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Isolated Pneumocystis carinii Cell Wall Glucan Provokes Lower Respiratory Tract Inflammatory Responses

Robert Vassallo,* Joseph E. Standing,* and Andrew H. Limper,2*†

Macrophage-induced lung inflammation contributes substantially to respiratory failure during Pneumocystis carinii pneumonia. We isolated a P. carinii cell wall fraction rich in glucan carbohydrate, which potently induces TNF-α and macrophage-inflammatory protein-2 generation from alveolar macrophages. Instillation of this purified P. carinii carbohydrate cell wall fraction into healthy rodents is accompanied by substantial increases in whole lung TNF-α generation and is associated with neutrophil infiltration of the lungs. Digestion of the P. carinii cell wall isolate with zymolase, a preparation containing predominantly β-1,3 glucanase, substantially reduces the ability of this P. carinii cell wall fraction to activate alveolar macrophages, thus suggesting that β-glucan components of the P. carinii cell wall largely mediate TNF-α release. Furthermore, the soluble carbohydrate β-glucan receptor antagonists laminariheptaose and laminarin also substantially reduce the ability of the P. carinii cell wall isolate to stimulate macrophage-inflammatory activation. In contrast, soluble α-mannan, a preparation that antagonizes macrophage mannose receptors, had minimal effect on TNF-α release induced by the P. carinii cell wall fraction. P. carinii β-glucan-induced TNF-α release from alveolar macrophages was also inhibited by both dexamethasone and pentoxifylline, two pharmacological agents with potential activity in controlling P. carinii-induced lung inflammation. These data demonstrate that P. carinii β-glucan cell wall components can directly stimulate alveolar macrophages to release proinflammatory cytokines mainly through interaction with cognate β-glucan receptors on the phagocyte. The Journal of Immunology, 2000, 164: 3755–3763.

Pneumocystis carinii is an opportunistic pathogen that continues to induce severe and often lethal pneumonia in immunosuppressed patients with AIDS, hematological and solid malignancies, organ transplantation, and as a consequence of sustained corticosteroid and cytotoxic therapy for inflammatory disorders (1, 2). Morbidity and mortality during P. carinii pneumonia are largely related to exuberant neutrophilic lung inflammation and accompanying diffuse alveolar injury (2–5). Although recently classified as a fungus, the structure of the P. carinii cell wall and interaction of P. carinii surface molecules with host alveolar inflammatory cells have not yet been fully characterized (6).

Accumulating evidence suggests that P. carinii assembles a cell wall rich in fungal β-glucans (7). β-Glucans are major structural components of many related fungal cell walls, chemically consisting of 1,3-linked β-D-glucopyranosyl residues with differing amounts of 1,6-linked β-D-glucopyranosyl side chains of varying length and distribution frequency (8, 9). Purified β-glucans from several fungal species phylogenetically related to P. carinii have been shown to stimulate the release of proinflammatory cytokines, most notably TNF-α and IL-1β from cultured mononuclear cells (10–12). Little is known about the ability of β-glucan to induce chemokine release from inflammatory cells. Such responses are thought to represent essential components of host immune responses to invading fungal pathogens.

The release of TNF-α by alveolar macrophages in response to P. carinii appears to be critical for elimination of organisms from the host. Animals challenged with P. carinii exhibit substantially impaired clearance of organisms when TNF-α activity is inhibited by neutralizing Abs or when TNF-α receptors are genetically deleted (13, 14). Even immunocompetent mice fail to effectively clear P. carinii after treatment with recombinantly expressed TNF-α inhibitor (15). Although TNF-α has an essential role in the elimination of P. carinii, it is also likely that excessive production of TNF-α may have deleterious effects on host respiratory function. TNF-α enhances inflammatory cell recruitment, particularly neutrophils, through induction of adhesion molecules (16), and promotes edema formation by increasing endothelial cell permeability (17). Exuberant inflammatory responses from excessive and sustained TNF-α release may promote respiratory failure and death in certain patients with P. carinii pneumonia (1, 3, 5). In addition to TNF-α, alveolar macrophages secrete a variety of chemokines that enhance neutrophil recruitment to the lungs (17). Of particular interest is the potent chemokine macrophage-inflammatory protein-2 (MIP-2).1 MIP-2 is the rodent equivalent of human IL-8, and is a potent chemoattractant to neutrophils (18).

In this setting, potent anti-inflammatory medications including glucocorticoid agents have been shown to improve outcomes and reduce mortality as adjunctive therapy in severe P. carinii pneumonia complicated by respiratory failure (19, 20). Even though steroids are an established component of the pharmacological management of severe P. carinii pneumonia, the mechanisms by which these drugs reduce mortality and improve outcomes in P. carinii pneumonia have not been fully elucidated. We postulate that stimulation of macrophage TNF-α release by active components of the organism’s cell wall should be inhibited by the potent

Abbreviations used in this paper: MIP, macrophage-inflammatory protein; gpA, glycoprotein A.

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glucocorticoid dexamethasone, or by the drug pentoxifylline, another agent that can inhibit mononuclear cell TNF-α release (21–23).

