Th1 and Th2 Cells Form Morphologically Distinct Immunological Synapses

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The arrangement of molecules at the interface between T cells and APCs is known as the immunological synapse (IS). We conducted experiments with supported planar bilayers and transfected fibroblast APC to examine the IS formed by polarized Th1 and Th2 cells. Th1 cells formed typical “bull’s-eye” IS with a ring of adhesion molecules surrounding MHC/TCR interactions at all Ag concentrations tested, while Th2 cells formed multifocal IS at high concentrations of Ag. At low Ag concentrations, the majority of Th2 cells formed IS with a compact, central accumulation of MHC/TCR, but ICAM-1 was not excluded from the center of the IS. Additionally, CD45 was excluded from the center of the interface between Th1 cells and APC, while CD45 was found at the center of the multifocal IS formed by Th2 cells. Finally, phosphorylated signaling molecules colocalized with MHC/TCR to a greater extent in Th2 IS. Together, our results indicate that the IS formed by Th1 and Th2 cells are distinct in structure, with Th2 cells failing to form bull’s-eye IS. The Journal of Immunology, 2008, 181: 393–399.

Immunological synapses (ISs) are stable cell-cell junctions formed between APCs and T cells during Ag recognition. Mature IS are characterized by a ring of ICAM-1/LFA-1 interactions, known as the peripheral supramolecular activation cluster (SMAC), surrounding a central SMAC (cSMAC) of peptide MHC/TCR (1–4). Maintenance of radial symmetry is important for IS stability (5). A number of other molecules, including CD28 and protein kinase C-δ are known to concentrate within the cSMAC (1, 6), while CD45 (7, 8) and some phosphorylated signaling proteins, including Lck and Zap70 (7, 9, 10), reside mainly outside of the cSMAC of the mature IS.

The IS has been implicated in a number of functions, yet these have been difficult to prove due to the complexity of manipulating this phenomenon specifically. Although IS formation correlates with activation, the cSMAC is not required for the initiation of TCR signaling, because signaling is initiated before the cSMAC is formed (9). Experiments with T cells from CD2AP−/− mice, which are incapable of forming mature IS, indicated that the function of the cSMAC may be to enhance signaling while at the same time promoting TCR down-modulation (10). Additionally, it has been shown that the lipid lysobisphosphatidic acid, which is known to exist at sites where membrane proteins are being sorted for degradation, accumulates in the cSMAC (11). The ability to signal without forming a cSMAC is consistent with recent data showing that TCR signaling is initiated in small TCR microclusters that form rapidly after contact and sustain signaling through continual formation in the periphery of the IS (11–13).

Another possible function of the IS is the delivery of effector function. IS formed by CD8+ T cells have separate domains within the cSMAC containing signaling molecules and lytic granules (14). These data suggested that the peripheral ring of adhesion molecules functions to prevent lytic granules from harming bystander cells (15, 16). However, it has been shown that CD8+ T cells can kill sensitive targets without forming mature IS (17–19). Recently, it has been determined that cytokines like IL-2, IFN-γ, and IL-10 are directly secreted into the IS, whereas chemokines, TNF, and IL-4 are directed away from the IS (20). Thus, both Th1 and Th2 cytokines can be released into the IS or away from the IS.

Upon Ag recognition, CD4+ T cells proliferate and differentiate into effector cells. Depending upon the strength of stimulation and cytokines present at the time of stimulation, CD4+ T cells can differentiate into either Th1 or Th2 cells (21–23). Th1 cells secrete IFN-γ and lymphotixin, which serve to activate macrophages and induce inflammation by recruiting other leukocytes. Th1 cells also express FasL and can kill target cells. Th2 cells secrete IL-4 and promote allergic reactions in epithelial tissues. A recent study has shown that Th2 cells, but not Th1 cells, fail to cluster TCR at the cell-cell interface when forming conjugates with primary B cells due to increased expression of CTLA-4 (24). Although it has been shown that colustering of TCR with CD4 and lipid rafts is much more common in Th1 than Th2 cells (25), the organization of IS formed by polarized Th1 and Th2 cells has not been thoroughly studied.

