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*J Immunol* 2006; 176:6752-6761; doi: 10.4049/jimmunol.176.11.6752

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The Combined Effects of Tryptophan Starvation and Tryptophan Catabolites Down-Regulate T Cell Receptor ζ-Chain and Induce a Regulatory Phenotype in Naive T Cells

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Tryptophan catabolism is a tolerogenic effector system in regulatory T cell function, yet the general mechanisms whereby tryptophan catabolism affects T cell responses remain unclear. We provide evidence that the short-term, combined effects of tryptophan deprivation and tryptophan catabolites result in GCN2 kinase-dependent down-regulation of the TCR ζ-chain in murine CD8+ T cells. TCR ζ down-regulation can be demonstrated in vivo and is associated with an impaired cytotoxic effector function in vitro. The longer-term effects of tryptophan catabolism include the emergence of a regulatory phenotype in naive CD4+CD25− T cells via TGF-β induction of the forkhead transcription factor Foxp3. Such converted cells appear to be CD25+, CD69−, CD45RBlow, CD62L+, CTLA-4−, BTLA− and GITR+, and are capable of effective control of diabetogenic T cells when transferred in vivo. Thus, both tryptophan starvation and tryptophan catabolites contribute to establishing a regulatory environment affecting CD8+ as well as CD4+ T cell function, and not only is tryptophan catabolism an effector mechanism of tolerance, but it also results in GCN2-dependent generation of autoimmune-preventive regulatory T cells. The Journal of Immunology, 2006, 176: 6752–6761.
cycle arrest due to sustained tryptophan deprivation, IDO contributes to fine-tuning immune responsiveness by multiple mechanisms that are coordinate but differentiated for specific T cell subsets. We report that early down-regulation of the TCR-ζ chain in CD8+ cells and longer-term induction of a tolerogenic phenotype in naïve CD4+ T cells result from the combined effects of tryptophan starvation and tryptophan metabolites. Both of these effects require the general control non-derepressing 2 (GCN2) protein kinase, which is responsive to starvation for amino acids. The CD8+ T cells display impaired function ex vivo, whereas the CD4+ Tregs are shown to prevent disease in an experimental setting of diabetes transfer.

Materials and Methods

Mice

Eight- to 10-wk-old DBA/2 (H-2d) and 4-wk-old NOD (Kb, 1-Aβ, Dd) mice were purchased from Charles River Breeding Laboratories. Gcn2+/− mice, homozygous for the GCN2 targeted mutation, and wild-type Gcn2+/+ mice, were as described (26). NOD-SCID mice were bred in our animal facility under specific pathogen-free conditions to be used at ages 8–10 wk. Transgenic 8.3-NOD mice (27) and BDC2.5-NOD mice (28) were as described. Colorimetric strips were used to monitor glycosuria in NOD-SCID mice (4). Only female mice, ages 8 –10 wk. Transgenic 8.3-NOD mice (27) and BDC2.5-NOD mice (28) were as described. Colorimetric strips were used to monitor glycosuria in NOD-SCID mice (4). Only female mice were used in this study, and all in vivo experiments were done in compliance with National and Perugia University Animal Care and Use Committee guidelines.

Reagents and treatments

The IDO inhibitor 1-methyl-oxo-trypophan (1-MT) was purchased from Sigma-Aldrich to be used in vitro at the concentration of 20 μM. To inhibit IDO activity in vivo, 1-MT or placebo pellets (150 mg/pellet, 7-day release at 0.9 mg/h; Innovative Research of America) were implanted as described (29).

Flow cytometry, pentamer staining, and immunoblot analysis

In all FACS analyses, cells were treated with rat anti-CD16/32 (2.4G2) for 30 min at 4°C for blockade of Fc receptors before assays on an EPICS flow cytometer using EXPO 32 ADC software (Beckman Coulter). The IDO inhibitor 1-methyl-DL-tryptophan (1-MT) was purchased from Innovative Research of America) were implanted as described (29).

