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Blockade of Vascular Endothelial Growth Factor Receptor I (VEGF-RI), but not VEGF-RII, Suppresses Joint Destruction in the K/BxN Model of Rheumatoid Arthritis

Michel De Bandt,2* † Meriem H. Ben Mahdi,* Véronique Ollivier,* Maggy Grossin,‡ Magali Dupuis,* Murielle Gaudry,* Peter Bohlen,§ Kenneth E. Lipson,¶ Audie Rice,¶ Yan Wu,§ Marie-Anne Guogerot-Pocidalo,* and Catherine Pasquier*

It was recently shown that vascular endothelial growth factor (VEGF), a growth factor for endothelial cells, plays a pivotal role in rheumatoid arthritis. VEGF binds to specific receptors, known as VEGF-RI and VEGF-RII. We assessed the physical and histological effects of selective blockade of VEGF and its receptors in transgenic K/BxN mice, a model of rheumatoid arthritis very close to the human disease. Mice were treated with anti-mouse VEGF Ab, anti-mouse VEGF-RI and -RII Abs, and an inhibitor of VEGF-RII tyrosine kinase. Disease activity was monitored using clinical indexes and by histological examination. We found that synovial cells from arthritic joints express VEGF, VEGF-RI, and VEGF-RII. Treatment with anti-VEGF-RI strongly attenuated the disease throughout the study period, while anti-VEGF only transiently delayed disease onset. Treatment with anti-VEGF-RII had no effect. Anti-VEGF-RI reduced the intensity of clinical manifestations and, based on qualitative and semiquantitative histological analyses, prevented joint damage. Treatment with a VEGF-RII tyrosine kinase inhibitor almost abolished the disease. These results show that VEGF is a key factor in pannus development, acting through the VEGF-RI pathway. The observation that in vivo administration of specific inhibitors targeting the VEGF-RI pathway suppressed arthritis and prevented bone destruction opens up new possibilities for the treatment of rheumatoid arthritis. The Journal of Immunology, 2003, 171: 4853–4859.
rabbit model of adjuvant-induced arthritis of the knee, Storgard et al. (31) showed that intra-articular injections of a cyclic peptide antagonist of integrin α6β1, a pathway involved in angiogenesis, attenuated the disease. Likewise, administration of a soluble VEGF receptor transiently reduces the clinical manifestations of CIA (32). Abs against VEGF-RI can suppress blood vessel formation in tumor and in ischemic retinopathy as well as the growth of atherosclerotic plaques and articular inflammation in the CIA model by suppressing VEGF-RI-mediated inflammation (4).

Although widely used, the CIA and OVA-induced arthritis models do not perfectly mimic human RA, as they involve acute immunization with arthritogenic proteins, and their clinical presentations are not homogeneous. Kouskoff et al. (33) produced a transgenic animal model of RA, the K/BxN (or KRN/nonobese diabetic (NOD)) mouse model, by crossing a transgenic spontaneously develop a form of polyarthritis that shares many features with the human disease. Disease onset is due to genetic factors and T cell presentation of the target Ag, and does not require prior immunization. The polyarthritis is chronic, aggressive, long-lasting, bilateral, symmetrical, and erosive, with joint destruction and physical deformations; importantly, synovial fluid can be sampled for analysis. The disease is triggered following change recognition of a NOD-derived MHC class II molecule by the transgenic TCR (34). Disease progression is mediated by CD4+ T cells and B cells. Early neovascularization occurs in diseased mice (33, 35).

In our previous studies of the K/BxN mouse model, we found strong VEGF expression in arthritic joints. We also found that a nonspecific inhibitor of angiogenesis (called TNP-470) delayed arthritis and prevented bone destruction (35). In the present study we tested the capacity of specific anti-VEGF and anti-VEGF-RI and -RII neutralizing Abs and a VEGF-RI tyrosine kinase inhibitor to cure arthritis in the K/BxN mouse model on the basis of clinical and histological features. We also tested K/BxN synoviocytes for VEGF, VEGF-RI, and VEGF-RII mRNA and protein production ex vivo.

