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Immunostimulatory DNA Sequences Inhibit IL-5, Eosinophilic Inflammation, and Airway Hyperresponsiveness in Mice

David Broide,‡ Jurgan Schwarze, Helen Tighe, Tim Gifford, Minh-Duc Nguyen, Siamak Malek, John Van Uden, Elena Martin-Orozco, Erwin W. Gelfand, and Eyal Raz

We have used a mouse model of allergen-induced airway hyperresponsiveness to demonstrate that immunostimulatory DNA sequences (ISS) containing a CpG DNA motif significantly inhibit airway eosinophilia and reduce responsiveness to inhaled methacholine. ISS not only inhibited eosinophilia of the airway (by 93%) and lung parenchyma (91%), but also significantly inhibited blood eosinophilia (86%), suggesting that ISS was exerting a significant effect on the bone marrow production of eosinophils. The inhibition of the bone marrow production of eosinophils by 58% was associated with a significant inhibition of T cell-derived cytokine generation (IL-5, granulocyte-macrophage CSF, and IL-3). ISS exerted this inhibitory effect on T cell cytokine production indirectly by stimulating monocytes/macrophages and NK cells to generate IL-12 and IFNs. The onset of the ISS effect on reducing the number of tissue eosinophils was both immediate (within 1 day of administration) and sustained (lasted 6 days), and was not due to ISS directly inducing eosinophil apoptosis. ISS was effective in inhibiting eosinophilic airway inflammation when administered either systemically (i.p.), or mucosally (i.e., intranasally or intratracheally). Interestingly, a single dose of ISS inhibited airway eosinophilia as effectively as daily injections of corticosteroids for 7 days. Moreover, while both ISS and corticosteroids inhibited IL-5 generation, only ISS was able to induce allergen-specific IFN-γ production and redirect the immune system toward a Th1 response. Thus, systemic or mucosal administration of ISS before allergen exposure could provide a novel form of active immunotherapy in allergic diseases. The Journal of Immunology, 1998, 161: 7054–7062.
and survival (IL-5, GM-CSF, IL-3), as well as the subsequent airway hyperreactivity in response to methacholine (MCh) challenge. The data presented in this study indicate that administration of ISS-ODN inhibits both airway hyperresponsiveness and airway eosinophilia by exerting a significant inhibitory effect on the generation of eosinophil-active cytokines (IL-5, GM-CSF, and IL-3) as well as the subsequent bone marrow production of eosinophils. Moreover, while both ISS and corticosteroids inhibited IL-5 generation, only ISS was able to induce IFN-γ, a cytokine that importantly biases the immune system to generate a Th1 (and not Th2) response to subsequently encountered allergens.

Materials and Methods

Oligonucleotides

Endotoxin-free (<1 ng/mg DNA) phosphorothioate ISS-ODN (5′-TGACTGTGAACTTGGATAGTA-3′) or phosphorothioate M-ODN (5′-TGACTGTGAACTTGGATAGTA-3′) (Trilink, San Diego, CA), as previously described (10), were used in the in vivo and in vitro experiments described below.

Animals

Female BALB/c mice (The Jackson Laboratory, Bar Harbor, ME) were used when they reached 8–10 wk of age. All animal experimental protocols were approved by the University of California, San Diego, and the National Jewish Medical Research Center Animal Subjects Committees.

Determination of airway responsiveness to MCh in vivo

In experiments performed at the National Jewish Medical and Research Center, BALB/c mice were sensitized by the i.p. injection of OVA/alum on days 0, 7, 14, and 21 with 25 μg of OVA at a concentration of 10 mg/ml in an inhalation chamber. The number of bronchoalveolar lavage (BALF) eosinophils was assessed in parallel. Twenty-four hours after the second OVA inhalation challenge (day 32), mice were sacrificed by cervical dislocation, and eosinophil counts of various tissues were performed.