In this study, we used a supported planar bilayer system and transfected fibroblast APC to study IS formed by polarized Th1 and Th2 cells. We report that Th1 cells form synapses with a compact accumulation of MHC/TCR surrounded by a ring of adhesion molecules. Unlike Th1 cells, Th2 cells predominantly form multifocal synapses at high Ag concentrations with multiple small
accumulations of MHC/TCR with ICAM-1 interspersed throughout the interface. At low concentrations of Ag, the majority of Th2 cells form IS with a central, compact accumulation of MHC/TCR, but ICAM-1 is not excluded from the cSMAC, to form a ring structure, as in Th1 cells. We propose that the morphological differences in IS between Th1 cells and Th2 cells, specifically the formation of a “gasket” structure in Th1 cells, correlates with differences in the delivery of effector functions by these distinct types of cells.

Materials and Methods

Animals

Heterozygous AD10 TCR-transgenic mice on a B10.BR background, specific for pigeon cytochrome c 88–104 and reactive against moth cytochrome c (MCC) 88–103, were provided by S. Hedrick (University of California at San Diego, La Jolla, CA) by way of P. Marrack (National Jewish Medical Center, Denver, CO). Mice were housed in specific-pathogen-free conditions at Oregon Health and Science University according to institutional standards.

Antibodies

The Abs used for immunofluorescence were as follows: anti-LFA-1 (12/17; Southern Biotechnology Associates), anti-CD45 (30-F11; eBioscience), biotinylated anti-phosphotyrosine (4G10; Upstate Biotechnology), Texas Red-conjugated goat anti-rat IgG, Cy5-conjugated goat anti-rat IgG, and streptavidin-conjugated Cy5 (Jackson ImmunoResearch Laboratories).

Ag-presenting cells

MCC:GFP fibroblasts expressing B7-1, ICAM-1, wild type I-Eβ α- and β-chain along with GFP-labeled I-Eβ-β-chain covalently attached to MCC have been described previously (26).

In vitro T cell polarization

Th1 conditions. AD10 splenocytes were used after removal of RBC by hypotonic lysis. Splenocytes were cultured in RPMI 1640, supplemented as previously described (22), with 2.5 μM MCC 88–103 (KAERDLIAY LKQATK) in the presence of 5 ng/ml IL-12 (Cell Sciences) and 20 μg/ml anti-IFN-γ (XMG 1.2). A total of 80 U/ml IL-2 was added on day 2 of culture. After 6–7 days in culture, Th2 cells were restimulated with irradiated B10.BR splenocytes and peptide. Th2 lines were maintained for up to 5 wk. Intracellular cytokine staining of acutely activated Th1 and Th2 cells for IFN-γ and IL-4 confirmed polarization.

Th2 conditions. After removal of RBC by hypotonic lysis, CD3+ cells were purified by negative selection with Mouse T Cell Enrichment Columns (R&D Systems). CD3+ cells were incubated at 10⁶/ml with irradiated B10.BR splenocytes (5:1) in the presence of 2.5 μM MCC 88–103, 100 ng/ml IL-4 (as a transfected plasmacytoma culture supernatant), and 50 μg/ml anti-IL-4 (11B11). A total of 80 U/ml IL-2 was added on day 2 of culture. After 6–7 days in culture, Th2 cells were restimulated with irradiated B10.BR splenocytes and peptide. Th2 lines were maintained for up to 5 wk. Intracellular cytokine staining of acutely activated Th1 and Th2 cells for IFN-γ and IL-4 confirmed polarization.

Bilayers

GFP-anchored forms of Oregon Green 488-labeled I-Eβ (200 molecules/μm²) and Cy5-labeled ICAM-1 (300 molecules/μm²) were incorporated into dioleoylphosphatidylcholine bilayers as described (4). These bilayers were supported on a coverglass in a Bioptechs flow cell, and were loaded with various concentrations of peptide for 24 h at 37°C (4).