Recent studies from our group and by others indicate that whole 
P. carinii organisms can stimulate alveolar macrophages to release TNF-α most likely through interactions of 
P. carinii with distinct β-glucan receptors on macrophages (24, 25). Treatment of the organism with immobilized polymyxin or macrophage stimulation in the presence of soluble polymyxin did not suppress the activity of whole 
P. carinii to induce macrophage TNF-α release, strongly eliminating endotoxin contamination as the source of this important inflammatory stimulus (24, 25). Although these studies clearly argue that 
P. carinii induces TNF-α generation from macrophages, it is not known whether the cell wall of 
P. carinii itself stimulates TNF-α release from macrophages, in the absence of intact viable organisms. Furthermore, the specific components of the cell wall of 
P. carinii that cause TNF-α release and their cognate receptors on alveolar macrophages have not yet been fully defined. If true, remnant 
P. carinii cell wall fragments may continue to incite lung inflammation even after the organisms are rendered nonviable by conventional antibiotics.

The current investigation was, therefore, undertaken to accomplish the following goals: 1) to isolate a cell wall fraction of 
P. carinii that is rich in β-glucan and to directly evaluate the ability of this component of the 
P. carinii cell wall to stimulate proinflammatory cytokine and chemokine release from alveolar macrophages; 2) to evaluate the role of macrophage mannose and β-glucan receptors in mediating this inflammatory response; 3) to determine whether treatment of alveolar macrophages with the glucocorticoid dexamethasone and pentoxifylline would alter any TNF-α response elicited by this 
P. carinii cell wall isolate.

Materials and Methods

Materials

General reagents were from Sigma (St. Louis, MO), unless otherwise specified. 
P. carinii f. sp. (forme specialis) carinii was originally obtained through the American Type Culture Collection (ATCC, Manassas, VA) and has been maintained in our immunosuppressed rat colony. L929 cells were also from ATCC. Ciprofloxacin was the generous gift of Dr. Barbara Painter of Miles Pharmaceuticals (West Haven, CT).

Generation of a 
P. carinii cell wall fraction

All animal studies were reviewed and approved by the Mayo institutional animal care and usage committee. 
P. carinii pneumonia was induced in Harlan Sprague-Dawley (HSD) rats by immunosuppression with dexamethasone, as we previously described (26, 27). Female rats (250 g; HSD, Indianapolis, IN) received drinking water containing dexamethasone, as we previously described (24, 26, 27). Female rats (250 g; Harlan, Indianapolis, IN) were used for this study. Although the 
P. carinii cell wall isolate was derived from 
P. carinii f. sp. (forme specialis) carinii propagated in mice (Harlan, Indianapolis, IN) were used for this study. All current references, with the absorbances determined at 405 nm. Protein content was also evaluated on the solubilized fraction in parallel using the BCA reagent with standard albumin concentrations as references (Pierce, Rockford, IL). To quantitate glucose content, a sample of 
P. carinii cell wall fraction was hydrolyzed with 2 M HCl (boiling at 100°C) and, after cooling, glucose content on the solubilized fraction was measured by the glucose oxidase method using a commercial assay system (Sigma).

Induction of lung TNF-α release and inflammation following intratracheal challenge with 
P. carinii cell wall isolates

To next characterize the ability of the 
P. carinii cell wall isolate to induce lung inflammation in whole animals, experiments were undertaken to measure TNF-α release and lung inflammatory cell traffic following intratracheal instillation of healthy mice with 
P. carinii cell wall preparations. The 
P. carinii cell wall isolate was suspended in sterile physiological saline alone. Following 16 h, the mice were sacrificed and lavaged with 10 ml of cold saline. Cells were recovered from the lavage fluid by centrifugation, and cytopreparation smears were prepared. Cellular differentials were determined on 200 contiguous cells (33).

TNF-α and MIP-2 release from alveolar macrophages stimulated with 
P. carinii cell wall isolate

To further determine whether the isolated cell wall components of 
P. carinii would directly activate macrophage-inflammatory responses, normal alveolar macrophages were incubated with varying concentrations of the 
P. carinii cell wall isolate. To accomplish this, macrophages were collected by whole lung lavage of pathogen-free HSD rats. Smears consistently used 150,000 alveolar macrophages in washes, and after centrifugation of the lavage (400 × g for 10 min), recovered cells were suspended in mixed media (RPMI, medium 199, 2 mM L-glutamine, 10,000 U penicillin/L, 1 mg streptomycin/L, and 25 µg/ml amphotericin
B/L). A total of $2 \times 10^5$ macrophages was plated per well in 96-well tissue culture plates, allowed to adhere for 60 min, and gently washed to remove any unattached cells. Subsequently, varying concentrations of the $P.\text{carinii}$ cell wall isolate ($1 \times 10^5$ to $1 \times 10^7$ particles/ml) were incubated with the alveolar macrophages for 12 h ($37^\circ\text{C}, 5\%\text{ CO}_2$). Following incubation, the media was removed, centrifuged (10,000 $\times$ g for 5 min) to remove any particulate material or cells, and assayed for the presence of TNF-$\alpha$, as described below.

