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Medroxyprogesterone Acetate Inhibits CD8⁺ T Cell Viral-Specific Effector Function and Induces Herpes Simplex Virus Type 1 Reactivation

Thomas L. Cherpes, James L. Busch, Brian S. Sheridan, Stephen A. K. Harvey, and Robert L. Hendricks

Clinical research suggests hormonal contraceptive use is associated with increased frequencies of HSV reactivation and shedding. We examined the effects of medroxyprogesterone acetate (MPA), the compound most commonly used for injectable hormonal contraception, on HSV type 1 (HSV-1) reactivation and CD8⁺ T cell function in murine trigeminal ganglia (TG). In ex vivo TG cultures, MPA dramatically inhibited canonical CD8⁺ T cell effector functions, including IFN-γ production and lytic granule release, and increased HSV-1 reactivation from latency. In vivo, MPA treatment of latently infected ovariectomized mice inhibited IFN-γ production and lytic granule release by TG resident CD8⁺ T cells stimulated directly ex vivo. RNA specific for the essential immediate early viral gene ICP4 as well as viral genome DNA copy number were increased in mice that received MPA during latency, suggesting that treatment increased in vivo reactivation. The increase in HSV-1 copy number appeared to be the result of a two-time effect, as MPA induced higher reactivation frequencies from latently infected explanted TG neurons in the presence or absence of CD45⁺ cells. Our data suggest hormonal contraceptives that contain MPA may promote increased frequency of HSV reactivation from latency through the combinatory effects of inhibiting protective CD8⁺ T cell responses and by a leukocyte-independent effect on infected neurons. The Journal of Immunology, 2008, 181: 969–975.

A key component for maintenance of HSV latency is host immunity. Although the increased severity of disease reported among HSV-infected immunocompromised patients suggests an integral role for cell-mediated immunity in the control of reactivation (13, 14), more recent data indicates that CD8⁺ T cells may be of particular importance in this process. In both experimental models and humans, CD8⁺ T cells retained in direct apposition to latently infected trigeminal ganglia (TG) neurons remain persistently activated (15, 16). In murine models of infection, HSV-specific CD8⁺ T cells are essential for the prevention of reactivation from latency both in vivo and in ex vivo TG cultures (15, 17–19). The HSV-specific CD8⁺ T cells retained in latently infected ganglia block reactivation through IFN-γ production (17, 20) and lytic granule release (our unpublished observation).

Many factors that induce HSV reactivation, such as UV radiation exposure and higher levels of physical or emotional stress, are also known to modulate the immune response (21–23). The female sex steroid progesterone modulates host immunity, inhibiting both T cell activation (24, 25) and proliferation (26), but its effects on HSV reactivation are largely unknown. The use of depot medroxyprogesterone acetate (MPA), an injectable, progestin-only hormonal contraceptive, was recently shown to be a risk factor for increased detection of HSV-2 in the female genital tract (27), but the mechanisms responsible for this observation was not elucidated.

We used a murine model of ocular HSV-1, in which latency is established in TG neurons by 10 days postinfection (dpi). Because HSV-specific CD8⁺ T cells are retained in close apposition to neurons for the life of the animal (15), we could investigate both the effects of MPA on CD8⁺ T cell function within the latently infected TG and on HSV-1 reactivation from latency. Our results demonstrate that MPA administration impairs viral specific CD8⁺ T cell effector function, and increases reactivation of HSV-1 from...
latency, at least in part, through a leukocyte-independent effect on infected neurons.

Materials and Methods

Mice and virus infection

All animal experiments were conducted according to the guidelines of the Institutional Animal Care and Use Committee of the University of Pittsburgh. Ovariectomized 5- to 6-wk-old female C57BL/6 mice were purchased from The Jackson Laboratory and provided a pellet diet devoid of estrogenic hormones (Verified Casein Diet 1 IF; LabDiet). After a 1-wk acclimation period, mice were anesthetized via i.p. injection of 2.0 mg ketamine/0.04 mg xylazine (Phoenix Scientific). Corneas of the sedated mice were scarified bilaterally, and 3 μl of RPMI 1640 (BioWhittaker) containing 1 × 10^5 PFU of wild-type HSV-1 strain RE was topically applied.