Live cell microscopy

A total of 10⁶ Th1 or Th2 cells in 1 ml of HEPES-buffered saline supplemented with 2 mM MgCl₂, 1 mM CaCl₂, 6 mM D-glucose, and 1% human serum albumin were injected onto bilayers at 37°C. Imaging was performed with a ×40 or ×60 objective using two Applied Precision DeltaVision Systems. These systems included an Applied Precision precision chassis with a motorized XYZ stage, a Nikon TE200 or Olympus IX71 inverted fluorescence microscope, halogen illumination, a CH350L or CoolSnap HQ 2 camera, and the DeltaVision SoftWorx software package.

Fixed cell microscopy

A total of 2.5 × 10⁶ MCC:GFP APC were seeded onto a LabTek II eight-chambered 1.5 (0.17 mm) coverglass in complete DMEM and incubated overnight at 37°C. After removal of DMEM, 5 × 10⁵ Th1 or Th2 cells in RPMI 1640 were added per chamber. After a brief centrifugation, the chambers were incubated at 37°C for 10 or 30 min. The cells were fixed and stained as previously described (26). Conjugates to be imaged were chosen based on the presence of a GFP signal at the T cell:APC interface. Stacks of fluorescent images spaced 0.2 μm apart were obtained with a 1.4 NA ×60 oil immersion lens on the DeltaVision system and deconvolved with an iterative, constrained algorithm. Deconvolution and three-dimensional (3D) reconstructions were performed with the Applied Precision SoftWorx software. Colocalization studies were conducted with Imaris software from Bitplane.

Results

MHC/TCR clusters do not coalesce to form a cSMAC in Th2 IS

Previous studies using the supported planar bilayer system demonstrated the early stages of IS formation (4). Upon Ag recognition, MHC/TCR interactions are initiated in the periphery and immediately start moving toward the center of the T cell-APC interface, as demonstrated in Th1 cells (4). However, this is not the case in Th2 cells.
interface (4, 11–13). After 4–5 min, most of the MHC/TCR interactions are centrally located, and this structure with a centrally located cluster of MHC/TCR surrounded by a ring of adhesion molecules is stable for at least an hour (4).

We conducted experiments with supported planar bilayers to observe IS formation by Th1 and Th2 cells. Initially upon Ag recognition, both Th1 and Th2 cells spread out and showed broad accumulation of ICAM-1 across the T cell-bilayer interface (Fig. 1). Small accumulations of MHC/TCR were randomly distributed across the interface very rapidly after the initiation of synapse formation. After 1 min, both Th1 and Th2 cells showed clusters of MHC/TCR across the interface. Between 2 and 3 min, MHC/TCR clusters moved to the center of synapses formed by Th1 cells (Fig. 1A). By 5 min, most Th1 synapses had a compact central accumulation of MHC/TCR surrounded by a ring of ICAM-1, and this pattern was stable past 10 min. MHC/TCR clusters in most Th2 IS did not coalesce into a central accumulation (Fig. 1B). Unlike Th1 cells, the IS formed by Th2 cells had multiple distinct clusters of MHC/TCR that were maintained for at least 10 min. These data indicate that Th2 cells do not form IS with a single, central accumulation of MHC/TCR surrounded by a ring of adhesion molecules.

**Th2 cells form multifocal IS**

To confirm that Th2 cells do not form mature IS with a central accumulation of MHC/TCR, we observed Th1 and Th2 synapses that were 20–35 min old. As in Fig. 1, we allowed Th1 or Th2 cells to settle onto supported lipid bilayers loaded with 100 μM MCC.