Materials and Methods

Mice

The KRN/NOD transgenic mice used in this work were obtained by crossing KRN transgenic males (B10BR genetic background; provided by Dr. C. Benoist, Institut de Génétique et de Biologie Moléculaire, Illkirch, France) with female NOD mice (NOD/ORl Ico; purchased from IFFA CREDO, l’Abresle, France). Mice were bred and maintained in the animal facilities of Mouse Immunogenetics (Institut Nationale de la Santé et de la Recherche Médicale, Unité 462, Saint Louis Hospital, Paris, France). (KRN/NOD)F1 offspring were bred on day 21 after birth, and those expressing the α6β1-TCR transgene were identified by flow cytometry. Controls were F1 offspring mice not expressing the transgene.

Flow cytometry

Flow cytometry was used to identify transgene-positive KRN/NOD F1 offspring on day 21 after birth. Whole blood was incubated on ice with PE-monoclonal anti-mouse CD4 T cell (0.5 mg) and FITC-monoclonal anti-mouse αβ-TCR-β chain (0.5 mg) Abs (BD Pharmingen, Le Pont de Claix, France). Flow cytometry was performed after RBC lysis and washing steps. The presence of CD4+ Vβ6 cells showed that the animal was KRN transgene positive. A FACSScan flow cytometer (BD Biosciences, San Jose, CA) equipped with a 15-mW 488-nm argon laser was used. All results were obtained with a constant photomultiplier gain. Data were analyzed using CellQuest software (BD Biosciences). Nonspecific Ab binding was determined on cells incubated with the same concentration of an irrelevant Ab of the same isotype.

Anti-mouse VEGF and VEGF-R Abs

The neutralizing polyclonal goat anti-mouse-VEGF Ab was obtained from R&D Systems Europe (Abingdon, U.K.). Rat IgG1 mAbs against mouse VEGF-RI and -RII, called MF-1 and DC-101, respectively, were produced at ImClone Systems (New York, NY). Both are specific blocking Abs whose activity has been tested in various models (4, 23).

Synovial cells

Mice were killed on day 35 (1 wk after the onset of arthritis), and their joints were dissected. Pannus were collected and digested with collagenase. Synovial pannus were grown in RPMI 1640 medium (Bio-Whittaker Europe, Verniers, Belgium) containing 10% FCS (Abcys, Burlingame, CA). Cells were harvested after the second passage. The synovial cell phenotype was assessed by their morphological aspects and by immunohistochemical analysis. Cells were first incubated with rabbit anti-mouse vimentin mAb (ABD, Golden, CO) and rabbit anti-mouse epithelial membrane Ag (EMA; Biocare Resources, Newcastle, U.K.) and then with a biotin-labeled goat anti-rabbit Ig Ab; goat anti-mouse CD14 and CD16 (BioSource, Nivelles, Belgium) were followed by an FITC-labeled rabbit anti-goat Ab. The results showed that vimentin and EMA were abundant, whereas CD16 and CD14 were rare, in agreement with a fibroblastic synovial cell type.

VEGF-R RT-PCR

Total RNA was extracted from cultured synovial cells and from mouse lungs (positive control) using the TRIzol reagent (Invitrogen, Cergy Pontoise, France). Five micrograms of total RNA was subjected to RT-PCR as described previously (36). The sense primer for VEGF-RI (nucleotide position 1775) was 5′-GCC CATGACGCTCATAGAACGAG-3′ and the antisense primer (position 2235) was 5′-TGAAGTTTGAACGCCAGGTTG-3′. Amplification consisted of 35 cycles at 94°C for 1 min, 63°C for 2 min, and 72°C for 3 min. The sense primer for VEGF-RII (position 1834) was 5′-ATCACAAGT GCCAACGTCTCAGC-3′, and the antisense primer (position 2260) was 5′-TGGTTGCCATGCGCTCTAGATG-3′. Amplification consisted of 30 cycles at 94°C for 1 min, 60°C for 2 min, and 72°C for 3 min.