Results

Tryptophan catabolism down-regulates TCR-ζ chain in CD8+ T cells

Arginine consumption by macrophages has been reported to modulate the expression of TCR-ζ chain (CD3ζ) in T lymphocytes in the absence of apoptosis (31). We have previously shown that, contrary to Th1 cells, naïve T cells do not undergo apoptosis when cultured with IDO+ DCs for 48 h (17). We assessed CD3ζ expression in CD4+ and CD8+ T lymphocytes from naive mice after culturing these cells with IDO+ DCs in the presence or absence of 1-MT, a specific enzyme inhibitor (Fig. 1A). FACS analysis revealed a noticeable decrease of CD3ζ in CD8+ T cells cultured with DCs in the absence of 1-MT. Under these conditions, the initial 50 μM tryptophan concentration dropped to ~5 μM by 24 h, a time when the concentrations of the major tryptophan metabolites L-kynurenine, 3-hydroxykynurenine, 3-hydroxyanthranilic acid (3-HAA), and quinolinic acid were in the low micromolar range (Fig. 1B).

To investigate whether ζ-chain down-regulation occurred by the direct action of tryptophan catabolism and to identify the possible...
milieu responsible for this effect, we cultured CD4<sup>+</sup> and CD8<sup>+</sup> T cells in medium containing a LT (5 μM) concentration, a mixture of 3-hydroxykynurenine, 3-HAA, and quinolinic acid, each at 10 μM, or a combination of LT with kynurenines (LT-K). Plate-bound anti-CD3 and anti-CD28 were present in the cultures. FACS analysis revealed that the LT-K culture conditions, but not LT or kynurenines alone, decreased CD3ζ expression and stained for total ζ-chain expression by means of PE-labeled anti-mouse CD3ζ. Filled histogram indicates isotype controls. Data are from one experiment representative of four. B, Concentrations of tryptophan (TRY) and different kynurenines (mean ± SD of three independent experiments) were measured in 24-h supernatants of total T cells and IDO<sup>+</sup> DCs. The initial tryptophan concentration was 50 μM. In parallel co-cultures established in the presence of 1-MT, the final concentration of tryptophan was ~30 μM, whereas kynurenines were undetectable. C, Total T cells or purified CD4<sup>+</sup> and CD8<sup>+</sup> fractions were activated by plate-bound anti-CD3 (0.5 μg/ml) and anti-CD28 (0.5 μg/ml) in control medium (thin line histogram) or medium containing LT for 48 h, in the absence (thin histogram) or presence (gray-filled histogram) of kynurenines. The effect of addition of kynurenines to control medium was also investigated (dotted line histogram). Cells were fixed, permeabilized and stained for total CD3, CD4, or CD8 with the respective FITC-labeled reagents, and were then fixed, permeabilized and stained for total ζ-chain expression (data not shown). The effect was also demonstrable by immunoblot analysis with anti-ζ but not anti-ε Abs, and was likewise observable using IDO<sup>+</sup> DCs in place of LT-K (Fig. 1E).

The GCN2 stress-response kinase is activated by starvation for amino acids and functions to control transcriptional and translational programs that couple cell growth to amino acid availability (26). Recent evidence indicates that GCN2 activation could be an upstream mechanism in the immunoregulatory effects of IDO (32). To ascertain whether down-regulation of CD3ζ by tryptophan catabolism requires GCN2, we used Gcn2<sup>−/−</sup> mice as a source of CD8<sup>+</sup> T cells that were exposed to LT-K medium (Fig. 1F). In contrast to the Gcn2<sup>−/−</sup> mice, we observed no changes in CD3ζ expression in the T cells lacking GCN2.
TCR \( \zeta \)-chain down-regulation is associated with impaired function

We investigated whether the diminished expression of CD3\( \zeta \) induced by LT and kynurenines in CD8\(^{+} \) T cells correlates with an impaired immune function in vitro. Purified CD8\(^{+} \) and CD4\(^{+} \) T cells were exposed to LT-K for 72 h, washed and recultured for 48 h in the presence of anti-CD3, Con A, or a combination of PMA and calcium ionophore (Fig. 2A). Proliferation was significantly reduced by LT-K conditioning upon activation of CD8\(^{+} \) cells, but not CD4\(^{+} \) cells, with anti-CD3 or Con A. No effect was found on activation with PMA and calcium ionophore in either cell type, demonstrating a selective impairment of TCR-mediated signaling events in the CD8\(^{+} \) cells conditioned by LT-K. Under the same conditions, the production of IFN-\( \gamma \) and IL-2 by CD8\(^{+} \) T cells in response to anti-CD3 was severely impaired (Fig. 2B). The cytokine response of CD4\(^{+} \) T cells was apparently unaffected (data not shown).