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and let the cells interact with the bilayers for 20 min at 37°C before commencing imaging. Th1 cells consistently formed tight, compact IS with an ICAM-1 ring surrounding a central accumulation of MHC/TCR (Fig. 2A). This structure agrees well with IS observed in a variety of systems using both CD4⁺/H11001 T cell blasts and CD8⁺/H11001 CTL (1, 4, 27). The pattern of MHC/TCR was only scored as compact if there was a single cluster of MHC/TCR. Multiple MHC/TCR accumulations were scored as multifocal even if all of the clusters were centrally located. Although a compact accumulation of MHC/TCR was the dominant phenotype for Th1 IS, a multifocal structure was seen in 23% of the cells (Table I).

Th2 cells formed synapses with the same frequency as Th1 cells, but with a markedly different structure. Instead of containing a single, compact accumulation of MHC/TCR, Th2 IS were distinctly multifocal in nature (Fig. 2B). The majority of IS formed by Th2 cells had multiple small accumulations of MHC/TCR with ICAM-1 interspersed throughout the T cell-APC interface. A quantitative assessment showed that nearly 70% of IS formed by Th2 cells had a diffuse multifocal distribution of MHC/TCR (Table I). The number of MHC/TCR clusters varied from cell to cell with some having as few as 5 and others more than 20. We also examined the distribution of ICAM-1 in Th1 and Th2 IS. Two-thirds of the IS formed by Th1 cells have the classic “bull’s-eye” pattern with ICAM-1 excluded from the cSMAC, resulting in a ring-like structure. Th2 cells, in contrast, only formed ring structures in 14% of MHC/TCR (Fig. 2A). This structure agrees well with IS observed in a variety of systems using both CD4⁺ T cell blasts and CD8⁺ CTL (1, 4, 27). The pattern of MHC/TCR was only scored as compact if there was a single cluster of MHC/TCR. Multiple MHC/TCR accumulations were scored as multifocal even if all of the clusters were centrally located. Although a compact accumulation of MHC/TCR was the dominant phenotype for Th1 IS, a multifocal structure was seen in 23% of the cells (Table I).
of the IS examined (Table I). The vast majority of Th2 IS had a diffuse distribution of ICAM-1 throughout the interface with the planar bilayer. We also imaged Th2 IS over time, 20 min after introduction to the bilayers, to determine whether the location of MHC/TCR clusters was dynamic after the initial steps of IS formation. As shown in Fig. 2C, the pattern of MHC/TCR clusters in Th2 IS was stable.

To confirm that Th1 and Th2 cells formed distinctly different IS, we conducted experiments with viable APC instead of supported planar bilayers. For these experiments, we used B7.1-positive fibroblasts transfected with ICAM-1 and MHC/peptide. These fibroblasts have been shown to form IS with AD10 T cell blasts and to induce T cell proliferation, but it should be noted that IS formed with these fibroblasts have a patchier distribution of MHC/TCR and ICAM-1/LFA-1 than IS formed on the highly simplified planar bilayers (26). T cell:APC conjugates were stained with an Ab to LFA-1. Some of the IS formed by Th1 cells with fibroblast APC were characterized by a ring of LFA-1 surrounding the largest accumulations of MHC/TCR, as shown in Fig. 2D. In contrast, all of the Th2 cells examined formed multifocal IS with LFA-1 distributed homogenously throughout the T cell-APC interface (Fig. 2E).

CD45 is not excluded from the T cell-APC interface in Th2 cells

The large tyrosine phosphatase CD45 is involved in both the positive and negative regulation of TCR signaling (28, 29). The role of CD45 in TCR signaling makes its spatial and temporal regulation extremely important. Initially upon Ag recognition and TCR clustering, CD45 is located centrally, along with MHC/TCR (7), where it may positively regulate TCR signaling by dephosphorylating the negative regulatory tyrosine phosphorylation sites on the C terminus of Lck (30, 31). However, by 5–7 min CD45 is completely excluded from the central region of the interface in the majority of the Th1-APC conjugates examined (Fig. 3, A and C). With viable fibroblast APC, MHC/TCR clusters at the interface did not completely coalesce into a cSMAC in many of the conjugates. Nevertheless, MHC/TCR clusters rarely overlapped the ring of CD45 at the periphery of the Th1-APC interface. In Th2-APC conjugates, MHC/TCR clusters were diffusely spread throughout the interface. Strikingly, CD45 was not excluded from the interface between Th2 cells and APC (Fig. 3, B and C). Instead, CD45 was interspersed among the MHC/TCR clusters in the majority of conjugates examined. Although CD45 was not excluded from the central region of the interface in Th2 cells, minimal colocalization with MHC-TCR clusters was seen (Fig. 3D). This is consistent with recent studies that have shown that CD45 is excluded from TCR microclusters (11).

