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Specific B Cell Tolerance Is Induced by Cyclosporin A Plus Donor-Specific Blood Transfusion Pretreatment: Prolonged Survival of MHC Class I DisparateCardiac Allografts

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Donor-specific blood transfusion (DST), designed to prolong allograft survival, sensitized recipients of the high-responder PVG-RT1\textsuperscript{u} strain, resulting in accelerated rejection of MHC-class I mismatched (PVG-R8) allografts. Rejection was found to be mediated by anti-MHC class I (A\textsuperscript{a}) alloantibody. By pretreating recipients 4 wk before grafting with cyclosporin A (CsA) daily (×7), combined with once weekly (×4) DST, rejection was prevented. The investigation explores the mechanism for this induced unresponsiveness. CD4 T cells purified from the thoracic duct of CsA/DST-pretreated RT1\textsuperscript{u} rats induced rejection when transferred to R8 heart-grafted RT1\textsuperscript{u} athymic nude recipients, indicating that CD4 T cells were not tolerized by the pretreatment. To determine whether B cells were affected, nude recipients were pretreated, in the absence of T cells, with CsA/DST (or CsA/third party blood) 4 wk before grafting. The subsequent transfer of normal CD4 T cells induced acute rejection of R8 cardiac allografts in third party- but not DST-pretreated recipients; prolonged allograft survival was reversed by the cotransfer of B cells with the CD4 T cells. Graft survival correlated with reduced production of anti-MHC class I (A\textsuperscript{a}) cytotoxic alloantibody. The results indicated that the combined pretransplant treatment of CsA and DST induced tolerance in allospecific B cells independently of T cells. The resulting suppression of allospecific cytotoxic Ab correlated with the survival of MHC class I mismatched allografts. The induction of B cell tolerance by CsA has important implications for clinical transplantation. The Journal of Immunology, 2000, 164: 2427–2432.

Materials and Methods

Animals, pretreatment, and grafting

PVG-RT1\textsuperscript{u}-RT7\textsuperscript{b} (RT1\textsuperscript{u}); A'B/D'C', PVG-RT1\textsuperscript{u}-mu/mu (RT1\textsuperscript{u} nude; A'B/D'C'), PVG-RT7b (PVG; A'B/D'C'), and PVG-R8 (R8; A'B/D'C') rats were bred and raised under barrier conditions and maintained in a conventional environment. DA (A'B/D'C') rats were purchased from Harlan Olac (Bicester, U.K.). Using a previously described protocol (23, 30), euthymic RT1\textsuperscript{u} DST rats were transfused i.v. with 1.0 ml of freshly collected, heparinized donor blood from R8 strain rats syngeneic with the heart allograft or from third party PVG donors. Transfusions were administered on days −28 to −21, −14, and −7 before grafting on day 0. CsA was administered by gavage (15 mg/kg in olive oil or in castor oil “Sandimun”; a kind gift of Sandoz/Novartis, Basel, Switzerland) daily for 1 wk (days −28 to −22). Pretreatment of unconstituted athymic nude rats was identical except that cardiac allografts were transplanted 1 or 2 days before lymphocyte transfer (day 0). Vascularized heart grafts were transplanted...
heterotopically by a standard microvascular technique employing an end-to-side anastomosis to the great vessels. Graft survival was monitored by abdominal palpation, and rejection was confirmed by ECG-determined loss of electrical activity.

**Cell separation**

Purified CD4 T cells were obtained as previously described (32). Briefly, thoracic duct lymphocytes were depleted of B cells and CD8 T cells using a mixture of mouse anti-rat mAbs grown in house as ascites or purchased from Serotec (Kidlington, Oxford, U.K.): OX12 (anti-Igk), OX6 (anti-MHC class II), and OX8 (anti-CD8). Stained lymphocytes were removed by two or three rounds of magnetic adherence using anti-mouse Ig-conjugated immunomagnetic particles. The resulting population of cells was 95-98% CD4+. B cells were obtained from thoracic duct lymph of athymic nude rats; 80–85% of cells were Ig and void of functioning T cells (33).