Reagents

TG culture medium consisted of DMEM (BioWhittaker) supplemented with 10% FBS (Atlanta Biologicals), 100 IU/ml penicillin G, 50 mg/ml streptomycin, and 10 U/ml recombinant IL-2 (R&D Systems). The antiviral drug acyclovir (American Pharmaceuticals Partners) was added, where indicated, to TG cultures at a concentration of 50 μg/ml. For ex vivo TG cultures, stock solutions of MPA (Spectrum) were solubilized in DMSO (Sigma-Aldrich) at a concentration of 10^-2 M, and working solutions were diluted in TG culture medium (DMSO concentration in working solutions was <0.001%). The final concentrations of MPA in the ex vivo TG cultures were within pharmacologic serum concentrations of the drug (28). For in vivo treatment, latently infected mice were implanted with 21-day sustained-release pellets containing 10.0 or 50.0 mg of MPA or matching placebo pellets (Innovative Research of America). These mice were anesthetized by administration of ketamine/xylazine i.p., and pellets placed in s.c. tissue behind the neck via suprascapular incision. Surgical wounds were closed with 3–0 Vicryl (Ethicon, and mice were examined daily to confirm well being and pellet retention. All Abs were purchased from BD Pharmingen unless otherwise indicated.

Single cell TG suspensions

TG of mice latently infected with HSV-1 were excised and dissociated with 400 U/ml collagenase type I (Sigma-Aldrich) into single cell suspensions as previously described (29). Where indicated, TG cell suspensions were depleted of CD45^+ cells by sequential treatment with mAbs specific for CD45 (30-F11) and rabbit complement (Cedarlane Laboratories) (30, 31). Depletion of CD45^+ cells was confirmed by flow cytometric analysis.

Analysis of the TG inflammatory cell infiltrates

At >35 dpi, TG were excised, dispersed into single cell suspensions, and stained with PerCP-conjugated anti-CD45 (30-F11), Pacific Blue-conjugated anti-CD8α (53-6.7; eBioscience), and PE-conjugated H-2K^d dimers (BD Pharmingen) or tetramers (NIAD Tetramer Facility) containing the immunodominant glycoprotein B gB_{498–505} peptide (SSIEFARL; Invitrogen) (32).

Cytokine and chemokine detection in TG culture supernatant

At 35–40 dpi, TG cultures (1.0 TG equivalent per well of a 24-well culture plate) were incubated in TG culture medium containing acyclovir for 5 days at 37°C/5% CO_2. Cytokine arrays were performed on collected supernatants using Beadlyte Mouse 21-Plex Cytokine Detection (Upstate Biotechnology) and LumineX 100 xMAP systems according to the manufacturers’ instructions. Quantification of cytokine and chemokine concentrations was performed by regression analyses from standard curves generated from standards supplied by the manufacturer.

Ex vivo CD8^+ T cell responses

At >35 dpi, single cell TG suspensions were stimulated for 6 h with 5 × 10^6 HSV-1-infected targets (B6WT3 fibroblast cell line infected at a multiplicity of infection of 5) at 37°C/5% CO_2 in the presence of FITC-conjugated anti-CD107a (1D4B) and Golgi-Plug (BD Pharmingen). Following stimulation, cells were stained with PerCP-conjugated anti-CD45 (30-F11) and Pacific Blue-conjugated anti-CD8α (53-6.7; eBioscience). Following treatment with Cytofix/Cytoperm (BD Pharmingen), intracellular cytokine staining with allophycocyanin-conjugated anti-IFN-γ (XMG1.2) and PE-conjugated anti-TNF (MP6-XT22) was performed. Appropriate isotype control Abs were included.