NOD mice expressing the 8.3-TCR\( \alpha \beta \) transgene (8.3-NOD) (27) possess a prevalent population of autoreactive CD8\(^{+} \) T cells that recognize a B cell autoantigen and are reactive to the islet-related NRP-A7 peptide (29, 33, 34). To ascertain whether \( \zeta \)-chain down-regulation occurs in vivo, we used pentamer technology to transfer NOD-SCID mice with a combination of NRP-A7-pulsed, IDO\(^{+} \) DCs and NRP-A7 pentamer-positive 8.3-CD8\(^{+} \) T cells.

**FIGURE 2.** TCR \( \zeta \)-chain down-regulation by tryptophan catabolism correlates with impaired T cell function in vitro and occurs in vivo. A, Purified CD8\(^{+} \) or CD4\(^{+} \) T cells were precultured for 72 h in control or LT-K medium in the presence of plate-bound anti-CD3 and anti-CD28, and were then exposed for 48 h to plate-bound anti-CD3, Con A, or PMA and calcium ionophore, to be assayed for cell proliferation as measured by \([\text{H}]\)thymidine incorporation (mean \( \pm \) SD of triplicate samples). *, \( p < 0.001 \), LT-K vs control in one experiment representative of three. B, Cultures of CD8\(^{+} \) T cells established as in A and recultured with anti-CD3 were assayed for IFN-\( \gamma \) and IL-2 contents in 48-h supernatants (mean \( \pm \) SD of triplicate samples). *, \( p < 0.005 \), LT-K vs control in one experiment representative of three. C, IDO\(^{-} \) and IDO\(^{+} \) DCs pulsed with NRP-A7 were injected s.c. into NOD-SCID mice \((1 \times 10^{6})\), which also received NRP-A7 pentamer-positive 8.3-CD8\(^{+} \) T cells \((5 \times 10^{6})\) i.v. The injection of IDO\(^{-} \) or IDO\(^{+} \) NRP-A7-pulsed DCs was repeated after 1 wk and, after 48 h, CD8\(^{+} \) cells were recovered from the spleen and lymph nodes; of these cells, 95.4 and 97.3% were pentamer-positive cells in the spleen and lymph nodes, respectively. The CD8\(^{+} \) T cells were pooled and assayed for CD3\( \zeta \) expression by FACS analysis as in Fig. 1C. Isotype control treatment (open histogram) is indicated. The mean channel fluorescence intensity is indicated for one experiment representative of three. The mean fluorescence value \( \pm \) SD for the three experiments were 22.3 \( \pm \) 4.1 and 9.5 \( \pm \) 2.0 for IDO\(^{-} \) and IDO\(^{+} \) DC treatments, respectively (\( p < 0.01 \)). D, Portions of the CD8\(^{+} \) cells recovered as in C were assayed for lytic activity to NRP-A7-pulsed RMA-S/Kd target cells at different E:T ratios (mean \( \pm \) SD of replicate samples). *, \( p < 0.01 \), IDO\(^{-} \) vs IDO\(^{+} \) DC treatment of the prospective donors of CD8\(^{+} \) cytotoxic effectors. One experiment representative of three is shown.
Expression of CTLA-4, TGF-β, or IL-10 resulted in ablation of the regulatory properties of Tregs and subsets thereof in the mice used for generating CD4+CD25+ Tregs. Abs to CTLA-4, TGF-β, or IL-10 have any role in mediating the regulatory function of the CD25+ T CD25- T cell proliferation assay (Fig. 6B). The Abs had limited (anti-IL-10, anti-CTLA-4) or no (anti-TGF-β) effect when used singly, but the combination of anti-IL-10 and anti-CTLA-4 resulted in ablation of the regulatory properties of the Tregs generated by LT-K exposure. GCN2 and TGF-β are required for generation of Foxp3+ Tregs by LT-K Naive CD4+CD25- T cells can be converted to a CD25+ Treg phenotype by TGF-β, which is thought to act through the induction of Foxp3 (37). Although the production of this cytokine seemed to have little role in the in vitro downstream effects of the T cells converted by LT-K, we asked whether autocrine TGF-β is involved in Foxp3 induction. We also examined whether activation of the GCN2 kinase is a prerequisite for the induction of Foxp3 and Treg function by LT-K. GCN2+/− and wild-type mice served as a source of CD4+CD25+ cells that were used for generating Tregs by 7-day exposure to LT-K in the presence of anti-CD3 and anti-CD28, with or without anti-TGF-β. Foxp3 transcript expression (Fig. 6C) and ability to inhibit the proliferation of responder T cells (Fig. 6D) were examined in the recovered cells according to the conditions described above. The GCN2 kinase and TGF-β appeared to be required for the expression of Foxp3 and regulatory function.
properties in CD4\(^+\) T cells exposed to LT-K. Although it is possible that the anti-TGF-\(\beta\) would also neutralize any TGF-\(\beta\) present in the bovine sera added to the media, it should be noticed that the DCs did not produce significant amounts of TGF-\(\beta\) in vitro in response to LT-K (data not shown).