Lung. Lung tissues embedded in OCT in 10 × 50 × 50-mm tissue wells were cryosectioned at 10 μm and acetone fixed onto poly-L-lysine-coated slides. Total eosinophil numbers were enumerated by detection of eosinophil peroxidase using DAB staining and microscopic examination, as described in this laboratory (15). A key code was established for mice groups, and color-coded slides were labeled to designate mouse numbers within groups (i.e., 1–4). Slides were incubated at room temperature for 1 min in the presence of cyanide buffer (10 mM potassium cyanide, pH 6), rinsed in PBS, and incubated for 10 min with the peroxidase substrate DAB (Vector Lab, Burlingame, CA). Slides were subsequently washed in PBS, counterstained with hematoxylin, air dried, and examined by light microscopy (×40 magnification) by a “blinded” examiner. Five random fields were selected and eosinophils were counted (cells staining brown) to determine total eosinophil number per microscopic field.

BALF. The sacrificed mice had their tracheae surgically exposed and cannulated with 27-gauge silicon tubing attached to a 23-gauge needle on a 1-ml tuberculin syringe. Following instillation of 600 μl of sterile saline through the trachea into the lung, BALF was withdrawn and cytospun (3 min at 500 rpm) onto microscope slides. Eosinophil counts were performed as described above.

Peripheral blood. Blood was collected from the carotid artery. RBC were lysed using a 1:10 solution of 100 mM potassium carbonate, 1.5 M ammonium chloride. The remaining cells were cytospun (3 min at 500 rpm) onto microscope slides and air dried. Eosinophil counts were performed as described above.

Bone marrow. Bone marrow cells were flushed from femurs with 1 ml PBS and cytospun onto microscope slides, and separate slides were stained with Wright-Giemsa and DAB for cell differential counts.

Stimulation of splenocytes in vitro by ISS-ODN and anti-CD3 Abs

Ninety-six-well flat microtiter plates were coated with rat anti-mouse anti-CD3 Abs (1 μg/ml; PharMingen, San Diego, CA) at room temperature for 2 h and then washed with PBS. Splenocytes (5 × 10^7/ml) from each mouse (female BALB/c, n = 4) were incubated with ISS-ODN or M-ODN (10 μg/ml) at 37°C for 2 h and then added to anti-CD3-coated plates (5 × 10^3 cells/well), in triplicate, with or without neutralizing Abs to mouse IL-12, IFN-γ, and IFN-α (Biosource, Camarillo, CA). The optimal concentration of each neutralizing Ab used was determined previously in pilot experiments performed to neutralize the levels of IL-12, IFN-γ, and IFN-α produced by ISS-ODN-stimulated splenocytes (data not shown). Splenocyte supernatants (24, 48, and 72 h poststimulation) were assayed in duplicate to determine the level of each cytokine. All cytokines were analyzed by ELISA.

Administration of ISS to OVA-sensitized, but not OVA inhalation-challenged mice in vivo

Female BALB/c mice were sensitized to develop a Th2 response to OVA, as detailed above and in Fig. 2, but without subsequent aerosol OVA inhalation challenge. Eight weeks after the last OVA/alum injection, mice were injected i.p. with 100 μg of ODN, 1 day (−1d) or 3 days (−3d) before their sacrifice. The cytokine profiles of the supernatants derived from splenocytes incubated for 72 h with 100 μg/μl of OVA were assayed by ELISA.
Cytokine assays

The levels of various cytokines (IL-3, IL-5, GM-CSF, and IFN-γ) were measured in cell supernatants following either anti-CD3 Ab or OVA Ag stimulation by ELISA (PharMingen), as was previously described (10, 11, 16).

Eosinophil apoptosis assay

Eosinophils of >90% purity and >95% viability were purified from the blood of IL-5 transgenic mice using a Percoll gradient, as previously described in this laboratory (17). The eosinophils were then treated with ISS-ODN (1 µg/ml), M-ODN (1 µg/ml), or controls, including mouse rGM-CSF (1 ng/ml) (PharMingen) and anti-Fas Ab (1 µg/ml) (clone Jo2 from PharMingen), and analyzed at 2, 8, 18, and 32 h after treatment. Eosinophil apoptosis was measured by quantitating the number of apoptotic nuclei relative to healthy nuclei by cell permeabilization, propidium iodide staining, and FACS analysis, as described (18).

Statistical analysis

Statistical analysis was performed with ANOVA and Student’s t test, as previously described (10–11). In studies of airway responsiveness, groups were compared by Tukey-Kramer HSD test. A p value of <0.05 was considered statistically significant.