VEGF-R detection by indirect immunofluorescence

Mice were killed by neck dislocation on day 35. Joints were fixed for 12 h in 4% paraformaldehyde, decalcified in 5% nitric acid for 12 h, fixed again for 12 h in paraformaldehyde, and then embedded in paraffin. Slides were then deparaffinized in toluene, rehydrated in alcohol, washed in PBS with 1% BSA, incubated with rat anti-mouse VEGF-RI and -RII mAbs (dilution 1/50) or isotropic controls (IgG1) in and revealed with an FITC-conjugated goat anti-rat Ab (F5262; Sigma-Aldrich, St. Louis, MO).

Western blotting for VEGF-R and -RII

An equal amount of synovial cell protein extract (20 μg) from arthritic and normal mice and mouse lungs (positive control) was solubilized in Laemmli buffer and then submitted to SDS-PAGE in 10% acrylamide gels. After transfer onto nitrocellulose, membranes were blotted with the primary Ab (anti-VEGF-R or -RII at 1/1000; ImClone Systems), then with a secondary Ab (goat anti-rat peroxidase-labeled Ab, 1/2000; Invitrogen, Cergy Pontoise, France). Isotypic controls were used in each experiment. Anti-VEGF, anti-VEGF-RI, and anti-VEGF-R II Abs all inhibited endothelial cell proliferation in vitro.

Kinase assays

The tyrosine kinase inhibitor SU11657 was synthesized at SUGEN (South San Francisco, CA). This compound inhibits the kinase activity of VEGF-RI, VEGF-RII, PDGF-R, and c-Kit (see Table I). Biochemical kinase assays to evaluate the potencies of compounds to inhibit VEGF-RI, VEGF-RII, PDGF, and c-Kit receptors were conducted with GST/kinase domain proteins and histological features. We also tested K/BxN synoviocytes for VEGF, VEGF-RI, and VEGF-RII mRNA and protein production ex vivo.

In vitro inhibition of endothelial cell proliferation by anti-VEGF and anti-VEGF-R

We used VEGF-induced endothelial cell proliferation to check the ability of all Abs to inhibit cell proliferation on the basis of bromodeoxyuridine incorporation, according to the manufacturer’s instructions (Oncogene Research Products, Boston, MA). Isotypic controls were used in each experiment. Anti-VEGF, anti-VEGF-RI, and anti-VEGF-R II Abs all inhibited endothelial cell proliferation in vitro.

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appropriate kinase buffer. The amount of substrate phosphorylation was then measured with Abs to phosphorytrosine. For the TR-FRET assay format, the purified enzyme was added to microtiter plate wells containing the test compound, the appropriate kinase buffer, a biotinylated peptide substrate, and TR-FRET reagents from PerkinElmer (Branchburg, NJ). The amount of substrate phosphorylation was then measured on a fluorometer.

### Treatment

Anti-mouse VEGF was reconstituted with sterile PBS. We tested various doses of the anti-VEGF polyclonal Ab, from 50–800 µg; a plateau was observed between 100 and 800 µg. We therefore used an intermediate dose of 400 µg.

Preventive treatment consisted of 400 µg/i.v. or i.p. injection on days 21, 23, 25, and 27 after birth (before arthritis onset) and then every 3 days for 2 wk (after arthritis onset). We only analyzed two doses of anti-VEGF-RI and -RII Abs (500 and 1000 µg). The 200-µg dose of anti-VEGF-RI mAb had only a slight inhibitory effect on the clinical aspect of the disease, whereas the 1000-µg dose was much more effective. Anti-VEGF-RI (MF-1) was therefore injected i.p. at a dose of 1000 µg/injection on days 21, 23, 25, and 27 after birth and then every 3 days for 2 wk. Anti-VEGF-RII (DC-101) Ab was injected i.p. at a dose of 800 µg/injection following the same schedule. In parallel experiments, control transgenic mice received normal goat IgG (R&D Systems Europe) or rat IgG1 isotypic control for DC-101 and MF-1 (provided by Imclone).

The kinase inhibitor SU11657 was administered orally (40 mg/kg) every day by gavage, starting 5 days before the onset of arthritis. This dose had no severe side effects when administered orally. Controls received an inactive vehicle. Gavage was stopped 15 days after the onset of arthritis.

All experiments were performed in strict accordance with Institut Nationale de la Santé et de la Recherche Médicale guidelines for the use of laboratory animals.