**Tregs induced by LT-K protect hosts from diabetes transfer**

Clonotypic T cell NOD mice expressing the BDC2.5-TCR\(\alpha\)\(\beta\) transgene (BDC2.5/NOD) are characterized by a prevalent population of CD4\(^+\) T cells that recognize a mimotope homologous to a peptide of glutamic acid decarboxylase 65 (40–42). Most BDC2.5/NOD mice do not develop spontaneous diabetes, but do develop insulitis accompanied by the appearance of activated islet-specific T cells. Evidence suggests that these cells are actively prevented from causing disease by a CTLA-4-dependent immunoregulatory mechanism and by the action of CD4\(^+\)CD25\(^+\)CD69\(^-\) Tregs (43). At variance with BDC2.5/NOD mice, BDC2.5 TCR transgenic mice backcrossed into the NOD-SCID background show fulminant diabetes, strongly arguing for the regulatory role of endogenously rearranged T cells lacking the transgenic TCR (44). Rapid diabetes also develops in NOD-SCID mice adoptively transferred with spleen cells or purified CD4\(^+\) T cells from BDC2.5/NOD donors (45). In this setting, however, onset of disease is prevented by the cotransfer of CD4\(^+\)CD25\(^+\)CD62L\(^-\) cells from prediabetic NOD mice (45). Using the cotransfer model, we investigated whether the Tregs generated by LT-K in vitro are capable of protecting NOD-SCID mice from the induction of diabetes by BDC2.5 transgenic T cells. We tested CD4\(^+\)CD25\(^+\) cells cultured for 7 d in LT-K medium in comparison with purified CD4\(^+\)CD25\(^+\)CD62L\(^-\) cells from NOD mice (Fig. 7A). The results showed that the Tregs generated by LT-K prevented transfer of diabetes in a durable and dose-dependent fashion and to an extent comparable to the control Treg population. However, when the recipients of the cotransfer received 1-MT pellets at the time of