**Alloantibody determination by flow cytometry**

Sera from RT1u animals were serially diluted and mixed with RBC from R8 rats to detect anti-MHC class I (Aa) alloantibody. After incubation, the red cells were washed and stained with FITC-sheep anti-rat IgG (Serotec) or with mouse mAb against rat IgG1 (MARG1-2), IgG2a (MARG2a-1), and IgG2b (MARG2b-3) (Serotec), followed by FITC-F(ab)_2 anti-mouse Ig (Dako, High Wycombe, U.K.) absorbed against solid phase rat Ig. The titer for each sample was determined as the reciprocal dilution (log_2) at which the percentage of positively stained cells was >5% above that of a normal rat serum control.

**Cytotoxic Ab determination**

The procedure was adapted from that of Bradley et al. (34). Briefly, 50 μl of serially diluted test sera, in duplicate, was added to 96-well round-bottom microtiter plates (Alpha Laboratories, Eastleigh, U.K.), and 50 μl of 51Cr-labeled Con A-stimulated blast cells at 10^5 per ml in RPMI 1640 plus 20% FCS were added to each well. Plates were incubated for 30 min at 37°C. 100 μl of 1/25 diluted rabbit complement (Serotec) was added, and the plates were incubated for 1 h at 37°C. Maximum release was obtained by the addition of 100 μl HCl in place of complement. The plates were centrifuged, and 100-μl aliquots of supernatant containing released 51Cr were removed and counted. Specific release was calculated by the formula: 100[(experimental release – spontaneous release)/(maximum release – spontaneous release)].

**Statistics**

Means were compared using a nonparametric modification of Student's t test.

**Results**

**Experimental model**

Using a published protocol for prolonging the survival of kidney allografts in the high responder RT1u strain of rat (23), we determined whether the same preoperative treatment was effective in enhancing survival of cardiac allografts. Pretreating RT1u recipients with weekly injections (×4) of MHC class I-mismatched R8 strain blood (days −28, −21, −14, and −7) combined with a 7-day course of CsA, starting day −28 (CsA/DST) induced delayed rejection (Fig. 1), and 50% of the heart allografts survived indefinitely. Others showed that pretreating rats with CsA alone had no effect on allograft survival (23). A single injection of R8 blood 2 wk before transplantation and in the absence of CsA had, as expected (2), the opposite effect, inducing accelerated rejection (Fig. 1). Furthermore, this group of recipients produced high levels of anti-MHC class I (Aa) cytotoxic Ab on day 6, i.e., 3 days after rejection (log_2 titer = 8.4 ± 0.5). In contrast, three rats from the CsA/DST group, with allografts that were still beating 15 mo after grafting, had very low levels of cytotoxic Ab (log_2 titer = 3.0 ± 2.0) when tested at 8 mo. These observations were consistent with earlier work demonstrating that rejection of R8 allografts in RT1u recipients was mediated by anti-Aa Ab (2, 14, 16).

**Are CD4 T cells tolerant?**

To determine whether CsA/DST treatment had rendered CD4 T cells unresponsive, highly purified CD4 T cell populations were adoptively transferred into cardiac-allografted athymic nude recipients. Earlier work showed that CD4 T cells were both necessary and sufficient to induce rejection of MHC class I-mismatched R8 allografts in RT1u nude recipients (2). CD4 T cells were purified from the thoracic ducts of 1) untreated control donors, 2) syngeneic donors pretreated in the standard way with CsA and R8 blood, or 3) syngeneic donors given CsA and third-party blood transfusions. The results showed that 20 × 10^6 CD4 T cells from all three sources induced acute rejection (Fig. 2). There was no significant difference in allograft survival between the CsA/DST group and the CsA/third party group (median survival time (MST) = 17 and 16 respectively); rejection in the control group occurred earlier (MST = 8).