### Arthritis assessment

The incidence and severity of arthritis were assessed daily, using a previously validated score (33, 35). Arthritis was quantified by measuring the thickness of each paw (direct measurement of articular swelling) with an electronic caliper square (Polylabo, France). The sum of the measures of the four paws (in millimeters) was used as the arthritic index (AI), and curves were established for each treatment group. Values are given as the mean ± SD.

### Histological analyses

Mice were killed by neck dislocation. Joints were fixed for 12 h in 4% paraformaldehyde (PFA), decalcified in 5% nitric acid for 12 h, fixed again for 12 h in PFA, and then embedded in paraffin. Sagittal sections (4 µm) were prepared with a semiautomatic microtome (HM340E Microm; Microm, Francheville, France), then stained with hematoxylin-phloxin-safron. Multiple sections were obtained from each joint. Four different sections through each joint were scored to control sampling, and a mean value was calculated. Histological examination included morphological analyses and use of a semiquantitative grading score (10, 35). Inflammation and destruction were scored separately. Morphological and semiquantitative analyses were made by an independent examiner who was unaware of the clinical status of the mice, the day on which they were killed, and the treatment administered. In brief, for each joint, the intensity of inflammatory lesions was judged from the following items: joint cavity (normal or dilated, and presence or absence of liquid and/or cells) and synovial membrane (normal or abnormal, edema, synovial hyperplasia, vascular congestion, cellular infiltration and/or fibrosis, and type of inflammatory cells). The intensity of destruction was scored from the following items: articular surfaces (normal, presence of chondral and/or bone destruction, and/or fibrosis) and tendon sheaths (normal, synovial hyperplasia, edema, vascular congestion, rupture, and cellular infiltration and fibrosis). Normal joints were scored 0, edematous arthritis was scored 1, nonerosive acute arthritis was scored 2, erosive acute arthritis without fibrosis was scored 3, chronic erosive and fibrosing arthritis was scored 4, and chronic erosive and fibrosing arthritis with persistent and evolving acute arthritis was scored 5.

### Statistical analysis

StatView software was used to calculate the mean and SD. Group means were compared by using ANOVA, followed by the Mann-Whitney non-parametric comparison test. A value of p < 0.05 was considered significant.

### Results

VEGF-RI and -RII mRNAs and proteins are present in synovial cells from K/BxN joints

One week after the onset of arthritis (day 35) the synovial pannus from knee joints was collected and digested with collagenase, and synovial cells were grown in petri dishes. Cells were collected after two passages. VEGF-RI and -RII mRNAs were detected by RT-PCR. The expected 484-bp (VEGF-RI) and 450-bp (VEGF-RII) bands were readily detected (Fig. 1).

Indirect immunofluorescence detected both VEGF-RI and -RII on cultured cells and joint sections (Fig. 2). These cells coexpressed VEGF-R with vimentin and EMA, confirming their fibroblastic synovial phenotype (data not shown). The two receptors were identified in synovial cells by Western blotting analysis. VEGF-RI and -RII (150 and 151 kDa, respectively) were clearly present in synovial cells from two arthritic mice and in the positive lung control, but were barely detectable in cells from normal mice. The blots were scanned, and this showed that the VEGF-RI and -RII bands were both ~20 times more intense in cells from arthritic mice than in the positive lung control (Fig. 3). Therefore, a

![FIGURE 1. VEGF-RI and -RII RT-PCR.](http://www.jimmunol.org/DownloadedFrom/.../Fig1.png)

**FIGURE 1.** VEGF-RI and -RII RT-PCR. To detect the two VEGF-Rs on synovial cells, VEGF-RI and VEGF-RII mRNAs were amplified by RT-PCR as described in Materials and Methods. Transcripts of the expected sizes were detected: 482 bp (VEGF-RI) and 448 bp (VEGF-RII). Lane a, the presence of VEGF-RI mRNA in synovial cells from arthritic joints; lane b, positive controls for VEGF-RI from mouse lungs; lane c, size ladder; lane d, positive controls for VEGF-RII from mouse lungs; lane e, the presence of VEGF-RII mRNA in synovial cells from arthritic joints.
similar amount of both receptors was present in the cells from arthritic mice. As we have previously reported (35), VEGF was expressed by synovial cells from K/BxN mouse joints (data not shown).