CD8^+ T cell response to latently infected neurons

At 35–40 dpi, pooled TG cells were suspended in TG medium supplemented with acyclovir, or vehicle only, and incubated at 37°C/5% CO_2 (1.0 M MPA or vehicle alone. After 5 days of incubation, the supernatants from MPA- and vehicle-treated ex vivo cultures.
the cells using QIAshredder and RNeasy kits (Qiagen), according to the manufacturer’s instructions. cDNAs were then generated from the extracted RNA using a high-capacity cDNA archive kit (Applied Biosystems), also according to the manufacturer’s instructions. Quantitative real-time PCR analysis for message transcripts used ABI primer-probe kits for the mouse housekeeping gene encoding pyruvate carboxylase (catalog no. Mn0050092_m1) and for the HSV-1 immediate early gene ICP4. The custom-synthesized ICP4 sequences were the following: forward primer 5’-GCAGCAGTACGCCCTGA-3’, reverse primer 5’-CGGGCGCTCTGCGT-3’, and probe 5’-(FAM) CACCGCGGCTGCTGTACA (NFQ)-3’.

Quantitative real-time PCR assays were performed as previously described (29), and ICP4 viral transcript levels were determined by the mean difference between levels measured from samples in which reverse transcriptase was included (positive reverse transcriptase) and samples in which reverse transcriptase was excluded (no reverse transcriptase controls).

Quantification of TG HSV-1 genome copy number

HSV-1 genome copy number per TG was determined by real-time PCR quantification of the HSV-1 glycoprotein H gene (18). Total DNA per TG was isolated using DNeasy columns (Qiagen), and quantified spectrophotometrically. Using real-time PCR, 25 ng of DNA was amplified using TaqMan Universal PCR Master mix (Roche) and a glycoprotein H-specific primer-probe set (Assays-by-Design Service; Applied Biosystems). Samples were assayed in 96-well plates using an Applied Biosystems Prism 7700 sequence detector. The number of viral glycoprotein H copies per sample was determined from standard curves generated from known standards, and the number of copies of viral genome per TG was calculated based on the total DNA extracted from each TG. The glycoprotein H sequences were the following: forward primer 5’-CGACCACCAGAAAAC CCTCTTT-3’, reverse primer 5’-ACGCTCTCGTCTAGATCAAAGC-3’, and probe 5’-(FAM) TCCGGACCATTTTC (NFQ)-3’.

FIGURE 3. In vivo MPA treatment decreases CD8⁺ T cell function in response to infected targets. Latently infected ovariectomized mice (35 dpi) were treated with MPA or matching placebo pellets as described in Fig. 1. Fourteen days after pellet implantation, single cell suspensions of TG from individual mice were stimulated directly ex vivo for 6 h with histocompatible fibroblasts infected with HSV-1. CD8⁺ T cells were analyzed for lytic granule release (CD107a) and IFN-γ and TNF production. Data are presented as mean ± SEM of the percentage of IFN-γ-, CD107a-, or TNF-positive CD8⁺ T cells in each treatment group. *, p < 0.05; and **, p < 0.01, as evaluated by ANOVA and Tukey’s multiple comparison tests.

Quantification of TG ICP4 HSV-1 transcripts

At 4 dpi (acute infection) or 32 dpi (latent infection), TG were excised and disassociated into single cell suspensions. Total RNA was extracted from the cells using QIAshredder and RNeasy kits (Qiagen), according to the manufacturer’s instructions. cDNAs were then generated from the extracted RNA using a high-capacity cDNA archive kit (Applied Biosystems), also according to the manufacturer’s instructions. Quantitative real-time PCR analysis for message transcripts used ABI primer-probe kits for the mouse housekeeping gene encoding pyruvate carboxylase (catalog no. Mn0050092_m1) and for the HSV-1 immediate early gene ICP4. The custom-synthesized ICP4 sequences were the following: forward primer 5’-GCAGCAGTACGCCCTGA-3’, reverse primer 5’-CGGGCGCTCTGCGT-3’, and probe 5’-(FAM) CACCGCGGCTGCTGTACA (NFQ)-3’.