**FIGURE 4.** Induction of Foxp3 transcripts in CD4\(^+\) T cells cultured with IDO\(^+\) DCs or in LT-K medium for different times. A, Sorted CD4\(^+\) lymphocytes (3 \(\times\) 10\(^3\)) were exposed to IDO\(^-\) or IDO\(^+\) DCs (1 \(\times\) 10\(^3\)) and soluble anti-CD3, or were activated by plate-bound anti-CD3 and anti-CD28 in LT or LT-K media for 1, 3, or 6 days. A group of CD4\(^+\) T cells was cultured with IDO\(^+\) DCs in the presence of 1-MT. Foxp3 mRNA levels were quantified by real-time PCR using Gapdh normalization. Data (mean \(\pm\) SD of triplicate samples in one of three experiments) are presented as normalized Foxp3 transcript expression in the samples relative to normalized Foxp3 transcript expression in the respective control cultures, i.e., cells exposed to IDO\(^+\) DCs or maintained in standard medium (fold change = 1; dashed line). B, CD4\(^+\) T cells were fractionated and CD25\(^+\) and CD25\(^-\) fractions were cultured as in A in control (C) or LT-K medium for 1, 3, or 6 days. Foxp3 message expression was analyzed by RT-PCR. On examining data as normalized Foxp3 transcript expression in CD4\(^+\)CD25\(^+\) cells samples relative to normalized Foxp3 transcript expression in control cells (i.e., maintained in standard medium; fold change = 1), the 6-day fold change was 8.3. One experiment representative of three is shown. C, FACS analysis of Foxp3 expression in permeabilized CD4\(^+\)CD25\(^+\) or CD4\(^+\)CD25\(^-\) cells cultured in control medium or exposed to LT-K or IDO\(^+\) DCs for 1, 3, or 6 days as in A. Isotype controls were included in all assays and are shown for day 6. The dot plots were gated on CD4\(^+\) cells. Number (upper right quadrant) indicates percentage of double-positive cells. Data are representative of three experiments. D, Cytofluorometric analysis of naive CD4\(^+\) T cells cultured in LT and kynurenines. Sorted CD4\(^+\)CD25\(^+\) cells were activated by plate-bound anti-CD3 and anti-CD28 in LT-K medium for 7 days (bottom), to be stained with Abs to CD25 (dot plot) or CD69, CD45RB, CD62L, CTLA-4, BTLA, and GITR (histograms). Also depicted is the profile of the original CD4\(^+\)CD25\(^+\) population (top). Number indicated is percentage of cells in each quadrant. Control cultures were stained with isotype-matched Ab (open histogram).
IDO-dependent mechanisms, and so does the CD25 produced by LT-K protect NOD-SCID mice from diabetes transfer via animals at 30 days were 0% and 25% for the two treatments, respectively (Fig. 7B). This result demonstrates that the Tregs induced by LT-K protect NOD-SCID mice from diabetes transfer via IDO-dependent mechanisms, and so does the CD25+CD62L- subset of Tregs from early prediabetic NOD mice.

Discussion

The immunosuppressive pathway of tryptophan catabolism has been implicated, with either protective or disease-promoting roles, in a variety of physiopathologic conditions, ranging from pregnancy (3) to transplantation (4), from autoimmunity (5) and inflammation (6, 7, 46) to neoplasia (11, 12). Two major theories have been proposed to explain how tryptophan catabolism creates tolerance. One theory postulates that tryptophan breakdown suppresses T cell proliferation by dramatically reducing the supply of this indispensable amino acid in local tissue microenvironments (2). The other theory postulates that the downstream metabolites of tryptophan catabolism act to suppress immune cells, probably by proapoptotic mechanisms (1). In addition, it has been suggested that quinolinate, a tryptophan catabolite, functions to replenish nicotinamide adenine dinucleotide in leukocytes, which is depleted by oxidative stress during an immune response (47). Recently, it has been proposed that the Treg phenotype could result, in part, from a biochemical reaction involving the modulatory activity of the tryptophan catabolite 3-HAA (48). These are not necessarily excluding possibilities and each might have a role in the biology of IDO (32). Reconciling, however, these different possibilities could be crucial to an integral role of tryptophan catabolism in mediating aspects of immune regulation that are both differentiated and interdependent (49).

Presumably due to their expression of tryptophanyl-tRNA-synthetase, which counteracts IDO-induced tryptophan depletion, naive CD8+ T cells are resistant to cell cycle arrest by tryptophan catabolism when exposed to strong antigenic stimuli (15), and are likewise resistant to kynurenine-induced apoptosis (17). Yet, Ag-specific class I-restricted responses are severely and reversibly impaired under conditions of IDO activation in vivo (10, 11). TCR ζ-chain down-regulation and impaired in vitro T cell function have been described in cancer and autoimmune and infectious diseases (19). Although down-regulation of ζ-chain could be a normal mechanism for controlling an excessive and potentially hazardous immune response, the continuous presence of pathogen or tumor Ags and chronic inflammation most likely exploits this mechanism to impair immune responses to chronic diseases (18), many of which are characterized by sustained IDO expression (1, 2). We found that a LT concentration, incapable of impairing T cell reactivity per se (30), synergized with physiologic concentrations of kynurenines (17) in down-regulating T cell CD3ξ expression in a specific and reversible fashion. The effect was demonstrable in vivo and required the activity of the GCN2 kinase. Although a causal link was not established between down-regulation of CD3ξ expression and impaired function of CD8+ T cells, the data suggested an association of the former effect with a reduced cytotoxic activity in vitro.