To determine whether these $P.\text{carinii}$ components also induce macrophage chemokine release, identical experiments were conducted to determine MIP-2 release from cultured alveolar macrophages in the presence of varying amounts of the $P.\text{carinii}$ cell wall isolate. For comparison, parallel experiments were done using $\beta$-glucan from the related fungus Saccharomyces cerevisiae. Macrophages were obtained from pathogen-free rats and assayed for TNF-$\alpha$ and MIP-2 using a specific MIP-2 ELISA, according to the manufacturer’s instructions (Bio-Source International, Camarillo, CA).

Quantification of TNF-$\alpha$ and MIP-2

The presence of TNF-$\alpha$ released from alveolar macrophages into the culture media was quantified using a sensitive and specific TNF-$\alpha$ ELISA, according to the manufacturer’s instructions (Genzyme, Cambridge, MA). In addition, TNF-$\alpha$ bioactivity was further analyzed by the L929 cytotoxicity assay, as previously reported (35). In brief, L929 cells were plated ($4 \times 10^3$/well) in 96-well plates and permitted to adhere overnight to achieve confluence using Earle’s MEM with 10% FCS, and 2 mM t-glutamine. The following day, the wells were replaced with fresh media containing actinomycin D ($1 \mu$g/ml) containing serial dilutions of either murine TNF-$\alpha$ standard (Genzyme) or unknown samples. After 20 h of incubation at 37$^\circ\text{C}$ and 5% CO$_2$, cytotoxicity was determined using a colorimetric XTT assay (Boehringer Mannheim, Indianapolis, IN) (36). Absorbances were determined at 490 nm. A standard concentration curve was prepared from the standards and used to determine the relative TNF-$\alpha$ concentrations of the samples, as in our previous studies (24, 37).

MIP-2 levels in the supernatants were quantified using a sensitive and specific MIP-2 ELISA, according to the manufacturer’s instructions (Bio-Source International, Camarillo, CA).

Role of macrophage $\beta$-glucan and mannose receptors in mediating TNF-$\alpha$ release in response to the isolated $P.\text{carinii}$ cell wall fraction

We next sought to determine the relative roles of macrophage $\beta$-glucan and mannose receptors in mediating TNF-$\alpha$ release in response to the isolated $P.\text{carinii}$ cell wall fraction. Our prior studies have implicated $\beta$-glucan receptors and mannose receptors in mediating macrophage TNF-$\alpha$ generation in response to whole $P.\text{carinii}$ organisms (24). Accordingly, studies were undertaken to competitively inhibit these same receptor systems during stimulation with the newly purified $P.\text{carinii}$ cell wall isolate. To specifically determine whether macrophage mannose receptors mediate TNF-$\alpha$ release, macrophages were incubated with the soluble mannose receptor antagonist, a-mannan (derived from $S.\text{cerevisiae}$; 0.5 mg/ml; Sigma) (38). Following addition of $P.\text{carinii}$ cell wall isolate ($1 \times 10^6$ particles/ml) and throughout a subsequent 12-h incubation. In parallel, the role of macrophage $\beta$-glucan receptors was evaluated by incubating macrophages with laminarin (Sigma) or laminaritriose (Seikagaku America, Tama, Japan), which competitively inhibits macrophage $\beta$-glucan receptors (24, 38, 39). Specifically, alveolar macrophages were incubated with $P.\text{carinii}$ cell wall isolate ($1 \times 10^6$ particles/ml) for 45 min before addition of the $P.\text{carinii}$ cell wall isolate ($5 \times 10^5$ particles/ml), and throughout a subsequent 12 h of coincubation. Subsequently, the media were removed and assayed for TNF-$\alpha$ using the L929 assay.

Determination of alveolar macrophage viability following incubation with the $P.\text{carinii}$ cell wall isolate and with receptor antagonists

Additional experiments were undertaken to determine whether the $P.\text{carinii}$ cell wall isolate or any of the competitive receptor antagonists tested impaired macrophage viability. To address this, alveolar macrophages were plated (200,000/well) on a 96-well plate, allowed to adhere for 60 min, and gently washed. The $P.\text{carinii}$ cell wall isolate was next added ($10^6$–$10^7$ particles/ml) and incubated for 16 h with the macrophages. Similarly, macrophages were also incubated with either laminarin, laminariheptaose, or a-mannan at concentrations of 1–2 mg/ml. Following incubation, macrophage viability was assessed using the XTT reagent system according to the manufacturer’s instructions (Boehringer Mannheim, Indianapolis, IN).

Effect of dexamethasone and pentoxifylline on macrophage TNF-$\alpha$ release induced by the $P.\text{carinii}$ cell wall isolate

Subsequently, we evaluated the effects of the potent glucocorticoid dexamethasone (Fujisawa USA, Deerfield, IL), and the phosphodiesterase inhibitor pentoxifylline (Sigma), on $P.\text{carinii}$ cell wall-induced TNF-$\alpha$ release from alveolar macrophages. Macrophages ($2 \times 10^5$) from pathogen-free HSD rats were preincubated with varying concentrations of dexamethasone (0.1-500 $\mu$M) or pentoxifylline (3–30 $\mu$g/ml) for 1 h before the addition of $5$–$7.5 \times 10^7$ $P.\text{carinii}$ cell wall particles and throughout a subsequent 12-h incubation. Afterward, the supernatant was removed and assayed for TNF-$\alpha$ by ELISA and L929 assay.