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FIGURE 4. MPA impairs effector function of CD8⁺ T cells interacting with HSV-1 latently infected neurons in ex vivo TG cultures. Single cell suspensions of pooled TG (1.0 TG equivalent) from mice latently infected with HSV-1 (35–40 dpi) were incubated for 96 h in TG medium supplemented with acyclovir and 10⁻⁸ or 10⁻¹⁰ M MPA or vehicle alone. Endogenous CD8⁺ T cells were assayed for lytic granule release (CD107a) and IFN-γ and TNF production. A, Representative dot plots demonstrate similar numbers of CD8⁺ T cells from TG cultures treated with vehicle or MPA. B, Representative histograms of CD8⁺ T cell effector function are demonstrated for the response to latently infected neurons seen in TG cultures treated with vehicle or 10⁻¹⁰ MPA. C, Data representing three experiments are shown illustrating the percentage of CD107a expression and IFN-γ and TNF production by CD8⁺ T cells for each of the culture conditions tested. Error bars denote SEM. ***, p < 0.001, as evaluated by ANOVA and Tukey’s multiple comparison tests.
**MPA and HSV-1 reactivation**

*To determine whether MPA inhibits CD8* 

**MPA suppresses CD8**

with collagenase. The entire cell suspension was then processed 50.0 mg) or matching placebo pellets. Fourteen days after pellet placement, TG from individual mice were excised and dispersed with collagenase. The entire cell suspension was then processed and analyzed for total number of CD8+ T cells as well as the percentage of CD8+ T cells specific for HSV-1 (H2-Kb/B2m dimer positive). Neither MPA treatment concentration significantly affected the total number of TG CD8+ T cells or the percentage of CD8+ T cells that were HSV-specific (Fig. 1).

**MPA inhibits cytokine and chemokine production in ex vivo cultures of latently infected TG**

TG from mice latently infected with HSV-1 (>35 dpi) were excised, dispersed into single cell suspensions, and incubated in TG medium containing 10−10 M MPA or vehicle alone. After 5 days of incubation, individual culture supernatants were removed and assayed for cytokines or chemokines using multiplex detection system technology. Compared with controls, supernatants from MPA-treated cultures contained significantly lower levels of IFN-γ and TNF (Fig. 2). HSV-specific CD8+ T cells are considered necessary for the maintenance of HSV-1 latency (17), and these two cytokines are important mediators of T cell effector function.

**In vivo MPA impairs the function of TG-resident CD8+ T cells**

Because CD8+ T cells produce the majority of IFN-γ detected in latently infected TG cultures (20), we next sought to determine the effect of MPA treatment on the function of TG resident HSV-specific CD8+ T cells. Ovariectomized mice harboring latent HSV-1 (35 dpi) were treated for 14 days with sustained release pellets containing MPA (10.0 or 50.0 mg) or matching placebo pellets. TG were then excised, dispersed into single cell suspensions, and stimulated directly ex vivo with HSV-1-infected targets. CD8+ T cells were analyzed for IFN-γ and TNF production and lytic granule release (CD107a surface expression) (33). As shown in Fig. 3, both in vivo doses of MPA significantly reduced IFN-γ and TNF production and lytic granule release by TG resident HSV-1-specific CD8+ T cells stimulated directly ex vivo.

**MPA suppresses CD8+ T cell function in ex vivo TG cultures**

To determine whether MPA inhibits CD8+ T cell effector function in response to latently infected neurons, single cell TG suspensions from mice latently infected with HSV-1 were incubated for 96 h in TG medium supplemented with 10−8 or 10−10 M MPA. In these cultures, HSV-1 typically does not reactivate from latency in neurons until 4 days after culture initiation, and in the absence of reactivation, neurons are the only cells in which viral gene expression is detectable (29). To further insulate that latency was maintained, and that neurons were the only source of HSV-1 proteins, half of the cultures were additionally supplemented with the antiviral drug acyclovir. During the last 6 h of incubation, CD8+ T cell lytic granule exocytosis and IFN-γ and TNF production were assayed. MPA treatment significantly reduced production of IFN-γ and TNF and lytic granule exocytosis by CD8+ T cells at both concentrations tested (Fig. 4). CD8+ T cell viability, however, was unaffected by MPA treatment (data not shown). Nearly identical results were obtained in parallel cultures that did not receive acyclovir (data not shown).