Results

ISS-ODN inhibits allergen-induced airway hyperresponsiveness

Airway responsiveness to MCh was increased significantly in mice following OVA sensitization and OVA inhalation challenge, as opposed to mice sensitized to OVA alone with PBS challenge (14 ± 1.8-fold increase in Penh values OVA versus PBS following inhalation of 50 mg/ml MCh). Mice sensitized to OVA without inhalation challenge, or mice OVA challenged without OVA sensitization showed minimal change in Penh in response to MCh (data not shown).

Administration of ISS-ODN i.p. before each inhalation challenge significantly reduced the increase in MCh airway responsiveness in OVA-sensitized and OVA-challenged mice by 69 ± 9.9% (Fig. 1). These changes in airway responsiveness induced by ISS-ODN were accompanied by a significant reduction in BALF eosinophilia (M-ODN-treated mice, 253 ± 207 × 10³ BALF eosinophils versus ISS-ODN-treated mice, 14 ± 12 × 10³ BALF eosinophils) (p < 0.05).

Kinetics of ISS-ODN-mediated inhibition of airway and lung eosinophilia

To investigate the mechanism by which ISS inhibits airway eosinophilia, the number and route of OVA injections and inhalations in the mouse protocol were modified (depicted in Fig. 2). Both OVA protocols induce significant BAL eosinophilia (47 ± 16% BAL eosinophils with protocol used to assess airway responsiveness versus 42 ± 4% BAL eosinophils with protocol depicted in Fig. 2). However, the OVA protocol depicted in Fig. 2 induces an approximate eightfold greater absolute number of BAL eosinophils/ml compared with the protocol used to assess airway hyperresponsiveness (2075 ± 310³ BAL eosinophils versus 253 ± 10³ BAL eosinophils). Using this protocol (Fig. 2), OVA-sensitized and OVA inhalation-challenged mice developed significant airway eosinophilia (Fig. 3) compared with control PBS-challenged mice in the BALF (42 ± 4% versus 0% BAL eosinophils) and lungs (67 ± 5 eosinophils/hpf versus 2 ± 1 eosinophils/hpf, p < 0.05, Fig. 4). Even with the stronger stimulus for eosinophil recruitment in this protocol, ISS-ODN significantly inhibited eosinophil recruitment to BALF (91% inhibition compared with M-ODN) (Fig. 4A) and lung tissue (90% inhibition compared with M-ODN) (Fig. 4B).
ISS administered once 3 to 6 days before the termination of the experiment was the optimal time point (of those examined) for ISS administration in inhibiting eosinophil recruitment into BAL and lung (Fig. 4, and data not shown). These studies demonstrate the sustained 6-day inhibitory effect of a single dose of ISS on subsequent allergen-induced eosinophil recruitment. We also examined the time of onset of action of a single dose of ISS in inhibiting eosinophil recruitment. These studies demonstrated the sustained 6-day inhibitory effect of a single dose of ISS on subsequent allergen-induced eosinophil recruitment.

ISS did not affect the number of BAL neutrophils, lymphocytes, or mononuclear cells. However, as there is not a significant increase in these cell types in BAL in models of allergen-induced airway inflammation, this may not be the appropriate model to determine whether ISS effects these cell types.

Mucosal administration of ISS-ODN inhibits airway and lung eosinophilia

Not only systemic (i.p.) ISS-ODN administration, but also mucosal (i.e., i.n. or i.t.) ISS-ODN administration had a similar inhibitory effect on BALF and lung eosinophil accumulation (Fig. 6, A and B).

Effect of ISS on peripheral blood and bone marrow eosinophil numbers and eosinophil apoptosis