Phosphotyrosine colocalizes with MHC/TCR clusters to a greater extent in Th2 IS

Recent publications have shown that continuous signaling after the formation of a mature IS, as measured by the presence of phosphorylated proteins, is largely excluded from the cSMAC (7, 9). Total internal reflection fluorescent microscopy of T cells interacting with a supported lipid bilayer demonstrated that TCR microclusters in the periphery, but not the center of an IS, colocalized with phospho-Lck, phospho-Zap70, and phospho-Lat (12, 13). We conducted experiments with our MCC:GFP fibroblasts to observe the pattern of pTyr staining in mature IS formed by Th1 and Th2 cells. We chose to look at 30-min conjugates to assure that the majority of IS we observed were mature. Phosphotyrosine and MHC/TCR generally occupied distinct domains in the IS formed...
by Th1 cells (Fig. 4A). However, there was significant colocalization at the boundary between the domains containing pTyr and MHC/TCR. We performed a quantitative colocalization analysis to determine the degree of overlap between pTyr and MHC/TCR at the T cell-APC interface. On average, ~30% of the MHC/TCR at the interface was colocalized with MHC/TCR in Th1 IS (Fig. 4C). In Th2 IS, the MHC/TCR and pTyr domains were not as distinct as for Th1 cells (Fig. 4B). Colocalization analysis showed that for Th2 cells, a significantly greater percentage of the MHC/TCR at the interface was colocalized with pTyr (Fig. 4C).

A greater percentage of Th2 cells form compact IS at low Ag concentrations, but ICAM-1 does not form a ring structure

T cell blasts from AND TCR-transgenic mice on a B10. BR background, which skew toward a Th1 phenotype (34), continue to form mature IS with a central accumulation of MHC/TCR surrounded by a ring of ICAM-1 even when the number of available MHC-peptide molecules is reduced several fold (4, 11). We conducted experiments with bilayers loaded with 10- and 100-fold less peptide to determine whether the IS formed by Th1 and Th2 cells were still morphologically distinct when less Ag was available. These bilayers contained 200 MHC molecules/μm² as in the preceding experiments. Th1 cells continued to form compact IS at a similar frequency to experiments with planar bilayers loaded with 100 μM peptide. Interestingly, when the bilayers were loaded with 10- or 100-fold less Ag, a greater percentage of the IS formed by Th2 cells had a compact accumulation of MHC/TCR, although still less than for Th1 cells (Fig. 5 and Table I). However, unlike Th1 IS, Th2 IS formed on bilayers loaded with 10 or 1 μM MCC did not segregate ICAM-1 into a peripheral SMAC, forming ring-like structures. Instead, ICAM-1 was distributed diffusely across the IS in ~80% of the IS examined regardless of the Ag concentration (Fig. 5 and Table I).

