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Cutting Edge: Long-Term B Cell Memory in Humans after Smallpox Vaccination

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Memory B cells are a central component of humoral immunity, and yet little is known about their longevity in humans. Immune memory after smallpox vaccination (DryVax) is a valuable benchmark for understanding the longevity of B cell memory in the absence of re-exposure to Ag. In this study, we demonstrate that smallpox vaccine-specific memory B cells last for >50 years in immunized individuals. Virus-specific memory B cells initially declined postimmunization, but then reached a plateau ~10-fold lower than peak and were stably maintained for >50 years after vaccination at a frequency of ~0.1% of total circulating IgG+ B cells. These persisting memory B cells were functional and able to mount a robust anamnestic Ab response upon revaccination. Additionally, virus-specific CD4+ T cells were detected decades after vaccination. These data show that immunological memory to DryVax vaccine is long-lived and may contribute to protection against smallpox. The Journal of Immunology, 2003, 171: 4969–4973.

Long-lived plasma cells and memory B cells are responsible for the long-term humoral immunity elicited by most vaccines (1). Abs are the body’s first line of defense against infection, and circulating Abs are the primary indicator of immunity for most human vaccines (2). Long-lived plasma cells are responsible for the continuous maintenance of serum Ab levels (3–5). Memory B cells are responsible for driving the rapid anamnestic Ab response that occurs after re-exposure to Ag, which is important for eliminating the pathogen and toxic Ags not cleared by pre-existing circulating Abs. Memory B cells may also play a role in replenishing the pool of long-lived plasma cells to maintain long-term Ab levels in the absence of pathogen (5, 6). The dynamics of Ag-specific memory B cells in humans in the absence of re-exposure to Ag is not well understood. Mechanistic studies of immune memory have been done in mice showing that B cell memory can be stably maintained in the absence of Ag (7), but in humans this remains an open issue.

Resolving this issue is important for understanding the maintenance of immune memory in humans and for future vaccine design.

Immune memory after smallpox vaccination (DryVax) is a valuable benchmark for understanding the kinetics and longevity of B cell memory in the absence of re-exposure to Ag, since immunization of the U.S. population was stopped in 1972 and smallpox disease was declared eradicated worldwide in 1980 (8). In addition, there is currently great public health interest in smallpox immunity due to the possible threat of bioterrorism (9).

Materials and Methods

Study subjects

Study subjects were all normal healthy volunteers. The date postvaccination used in the data analysis is the date of the most recent smallpox vaccination that an individual reported. Nine of 27 of the individuals vaccinated >1 year ago received multiple vaccinations. Seven of those individuals were vaccinated twice (once as a child and once as an adolescent, teenager, or adult), one individual was vaccinated three times, and one individual was vaccinated four times over a 25-year period. In the instances of multiple smallpox vaccinations, the year of the most recent vaccination was used to establish the years postvaccination of the vaccinee in all data analyses. Gender distribution was ~50:50. Of the eight individuals from whom acute PBMC samples were obtained, three received their first vaccination and five received their second vaccination. Serum samples were obtained from some individuals for whom cell samples were not available.

Cell and serum isolation

PBMC were isolated from fresh blood using Vacutainer cell preparation tubes (BD Biosciences, Mountain View, CA). PBMC were resuspended in R10: RPMI 1640 plus 10% FCS supplemented with penicillin, streptomycin, 1-glutamine, and freshly added 50 μM 2-ME. Fresh cells were used in all assays. Serum was isolated using serum separation tubes and then heat inactivated at 56°C for 30 min. Purified vaccinia immune globulin (VIG)2 was supplied by Cangene (Winnipeg, Manitoba, Canada).

Virus

Vaccinia virus (VV) was used for all experiments except plaque reduction neutralization test (PRNT) determinations. VV stocks were grown on HeLa cells, infecting at a multiplicity of infection (MOI) of 0.5 (10). Cells were harvested at 60 h, and virus was isolated by rapid freeze-thawing the cell pellet three times in a volume of 2.3 ml of RPMI plus 1% FCS. Cell debris was removed by centrifugation. Clarified supernatant was frozen at −80°C as virus stock.