ISS not only inhibited eosinophilia in the airway (by 91%) and lung parenchyma (90%), but also inhibited blood eosinophilia (86%) (Fig. 4C), suggesting that ISS was exerting a significant effect on the bone marrow production of eosinophils (number of bone marrow eosinophils inhibited 58%) (Fig. 4D). OVA challenge increased the total number of nucleated cells in the bone marrow of M-ODN-treated mice (19.8 ± 9.2 × 10⁶ cells/ml) (p = 0.04 versus ISS-ODN), whereas ISS-ODN treatment of OVA-challenged mice (7.5 ± 1.8 × 10⁶ cells/ml) reduced the total number of bone marrow cells to a level similar to that noted in naive mice not treated with ODN (4 ± 0.3 × 10⁶ cells/ml). ISS inhibited the total number of bone marrow eosinophils (M-ODN, 1812 ±
614 × 10^3 bone marrow eosinophils/ml versus ISS, 349 ± 101 × 10^3 bone marrow eosinophils/ml, p = 0.05) and reduced the absolute number of peripheral blood eosinophils (M-ODN, 2815 ± 995 × 10^3 eosinophils/ml versus ISS, 1390 ± 44 × 10^3 eosinophils/ml, p = 0.05), but did not affect the total peripheral blood white blood cell count (M-ODN, 2.3 ± 0.4 × 10^3 white blood cells/μl versus ISS, 2.6 ± 0.3 × 10^3 white blood cells/μl).

The effect of ISS on reducing the number of eosinophils was not due to ISS directly inducing eosinophil apoptosis, as assessed in eosinophil apoptosis experiments in vitro. The percentage of apoptotic eosinophils after incubation for 18 h with ISS-ODN (51%) did not differ significantly from the percentage of apoptotic eosinophils after incubation with M-ODN (54%), or from the percentage of apoptotic eosinophils in untreated control cultures (55%). In contrast, positive and negative control experiments demonstrated that anti-Fas induced a significant degree of eosinophil apoptosis (87%), whereas GM-CSF protected eosinophils from apoptosis (5% apoptotic eosinophils).

**Effect of ISS on the generation of IL-5**

To investigate potential immunomodulatory mechanisms responsible for the ISS-induced inhibition of airway eosinophilia, the effect of ISS-ODN on IL-5 generation was evaluated. IL-5 induces eosinophil proliferation, differentiation, and resistance to apoptosis (1, 4), and genetically engineered elimination of IL-5 in mice in vivo dramatically reduces eosinophil numbers, as shown by the lack of eosinophils in IL-5 knockout mice (19). We evaluated whether inhibition of IL-5 production was responsible for ISS-ODN-mediated inhibition of bone marrow, peripheral blood, and airway eosinophilia. Systemic (i.p.) administration of ISS-ODN to OVA-sensitized and OVA-challenged mice reduced IL-5 production by 84%, while simultaneously inducing a 30-fold increase in IFN-γ production by OVA-stimulated CD4^+ splenocytes (Fig. 5). The kinetics of ISS-induced inhibition of IL-5 correlated with the inhibitory effect of ISS on airway eosinophilia in vivo. Similar results, i.e., suppression of IL-5 and induction of IFN-γ by CD4^+ splenocytes, were observed with mucosal ISS-ODN administration (i.n. and i.t.) (Fig. 7).

**ISS inhibition of the generation of the eosinophil active cytokines (IL-5, GM-CSF, IL-3) is partially mediated by IFN-12 and IFNs**

We also monitored the effects of ISS-ODN on OVA/alum-sensitized, but nonchallenged mice. These OVA-sensitized mice provide an in vivo model to study whether ISS-ODN can inhibit the ability of an atopic mouse to release eosinophil active cytokines (IL-5, GM-CSF, IL-3). We postulated that administration of ISS-ODN alone (in the absence of Ag challenge) would stimulate the in vivo release of innate cytokines (IFN-α, IFN-γ, and IL-12), and that these cytokines would inhibit the secretion by T cells of eosinophil active cytokines (IL-5, GM-CSF, IL-3) without the induction of a subsequent Ag-specific Th1 response (no OVA Ag was administered by inhalation). In these studies, we evaluated OVA-stimulated spleen cell (derived from ISS-ODN-treated OVA-sensitized mice) production of IL-5, IL-3 (Table I), and GM-CSF (Table II), all of which are similar in their ability to induce eosinophil proliferation, and block eosinophil apoptosis through their activation of a common β-chain shared by these cytokine receptors (4). As shown in Table I, i.p. injection of ISS-ODN (1 day or 3 days before the in vitro cytokine assay) reduced secretion of IL-5 (83% inhibition group C versus A) and IL-3 (76% inhibition, group C versus A) by OVA-stimulated splenocytes without inducing any OVA-specific IFN-γ production. The experiments in Table I (OVA sensitization with no OVA challenge) and Fig. 5