Statistical analysis

All reported experiments were repeated on multiple occasions using separate batches of animals, alveolar macrophages, and $P.\text{carinii}$ cell wall isolate. All data are expressed as mean ± SEM. Differences between experimental and control data groups were determined using two-tailed Student’s t tests for normally distributed variables. For nonparametric variables, data were analyzed using the Mann-Whitney U test. Statistical testing was performed on the Statview II statistical package (Abacus Concepts, Berkeley, CA) using a Power Macintosh personal computer. Statistical differences between data were considered to be significant if p was <0.05.

Results

Generation and initial characterization of a $P.\text{carinii}$ cell wall isolate enriched in glucans

Using the cell wall isolation procedure described, ~1 mg (equivalent to $10^6$ cell wall particles/ml, following ultrasonication) of $P.\text{carinii}$ cell wall isolates was obtained from pooled products ranging from 20 to 40 rats. The final cell wall fraction was found to contain 95.7% carbohydrate and 4.3% protein by weight using the orcinol-sulfuric acid method and BCA protein determinations, respectively. A sample of the $P.\text{carinii}$ cell wall isolate was largely, although not completely, hydrolyzed with 2 M HCl, thereby releasing 82% of its content as D-glucose measured by the glucose oxidase method. Thus, the majority of this material represents $P.\text{carinii}$-derived glucose polymer, namely glucans. The remainder is most likely composed of incompletely hydrolyzed polysaccharides containing glucose and other sugars, as well as small amounts of residual protein. This $P.\text{carinii}$ cell wall isolate contained <0.125 U/ml of soluble endotoxin when assessed by the Limulus amebocyte lysate assay. Taken together, these findings strongly indicate that we have isolated a $P.\text{carinii}$ carbohydrate cell wall fraction substantially enriched in glucans.

The $P.\text{carinii}$ cell wall isolate induces lung inflammation in rodents

We next sought to evaluate whether the $P.\text{carinii}$ cell wall isolate would induce lung inflammation and TNF-$\alpha$ generation in a living host, in the absence of intact microorganisms. Intratracheal challenge with the $P.\text{carinii}$ cell wall isolate stimulated substantial TNF-$\alpha$ release in the animal lungs (Fig. 1). Mice challenged with $3.2 \times 10^6$ $P.\text{carinii}$ cell wall particles/ml produced...
Indeed, incubations with large concentrations of the glucan-rich cell wall isolate 145.2 ± 118-fold more TNF-α compared with mice treated with saline buffer only (p = 0.032). It should again be emphasized that this response was not the result of endotoxin contamination, since Limulus amoebocyte lysate assays on the P. carinii cell wall isolate failed to detect any measurable soluble endotoxin.

Furthermore, the TNF-α generation observed in mice receiving P. carinii cell wall isolate also had substantial accompanying neutrophil infiltration into the lung. Total lung lavage contained 58.1 ± 4.2% neutrophils from mice challenged with 3.2 × 10⁶ P. carinii cell wall particles/ml compared with 0.2 ± 0.3% neutrophils in control mice receiving saline alone (p = 0.0026). Therefore, the P. carinii cell wall glucan-rich isolate induces both substantial lung cytokine and lung neutrophil influx in the absence of intact microorganisms.

The P. carinii cell wall isolate is a potent stimulant of TNF-α and MIP-2 release from cultured alveolar macrophages

To further determine the mechanisms by which the P. carinii cell wall isolate mediates inflammatory signaling in the lung, we assessed whether this P. carinii component would induce TNF-α and MIP-2 release from cultured alveolar macrophages. Accordingly, macrophages were obtained from pathogen-free rats and stimulated with varying concentrations of the P. carinii cell wall isolate (Fig. 2). Although unstimulated macrophages released only 14 ± 5 pg/ml of TNF-α into the medium, alveolar macrophages incubated with 2.5 × 10⁷ particles/ml of the P. carinii cell wall isolate generated a maximum of 4180 ± 735 pg/ml (p = 0.002 compared with unstimulated control macrophages). To further exclude the possibility of endotoxin contamination, additional experiments were also performed in the presence of the endotoxin-neutralizing agent polymyxin B (2.5 µg/ml), with measured TNF-α induced by the P. carinii cell wall isolate, which did not differ from the data presented in Fig. 1 (data not shown). Interestingly, this maximal TNF-α response declined when alveolar macrophages were incubated with higher concentrations of P. carinii cell wall isolate. Indeed, incubations with large concentrations of P. carinii cell wall isolate (1 × 10⁸ particles/ml) induced only 69.3 ± 18.6 pg/ml of TNF-α (not significantly different compared with control). Macrophage viability was consistently greater than 95% in the presence of these concentrations of the glucan-rich cell wall isolate.

These observations indicate that the P. carinii cell wall can directly stimulate TNF-α release from alveolar macrophages at low and intermediate concentrations, while large concentrations are associated with suppressed TNF-α release. It is noteworthy that such findings are entirely consistent with our prior studies of macrophage TNF-α release in response to fungal β-glucan purified from S. cerevisiae (12). Thus, the glucan-rich P. carinii cell wall isolate induces TNF-α generation from rat alveolar macrophages in a dose-dependent manner parallel to that of β-glucan derived from other phylogenetically related fungal species.