**Time course of the AI in transgenic K/BxN F1 mice and K/BxN F1 nontransgenic mice (Fig. 4)**

Transgenic K/BxN F1 mice typically developed polyarthritis 27 ± 2 days after birth. Arthritis occurred in all transgenic mice, but not in nontransgenic mice. As expected in nontransgenic mice, which grew normally, the AI increased after birth and stabilized (day 35; 1130 ± 40) after the end of growth. In transgenic mice, the disease started with a very acute phase, characterized by joint effusion and florid synovitis, which gradually increased between days 27 and 36. The AI increased rapidly, reaching 1587 ± 96 on day 36 (p < 0.05 vs nontransgenic mice), in keeping with previous results (35). The disease remained active between days 36 and 60 after birth, with high AI values (mean daily AI during this period, 1596 ± 103). The AI value peaked on day 43 at 1678 ± 102. It declined from day 60 to day 110, but always remained significantly higher than the value in nontransgenic mice.

**Anti-VEGF transiently attenuates arthritis**

Intravenous anti-VEGF treatment (400 μg/injection) delayed the onset of clinical manifestations by about 1 wk compared with isotypic control-treated mice (Fig. 5). The mean AI was significantly lower in anti-VEGF-treated mice than in their placebo-treated counterparts during this period (days 28–35; p < 0.001). The effect of anti-VEGF Ab waned after day 35, as the AI curve joined that for isotypic control-treated mice. Similar results were obtained when treatment was administered via the i.p. route. No gain was observed with higher doses (800 μg/injection; data not shown).

**Anti-VEGF-RI and the tyrosine kinase inhibitor SU11657 strongly attenuate arthritis, contrary to anti-VEGF-RII (Fig. 6)**

Treatment with the anti-VEGF-RII mAb DC-101 was totally ineffective, as all clinical parameters (day of onset, AI, and weight) and histological variables (see below) were identical with those in the placebo group (Fig. 6B). In contrast, the anti-VEGF-RI mAb MF-1 delayed the onset of arthritis and attenuated the disease (Fig. 6A).

**FIGURE 4.** AI in transgenic and nontransgenic mice. The incidence and severity of arthritis were assessed daily in transgenic (▵) and control nontransgenic (□) mice. Arthritis was quantified by measuring the thickness of each paw with an electronic caliper square as described in Materials and Methods. The sum of the measures of the four paws (in millimeters) was used as an AI. Results are expressed as the mean ± SD (for seven transgenic mice and eight nontransgenic mice). ∗, p < 0.05. All the transgenic mice (100%) developed arthritis on day 27 ± 2, whereas nontransgenic mice had no signs of arthritis.

**FIGURE 5.** Effect of anti-mouse VEGF Ab treatment on the clinical course of arthritis in K/BxN transgenic mice. The incidence and severity of arthritis were assessed daily in anti-mouse-VEGF-treated (▵; n = 9) and isotypic-treated (□; n = 11) mice. Arthritis was quantified by measuring the thickness of each paw with an electronic caliper square. The sum of the measures of the four paws (in millimeters) was used as the AI. Results are expressed as the mean ± SD. ∗, p < 0.05.

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**FIGURE 2.** Detection of VEGF-RI and -RII by indirect immunofluorescence. Slides (longitudinal sections of knee joints) were incubated with rat anti-mouse VEGF-RI and -RII mAbs (dilution 1/50) or IgG1 isotypic controls and revealed with an FITC-conjugated goat anti-rat Ab as described in Materials and Methods. a and b. Slides were treated with anti-VEGF-RI (a) and anti-VEGF-RII (b), respectively. VEGF-RI and -RII are indicated by the bright green spots in synovium and bone marrow. c and d. Slides were treated with isotypic controls for VEGF-RI (c) and VEGF-RII (d), respectively.