![Graphs showing the effect of ISS or corticosteroids on BALF, lung, blood, and bone marrow eosinophil levels.](image-url)
In vivo ISS-ODN administration of OVA-sensitized mice inhibits IL-5 without induction of IFN-γ

<table>
<thead>
<tr>
<th>Group</th>
<th>Treatment</th>
<th>IL-3 (pg/ml)</th>
<th>IL-5 (pg/ml)</th>
<th>IFN-γ (pg/ml)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>Control</td>
<td>1299 ± 89</td>
<td>657 ± 52</td>
<td>&lt; 20</td>
</tr>
<tr>
<td>B</td>
<td>ISS-ODN (-1d)</td>
<td>309 ± 26</td>
<td>112 ± 18</td>
<td>&lt; 20</td>
</tr>
<tr>
<td>C</td>
<td>ISS-ODN (-3d)</td>
<td>463 ± 48</td>
<td>144 ± 77</td>
<td>&lt; 20</td>
</tr>
<tr>
<td>D</td>
<td>M-ODN (-1d)</td>
<td>964 ± 81</td>
<td>508 ± 77</td>
<td>&lt; 20</td>
</tr>
</tbody>
</table>

*Female BALB/c mice were sensitized to develop a Th2 response to OVA as detailed in Fig. 2, but without subsequent aerosol OVA challenge. Eight weeks after the last OVA/alum injection, mice were injected i.p. with 100 μg of ODN, 1 day (-1d) or 3 days (-3d) prior to their sacrifice. The cytokine profiles of the supernatants derived from splenocytes incubated for 72 h with 100 μg/μl of OVA were assayed by ELISA. Only baseline levels of IL-3, IL-5, and IFN-γ were detected in the supernatants of cultures incubated without OVA. No measurable levels of IL-4 and GM-CSF were detected in the various supernatants. Results are expressed as the mean ± SE (n = 4 for each group).

**Table II. Effect of in vitro ISS-ODN stimulation on anti-CD3-induced T cell cytokine production**

<table>
<thead>
<tr>
<th>Stimulation</th>
<th>IL-3 (pg/ml)</th>
<th>IL-5 (pg/ml)</th>
<th>GM-CSF (pg/ml)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Anti-CD3</td>
<td>2495 ± 121</td>
<td>1553 ± 120</td>
<td>1090 ± 141</td>
</tr>
<tr>
<td>Anti-CD3/ISS-ODN</td>
<td>1183 ± 217</td>
<td>730 ± 230</td>
<td>535 ± 118</td>
</tr>
<tr>
<td>Anti-CD3/M-ODN</td>
<td>4975 ± 848</td>
<td>1795 ± 116</td>
<td>1951 ± 538</td>
</tr>
</tbody>
</table>

* Splenocytes (5 × 10^6/ml) were incubated with ISS-ODN or M-ODN (10 μg/ml) at 37°C for 2 h and then added to anti-CD3-coated plates (5 × 10^5 cells/well) in triplicate. The cytokine profiles of the supernatants were assayed by ELISA. Results are expressed as the mean ± SE (n = 4 per group).

**Discussion**

In this study, we demonstrate that ISS inhibits airway eosinophilia and prevents the development of airway hyperresponsiveness. These observations are similar to those noted by Kline et al. (20) in a different mouse model of airway inflammation. In the present study, we have extended these observations by demonstrating 1) the novel mechanism by which ISS inhibits airway eosinophilia and 2) the inhibitory effect of ISS on eosinophil active cytokine release was partially mediated by the innate cytokines (IL-12, IFNs) a

![FIGURE 5](http://www.jimmunol.org/)