Similarly, release of MIP-2 from alveolar macrophages cultured in the presence of varying amounts of the P. carinii cell wall isolates and varying concentrations of S. cerevisiae β-glucan was examined. Macrophages stimulated with S. cerevisiae β-glucan at a concentration >50 µg/ml produced substantially more MIP-2 than unstimulated macrophages (Fig. 3a). Maximal, a concentration of 100 µg/ml stimulated 157.9 ± 11.32 ng/ml of MIP-2 (p = 0.0001 compared with the unstimulated macrophages). Larger doses of S. cerevisiae β-glucan (up to 600 µg/ml) did not result in further augmentation of MIP-2 release. In contrast to prior studies that demonstrated suppression of TNF-α release in response to high concentrations (>500 µg/ml) of S. cerevisiae β-glucan, there was no decrease in MIP-2 release with greater amounts of S. cerevisiae β-glucan. Stimulation of alveolar macrophages with the P. carinii cell wall resulted in a very similar response (Fig. 4b). Whereas unstimulated macrophages released only 2.3 ng/ml MIP-2, macrophages stimulated with >1 × 10⁷ particles/ml released significantly greater amounts of MIP-2 (p = 0.0001 for all concentrations of P. carinii cell wall tested compared with the negative control; Fig. 4b).

Digestion of P. carinii cell wall isolates with zymolyase substantially inhibits macrophage TNF-α release

We next investigated whether the P. carinii cell wall isolate could be rendered inactive by digestion with a β-1,3 glucanase preparation, thus supporting our hypothesis that the observed macrophage cytokine responses were largely a result of stimulation by β-glucan in the P. carinii cell wall. To test this, several concentrations of P. carinii cell wall isolate ranging from 0.1 to 1 × 10⁷ particles/ml...
were treated with zymolyase (0.5 mg/ml, for 1 h at 25°C), a preparation that contains largely β-glucanase activity (24). Subsequently, equal particle numbers of digested and undigested \( P. \) carinii cell wall isolates were incubated with alveolar macrophages overnight, and the release of TNF-α in the media was quantified using the L929 assay. Digestion of the \( P. \) carinii cell wall isolate resulted in a substantial loss of the macrophage stimulatory activity of this \( P. \) carinii component (Fig. 4). While \( 1 \times 10^7 \) particles/ml of undigested \( P. \) carinii cell wall isolate induced 1972 ± 498 pg/ml of TNF-α, following digestion, the same number of particles induced only 420 ± 8 pg/ml of TNF-α (\( p = 0.048 \)). This observation strongly suggests that β-glucan components are largely responsible for macrophage TNF-α release following stimulation with the \( P. \) carinii cell wall isolate. Furthermore, the ability of zymolyase to abolish most of the observed TNF-α release additionally supports the contention that this effect is not secondary to contaminating endotoxin, because endotoxin is not inactivated by this enzyme preparation.

Soluble β-glucan receptor antagonists, but not mannose receptor antagonists, suppress alveolar macrophage TNF-α release in response to the \( P. \) carinii cell wall isolate

Our previous studies have shown that TNF-α release from alveolar macrophages incubated with whole \( P. \) carinii organisms can be suppressed by yeast β-glucan, through the competitive inhibition of macrophage β-glucan receptors (24). Those studies further indicated that yeast α-mannan, an antagonist of macrophage mannose receptors, had no significant effect on \( P. \) carinii-induced macrophage TNF-α release. Consistent with these earlier observations, incubation of macrophages in the presence of either laminarin (0.5 mg/ml) or laminariheptaose (0.5 mg/ml), which are soluble carbohydrate antagonists of macrophage β-glucan receptors, significantly reduced macrophage TNF-α generation following challenge with the glucan-rich \( P. \) carinii cell wall isolate (Fig. 5). In the presence of laminarin, TNF-α release was inhibited by 61.6 ± 9.3 pg/ml (\( p < 0.001 \) compared with unstimulated macrophages) compared with 3.4 ± 1.4 pg/ml (\( p < 0.001 \) comparing digested and undigested cell wall preparations).

![Figure 3](https://example.com/figure3.png)

**FIGURE 3.** β-Glucan from \( S. \) cerevisiae and the \( P. \) carinii cell wall induces MIP-2 release from alveolar macrophages. A, Alveolar macrophages (2 × 10^5/well) were incubated with varying concentrations (50–600 μg/ml) of \( S. \) cerevisiae β-glucan for 12 h. Subsequently, MIP-2 release into the medium was measured by ELISA. Maximal MIP-2 release occurred with 100 μg/ml \( S. \) cerevisiae β-glucan (\( * , p < 0.001 \) compared with unstimulated macrophages). Each data point represents the mean ± SD of two experiments performed in triplicate. B, Alveolar macrophages (2 × 10^5/well) were incubated with varying concentrations (1–10 × 10^7 particles/ml) of the glucan-rich \( P. \) carinii cell isolate for 12 h (\( * , p < 0.001 \) compared with unstimulated macrophages). Each data point represents the mean ± SD of one representative experiment performed in triplicate.