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**FIGURE 3.** Equal amounts of cultured synovial cell protein extract (20 μg) from arthritic and normal mice and mouse lungs (positive control) were dissolved in Laemmli buffer and then submitted to SDS-PAGE in 10% acrylamide gels. After transfer onto nitrocellulose membranes, the membranes were probed with the primary Ab (anti-VEGF-RI and anti-VEGF-RII) and revealed with a peroxidase-labeled secondary Ab. Bands of the expected sizes (151 and 150 kDa) were observed in the arthritic mice and in the positive control. Bands were scanned with an HP scan jet 5500, and the ratio between bands from arthritic mice and the positive control was calculated. The results are representative of three experiments.
isotypic control-treated mice (n = 11). * p < 0.05; b, Anti-mouse VEGF-RII-treated mice (n = 11) and isotypic control-treated mice (n = 12); * p < 0.05. c, K/BxN transgenic mice received oral SU11657 (n = 14) or placebo (n = 10) as described in Materials and Methods. * p < 0.05. The incidence and severity of arthritis were assessed daily. Arthritis was quantified by measuring the thickness of each paw with an electronic caliper square. The sum of the measures of the four paws (in millimeters) was used as the AI. Results are expressed as the mean ± SD AI.

FIGURE 6. Effects of anti-VEGF-RI and anti-VEGF-RII Abs and the tyrosine kinase inhibitor SU11657 on the clinical course of arthritis in K/BxN transgenic mice. a and b, K/BxN transgenic mice were treated with anti-mouse VEGF-RI and -RII Abs or with an isotypic control as described in Materials and Methods. a, Anti-VEGF-RI treated mice (n = 12) and isotypic control-treated mice (n = 11). * p < 0.05. b, Anti-mouse VEGF-RII-treated mice (n = 11) and isotypic control-treated mice (n = 12). * p < 0.05. c, K/BxN transgenic mice received oral SU11657 (n = 14) or placebo (n = 10) as described in Materials and Methods. * p < 0.05. The incidence and severity of arthritis were assessed daily. Arthritis was quantified by measuring the thickness of each paw with an electronic caliper square. The sum of the measures of the four paws (in millimeters) was used as the AI. Results are expressed as the mean ± SD AI.

6A). The differences between anti-VEGF-RI-treated and isotypic control-treated mice were significant at every time point. In particular, the increase in AI from day 25 to day 33 in anti-VEGF-RI-treated mice was about half that observed in isotypic control-treated mice.

Treatment of transgenic mice with SU11657 almost completely abrogated all clinical signs of arthritis (Fig. 6C). SU11657 had the most potent suppressive effect on clinical parameters.

Anti-VEGF and anti-VEGF-RI attenuate the histological signs of arthritis

Qualitative analysis. The histological aspects of inflamed joints from placebo-treated and anti-VEGF-RII-treated mice are shown in Fig. 7. After 1 wk of treatment, isotypic control-treated mice had erosive acute arthritis, mainly in the tarsal and carpal joints. Articular spaces were filled with inflammatory material, synovial membranes were invaded by inflammatory cells, and tendon sheaths were inflamed. Multiple tendon ruptures were observed, and a rheumatoid-like pannus was present.

Mice treated with anti-VEGF-RI exhibited milder arthritis, with no erosion, no cartilage lesions, and no tendon rupture. Articular spaces were filled with edematous fluid devoid of inflammatory cells and altered polymorphonuclear cells. When present, the pannus was not hypertrophic or aggressive. Anti-VEGF-RII had no such protective effect.

Mice treated with SU11657 had very few histological manifestations of arthritis, apart from a thin pannus with a fibrous aspect. No bone or cartilage destruction was observed in these mice.

FIGURE 7. Histological examination of joints from K/BxN mice was performed. Qualitative analysis of hematoxylin-phloxin-saffron-stained sections was conducted. Magnification, ×25. Mice were killed on day 35. Typical aspects from two different mice in each group are presented. a and h, Joints from two placebo-treated (control) mice. a, Tarsal joint; h, knee. Mice have erosive acute arthritis, articular spaces are filled with inflammatory material, synovial membranes are invaded by inflammatory cells, and a rheumatoid-like pannus is present. c and d, Joints from two anti-VEGF-RII-treated mice. c and d, Knee joints. Mice exhibit milder arthritis than in a and b, with no erosion and no cartilage lesions. Articular spaces are filled with edematous fluid devoid of inflammatory cells and altered neutrophils. When present (d), the pannus is not hypertrophic or aggressive.