**In vivo MPA treatment increases HSV-1 genome copy number and induces lytic gene expression in TG**

To determine whether the inhibition of CD8+ T cell effector function produced by MPA treatment was associated with higher

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**Results**

**In vivo MPA does not affect the number of CD8+ T cell maintained in the latently infected TG**

After the establishment of HSV-1 latency (35 dpi), ovariectomized C57BL/6 mice were treated with sustained release MPA (10.0 or 50.0 mg) or matching placebo pellets. Fourteen days after pellet placement, TG from individual mice were excised and dispersed with collagenase. The entire cell suspension was then processed and analyzed for total number of CD8+ T cells as well as the percentage of CD8+ T cells specific for HSV-1 (H2-Kb/B2m dimer positive). Neither MPA treatment concentration significantly affected the total number of TG CD8+ T cells or the percentage of CD8+ T cells that were HSV-specific (Fig. 1).

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In vivo MPA treatment increases HSV-1 genome copy number and induces lytic gene expression in TG

To determine whether the inhibition of CD8+ T cell effector function produced by MPA treatment was associated with higher
MPA increases ex vivo HSV-1 reactivation

FIGURE 6. MPA increases ex vivo HSV-1 reactivation. Latently infected ganglia from ovariectomized mice latently infected with HSV-1 (35 dpi) were excised, dispersed into single cell suspensions, and either depleted of CD45<sup>+</sup> (bone marrow-derived) cells by treatment with Ab and complement or mock depleted. TG cells (0.1 TG equivalent) were then suspended in TG medium supplemented with 10<sup>-10</sup> M MPA or vehicle. Culture supernatants were tested for live virus by plaque assay on days 4 and 8 of the incubation. Pooled data from two assays (n = 81) are presented as the percentage of cultures in which HSV-1 reactivated.

HSV-1 viral genome copies in the latently infected TG, ovariectomized mice harboring latent HSV-1 (⩾32 dpi) were treated for 14 days with sustained release MPA or matching placebo pellets. At sacrifice, pellet retention was confirmed. TG were excised, dispersed into single cell suspensions, and DNA was analyzed for HSV-1 genome copy number by real-time PCR. Placebo-treated mice established HSV-1 latency with TG viral burdens quite similar to those observed in wild-type B6 mice (19). However, MPA treatment caused a dramatic, dose-dependent increase in HSV-1 genome copy number (Fig. 5A).

Ovariectomized mice latently infected with HSV-1 (⩾32 dpi) were treated for 5 days with sustained release MPA or matching placebo pellets to measure expression of the HSV-1 lytic gene ICP4 during the course of MPA exposure. Additional ovariectomized mice were sacrificed 4 dpi to determine the level of expression in the acutely infected TG. Transcripts for ICP4 were detected by quantitative real-time PCR in TG of latently infected mice treated with MPA, but not in the TG of latently infected mice that received matching placebo pellets (Fig. 5B). Although the control (no reverse transcriptase) data suggest that viral DNA content during acute infection is as much as 1000-fold higher than the amount present in mice latently infected with HSV-1, we found that the latently infected MPA-treated mice had an ICP4 transcript level comparable to that found in the acutely infected TG (Fig. 5B). The increased viral genome copy number and ICP4 expression detected during MPA exposure suggests that treatment during latency induced in vivo HSV-1 reactivation, at least to the point of DNA replication.