![Figure 4](https://example.com/figure4.png)

**FIGURE 4.** Digestion of \( P. \) carinii cell wall isolate with zymolyase inhibits its ability to activate macrophage TNF-α release. Alveolar macrophages were incubated with varying concentrations of zymolyase-digested \( P. \) carinii cell wall fraction (0.75–25 × 10^6 particles/ml). As controls, macrophages were also stimulated with identical concentrations of undigested \( P. \) carinii cell wall particles. Digestion of the \( P. \) carinii cell wall isolate reduced the maximal observed TNF-α response from alveolar macrophages (\( * , p < 0.05 \) comparing digested and undigested cell wall preparations). Each data point represents the mean ± SD of two experiments performed in duplicate.

![Figure 5](https://example.com/figure5.png)

**FIGURE 5.** Soluble β-glucan but not mannose receptor antagonists suppress alveolar macrophage TNF-α release in response to \( P. \) carinii cell wall isolate. Incubation of alveolar macrophages with the soluble mannose receptor antagonist, α-mannan (0.5 mg/ml), did not significantly reduce the ability of \( P. \) carinii cell wall isolate to induce macrophage TNF-α release. In contrast, incubation of alveolar macrophages with the soluble β-glucan receptor antagonists, laminarin and laminariheptaose (0.5 mg/ml each), substantially decreased the observed TNF-α release induced by \( P. \) carinii cell wall components (\( * , p < 0.05 \) compared with control without antagonist). Each data point represents the mean ± SD of three experiments performed in triplicate.
4.8% ($p = 0.0001$ compared with the alveolar macrophages stimulated with $P$. carinii cell wall isolate alone). Similarly, TNF-$\alpha$ release was also suppressed with the heptaglucosaccharide laminariheptaose by 37.8 ± 9.1% ($p = 0.035$ compared with control). In contrast, incubation of macrophages with yeast-\alpha-mannan, which antagonizes macrophage mannose receptors, did not cause any significant suppression of macrophage TNF-$\alpha$ release induced by the $P$. carinii cell wall isolate ($p = 0.36$ compared with macrophages incubated without $\alpha$-mannan; Fig. 5). Therefore, these data strongly indicate that macrophage release of TNF-$\alpha$ following interaction with $P$. carinii cell wall predominantly occurs through interactions with macrophage $\beta$-glucan receptors.

It is highly unlikely that laminarin or laminariheptaose resulted in a nonspecific down-regulation of macrophage ability to secrete TNF-$\alpha$. Viability studies using the XTT reagent (Boehringer Mannheim) performed on macrophages incubated with concentrations of laminarin and laminariheptaose ranging from 0.5 to 2 mg/ml demonstrated >95% viability of the macrophages following 24 h of incubation. Furthermore, the absence of inhibition of macrophage TNF-$\alpha$ induction by soluble mannose receptor antagonists, at concentrations known to interfere with gpA-macrophage interactions (24, 40), further supports our contention that residual mannose-rich proteins such as gpA in the cell wall preparation are not likely responsible for the observed macrophage-inflammatory signaling induced by this $P$. carinii isolate.

**Dexamethasone and pentoxifylline reduce TNF-$\alpha$ release from alveolar macrophages stimulated with the glucan-rich $P$. carinii cell wall**

Attenuation of the TNF-$\alpha$ release induced by $P$. carinii is desirable for controlling lung inflammation during severe $P$. carinii pneumonia. We, therefore, evaluated the potential roles of dexamethasone and pentoxifylline in modifying macrophage TNF-$\alpha$ responses to the $P$. carinii cell wall isolate in vitro. Concentrations of dexamethasone equal to, or greater than, 1 $\mu$M resulted in suppression of the maximal observed TNF-$\alpha$ release by 43.8 ± 8.4% (Fig. 6; $p = 0.0001$ compared with the TNF-$\alpha$ release in the absence of dexamethasone). No significant difference was observed whether TNF-$\alpha$ was assayed using either the L929 bioassay or ELISA. Maximum inhibition was observed with a dexamethasone concentration of 125 $\mu$M. Alveolar macrophages incubated with 125 $\mu$M dexamethasone before the addition of the $P$. carinii cell wall isolate released 66.7 ± 5.9% less TNF-$\alpha$ (Fig. 6; L929 assay) compared with macrophages challenged with the cell wall isolate in the absence of dexamethasone ($p = 0.001$).

Similarly, the phosphodiesterase inhibitor pentoxifylline ($\geq$15 $\mu$g/ml) also resulted in significant suppression of macrophage TNF-$\alpha$ release induced by the $P$. carinii cell wall isolate. TNF-$\alpha$ release by the $P$. carinii cell wall was reduced by 34 ± 1.7% when alveolar macrophages were incubated with 15 $\mu$g/ml of pentoxifylline (Fig. 7; $p = 0.022$ compared with macrophages incubated without pentoxifylline). Maximal TNF-$\alpha$ suppression was observed with 30 $\mu$g/ml of pentoxifylline, which decreased the maximal observed TNF-$\alpha$ release by 44 ± 13% ($p = 0.0013$ compared with macrophages incubated in the absence of pentoxifylline). A similar response was observed whether TNF-$\alpha$ was measured with L929 or by ELISA (Fig. 7).