An administration of Ab production in CD4 T cell-injected nude rats indicated that the onset of rejection in the control group corresponded with production of cytotoxic Ab (Table I). When Ab production was assessed instead by using the flow cytometric assay, specific anti-Aa IgG was not detected until day 21, and titers were consistently lower. An analysis of IgG subclasses was not informative. CD4 T cells from both the CsA/DST and CsA/third party donors also induced substantial levels of cytotoxic alloantibody (log_2 titer of 8.9 ± 1.47 and 9.1 ± 1.10, respectively) that persisted for many weeks after rejection. Taken together, the results indicated that CsA/DST treatment had not induced tolerance in the CD4 T cell population, leaving unresolved the mechanism by which cardiac allografts were able to survive.
Are B cells tolerant?

In the absence of an apparent effect on CD4 T cells, we asked whether the CsA/DST treatment could instead be affecting B cells. Nude rats develop a normal B cell population despite the absence of functioning T cells. Therefore, nude recipients were treated before CD4 T cell reconstitution with the standard 1-wk course of CsA (day -28 to -22) and given a weekly injection of R8 blood (days -28, -21, -14, and -7). As a specificity control, third party blood was substituted for the R8 transfusion. As a further control to determine whether CsA was essential for the effect, nude recipients were pretreated with R8 blood (days -28, -21, -14, and -7) but in the absence of CsA. Nude recipients received an R8 heart graft on days -2 or -1 and were reconstituted with normal CD4 T cells (18–20 × 10^6) from untreated euthymic donors on day 0. In contrast with the acute rejection observed in untreated nude recipients (see Fig. 2), CsA/DST pretreated nude recipients showed prolonged R8 allograft survival (Fig. 3), and one third of the R8 hearts survived indefinitely. This suggested that B cells in the nude recipients (before CD4 T cell transfer) had been tolerized. All allografts that were rejected by 35 days in either the “CD4 T cell” or “B cells” group had high levels of cytotoxic Ab (Fig. 5). In contrast, three recipients from the CD4 T cell group that rejected DA allografts (Fig. 3) confirmed that CD4 T cells functioned normally against MHC class II- and I-like differences in the CsA/DST-pretreated nude recipient.

To determine whether the unresponsiveness could be reversed (i.e., rejection restored), nude recipients pretreated with the standard 4-wk CsA/DST protocol were reconstituted on day 0 with a mixture of CD4 T cells (20 × 10^6 from normal euthymic donors) and B cells (70 × 10^6 cells obtained from the thoracic duct of untreated nude rats). The addition of B cells restored rejection (Fig. 4). Seven weeks after engraftment, serum samples were collected from the recipients in Fig. 4 to assay for cytotoxic Ab. Grafts that were rejected by 35 days in either the “CD4 T cell” or “CD4 + B cells” group had high levels of cytotoxic Ab (Fig. 5). In contrast, three recipients from the CD4 T cell group that retained their allografts indefinitely had low levels of cytotoxic Ab. Taken together, the results indicated that unresponsiveness induced by CsA/DST lay within the B cell compartment.

![FIGURE 3](The Journal of Immunology)

![FIGURE 4](The Journal of Immunology)
The unresponsiveness induced by CsA/DST was finely balanced and in some animals was lost with time. Perhaps new B cells emerging from bone marrow stem cells restored the alloreactive repertoire. Certainly deliberate injection of nontolerant B cells reinstalled both alloantibody synthesis and destruction of the heart graft. It is worth considering whether periodic CsA treatment could be used to tolerate newly emerging B cells, in which case the allograft itself might substitute for the alloantigen initially provided by the DST.