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5 Abbreviations used in this paper: VIG, vaccinia immune globulin; PRNT, plaque reduction neutralization test; PRNT50, 50% plaque reduction; VV, vaccinia virus; ASC, Ab-secreting cell; MOI, multiplicity of infection.
VV stocks were titered on Vero cells (2 x 10^6 PFU/ml). VV Ag preparation for Ab ELISA and B cell ELISPOT was done by UV-inactivating stock VV with trioxsalen/psoralen (4'-aminomethyl-trioxsalen HCl; Calbiochem, La Jolla, CA) (11). Briefly, 1 x 10^6 PFU/ml VV stock in 0.1% BSA and 10 µg/ml trioxsalen were incubated for 10 min at room temperature and then UV inactivated with 2.25 J/cm^2 (10 min in a Fisher UV Crosslinker UVXL-1000; Fisher, Pittsburgh, PA). This resulted in a >10^4-fold reduction in PFU. UV-inactivated virus was then added at 1/5 (ELISPOT) or 1/25 (ELISA) dilution in PBS with BSA supplemented to a final concentration of 0.1%. VV stock was generated as low passage stocks from commercial Dryvax.

**Memory B cell assay**

Using a variation of our mouse memory B cell assay (3, 5), we have established a human memory B cell assay, with details to be published elsewhere (S. Crotty, R. Auber, J. Glidewell, and R. Abram, manuscript in preparation). PBMC were plated in 24-well dishes at 5 x 10^5 cells/well in R-10 supplemented with a mix of polyclonal mitogens: 1/100,000 pokeweed mitogen extract (made at Emory University), 6 µg/ml phosphotioated CpG ODN-2006 (12), and 1/10,000 Staphylococcus aureus Cowan (Sigma-Aldrich, St. Louis, MO). Twelve to 24 wells were cultured per individual. Cells were cultured for 6 days at 37°C in 6–8% CO_2. In preparation for the ELISPOT, 96-well filter plates (MAHA N4510; Millipore, Bedford, MA) were coated overnight with VV Ag (see above) diluted 1/5 in PBS. Uninfected HeLa cell lysates prepared in an identical manner were used as a negative control Ag. To detect all IgG-secreting cells, a separate plate was coated with 10 µg/ml goat anti-human Ig (Caltag Laboratories, Burlingame, CA). Plates were washed and blocked with RPMI 1640 plus 1% BSA (fraction V; Sigma-Aldrich) for 2 h before being added to the IFN-γ ELISPOT plate at 3 x 10^5 cells/well (similar results were observed at a MOI of 3 or 0.3) and then incubated at 37°C and 6–8% CO_2 for 20 h, similar to the ELISPOT designed by Ennis and colleagues (13). A minimum of six wells of VV-infected PBMC were assayed per individual. Uninfected cells were assayed as a negative control. Staphylococcal enterotoxin B (0.5 µg/ml)-stimulated cells were used as a positive control. Background spots in uninfected wells were detected at a frequency of <3 per 10^3 (range, 0–10). To detect CD4^+ T cell responses, PBMC were first depleted of CD8^+ cells with paramagnetic bead separation (94% depletion) (Miltenyi Biotec, Auburn, CA).

**ELISA**

Direct ELISA was done using Immuno/Titertek flat-bottom 96-well plates (ICN Pharmaceuticals, Costa Mesa, CA) coated overnight with 100 µl/ml VV Ag (see above) at 1/25 dilution. Mouse (0.25 µg/ml) anti-human pan IgG Fc biotin-conjugated Ab (HybriDyne Reagent Laboratory HP6043B) in PBS plus 0.05% Tween 20 plus 1% FCS, followed by 5 µg/ml HRP-conjugated avidin D (Vector Laboratories, Burlington, CA), and developed using 3-amin-9-ethylcarbazole; Sigma-Aldrich). Developed plates were counted using a dissecting microscope. Data are represented as the frequency of VV-specific B cells as a percentage of the total IgG^+ memory B cells in PBMC from a vaccine.