**Figure 5.** The effect of systemic ISS or corticosteroids on IL-5 and IFN-γ levels. Groups of mice were sensitized and challenged with OVA, or OVA sensitized and pretreated i.p. with either ISS-ODN, M-ODN, or corticosteroids (2 daily doses and 7 daily doses) starting before the first OVA inhalation challenge. The cytokine profiles of CD4+ splenocyte supernatants were assayed by ELISA from cells incubated for 72 h with 100 μg/μl of OVA. Only baseline levels of IL-5 and IFN-γ were detected in the supernatants of cultures incubated without OVA. Results are mean ± SE (n = 8 per group).
through inhibition of the production and release of eosinophils from the bone marrow; 2) that inhibition of bone marrow production of eosinophils was associated with a significant inhibition of IL-5, GM-CSF, and IL-3 production; 3) that ISS exerted this inhibitory effect on T cell cytokine production indirectly by stimulating monocytes/macrophages and NK cells to generate IL-12 and IFNs, as demonstrated in in vitro neutralizing Ab studies; 4) that the effect of ISS on reducing the number of tissue eosinophils was both immediate (onset within 1 day) and sustained (over 6 days), and was not due to ISS directly inducing eosinophil apoptosis; 5) that ISS was effective in inhibiting eosinophilic airway inflammation when administered either systemically or mucosally (i.e., i.n. or i.t); 6) that a single administration of ISS (systemic or mucosal) inhibited airway eosinophilia as effectively as daily systemic administrations of corticosteroids for 7 days; and 7) that while both ISS and corticosteroids inhibited IL-5 generation, only ISS was able to induce IFN-γ (a cytokine that importantly biases the immune system to generate a Th1 and not a Th2 response to subsequently encountered allergens). Thus, systemic or mucosal administration of ISS before allergen exposure provides a novel form of active immunotherapy in allergic diseases.

The inhibitory effects of ISS are likely to be mediated by the innate cytokines derived from monocytes/macrophages and NK cells stimulated by ISS (6, 9, 10). In studies utilizing purified populations of mouse bone marrow-derived macrophages, we have

**FIGURE 6.** The effect of mucosal administration of ISS on BALF, lung, blood, and bone marrow eosinophil levels. Groups of mice were sensitized and challenged with OVA, or OVA sensitized and pretreated i.n. (n) or i.t. (t) with either ISS-ODN or M-ODN, starting before the first OVA inhalation challenge. The number of eosinophils in BALF (A), lung (B), blood (C), and bone marrow (D) were quantitated with DAB staining. Results are expressed as the mean ± SE (n = 8 per group) and, for BALF, peripheral blood, and bone marrow, represent eosinophils as a percentage of total nucleated cells. The results for lung (#) represent the number of eosinophils per microscopic field. The ODN dose was 100 μg/administration. See Fig. 2 for details of the timing of intervention, sensitization, and challenge. PB, peripheral blood; BM, bone marrow; n, intranasal, t, intratracheal. *, Denotes p < 0.05 versus the control group.

<table>
<thead>
<tr>
<th>Group</th>
<th>BALF (Eosinophils)</th>
<th>Lung (Eosinophils)</th>
<th>Peripheral Blood (Eosinophils)</th>
<th>Bone Marrow (Eosinophils)</th>
</tr>
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<tbody>
<tr>
<td>Naive</td>
<td></td>
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<tr>
<td>Control</td>
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<tr>
<td>ISS (t)</td>
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<td></td>
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<tr>
<td>M-ODN (t)</td>
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**FIGURE 7.** The effect of mucosal administration of ISS on IL-5 and IFN-γ levels. Groups of mice were OVA sensitized and OVA challenged, or OVA sensitized and pretreated i.n. (n) or i.t. (t) with either ISS-ODN or M-ODN, starting before the first OVA inhalation challenge. The cytokine profiles of CD4+ splenocytes were assayed by ELISA utilizing supernatants from cells incubated for 72 h with 100 μg/ml of OVA. Only baseline levels of IL-5 and IFN-γ were detected in the supernatants of cultures incubated without OVA. Results are mean ± SE (n = 8 per group). n, intranasal; t, intratracheal challenge. *, Denotes p < 0.05 versus the control group.
have also inhibited release of eosinophils from the bone marrow. In this regard, IL-5 is known to induce release of eosinophils from the bone marrow (22), and inhibition of IL-5 generation by ISS could thus prevent bone marrow release of eosinophils. A second mechanism by which ISS-induced generation of IFNs and IL-12 could inhibit pulmonary eosinophilia is through an effect on eosinophil recruitment, as has previously been demonstrated with IL-12 (23, 24), IFN-α (25), and IFN-γ (26) in models of allergic inflammation and parasitic infection. A third eosinophil-inhibitory mechanism induced by ISS is the generation of an allergen-specific Th1 as opposed to a Th2 response. This would be important for long-term protection and immunologic memory. This ISS-induced OVA-specific Th1 response would generate IFN-γ, which further inhibits eosinophil accumulation by biasing naïve T cells encountering Ag in an IFN-γ milieu to generate Th1 as opposed to Th2 responses to newly encountered allergens. The first two inhibitory mechanisms affecting pulmonary eosinophilia are most likely mediated by the innate immune response, and are therefore primarily immediate and Ag nonspecific in nature. In contrast, the third effect is mediated by an adaptive immune response and requires a longer period of time for differentiation and maturation of Ag-specific Th1 cells from naïve CD4+ T cells (Fig. 8). Furthermore, while the first two mechanisms lead to a dramatic, but probably temporary reduction in eosinophil recruitment, the third mechanism is involved in the generation of immunologic memory that may prevent Th2 cell responses and eosinophil recruitment into the target organ (i.e., the lung) from developing following subsequent airway allergen challenge.