6A). The differences between anti-VEGF-RI-treated and isotypic control-treated mice were significant at every time point. In particular, the increase in AI from day 25 to day 33 in anti-VEGF-RII-treated mice was about half that observed in isotypic control-treated mice.

Semiquantitative analysis. The median histological score was calculated for each mouse. Pairs of mice from the same litter were chosen for active and placebo treatments. Histological analysis focused on one anterior and one posterior limb of each animal, and each joint (anterior: shoulder, elbow, wrist, and metacarpophalangeal; posterior: hip, knee, ankle, and metatarsophalangeal) was analyzed and scored (Table II). Scores near 0 correspond to normal joints, scores between 10 and 20 correspond to acute nondestructive arthritis, and scores over 30 correspond to destructive arthritis. Placebo-treated mice had a mean ± SD score of 50 ± 7; mice treated with anti-VEGF-RI had a mean ± SD score of 47 ± 8 (NS
pressed as mean / H11006 non-destructive arthritis, and scores over 30 to destructive arthritis. Results are ex-
treated with SU11657 had a mean / H11006 K/BxN mouse model of arthritis, as angiogenesis seems to have a
We tested a strategy to limit angiogenesis and in
flammation in the
Discussion
Table II. Semi-quantitative histological analysisa
<table>
<thead>
<tr>
<th>Treatment</th>
<th>Score</th>
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<tr>
<td>Placebo-treated mice</td>
<td>50 ± 7</td>
</tr>
<tr>
<td>Anti-VEGF-RII</td>
<td>47 ± 8a</td>
</tr>
<tr>
<td>Anti-VEGF-RI</td>
<td>12.4 ± 5a</td>
</tr>
<tr>
<td>VEGF-RI tyrosine kinase inhibitor: SU11657</td>
<td>3.1 ± 2a</td>
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a Scores near 0 correspond to normal joints, scores between 10 and 20 to acute non-destructive arthritis, and scores over 30 to destructive arthritis. Results are ex-
presed as mean ± SD. Five mice were tested in each group.

vs placebo). In contrast, mice treated with anti-VEGF-R1 had a mean ± SD score of 12.4 ± 5 (p < 0.001 vs placebo), and mice treated with SU11657 had a mean ± SD score of 3.1 ± 2 (p < 0.001 vs placebo). The degradation of cartilage proteoglycan, as measured by Safranin O staining (positive staining surface per square millimeter of articular knee surface), was reduced by 45% in mice treated with anti-VEGF-R1 and by 90% in mice treated with SU11657 compared with that in control mice. The number of CD31-positive cells (myeloid and endothelial cells) per unit area in mice treated with anti-VEGF-R1 and SU11657 was reduced by 22% and 34%, respectively, compared with that in placebo-treated mice.

The inhibition of inflammation and angiogenesis mediated by VEGF within the joint is an attractive therapeutic approach in arth-
ritis (26–31) as VEGF (protein and mRNA) is present in human RA synovium and synovial fluid (10). In addition, we showed here that VEGF-R1 and -R2 mRNAs and proteins are present in synovial cells from K/BxN arthritic mice. The similar expression of VEGF-R1 and R2 in synovial cells from arthritis mice suggests that the inefficacy of anti-VEGF-R2-neutralizing Ab is not related to a lower expression of VEGF-R1.

Previous studies have shown a transient clinical improvement in CIA and OVA-induced arthritis after treatment with a soluble VEGF-R (32). In a CIA model, treatment with anti-VEGF reduces the incidence of joint disease by 60%, whereas anti-VEGF-R1 is ineffective (4). The KRN/NOD (K/BxN) transgenic mouse model used here is the most reliable and accurate model of human RA currently available, and this is the first study to test specific neutralizing anti-VEGF and anti-VEGF-R1 and -R2 Abs in this model.