**FIGURE 1.** Longevity of smallpox vaccine-specific B cell memory. **a,** Memory B cells were measured by an ELISPOT-based technique using PBMC first cultured for 6 days in the presence of mitogens to induce differentiation of memory B cells into ASC. Each spot represents an Ag-specific ASC. Individuals were tested for VV-specific memory B cells using VV-infected cell lysate as the ELISPOT coating Ag. HeLa cell lysate was used as a control Ag. One vaccinated (54 years postvaccination) and one nonvaccinated (naïve) individual are shown. One of many replicate wells is shown for each. **b,** Data are represented as the frequency of VV-specific B cells as a percentage of the total IgG^+ memory B cells in PBMC. Line is an exponential decay curve fit, r^2 = 0.68, with a starting level of 1.5% VV-specific memory B cells (4 wk postvaccination). The initial half-life is ~1.0 years, with a plateau at 0.1% of IgG^+ memory B cells. **c,** Vaccinated; ○, nonvaccinated. **c,** Vaccine was applied into three groups (<1, 20–40, 60 years postvaccination) and mean VV-specific memory B cell levels were compared. Error bars represent 95% confidence interval. There is a statistically significant difference between <1 year vs 20–40 years (p < 0.001, two-tailed, one-way ANOVA) and <1 year vs 40–60 years (p < 0.001). No statistically significant difference was observed between 20 and 40 years vs 40 and 60 years (p > 0.05).

**Statistics**

Tests were performed using Prism 4.0 (GraphPad, San Diego, CA). Memory B cell data (see Fig. 1c) was curve fit using a one-phase exponential decay with plateau. Time-binned groups (see Fig. 1c) were tested using one-way ANOVA with Bonferroni’s multiple comparison test (95% confidence interval). Other statistics were done using a two-tailed, unpaired t test with 95% confidence bounds.

**PRNT**

Fifty percent plaque reduction (PRNT_{50}) was determined by standard techniques (13), including serum dilutions with 40–100 PFU VV. VVAgH. In addition, adherent HeLa cells instead of Vero cells were used as the target cell monolayer in some duplicate assays with moderately more sensitive results.
Results

Longevity of vaccinia-specific memory B cells

To better characterize human B cell responses after vaccination or infection, we developed an ELISPOT-based assay to quantify Ag-specific memory B cells in human blood (S. Crotty, R. Aubert, J. Glidewell, and R. Ahmed, manuscript in preparation). Using this assay, Ag-specific memory B cells were detected in the blood of smallpox vaccine (VV, Dryvax) recipients, but not Ag-naive individuals, and no signal was observed with an irrelevant Ag (HeLa cell lysate) (Fig. 1a). We then used this assay to measure the levels of B cell memory in a group of recently VV-immunized individuals. A group of five individuals sampled at 4 wk postvaccination were tested for VV-specific B cell memory, and ~1.5% of circulating IgG⁺ memory B cells were VV specific at this time point (Fig. 1b). This represents quite a large virus-specific response. Five unvaccinated individuals (VV naive) were negative for VV-specific memory B cells by this assay (<0.002% of IgG⁺ B cells, Fig. 2a).