In eukaryotes, the mechanism for recognizing indispensable amino acid deficiency follows the conserved general control system, wherein uncharged transfer RNA induces phosphorylation of eukaryotic initiation factor 2 via the GCN2 kinase. This basic mechanism of nutritional stress management functions primarily to couple cell growth to amino acid availability (26). It has been proposed that GCN2 acts as a molecular sensor in T cells, allowing them to detect and respond to conditions created by IDO (32). Although amino acid deficiency alone is necessary and sufficient to activate a GCN2 response, our current data demonstrate that CD3ξ down-regulation requires the combined effects of tryptophan depletion and tryptophan catabolites. This clarifies the qualitative nature of the stress conditions created by IDO in vivo and, at the same time, explains the specificity of the T cell response to this particular form of ‘nutritional’ stress. In the case of conditions generated by tumoral IDO (11), the exquisite sensitivity of TCR-expressing T cells to LT-K effects could explain why tryptophan catabolism likely represents an efficient mechanism used by tumors for immune evasion in the absence of any gross effect of nutrient depletion, which would be detrimental to the tumor itself.

CD4+CD25+ Tregs are crucial in controlling autoimmune and inflammatory pathology, but little is known about their development and maintenance (20–23). Although it appears very likely that most CD4+CD25+ Treg cell development occurs in the thymus, accumulating evidence suggests that these cells can also develop in the periphery (50, 51), and that they do so under natural conditions, i.e., with the expression of a natural TCR repertoire and exposure to the natural endogenous Ag load (38). We found that mature peripheral CD4+CD25− T cells, that are relatively resistant to CD3ξ down-regulation by LT-K, can indeed convert to a CD4+CD25+ Treg phenotype through a process requiring GCN2 and leading to a gradual decrease in IL-2 production and up-regulation of IL-10 and TGF-β. Although the converted CD4+CD25+ cells themselves fail to proliferate after stimulation, they can suppress proliferation of responder cells in vitro. The converted cells express high amounts of Foxp3 transcript and Foxp3 protein. Autocrine TGF-β appears to be a prerequisite for the induction of Foxp3 and Treg function.

Much evidence is now available for the diversity of CD4+ Tregs that control distinct pathologies (52). Treg subsets defined by the CD25, CD62L, and CD45RB markers overlap only partially, suggesting that these subsets are functionally distinct or that a relevant Treg subset represents only a minority of the cells composing the three populations defined by these markers. As a result, the Treg
were admixed with CD4 Th2 cytokines, expresses TGF-
that is unresponsive to TCR stimulation, produces neither Th1 nor
we found that the CD4+ Th2 cells were activated by plate-bound anti-CD3 and anti-CD28
in LT-K media or cocultured with IDO+- DCs in the presence of soluble anti-CD3 for 7 days. Cells were then recovered and fractionated, and various numbers of CD25+ or CD25- cells were cocultured with 1 x 10^6 naive CD4+ CD25+ cells and anti-CD3 and accessory cells at different Treg to responder cell ratios. Natural Tregs were assayed for comparison. Proliferation was measured as [3H]thymidine incorporation (mean ± SD) at 48 h. B, CD4+ CD25+ cell numbers of CD25+ or CD25- cells were activated by plate-bound anti-CD3 and anti-CD28 in control or LT-K media, with or without anti-TGF-β. At 7 days, cells were recovered and Foxp3 mRNA levels were quantified by RT-PCR using Gapdh normalization. C, Portions of the cells cultured in LT-K as described in C were admixed with CD4+ CD25- cells (1 x 10^6) and accessory cells in the presence of anti-CD3 at different Treg to responder cell ratios. After 48 h, proliferation was assessed by [3H]thymidine incorporation (mean ± SD). One experiment representative of three.