**Discussion**

$P$. carinii pneumonia remains a common clinical problem in immunocompromised hosts, both in patients with AIDS and with other conditions. Understanding host defense mechanisms that participate in resolution of this infection is critical to not only further our understanding of the pathogenesis of $P$. carinii pneumonia, but also to develop new therapeutic approaches in the management of this important infection. In this study, we characterized the ability of a newly generated glucan-rich $P$. carinii cell wall isolate to stimulate TNF-$\alpha$ release from alveolar macrophages. These investigations demonstrate for the first time that the cell wall of $P$. carinii, in the absence of intact viable microorganisms, can directly promote lung inflammation. Furthermore, the TNF-$\alpha$-inflammatory response induced by the $P$. carinii cell wall is mediated principally by $\beta$-glucan components interacting with cognate receptors on the surface of alveolar macrophages. We additionally

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**FIGURE 6.** Dexamethasone reduces TNF-$\alpha$ release from alveolar macrophages stimulated with $P$. carinii cell wall isolate. A, Alveolar macrophages were incubated overnight with $\pm 5 \times 10^6$ particles/ml of the $P$. carinii cell wall preparation in the presence of increasing concentrations of dexamethasone. The following day, TNF-$\alpha$ release into the medium was assessed using a L929 bioassay. Concentrations of dexamethasone equal to or greater than 1 $\mu$M significantly decreased TNF-$\alpha$ secretion ($*, p < 0.05$ compared with macrophages in the absence of dexamethasone). B, Similar findings were observed when measurement of TNF-$\alpha$ was performed using an ELISA, again showing similar reduction of TNF-$\alpha$ release when macrophages were incubated with concentrations of dexamethasone ≥ 1 $\mu$M ($*, p < 0.05$ compared with macrophages in the absence of dexamethasone). Each data point represents the mean ± SD of three experiments performed in triplicate.

**FIGURE 7.** Pentoxifylline suppresses $P$. carinii cell wall-induced TNF-$\alpha$ release from alveolar macrophages. A, Alveolar macrophages were incubated overnight with $\pm 5 \times 10^6$ particles/ml of $P$. carinii cell wall isolate in the presence of increasing concentrations of pentoxifylline. The following day, TNF-$\alpha$ release into the medium was assessed using a L929 bioassay. Concentrations of pentoxifylline equal to or greater than 15 $\mu$g/ml significantly decreased TNF-$\alpha$ secretion ($*, p < 0.05$ compared with macrophages in the absence of pentoxifylline). B, Similar findings were observed when measurement of the TNF-$\alpha$ was performed using an ELISA, again showing similar reduction of TNF-$\alpha$ release when macrophages were incubated with concentrations of pentoxifylline = 15 $\mu$g/ml ($**, p < 0.05$ compared with alveolar macrophages in the absence of pentoxifylline). Each data point represents the mean ± SD of three experiments performed in triplicate.
demonstrate that both dexamethasone and pentoxifylline significantly suppress macrophage TNF-α release induced by this P. carinii β-glucan isolate.

Accumulating evidence indicates that TNF-α provides important functions during P. carinii pneumonia. In the lower respiratory tract, TNF-α is principally produced by alveolar macrophages (41). The central importance of TNF-α in host defense during P. carinii pneumonia has been convincingly demonstrated in animal models of infection lacking functional TNF-α or TNF-α receptors (13–15). When challenged with P. carinii, these animals consistently develop chronic infection characterized by significantly delayed clearance of P. carinii organisms. The precise manner in which TNF-α facilitates resolution of P. carinii infection from the host has not been completely elucidated, but recent studies indicate that TNF-α promotes the expression of cell surface adhesion molecules, such as ICAM-1, which strongly facilitates recruitment of inflammatory cells into the lung (16). Furthermore, TNF-α is also critical in the activation of NK cells and CD8+ T lymphocytes, and for regulation of class I MHC expression (42). Still other investigations suggest that TNF-α may also be directly toxic to P. carinii by suppressing carbohydrate metabolism in the organism (43, 44).

Although TNF-α substantially aids in the elimination of P. carinii, excessive quantities of TNF-α are also deleterious to respiratory function of the host. TNF-α induces endothelial cell permeability, promotes edema formation, and enhances exuberant inflammatory cell recruitment in the lungs, each of which has been associated with further impairment of gas exchange (16, 45, 46). Earlier work demonstrates that neutrophil infiltration in the lungs of patients with P. carinii pneumonia is a predictor of respiratory failure and death (1, 3). This observation is supported clinically by the effectiveness of glucocorticoids as adjunctive treatment for patients with P. carinii pneumonia complicated with respiratory failure (19, 20, 47). Although glucocorticoids have been proven to decrease morbidity and mortality in severe P. carinii pneumonia, the mechanisms by which this occurs are not fully known. It is likely that the benefit achieved from glucocorticoids relates, at least in part, to controlling excessive inflammation induced by P. carinii cell wall components. In this light, we currently demonstrate that dexamethasone, a potent glucocorticoid, effectively suppresses alveolar macrophage TNF-α release induced by P. carinii cell wall β-glycans. We further demonstrate that pentoxifylline, a drug that has been shown to increase survival in models of murine endotoxic shock and other animal models of acute lung injury mediated by TNF-α (48, 49), also inhibits TNF-α release induced by P. carinii cell wall components. These observations further suggest that pentoxifylline may represent another therapeutic adjunct in the management of severe P. carinii pneumonia.

