+CD45RA−CCR7+, CD27+CD45RA−CCR7−, and CD27−CD45RA−CCR7−) were significantly decreased compared with the same subsets of HCMV specificity. Interestingly, the IFN-γ–producing HIV-specific Ag-experienced CD4+ T cell subsets did not differ in frequency from their counterpart cells of HCMV specificity. These data suggest that HIV infection causes depletion of IL-21–producing Ag-experienced cells of only HIV specificity.

**FIGURE 8.** IL-21 is a prosurvival factor for CD4+ T cells. A, PBMCs cultured in the medium supplemented with 10% FCS were stained with 7-AAD and used in a flow cytometer to set gates for live CD3+CD4+ T cells. B, PBMCs from three different healthy donors (D1, D2, and D3) and three HIV-infected viremic patients naive for HAART (P1, P2, and P3) were isolated and cultured for 72 h in RPMI 1640 supplemented with 1% FCS with or without IL-21 (15 μM). The cells were then harvested, stained with a mixture of Abs containing FITC-conjugated anti-CD4, PE-conjugated anti-CD3 Abs, and 7-AAD. The cells were washed, resuspended in PBS, and subjected to analysis by flow cytometry, counting 10,000 gated events. Cell death (positivity for 7-AAD) was measured by flow cytometry in CD3+CD4+ cells. The percentages of CD3+CD4+ T cells stained for 7-AAD are shown in each panel. C, Average percentages and SD of live CD3+CD4+ T cells with or without treatment with IL-21 are shown for HIV-infected and CONT donors.
Although our data from in vitro studies on HIV-infected CD4+ T cells show that HIV infection does not affect IFN-γ production in infected cells, ex vivo studies on PBMCs from HIV-infected individuals reveal that the frequencies of these cytokine-producing CD4+ T cells of the CD27-CD45RA-CCR7- phenotype are reduced in HIV-infected individuals compared with their counterpart cells from healthy donors. This difference may be attributed to the fact that in vivo many virus-induced host factors may also affect production of this and other cytokines. It is noteworthy that the CD27-CD45RA-CCR7- subset of CD4+ T cells is fully differentiated and produces maximum quantities of IFN-γ (40). Further studies are needed to determine what causes the reduced frequencies of IL-21–producing HIV-specific Ag-experienced CD4+ T cells in HIV-infected individuals.

We have shown in this study for the first time that in vitro infection of human CD4+ T cells reduces their ability to produce this cytokine. This may explain, at least in part, the compromised ability of CD4+ T cells from HIV-infected patients to produce this cytokine. However, it is noteworthy that not all CD4+ T cells in the circulation are infected with the virus (35). It is highly probable that one or more immunosuppressive cytokines (IL-10, TGF-β, etc.), which predominate in the circulation of HIV-infected patients (41, 42), may have downregulated the ability of CD4+ T cells to produce IL-21. Clearly further studies are needed to investigate these aspects of the cytokine’s role in HIV infection.

It is well known that the transcription factor c-Maf plays a major part in the transcriptional activation of the IL-21 gene (27). c-Maf knockout mice have drastically decreased levels of IL-21 in their circulation (27). c-Maf represents the cellular homolog of the viral oncogene v-Maf and was the first factor identified to be involved in the production of Th2-type cytokines. This factor regulates mainly cytokine production at the level of transcription. Enhanced production of c-Maf leads to an increase in IL-21 in CD4+ T cells (27, 32). Therefore, we sought to determine whether HIV-induced decreased production of this cytokine from human CD4+ T cells was due to any effect of the infection on this factor. The experiments indeed show that HIV infection of human PBMCs and CD4+ T cells in vitro results in reduced production of c-Maf. The downregulation occurs only in virus-infected cells, not in uninfected bystander cells. Our results are supported by our in vitro studies, in which a downregulation of c-Maf expression by siRNA caused a downregulation of IL-21 as well as another cytokine, IL-4, which is known to be positively regulated by the transcription factor (32). Interestingly, viral replication was needed for a reduced expression of IL-21 as well as c-Maf (Fig. 6). This is supported by our results that heat- and UV-inactivated HIV-1 preparations did not reduce IL-21 production from human PBMCs (data not shown). These results unravel the molecular mechanism underlying decreased production of this cytokine in HIV-infected individuals.