population that protects NOD mice from fulminant diabetes appears to be CD25+ CD62Llow, shows a variable expression of CD45RB, and is distinct from the Treg subset protecting from colitis or gastritis (28). Conversion of peripheral CD4+ CD25- naive T cells to CD4+ CD25+ Tregs by TGF-β induction of Foxp3 results in the appearance of a CD25+ CD45RBhigh CTLA-4+ subset that is unresponsive to TCR stimulation, produces neither Th1 nor Th2 cytokines, expresses TGF-β, and inhibits normal T cell proliferation in vitro (37). Similar to this Treg population, we found that cell conversion in our model system with LT-K was further characterized by the presence of CD62Llow, GITR and secreted IL-10, with little or no expression of CD69 or BTLA.

Among Foxp3-expressing Treg populations, CD4+ CD25+ T cells are known to function through different mechanisms, including cell-cell contact, membrane or soluble TGF-β, and secreted IL-10 (21, 23, 52). We found that the Tregs generated by LT and kynurenines would suppress naive T cell proliferation in vitro by a combination of CTLA-4-dependent and IL-10-dependent effects, as demonstrated by the blocking effect of neutralizing Abs. In vivo, we found that the CD4+ CD25+ Tregs induced by LT-K prevented transfer of diabetes to an extent comparable to the control Treg population from prediabetic NOD mice. The protection transferred by both populations required tryptophan catabolism in the host. This indicates that modulation of tryptophan catabolism could represent an important mechanism of action not only for developmentally controlled 'professional' Tregs (52), as suggested by previous data (13), but also for T cells that are induced in the periphery to express a regulatory phenotype.

In conclusion, our data demonstrate that, before T cell cycle arrest due to a critical shortage in tryptophan supply, the early control of an immune response by IDO involves adjustable and versatile effects, including CD3ζ down-regulation and Treg generation, operated by two distinct signals, i.e., tryptophan deficiency and kynurenine production. Although the mechanisms of kynurenine action are largely unknown (17, 25, 53, 54), this observation clearly distinguishes the activity of IDO as a truly immunoregulatory enzyme from the effects on T cells of a mere starvation for amino acids, and paves the way to the possible use of synthetic kynurenines as therapeutic agents. Defining one possible means by which Tregs are physiologically generated and maintained in the periphery could provide...
FIGURE 7. Tregs generated in vitro by LT and kynurenines protect NOD-SCID mice from developing fulminant diabetes. A. Eight- to 12-wk-old NOD/BCD2.5 splenocytes (1 × 10^6) were injected i.v. either alone or in combination with two different doses (5 × 10^6 or 3 × 10^6) of unfraccionated cells derived from an originally CD4^+ CD25^+ population exposed to LT-K for 7 days in the presence of anti-CD3 and anti-CD28. CD4^+ CD25^+ cells cultured in standard medium (control T cells) and CD26-^ T cells isolated from 4-wk-old prediabetic NOD mice were also used for comparison. The incidence of diabetes is indicated over time for the different groups (n ≥ 6), as revealed by glycosuria and hyperglycemia. One representative experiment of three conducted is shown. Breaks in lines and axis indicate scale interruption. B. Naïve CD4^+ CD25^+ cells were cultured with LT-K for 7 days as indicated in A. Sorted CD25^+ or CD26-L^ T cells from prediabetic NOD mice (2 × 10^6) were cotransferred with diabeticogenic NOD/BCD2.5 splenocytes (1 × 10^6) into NOD-SCID mice that had been implanted with placebo or 1-MT pellets. The animals and axis indicate scale interruption. One representative experiment of three conducted is shown. Breaks in lines used for comparison. The incidence of diabetes is indicated over time for the different groups (n ≥ 6), as revealed by glycosuria and hyperglycemia. One representative experiment of three conducted is shown. Breaks in lines and axis indicate scale interruption.

new opportunities for designing ways to induce or abrogate tolerance in physiopathologic conditions.

Acknowledgments
We thank L. Chatenoud (Institut National de la Sante et de la Recherche Medicale Unite 580, Paris, France) for the gift of transgenic BCD2.5/NOD mice, T. Fortunati for performing surgical procedures, and G. Andrielli for technical assistance.

Disclosures
The authors have no financial conflict of interest.

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