Although prior studies clearly document TNF-α release from alveolar macrophages challenged with whole P. carinii organisms, concerns have continued to arise that macrophage stimulation may be the result of contaminating host proteins or other molecules adherent to P. carinii (24, 50, 51). In the current study, greater than 95% of P. carinii and host proteins were removed from the cell wall carbohydrate fraction, yielding a preparation that was far more potent in inducing macrophage-inflammatory responses. Furthermore, we strongly believe that the stringent washes and neutralization conditions undertaken in the preparation of this cell wall fraction fully eliminated endotoxin contamination, thereby excluding this important confounding variable. Moreover, generation of this glucan-rich P. carinii cell wall isolate provides a simplified, accurate, and reliable system for investigation of direct P. carinii cell wall effects on macrophage-inflammatory signaling.

Consistent with our prior investigations using whole organisms, the current study indicates that P. carinii triggers macrophage-inflammatory activation through interaction with β-glucan receptors, thus representing an important receptor system mediating recognition of this pathogen (24). A number of other studies additionally demonstrate that macrophage mannose receptors interacting with P. carinii gpA provide an active pathway for P. carinii uptake by alveolar macrophages (40, 52). Nevertheless, the soluble mannose receptor antagonist α-mannan was not associated with any appreciable alteration in macrophage TNF-α release, either in our prior studies using whole P. carinii organisms (24), or in the current study using the cell wall isolate. In a similar manner, macrophage oxidative responses to P. carinii have also been reported to be mediated through β-glucan components on the organism’s surface (53). These observations indicate that while macrophage mannose receptors may represent an important mechanism of macrophage uptake of P. carinii, they may play a substantially lesser role in stimulating macrophage-inflammatory responses toward this organism.

Similar to those purified from related fungi, the glucan-rich cell wall isolate from P. carinii was derived in particulate form. Investigations with other purified fungal β-glucans have demonstrated that particulate and/or poorly soluble β-1,3 glucans directly induce mononuclear cells to release TNF-α and IL-1β in vitro (10, 54). It has been postulated that particulate (but not soluble) β-glucans elicit these responses because of cross-linking or immobilization of β-glucan receptors (55).

Similar to what was observed with β-glucan from the nonpathogenic fungus S. cerevisiae, maximal TNF-α release occurred with moderate concentrations of β-glucan (100–200 μg/ml), whereas higher concentrations of β-glucan (>500 μg/ml) caused apparent suppression of TNF-α release (12). Our prior studies performed with S. cerevisiae β-glucan demonstrate that suppression of TNF-α activity by high concentrations of β-glucan was partially mediated by the particulate β-glucan-binding soluble TNF-α, through the lectin-binding domain of the cytokine, rendering the TNF-α less available for measurement (12). It is also possible that high concentrations of β-glucan may suppress TNF-α release by other mechanisms, including regulation of cytokine gene expression (unpublished observations). The biological significance of this bimodal response is not clear. It is possible that, in the presence of large amounts of P. carinii organisms in the airways, significant quantities of TNF-α are prevented from exerting an effect on the host by binding to the fungal cell walls. Potentially, the inhibition of TNF-α activity by large amounts of β-glucan may represent a pathway by which P. carinii gains survival advantage in the airways of infected individuals. It is interesting that no apparent suppression of MIP-2 release was observed with comparable doses of β-glucan from either P. carinii or S. cerevisiae. Thus, the immunomodulatory effects of β-glucan may be directed specifically to TNF-α release, rather than a general suppression of immune activation of alveolar macrophages.

Our study represents the first attempt at isolating and characterizing the activity of a β-glucan-enriched cell wall fraction from P. carinii. Digestion of this P. carinii product with β-1,3 glucanase results in substantial, albeit not complete, inhibition of its stimulatory activity. It might be postulated that the inability to completely suppress TNF-α-stimulatory activity by zymolyase digestion could be the result of trace amounts of P. carinii proteins contaminating the preparation. In particular, the mannose-rich P. carinii gpA surface glycoprotein would seem an unlikely culprit for mediating this residual activity for the reasons discussed above. Alternatively, there may be other stimulatory components in the P. carinii cell wall that resist digestion with β-glucanase, such as α-glucans and chitins, although these have yet to be fully characterized within the P. carinii cell wall.
In summary, our study demonstrates that the cell wall of *P. carinii* is a potent stimulant of TNF-α release by alveolar macrophages. This response is largely mediated by the rich β-glucan component of the cell wall and is inhibited by digestion of the *P. carinii* cell wall isolate with β-glucanase. This TNF-α release by alveolar macrophages is mainly mediated via interaction of the *P. carinii* cell wall in the presence of macrophage β-glucan receptors. In addition, our study demonstrates that the cell wall of *P. carinii* is a potent inducer of MIP-2 release from alveolar macrophages and addition, our study demonstrates that the cell wall of *P. carinii* contains a functional cell-division-cycle Cdc2 homolog. The National Institutes of Health—University of California Expert Panel for Corticosteroids as Adjunctive Therapy for Pneumocystis Pneumonia. 1990. Consensus statement on the use of corticosteroids as adjunctive therapy for pneumocystis pneumonia in the acquired immunodeficiency syndrome. N. Engl. J. Med. 323:1500.

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