Discussion

In this report, we have shown that polarized Th1 and Th2 cells form morphologically distinct IS. Th1 cells form IS with a compact central cluster of MHC/TCR surrounded by a ring of adhesion molecules, that closely resemble the IS described in the literature for T cell blasts. This resemblance is not surprising, considering that most of the published experiments designed to study IS formation used T cell blasts from B6 or B10 mice. Blasts from these mice tend to skew toward an IFN-γ-secreting Th1 phenotype (34). Th1 IS structure was not markedly different, even when planar bilayers were loaded with 100-fold less peptide Ag. In contrast, we found that at high Ag concentrations, Th2 cells formed multifocal IS, characterized by multiple MHC/TCR accumulations. When the amount of Ag used to load I-Ek in the bilayers was reduced by 10- to 100-fold, slightly more than half of Th2 cells formed compact IS. However, even when Th2 cells formed compact IS, ICAM-1 did not form a ring. This apparent colocalization of TCR/MHC and LFA-1/ICAM-1 interactions in Th2 cells forming compact IS may reflect the close packing of many submicron TCR and LFA-1 microclusters in this region—a continuation of the multifocal paradigm to a shorter length scale. Further study will be needed to determine whether this change in organization alters some of the proposed functions of the cSMAC, such as signal termination. Inactivation of signaling in the cSMAC may allow Th1 cells to maintain relatively constant signaling intensity over a wide range of Ag densities. Perhaps the biology of Th2 cells requires that signal strength is more proportional to Ag density and this might be achieved by delaying or eliminating functional cSMAC formation.

Multifocal IS have been described in several reports. Immunofluorescence and transmission electron microscopy were used to show that IS formed between naive T cells and dendritic cells are multifocal (35). IS with a multifocal structure were also seen in conjugates between naive CD4⁺ T cells and APC in the absence of CD80 (36). Finally, double-positive thymocytes have been shown to form multifocal IS, with pTyr stably associated with MHC/TCR foci (37). IS formed by these immature thymocytes are remarkably similar in structure to the multifocal IS formed by Th2 cells at high Ag doses. Strikingly, pTyr continues to be associated with MHC/TCR clusters for at least 30 min in both double-positive thymocytes and Th2 cells. Hence, it is possible that continuous tyrosine kinase signaling at the site of MHC/TCR accumulation is a general property of multifocal synapses. Th2 cells are thought to make lengthy contacts with B cells during the delivery of T cell help (38, 39), and continuous signaling at the IS may be important for this function.

It is known that the phosphorylation of signaling proteins, including Zap70, is less complete in Th2 compared with Th1 cells upon activation through the TCR (40, 41). A recent report has shown that Th2 cells have 2-fold less surface CD4 than Th1 cell (42), and we have confirmed this result with polarized AD10 cells (data not shown). When CD4 levels of Th2 cells were elevated via retroviral transduction, stimulated Th2 cells had increased levels of z-chain and Zap70 phosphorylation, comparable to Th1 cells (42). Additionally, CD4 is excluded from lipid rafts in Th2-APC conjugates (25), and CD4 is necessary for T cells to arrest and form mature IS (4, 43). Therefore, the inability of Th2 cells to form mature IS when there are large quantities of MHC-peptide available, as demonstrated in this report, could be due to the lower levels of CD4 compared with Th1 cells.

Th1 cells form mature IS with a bull’s-eye structure and have cytotoxic functions. Th2 cells are generally incapable of killing (44–46), and we have shown that a significant percentage of the IS formed by Th2 cells are multifocal, especially at high concentrations of Ag. Importantly, even at much lower Ag concentrations, where the majority of IS displayed compact accumulations of MHC/TCR, Th2 cells failed to form IS with ring-like distribution of ICAM-1. It has been hypothesized that the delivery of cytotoxic effector molecules inside the ring of adhesion molecules in IS formed between CTL and target cells could prevent damage to bystander cells (47, 48). In this model, the ring structure formed by ICAM-1-LFA-1 interactions acts as a “gasket.” This gasket may not be a crucial component of the IS formed by naive CD4⁺ T cells, Th2 cells, and thymocytes, as these cell types do not have cytotoxic function. We have recently shown that Th1 cells contain a pool of preformed CD40L that is rapidly mobilized to the cell surface upon stimulation (49). It is also possible that the ICAM-1 gasket could serve to direct secretion of molecules involved in T cell help directly toward the source of Ag, thereby preventing activation of bystander cells. Further experimentation will be required to determine whether the primary function of the bull’s-eye-like IS formed by Th1 cells is to facilitate the delivery of cytotoxic agents and/or molecules involved in T cell help to APC.

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Disclosures

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References

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