VV-specific memory B cells were then measured in a group of vaccinees (n = 30) representing a wide range of time points postvaccination, spanning time points from 3 mo to 60 years after immunization against smallpox. VV-specific memory B cells were detected in most vaccinees, even up to 60 years postimmunization (Fig. 1b). Analysis of the complete data set revealed that memory B cells initially exhibited exponential decay curve kinetics, with a half-life of <1.0 years. But VV-specific memory B cell numbers then reached a plateau ~10-fold lower than peak and were stably maintained for >50 years after vaccination at a mean frequency of ~0.1% of total circulating IgG⁺ memory B cells (r² = 0.68; Fig. 1b). Statistical testing of short-term (<1 year postimmunization) vs long-term (20–40 and 40–60 years) VV memory B cell responses indicates that there is a significant difference (p < 0.001) in the frequency of memory B cells between early and late time points (Fig. 1c), but that there is no evident change in VV memory B cell frequency between 20 and 60 years postimmunization (p >> 0.05).

Persistence of vaccinia-specific serum Abs

We checked for the presence of virus-specific Abs in the sera of vaccinees, and anti-VV Abs were detected in 35 of 38 individuals by ELISA. The pattern of serum Ab concentration over time was similar to the pattern observed for memory B cells (Fig. 2a). When serum Ab titers and memory B cell frequencies were compared for each individual, a positive correlation was observed (r² = 0.48; Fig. 2b), similar to recently published observations made for other Ags using related techniques (6). The positive correlation was moderate, indicating that multiple factors may play a role in the relationship between circulating memory B cell levels and circulating Ab levels.

We tested for smallpox-neutralizing Abs using standard VV PRNT (PRNT₅₀) to corroborate the ELISA results and determine whether neutralizing anti-VV Abs are also stably maintained. Smallpox vaccine-specific neutralizing Abs were detected in all serum samples from early time points postimmunization (15 of 15) and in most vaccinees between 2 and 59 years postvaccination (14 of 18; Fig. 2c). Using a more sensitive PRNT₅₀ assay (see Materials and Methods), low titers of anti-VV-neutralizing Abs were detected in two of the four vaccinees who were negative for neutralizing Abs by the standard assay (data not shown). These results are consistent with a previous report that anti-VV-neutralizing Ab levels are low and stable in vaccines for up to 30 years postvaccination (14). In addition, we observed a positive correlation (r² = 0.39, p < 0.0003) between neutralizing Ab titer and anti-VV IgG titer by ELISA.

Memory B cell recall responses after revaccination

We have shown that VV-specific memory B cells are maintained for >50 years in vaccinees. However, are these cells functional in vivo? To address this issue, we looked at the primary readout of memory B cell reactivation: rapid Ab production upon rechallenge in vivo. A cohort of individuals receiving secondary smallpox vaccinations (after receiving primary immunizations 22–48 years previously) were tested for anamnestic Ab responses. Serum samples were obtained before and after immunization and anti-VV Abs were quantified. Twenty-fold (range, 4.5–40×) increases in anti-VV Ab titers after secondary immunization were seen by ELISA (data not shown). To explore this issue in greater detail, we were interested in tracking Ab responses to an individual VV protein, and we identified H3L as a good candidate protein. H3L is a VV integral membrane protein that has been identified as a target of human Ab responses and is likely to be involved in virus adsorption to cell surfaces (15). Serum samples from our study were therefore
tested for Abs specific for H3L. Previously immunized human subjects had detectable H3L responses (7 of 8) before booster immunization, as expected (Fig. 3a). Importantly, a strong anamnestic anti-H3L response was detected at 4 wk postbooster immunization, whereas anti-H3L Abs were virtually undetectable in newly vaccinated individuals (Fig. 3a). Interestingly, when whole vaccinia virions were disrupted and probed by immunoblot with sera from these vaccinees, H3L was the immunodominant vaccinia surface Ag detected (Fig. 3b). (Note that also we tested VIG, the licensed Ab treatment for smallpox infection and progressive vaccinia, and VIG also exhibited strong reactivity against H3L, confirming that H3L is an immunodominant vaccinia surface Ag, Fig. 3b). In summary, these anamnestic Ab results after Ag re-exposure (booster immunization) demonstrate the potency and value of maintaining quiescent memory B cells for decades after an Ag encounter.