CsA and a similar drug, FK 506, have major effects on a calcineurin-mediated signal transduction pathway in T cells (7). CsA complexes with cyclophilin that binds to and prevents Ca\(^{2+}\)-dependent activation of calcineurin (37). In turn, the transcription factor NF-AT, normally dephosphorylated by calcineurin, fails to initiate transcription of IL-2 (4, 6). Although most investigations have explored CsA's effect on T cells, CsA was also shown to inhibit B cell proliferation (9, 11), to reduce Ab production initiated in vitro or in vivo (8, 10, 38, 39), and to block NF-κB activation (12, 13). The present study provides strong in vivo evidence that CsA, when combined with a specific blood transfusion, induces tolerance in those B cells that normally elicit a thymus-dependent Ab response. Aside from an incidental observation (40), the possibility that CsA could mediate B cell tolerance has not been recognized before. However, earlier studies clearly showed that CsA could affect B cells. It was found that CsA alone had no effect on B cell proliferation in vitro, but in combination with anti-IgM, not only inhibited B cell proliferation (9, 11) but increased the level of B cell death (11). Whether CsA has a primary role in regulating B cell survival is controversial; several groups have shown that CsA could prevent apoptosis in immature T and B cells (41, 42). However, more recent evidence suggested that CsA had a direct role in mediating programmed cell death in mature lymphocytes (43). The sequence in which B cells were exposed to CsA relative to Ag may be important. Calcineurin-mediated dephosphorylation of NF-AT depends on free Ca\(^{2+}\) normally released from intracellular stores by cross-linking the B cell receptor. When B cells (and T cells) were “sensitized” first by CsA and then stimulated by ionomycin to activate intracellular Ca\(^{2+}\), apoptosis was induced (43). Apparently, a combination of Ca\(^{2+}\) and TGF-β1, produced by the CsA-activated B cell, was needed to initiate the apoptotic event. Giving the blood transfusion after the CsA, the sequence used in the present study, could have been instrumental in inducing the B cell tolerance. Interestingly, using the RT1\(^{a}\) model, it was observed that giving a single transfusion before the course of CsA had little effect in prolonging allograft survival (23). Clearly, further work is needed to establish the critical factors leading to CsA-induced tolerance of B cells.

Although we found that production of anti-class I Ab as measured by the cytotoxic assay correlated with allograft rejection, when Ab was assessed by flow cyrometry, the assay was less sensitive and the link with rejection was inconsistent. Additional cytomimetic analysis of IgG1, IgG2a, and IgG2b subclasses shed no further light on the discrepancy. It may be relevant that the flow cyrometrical assay relies only on the ability of Ab to bind; it does not necessarily reflect Ab function in vivo.

The effect of CsA on B cells has been largely overlooked in clinical transplantation for a variety of reasons. First, in vitro studies showed that B cells were less sensitive than T cells to CsA at therapeutic doses (8, 38). Second, the link between CsA and B cell-induced Ab synthesis is indirect. Although T-dependent alloantibody production is profoundly inhibited by CsA treatment (44), this effect has been attributed primarily to CsA’s well-known action on CD4 T cells. Third, acute rejection has long been associated with CD4 T cells, shown to be necessary and sufficient to
induce allograft rejection (45–47); for example, athymic nude animals that lack functioning T cells but express a full complement of B cells retain allografts indefinitely (33, 48). Consequently, B cells have tended to be relegated to a secondary, nonessential role. Fourth, a majority of animal models strongly supported the concept that acute rejection was cell and not Ab mediated (1). The literature contains numerous accounts of the failure to induce acute rejection by passive Ab treatment (49–52). More recent experiments have now rectified earlier misconceptions; the importance of anti-class I Ab in evoking acute rejection has been clearly demonstrated in experimental models (2, 14, 16, 23) and closely reflects clinical experience (18, 20, 22, 53).

One of the reasons for withdrawing prior blood transfusion from clinical use was the inadvertent induction of alloantibody, rendering patients unsuitable for subsequent transplantation (54, 55). From another perspective the DST-induced sensitization may be less detrimental than initially perceived. Transfusion-induced alloantibody production serves to identify those patients whose immune system is already poised for an aggressive anti-graft response should a transplant be given (56). The remainder (non-Ab producers) benefit from DST, a treatment that appears to be effective in preventing T cell-mediated rejection (16). In those patients in which allograft rejection is T cell mediated, it is not clear whether CsA pretreatment would preserve (or destroy) the tolerance-inducing properties of prior DST; this needs to be investigated.

Paraphenetically, it is interesting to reflect on the reasons for the success of calcineurin-blocking drugs in clinical transplantation. The unexpected influence of CsA on Ag-specific B cells suggests that the effect of CsA on B cells in preventing organ allograft rejection may have been underestimated. Clearly, there is scope for developing immunosuppressant drugs that primarily target activated B cells.

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References