A decreased ex vivo survival of different lymphocytes from HIV-infected individuals has been well documented (33, 34, 43). CD4+ T cells are also targeted by the virus; therefore, depletion of these cells in the circulation of HIV-infected individuals is considered an AIDS-defining condition (25, 43). The restoration of these cells in HIV-infected AIDS patients is a real challenge. The use of HAART is highly effective in these patients in reducing viral load but is very slow in restoring CD4+ T cell counts to their physiological levels. This finding has led researchers to consider using immune-enhancing cytokines like IL-2, IL-15, IL-7 as therapeutic agents (17, 44–47). In this regard, our in vitro results demonstrate that IL-21 has the ability to prevent cell death in CD4+ T cells, and in ex vivo cultures it maintains the numbers of live cells to the levels seen in cultures of HIV-seronegative healthy donors (Fig. 8B). The prosurvival effects of the cytokine for CD4+ and CD8+ T cells have been demonstrated earlier (48). These workers showed that IL-21 activates PI-3K, increases Bcl-2 expression, and prevents decrease in cell size and spontaneous cell death in human T cells when cultured ex vivo. Our results demonstrate that the prosurvival effects of the cytokine on CD4+ T cells from HIV-infected individuals are greater than those on cells from HIV-seronegative healthy subjects. The cytokine induces a larger (6-fold) increase in the number of live CD4+ T cells from HIV-infected patients than that seen (2.5-fold) in HIV-seronegative healthy donor cultures. At least in part, this could be due to upregulated expression of the cytokine receptor on CD4+ T cells in HIV-infected individuals. These results suggest that decreased ex vivo survival of CD4+ T cells from HIV-infected patients may be a consequence of their decreased production of this cytokine. The cytokine may represent an appropriate immunotherapeutic tool for restoring survival of CD4+ T cells and other lymphocytes, hence enhancing their immune reconstitution in HIV-infected patients.

Studies have shown that IL-21 has many immune-enhancing effects. It increases the cytotoxic potential of CD8+ effector T cells by inducing perforin expression. The cytokine also activates NK cells and increases their degranulation ability (49, 50). Lower levels of the cytokine in HIV-infected individuals could result in compromised effector functions of these immune cells. Indeed, a decreased expression of perforin in these cells in HIV-infected individuals has been described (40). Further studies are needed to appreciate and understand the full spectrum of effects exerted by reduced production of this cytokine in HIV-infected individuals. Reduced levels of the cytokine may adversely affect survival, as well as the proliferation and functions of other immune cells such as CD8+ T cells and NK cells. Indeed, we have shown in this paper that increased serum levels of IL-21 are associated with higher frequencies and better functioning of HIV-specific CTL in HIV-infected individuals. Thus, a deficiency of the cytokine may adversely affect the ability of an individual to control the infection. Recent in vivo studies in mice have clearly demonstrated the indispensability of IL-21 in controlling chronic viral infections (14–16). A compromised production of IL-21 may be at least one reason why humans cannot efficiently control HIV infection.

Finally, it may be worth mentioning that IL-21, compared with other cytokines, is well tolerated by humans and is currently being tested for immunotherapy against melanoma and renal cell carcinoma in clinical trials (51, 52). Our studies suggest that it should be considered an immunotherapeutic tool in HIV-infected individuals.
FIGURE 10. HIV-infected individuals with higher serum levels of IL-21 have higher frequencies of HIV-specific CTL. Ten million PBMCs from each HIV-infected or CONT subject were incubated for 10 h in the culture medium containing a pool of 20-mer overlapping peptides corresponding to the HxB2 Gag protein. Postincubation, the cells were stained with FITC-conjugated anti-CD8 and PE-Cy7–conjugated anti-CD3 Abs. The cells were also stained intracellularly with APC-conjugated anti–IL-2 and PE-conjugated IFN-γ Abs, and analyzed by flow cytometry. A, Gating of live cells for CD3⁺CD8⁺ T cells and their analyses for the intracellular expression of IL-2 and IFN-γ are shown. The panels show flow cytometric analysis for a typical HIV-infected individual and a typical CONT donor with HIV-1 peptide stimulation. B, Frequencies of HIV-specific CTL producing IL-2, IFN-γ, and both IL-2 and IFN-γ in response to HIV-1 peptides or a vehicle for HIV-infected individuals with high IL-21 serum levels (patient 1, 2, and 3 with 155, 210, and 189 pg/ml of IL-21, respectively) and low IL-21 serum levels (patient 4, 5, and 6 with 31, 18, and 29 pg/ml of IL-21, respectively). C, Comparisons are shown between HIV-infected individuals with low (L) levels of serum IL-21 and those with high (H) levels with regard to frequencies of different cytokine-producing, HIV-specific CD8⁺ T cells in response to HIV-1 peptides.
Acknowledgments

We thank Mario Legault for administrative coordination in obtaining blood specimens from HIV-infected patients.

Disclosures

The authors have no financial conflicts of interest.

References