Angiogenesis is an early and important phenomenon in synovial pannus proliferation. The mechanisms triggering this angiogenesis are poorly understood, and numerous proangiogenic factors have been detected in RA synovial membranes (1–3, 7, 20). VEGF is one of the most powerful angiogenic agents known. VEGF exerts proangiogenic effects; its concentration is positively correlated with joint destruction and vascularization of the pannus, as ob-
served by color Doppler echography (6). However, VEGF also
exerts proinflammatory activities by recruiting hemopoietic cells from the bone marrow to the circulation. In the CIA model, synov-
ial infiltration by inflammatory cells is reduced by anti-VEGF-R1 Ab, whereas anti-VEGF-R2 is ineffective (4). These authors sug-
gested that although VEGF-R1 may be the main pathway of an-
ghiogenesis in endothelial cells, many of the biological functions of VEGF-R1 in arthritis may lie in the regulation of the migration of inflammatory cells, which themselves could induce the production of angiogenic mediators (4). Furthermore, Matsumoto et al. (20) recently detected VEGF-R1 on preosteoclast cells and showed that the VEGF/VEGF-R1 pathway might be involved in chemotaxis and the cell proliferation of preosteoclasts in arthritic joint destruc-
tion. Osteoclasts are derived from monocytes and macrophages, and these results are in accordance with the VEGF-induced mi-
egration of myeloid progenitors to the joints (4). In accordance with this previous report, we observed significant clinical and histolog-
ical improvements in the K/BxN transgenic mouse model after treatment with anti-VEGF-R1, whereas anti-VEGF-R2 Ab was in-
effective. However, both receptor types were present on synovial cells, and both Abs blocked endothelial cell proliferation in vitro. These results suggest that the main pathway involved in VEGF-induced pannus proliferation is mediated by VEGF-R1-driven, and not by VEGF-R2-driven, angiogenesis in vivo. However, we cannot rule out the possibility that the differences between the two Abs in the K/BxN model were due to differences in the accessibility of the two Abs to their target in vivo.

After transiently diverging, the curves of the AI in anti-VEGF-
treated and control mice came back together after a few days. A similar transient effect has been described with soluble VEGF-R1 in a CIA model (32). It is feasible that the VEGF produced by joint cells, through autocrine and paracrine mechanisms, was rapidly captured by neighboring VEGF-Rs rather than by the neutralizing anti-VEGF Ab. Alternatively, other proangiogenic factors, such as placental growth factor may exert a compensatory mechanism (4). It can also be hypothesized that mice generated neutralizing Abs against goat anti-VEGF Abs.

The expression of VEGF-R1 and -R2 on synovial cells suggests that VEGF and its receptors also play a role in the extension of the rheumatoid pannus by inducing synovial proliferation as well as angiogenesis. Interestingly, some nonspecific angiogenesis inhibitors (such as TNP-470, an inhibitor of VEGF synthesis and met-
alloproteases) are effective (35), suggesting that other pathways beside the VEGF-R1 pathway should be studied in arthritis. The recent demonstration that both VEGF-R1 and -R2 are expressed on human synovial cells (37) strengthens our results.

Although it abrogated bone and cartilage destruction, anti-
VEGF-R1 did not totally suppress arthritis in K/BxN mice. This suggests that various cytokines have redundant effects on the an-
ghiogenic pathway involved in pannus proliferation. This treatment might be more effective if anti-VEGF-R1 treatment is combined with other therapeutics such as TNF-α inhibitors. In this context, SU11657 might be a better inhibitor of the AI in K/BxN mice than was anti-VEGF-R1 because it is a potent inhibitor of several ki-
ases. Thus, it might inhibit signaling by other cytokines that are critical for the pathophysiology, in addition to that mediated by VEGF-R1. Although it is important for us to determine which of these explanations is correct if we are to develop better therapies for arthritis, the near-complete suppression of the disease is very encour-
gaging for identifying appropriate therapeutic agents for this debilitating disease.

In conclusion, this study clearly shows the clinical and histo-
logical benefits of selective VEGF-R1 blockade on cartilage and bone destruction in the K/BxN transgenic mouse model of arthritis,
the most reliable model of human RA. These results warrant clinical trials of specific VEGF-RI inhibitors for the treatment of arthritis.

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