MPA increases HSV-1 reactivation in ex vivo TG cultures

Following establishment of HSV-1 latency (35 dpi) TG were excised and dispersed with collagenase, and aliquots of TG cells were either depleted of CD45<sup>+</sup> (bone marrow-derived) cells by treatment with Ab and complement or mock depleted. The TG cells were then suspended in TG medium supplemented with 10<sup>-10</sup> M MPA or vehicle only (0.1 TG equivalent per well of a 96-well tissue culture plate). Supernatant fluids were serially sampled at days 4 and 8 of culture. Among mock depleted TG cultures treated with vehicle alone, we observed a reactivation frequency of ~10%. This frequency of reactivation in cultures that contained 0.1 TG cell equivalents was compatible with the 100% reactivation frequency we previously saw in cultures that contained 1.0 TG cell equivalents (20). MPA treatment significantly increased the reactivation frequency in mock depleted TG cultures (Fig. 6). CD45 depletion had a similar effect on HSV-1 reactivation frequency, consistent with the well-established capacity of CD8<sup>+</sup> T cells to block HSV-1 reactivation from latency in ex vivo TG cultures, and the dramatic impairment of CD8<sup>+</sup> T cell function in MPA-treated cultures (Fig. 4). However, the reactivation frequency of CD45-depleted cultures was further increased by MPA treatment, demonstrating an additional leukocyte-independent effect of MPA on HSV-1 reactivation in ex vivo TG cultures.

Discussion

Ganglionic sensory neurons infected with HSV are the primary reservoir for latent virus, and intermittent reactivation from latency can cause recurrent oral and genital epithelial ulcerations, herpetic stromal keratitis, encephalitis, and a number of other manifestations of disease. HSV reactivation from latency may also be fueling the HIV pandemic (34). Extrication of viral genome from latently infected neurons cannot be performed, and is unlikely to be available as a treatment option for HSV-infected individuals any time soon. Accordingly, a priority of current HSV research is a more complete elucidation of the mechanisms regulating latency, as this focus may permit the development of approaches that inhibit reactivation.

Previous research has shown that viral, hormonal, and immunological factors influence the likelihood of HSV reactivation. For example, the capacity of resident HSV-specific CD8<sup>+</sup> T cells to inhibit HSV-1 reactivation from latency in TG neurons has been clearly established (17, 18). Increased stress and stress-related hormone levels are also associated with inhibition of CD8<sup>+</sup> T cell function and increased HSV reactivation. These observations were linked in a recent study in which exposure to restraint stress reduced the number and inhibited the function of murine HSV-specific CD8<sup>+</sup> T cells within latently infected TG, and was associated with increased viral reactivation from latency (19).

The current study similarly investigated the effects of MPA on number and function of CD8<sup>+</sup> T cells in latently infected TG as well as viral reactivation from latency. We found that MPA treatment of ex vivo TG cultures dramatically reduced the capacity of the endogenous CD8<sup>+</sup> T cells to produce IFN-γ and to release lytic granules. The reduced CD8<sup>+</sup> T cell function did not appear to be related to toxic effects of treatment because the number of viable CD8<sup>+</sup> T cells in the TG cultures was not altered by MPA. CD8<sup>+</sup> T cell function was measured in these cultures in the presence or absence of acyclovir, a drug that inhibits viral DNA synthesis and reactivation. Before reactivation, latent virus is harbored only in TG neurons (29), so latently infected neurons were the most probable source of viral Ags in these acyclovir-treated TG cultures. The observation that the level of IFN-γ production and lytic granule release by CD8<sup>+</sup> T cells was nearly identical in acyclovir-treated and nontreated ex vivo TG cultures suggests that the T cell response to Ag was produced before viral DNA synthesis. Our finding is consistent with the observation that most HSV-specific CD8<sup>+</sup> T cells in latently infected TG are specific for the gB<sub>498–505</sub> epitope that is derived from the HSV-1 gB protein gB (35). Moreover, gB proteins are produced at low levels before viral DNA synthesis, and HSV-1-infected targets gain the capacity to stimulate gB<sub>498–505</sub>-specific CD8<sup>+</sup> T cells within 2 h of infection (36). The ability of CD8<sup>+</sup> T cells to respond to latently infected neurons before full reactivation and virion formation is essential to their role in regulating HSV-1 latency.