The effect of ISS on reducing the number of tissue eosinophils was both immediate (onset within 1 day) and sustained (over 6 days), and was not due to ISS directly inducing eosinophil apoptosis. Administration of ISS-ODN 6 days before the final OVA inhalation challenge was more effective in inhibiting pulmonary eosinophil infiltration than simultaneous delivery of ISS-ODN and OVA 1 day before the end of the experiment. Administration of ISS-ODN 6 days before the final OVA inhalation challenge also generated OVA-specific Th1 responses (induction of IFN-γ) and attenuated preexisting OVA-specific Th2 responses (i.e., reduction of IL-5, Figs. 5 and 7). The administration of ISS 1 day before, or together with the final OVA inhalation challenge was sufficient to inhibit pulmonary eosinophil recruitment as well as the generation of eosinophil active cytokines 24 h later. However, this method of ISS administration did not result in OVA-specific Th1 responses, probably because Ag-specific IFN-γ production generally requires more than 24–48 h.

The activation of the innate immune response by ISS-ODN could initially prevent the development of asthmatic symptoms by preventing early eosinophil accumulation, and later even bias the immune system to generate an allergen-specific Th1 response to any allergen subsequently encountered by the host in his own natural environment (Fig. 8). Thus, therapy with ISS has potential beneficial immunomodulatory effects on allergic inflammation not noted with corticosteroids. For example, therapy with corticosteroids, while effective in inhibiting IL-5 generation, did not induce IFN-γ (Fig. 5). The potential benefit of ISS therapy in comparison with corticosteroids in allergic disease would be the ability of ISS to alter the cytokine milieu of the host (IFN-γ) to favor generation of Th1 responses to subsequently encountered allergens.

A recent study demonstrated an inverse epidemiologic association between exposure to mycobacteria and the prevalence of atopic disorders, suggesting that the relatively recent decline in infections (e.g., tuberculosis) in developed countries is a factor underlying the increasing severity and prevalence of allergic diseases (27). Furthermore, infection of mice with Mycobacterium...
bosis Bacillus Calmette Guerin has been shown to suppress allergen-induced airway eosinophilia (28). As previously mentioned, the ISS were initially identified and isolated from mycobacterial DNA (5, 6) and they appear at the expected frequency in many pathogenic bacteria and viruses, while they are underrepresented in the vertebrate genome (7). Thus, the natural exposure to ISS-enriched DNA from normal intracellular pathogens, through infection, may play a role in shaping the immune response away from an allergic phenotype and allergic responses following allergen challenge. As shown in this study, ISS-ODN can provide this immunomodulatory effect without the risk of inducing active infection.

In summary, ISS-ODN administration provides an alternative to the current practice of allergen protein desensitization, which has relatively low efficacy and high potential for significant side effects, including anaphylaxis (29, 30). ISS-ODN delivery via the systemic or mucosal route (i.n. or i.t.) in allergic patients may inhibit the allergic inflammatory responses in asthmatic lungs after natural allergen exposure. The future application of ISS-ODN therapy to human allergic diseases will depend on how well the inhibitory effects of ISS-ODN noted in murine models of experimental allergic airway inflammation translate to related human diseases.

Acknowledgments

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