Persistence of VV-specific T cells

It is important to consider the role of CD4+ T cells in protection, and in particular their role in supporting an anamnestic Ab response, as a memory B cell recall response may depend on Ag-specific memory CD4+ T cells for rapid reactivation and differentiation into Ab-secreting cells (ASC). VV-specific T cells in unfractionated PBMC were detected by IFN-γ ELISPOT in most vaccinees in this study (23 of 25, Fig. 4a), consistent with previous reports (13, 16, 17). Best-fit linear regression analysis predicts a slowly declining VV-specific memory T cell population with a half-life of ~14 years ($r^2 = 0.57$, $p < 0.0002$). In addition, by cell fractionation, VV-specific CD4+ T cells were observed in vaccinees up to 54 years postimmunization (Fig. 4b), indicating that VV-specific CD4+ T cells are present and available to support anamnestic B cell responses decades after immunization.

Discussion

Vaccines are one of the most cost-effective medical treatments in modern civilization (18). The smallpox vaccine has been particularly effective, leading to the eradication of smallpox (variola virus) disease (8). Immune memory to smallpox is therefore a useful benchmark both for understanding the functional attributes of good vaccines and for understanding the longevity and stability of immune memory in the absence of restimulation. In this study, we have shown that VV-specific memory B cells are maintained for >50 years. Circulating Ab levels are also maintained for >50 years and correlated positively with memory B cell levels. In summary, these data demonstrate that immunological memory is long-lived in the B cell compartment after a robust initial Ag exposure.

The biphasic kinetics of the memory B cell response, with an initial decline followed by decades of apparent stability was unexpected. The two phases observed may be due to 1) migration of memory cells out of circulation over several years (perhaps due to a differentiation program designed to keep cells in circulation in the near term, to be most available for protection...
against diseases that are endemic or cause frequent epidemics; 2) cellular competition (or programmed cell death) making space for new memory B cells; or 3) short-term (1–5 years) retention of Ab by follicular dendritic cells (19) before exhaustion of the Ag depot and subsequent decline in memory B cell numbers to Ag-independent homeostatic levels. The rapidity of the initial decline is unclear from this study due to limited sample size and therefore further investigation is required both to resolve the detailed kinetics of this process and exploration of the mechanisms underlying these kinetics.

The moderate positive correlation observed between anti-VV-neutralizing Ab titers and total anti-VV Ab titers (ELISA) may vary with human Ab responses against immunodominant VV proteins, of which some presumably are neutralization determinants and others not. This dichotomy may be reflected in the varied levels of responses to A10L and H3L seen in different individuals (Fig. 36).

Since Abs can be protective against smallpox (8, 20), memory B cells are likely to be important players in human immunity to smallpox, both by their ability to rapidly respond to infection with an anamnestic Ab response and by their potential ability to replenish long-lived plasma cells to maintain long-term Ab levels. VV-specific memory T cells are also likely to be critical components of the vaccine-mediated protection against smallpox virus (8), and the smallpox vaccine is known to elicit Ab responses that are consistent with the data reported in this study.

The value of memory B and T cells in vaccine-mediated protection is particularly appealing in the context of smallpox because of the relatively long incubation period of variola (12–14 days), providing a window of opportunity for memory T and B cells to expand, differentiate, and quell the infection before the onset of clinical disease. This is consistent with the known efficacy of postexposure vaccination in the worldwide smallpox eradication campaign (8). In addition, the longevity of immune memory to smallpox seen in this study is consistent with epidemiologic work suggesting that immunity to smallpox disease and death is still present decades after vaccination (8, 22, 23).

These data also have general implications for the longevity of immunity elicited by vaccines and vaccine vectors and may be of particular interest for vaccine strategies employing orthopoxvirus-based vectors related to vaccinia such as modified vaccinia ankara and canarypox.

Note added in proof. After this manuscript was submitted for publication, Hammarlund et al. (25) reported long-term T cell responses and serum Ab results after smallpox vaccination that are consistent with the data reported in this study.

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