Depletion of CD8<sup>+</sup> T cells or CD45<sup>+</sup> cells increases to a similar extent the reactivation frequency in cultures of latently infected TG, suggesting that CD8<sup>+</sup> T cells are the leukocyte population...
primarily responsible for inhibiting reactivation (20). In the current study, we observed a 10% reactivation frequency from cultures containing 0.1 TG cell equivalents, signifying the presence of at least one reactivating neuron per TG. Both MPA treatment and CD45^- cell depletion of ex vivo TG increased HSV-1 reactivation from latency nearly 5-fold. These results are consistent with a view that within ex vivo TG cultures, MPA may induce reactivation solely via inhibition of CD8^+ T cell function. However, our observation that MPA further increased the reactivation frequency in TG cultures depleted of CD45^- cells demonstrated that MPA may also induce HSV-1 reactivation by a leukocyte-independent mechanism. In our hands, depletion of CD8^+ or CD45^- cells from ex vivo TG cultures results in reactivation frequencies ranging from 30 to 60%. The much higher reactivation frequency (~80%) in MPA-treated TG cultures depleted of CD45^- cells suggests that a subset of neurons that do not normally require immune system protection from reactivation are induced to reactivate by MPA. Overall, our findings are consistent with the concept that MPA induces HSV-1 reactivation from latency both by inhibiting protective CD8^+ T cell responses and by directly or indirectly inducing HSV-1 reactivation in neurons by a leukocyte-independent mechanism.

Because direct exposure to MPA in ex vivo TG cultures dramatically inhibited HSV-specific CD8^- T cell function and enhanced HSV-1 reactivation, it was of interest to determine whether a similar effect would be observed in vivo. Corneas of ovarioctomized mice were infected with HSV-1, and viral latency was established before treatment with sustained release MPA pellets. We found that mice treated with matching placebo pellets established HSV-1 latency with TG viral burdens similar to those observed in wild type mice (19). We also found that in vivo MPA treatment significantly inhibited IFN-γ and TNF production and lytic granule release by resident TG CD8^- T cells when stimulated directly ex vivo with HSV-infected targets, and that these CD8^- T cell functions were similarly affected by either concentration of MPA tested. In addition, treatment did not influence the total number of CD8^- T cells in latently infected TG or the percentage of CD8^- T cells that were HSV-specific. These results are consistent with our findings from ex vivo TG cultures where treatment inhibited CD8^- T cell function, but produced no observable toxicity. Although both concentrations of MPA pellets tested had a similar effect on CD8^- T cell function, we did observe a dose-dependent increase in viral genome copy number in treated mice. Based on our in vitro studies, the dose-dependent effect on viral genome copy number could reflect both inhibition of the protective CD8^- T cell response and a leukocyte-independent induction of reactivation in neurons that do not normally require maintenance of viral latency. The possibility that inhibition of CD8^- T cell function is exerted at a lower dose of MPA than is required for the leukocyte independent induction of HSV-1 reactivation is currently under investigation.

In large groups of latently infected female mice, we have previously observed a relatively narrow range of CD8^- T cell number, CD8^- T cell function, and viral genome copy number. Thus, changes in progesterone concentrations during the murine estrous cycle do not appear to produce the inhibition of CD8^- T cell function and increase in viral genome copy number observed with MPA treatment. These results are consistent with clinical investigations that demonstrated that although the frequency of HSV shedding does not vary by stage of menstrual cycle (37), it was increased among women who used injectable contraceptives containing MPA (27). Further work is needed to determine whether there are differences in the chemical makeup of MPA vs progesterone or whether there are differential effects on host or viral gene expression that may account for the increased numbers of HSV-1 copies observed in latently infected mice treated with MPA. For example, prior investigation has demonstrated that the in vitro immunosuppressive effects produced by MPA are, in fact, more pronounced than those associated with progesterone (38). Determining these differences may be important for current use and future design of hormonal contraceptives that do not increase the likelihood of HSV shedding.

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Disclosures
The authors have no financial conflict of interest.

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